







NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION

GIRLS CROSS COUNTRY

Championship History

1972-2025

1161 Route 130 North
Robbinsville, NJ 08691

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www.njsiaa.org

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NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION

TABLE OF CONTENTS

SECTIONAL CHAMPIONS
- North Jersey 1 — 3
- North Jersey 2 — 12
- Central Jersey — 21
- South Jersey — 30
- 2020 Non-Public Sectional Championships — 39

STATE CHAMPIONS — 40
- Most State Titles — 42
- Most Consecutive State Titles — 43
- Individual State Champions — 44

MEET OF CHAMPIONS — 53
- Most MOC Team Titles, Most Consecutive MOC Team Titles — 56
- 2025 Top 20 Individual Finishers, 2025 Top Six Teams — 57

NOTES

In 2020, Sectional championships for Non-Publics were held.
Due to the COVID-19 pandemic, Meet of Champions was not held in 2020.
Due to the COVID-19 pandemic, State Championships were not held in 2020.

The New Jersey State Interscholastic Athletic Association strives to make each sport's Championship History and Record Book an accurate and comprehensive resource. If you have information you believe should be included in these records (additions, deletions or corrections), it may be submitted by e-mail to Dena Maggio at dmaggio@njsiaa.org. Please provide supporting data/documentation with your submission. Appropriate documentation shall include, but is not limited to, the following: copies of scorebooks or game/season statistical summaries, copies of yearbooks, and copies of newspaper clippings. All information must be complete for consideration. Submissions completed by a coach or school administrator are preferred. Before any mark is added to the record book, it must be independently verified by the NJSIAA staff. If the information cannot be independently verified, it will not be included.

Championship History is updated on a seasonal basis when possible.

Sectional Championship Results - North Jersey 1 Group IV

NORTH JERSEY 1 - GROUP IV				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
1976	Memorial	58	Nina Zollo, Wayne Hills	11:43.0
1977	Kearny	46	Nina Zollo, Wayne Hills	18:03.3
1978	Bergenfield	69	Barbara Remmers, Ridgewood	17:48.0
1979	Ridgewood	44	Mary Ellen Mileski, Ridgewood	18:02.0
1980	Ridgewood	16	Mary Ellen Mileski, Ridgewood	18:51.0
1981	Ridgewood	42	Mary Ellen & Patti Mileski, Ridgewood	18:21.5
1982	Ridgewood	45	Patti Mileski, Ridgewood	18:15.0
1983	John F. Kennedy (Paterson)	35	Margaret Scutro, Ridgewood	19:01.0
1984	Ridgewood	38	Margaret Scutro, Ridgewood	18:32.0
1985	Clifton	47	Jasmin Jones, Hackensack	18:40.0
1986	Ridgewood	50	Jasmin Jones, Hackensack	19:11.0
1987	Kearny	37	Liz Duarte, Kearny	19:20.0
1988	Kearny	33	Liz Duarte, Kearny	20:23.0
1989	Kearny	28	Liz Figlar, Ridgewood	20:18.0
1990	Ridgewood	43	Liz Figlar, Ridgewood	19:36.0
1991	Kearny	59	Vanessa McClure, John F. Kennedy (Paterson)	19:35.0
1992	Ridgewood	38	Regina Gonzales, Holy Angels	19:34.0
1993	Ridgewood	32	Jenna Rogers, Ridgewood	19:28.0
1994	Ridgewood	25	Jackie Martin, Hackensack	19:28.0
1995	Ridgewood	66	Amy Smith, Ridgewood	20:14.0
1996	Ridgewood	33	Celeste Sedo, Ridgewood	19:24.0
1997	Ridgewood	28	Celeste Sedo, Ridgewood	19:08.0
1998	Ridgewood	28	Beth Androski, Hackensack	19:54.0
1999	Ridgewood	28	Beth Androski, Hackensack	19:01.0
2000	Ridgewood	52	Clair Nowakowski, Ridgewood	19:59.0
2001	Ridgewood	20	Clair Nowakowski, Ridgewood	19:30.0
2002	Ridgewood	36	Justine Lupo, Ridgewood	19:43.0
2003	Ridgewood	45	Justine Lupo, Ridgewood	19:19.0
2004	Roxbury	32	Ali Caruana, Roxbury	18:47.0
2005	Roxbury	21	Jenn Ennis, Roxbury	18:56.0
2006	Roxbury	50	Lauren Penny, Roxbury	18:38.0
2007	Randolph	43	Collins Taylor, Livingston	18:40.0
2008	Randolph	33	Joelle Amaral, Randolph	18:45.0
2009	Randolph	20	Joelle Amaral, Randolph	18:29.0
2010	Ridgewood	54	Samantha Jones, Randolph	18:18.0
2011	Randolph	37	Samantha Jones, Randolph	18:47.0
2012	Ridgewood	44	Catherine Pagano, Ridgewood	18:38.0

Sectional Championship Results - North Jersey 1 Group IV *continued*

NORTH JERSEY 1 - GROUP IV				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
2013	Randolph	28	Elizabeth Lansing, Randolph	18:53.0
2014	Ridgewood	42	Sam Halvorsen, Ridgewood	18:52.0
2015	Ridgewood	57	Olympia Martin, Ridgewood	18:39.0
2016	Randolph	47	Olympia Martin, Ridgewood	18:48.0
2017	Randolph	54	Abby Loveys, Randolph	18:16.0
2018	Ridgewood	32	Abby Loveys, Randolph	17:41.0
2019	Ridgewood	37	Camryn Wennersten, Ridgewood	18:25.0
2020	Ridgewood	20	Mia Dubac, Clifton	18:40.0
2021	Ridgewood	21	Remy Dubac, Clifton	18:58.0
2022	Ridgewood	37	Remy Dubac, Clifton	19:45.0
2023	Ridgewood	27	Cellina Rabolli, Ridgewood	19:45.0
2024	Ridgewood	18	Natalie Knowles, Ridgewood	19:22.0
2025	Ridgewood	17	Katherine Keating, Ridgewood	19:29.0

Sectional Championship Results - North Jersey 1 Group III

NORTH JERSEY 1 - GROUP III				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
1976	Roxbury	54	Lucy Sheldrick, Union Hill	16:38.0
1977	Ramsey	44	Michelle Guido, Paramus Catholic	17:44.2
1978	Northern Valley- Old Tappan	38	Mary Ellen McGowan, Pascack Valley	17:46.0
1979	Northern Valley- Old Tappan	29	Mary Ellen McGowan, Pascack Valley	16:45.0
1980	Pascack Valley	72	Patti McCluskey, Dumont	19:11.0
1981	Pascack Valley	56	Laura Reibold, Lakeland Regional	18:58.8
1982	Northern Valley- Old Tappan	48	Toni Ann Angione, Bergenfield	18:49.0
1983	Wayne Valley	66	Toni Ann Angione, Bergenfield	18:10.5
1984	Wayne Valley	30	Toni Ann Angione, Bergenfield	18:00.4
1985	Wayne Valley	42	Jen Van Horn, Wayne Valley	19:06.0
1986	Wayne Valley	27	Jen Mizzone, Wayne Valley	20:11.0
1987	Wayne Valley	41	Laura Drake, Wayne Valley	19:47.0
1988	Wayne Valley	50	Cathy Feeney, Wayne Valley	19:29.0
1989	Wayne Valley	54	Stephanie Andrasek, Newton	19:50.0
1990	Northern Highlands	44	Jen Mackey, Sparta	19:34.0
1991	Northern Highlands	37	Caroline Preece, Northern Highlands	19:53.7
1992	Wayne Valley	43	Amy Mizzone, Wayne Valley	19:46.0
1993	Ramsey	64	Amy Mizzone, Wayne Valley	19:24.0
1994	Wayne Valley	52	Amy Mizzone, Wayne Valley	19:34.0
1995	Northern Highlands	63	Jen Meighan, Northern Highlands	20:30.0
1996	Northern Highlands	91	Jen Cannistra, Sparta	19:36.0
1997	Indian Hills	68	Aisha Alexander, Passaic Valley	20:16.0
1998	Northern Valley- Old Tappan	72	Stacey Gallagher, Sparta	20:35.0
1999	Northern Valley- Old Tappan	69	Shahnaz Iqbal, Bergenfield	20:11.0
2000	Indian Hills	52	Jesse Mizzone, Passaic Valley	19:25.0
2001	Pascack Valley	69	Jesse Mizzone, Passaic Valley	18:11.0
2002	Northern Valley- Old Tappan	58	Jesse Mizzone, Passaic Valley	19:14.0
2003	Morris Knolls	46	Lauren Berard, Morris Knolls	19:21.0
2004	Mount Olive	96	Cheyenne Ogletree, Garfield	18:52.0
2005	Northern Highlands	78	Christina Valerio, West Milford	19:17.0
2006	Northern Highlands	86	Kesley Ramsey, Ramapo	18:57.0
2007	Roxbury	25	Lauren Penny, Roxbury	18:38.0
2008	High Point Regional	93	Tori Berard, Morris Knolls	18:46.0
2009	Northern Highlands	81	Katie Hinchen, Northern Highlands	19:52.0
2010	High Point Regional	73	Ariana North, Northern Highlands	19:07.0
2011	Northern Highlands	92	Ariana North, Northern Highlands	18:20.0
2012	Mount Olive	64	Josette Norris, Tenafly	18:13.0

Sectional Championship Results - North Jersey 1 Group III *continued*

NORTH JERSEY 1 - GROUP III				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
2013	Mount Olive	55	Josette Norris, Tenafly	18:40.0
2014	Northern Highlands	58	Catherine Pagao, Northern Highlands	18:15.0
2015	Wayne Hills	64	Anna George, Montville	19:08.0
2016	Northern Highlands	44	Ashley Evans, Pascack Valley	18:57.0
2017	Northern Highlands	28	Monica Hebner, Northern Highlands	18:04.0
2018	Northern Highlands	66	Daisy Liljegren, Northern Highlands	18:42.0
2019	Northern Highlands	55	Lauren Judd, Ramapo	19:29.0
2020	Northern Highlands	29	Brianna Braver, Ramapo	19:16.0
2021	Northern Valley- Old Tappan	48	Brianna Braver, Ramapo	19:21.0
2022	Northern Highlands	35	Amelia Keogh, Ramapo	19:40.0
2023	Northern Highlands	40	Ivory Piskula, Morris Hills	19:44.0
2024	Morris Knolls	89	Brianna Potaki, Ramapo	19:51.0
2025	Randolph	75	Amanda Knapp, Roxbury	19:01.0

Sectional Championship Results - North Jersey 1 Group II

NORTH JERSEY 1 - GROUP II				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
1976	Saddle Brook	52	Penny Fales, Hackettstown	12:04.0
1977	Saddle Brook	27	Cathy Stone, Vernon	18:08.0
1978	Saddle Brook	59	Cathy Stone, Vernon	17:51.0
1979	Hopatcong	52	Lisa Pakutks, Hopatcong	17:42.0
1980	Hopatcong	73	Lisa Pakutks, Hopatcong	18:37.8
1981	DePaul Catholic	45	Lisa Pakutks, Hopatcong	18:10.6
1982	Tenafly	57	Laura McKenna, Tenafly	19:50.0
1983	Kittatinny	40	Diana Rose, High Point Regional	20:24.0
1984	Dumont	49	Michele Forzani, Dumont	20:07.0
1985	Kittatinny	27	Jennifer Narr, Rutherford	20:01.0
1986	Kittatinny	42	Christi Constantin, Kittatinny	20:09.0
1987	Kittatinny	57	Christi Constantin, Kittatinny	17:59.0
1988	Kittatinny	47	Christi Constantin, Kittatinny	18:41.0
1989	Kittatinny	40	Patty Miller, Kittatinny	20:49.0
1990	Newton	33	Carli Gallo, Mahwah	19:50.0
1991	Kittatinny/Newton	36	Stephanie Andrasck, Newton	20:30.0
1992	Kittatinny	32	Carli Gallo, Mahwah	20:04.0
1993	Northern Highlands	47	Cara Madzy, Sparta	19:56.0
1994	Kittatinny	42	Kara Senkier, Kittatinny	20:11.0
1995	Ramsey	30	Dana Satir, Ramsey	20:13.0
1996	Ramsey	33	Dana Satir, Ramsey	19:05.0
1997	Ramsey	34	Tracy Kirk, Ramsey	20:13.0
1998	Ramsey	76	Melissa Conway, Ramsey	18:54.0
1999	Ramsey	44	Melissa Conway, Ramsey	19:35.0
2000	Ramsey	44	Melissa Conway, Ramsey	18:52.0
2001	Kittatinny	64	Jenna Bauberger, Indian Hills	19:56.0
2002	Kittatinny	50	Meghan Gaffney, Pompton Lakes	20:12.0
2003	Indian Hills	55	Meghan Gaffney, Pompton Lakes	19:21.0
2004	Kittatinny	64	Aimee Chegwidden, Wallkill Valley	19:33.0
2005	North Warren	63	Aimee Chegwidden, Wallkill Valley	19:58.0
2006	North Warren	62	Aimee Chegwidden, Wallkill Valley	19:39.0
2007	North Warren	63	Kaitlin Chegwidden, Wallkill Valley	19:38.0
2008	Indian Hills	60	Kaitlin Chegwidden, Wallkill Valley	19:31.0
2009	Ramsey	45	Olivia Du Haime, Wallkill Valley	19:07.0
2010	Morris Hills	20	Jana Sedlacek, Morris Hills	19:09.0
2011	Morris Hills	55	Carly Pierson, Kittatinny	19:41.0
2012	Ramsey	75	Sarah Disanza, High Point Regional	18:38.0

Sectional Championship Results - North Jersey 1 Group II *continued*

NORTH JERSEY 1 - GROUP II				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
2013	Ramsey	68	Corrine Myers, Westwood	19:40.0
2014	Ramsey	91	Alex Walter, Glen Rock	19:42.0
2015	River Dell	45	Shannon Goria, River Dell	18:33.0
2016	Ramsey	52	Alexandra Harris, Ramapo	19:38.0
2017	River Dell	37	Shannon Goria, River Dell	19:26.0
2018	Indian Hills	36	Corinne Barney, Indian Hills	19:08.0
2019	Indian Hills	68	Angelina Perez, Lakeland Regional	18:31.0
2020	Lakeland Regional	46	Angelina Perez, Lakeland Regional	17:31.0
2021	Lakeland Regional	31	Angelina Perez, Lakeland Regional	16:54.0
2022	Northern Valley- Old Tappan	68	Morgan Uhlhorn, Lakeland Regional	19:04.0
2023	Indian Hills	79	Christina Allen, River Dell	19:10.0
2024	Westwood	88	Dominique Cameron, Leonia	18:42.0
2025	Leonia	50	Dominique Cameron, Leonia	18:12.0

Sectional Championship Results - North Jersey 1 Group I

NORTH JERSEY 1 - GROUP I				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
1976	Bayley-Ellard	19	Stephanie Bruschi, Kinnelon	12:19.0
1977	Hopatcong	34	Debreen Conklin, Hopatcong	19:08.0
1978	Paul VI (Clifton)	66	Pam Farinella, Paul IV (Clifton)	18:49.0
1979	Cresskill	41	Simone Mele, Cresskill	19:00.5
1980	Midland Park	59	Joan Profita, Paul VI (Clifton)	20:16.0
1981	Cresskill	56	Tricia Madden, Cresskill	20:27.0
1982	Saddle Brook	30	Michelle Berardo, Palisades Park	20:28.0
1983	Saddle Brook	24	Vicki Gusciora, Saddle Brook	20:34.0
1984	Saddle Brook	46	Vicki Gusciora, Saddle Brook	20:31.0
1985	Mahwah	44	Sue Kowalski, Mahwah	20:57.0
1986	Mahwah	32	Dec Keough, Mahwah	21:15.0
1987	Saddle Brook	29	Cathy Acevedo, Saddle Brook	20:26.0
1988	Palisades Park	41	Jen Carlin, Cresskill	21:49.0
1989	Palisades Park	31	Ann Sourek, Palisades Park	21:24.0
1990	Palisades Park	47	Jessica Grieco, Emerson Boro	21:13.0
1991	Palisades Park	25	Kerry Moore, Midland Park	20:25.0
1992	Palisades Park	61	Karen Goers, Palisades Park	21:12.0
1993	Midland Park	38	Kerry Moore, Midland Park	19:51.0
1994	Bogota	34	Kirsten LaFond, Bogota	20:31.0
1995	Bogota	47	Erica Cesarlo, Bogota	21:06.0
1996	Bogota	28	Tracy Della Torre, Glen Rock	20:51.0
1997	Bogota	32	Christine Mendoza, Hudson Tech	20:48.0
1998	Bogota	28	Christine Mendoza, Hudson Tech	20:05.0
1999	Ridgefield Memorial	57	Christine Mendoza, Hudson Tech	20:33.0
2000	Saddle Brook	54	Erin Henry, Glen Rock	20:33.0
2001	Glen Rock	32	Erin Henry, Glen Rock	19:40.0
2002	Glen Rock	47	Amy Van Alstine, Midland Park	20:40.0
2003	Glen Rock	54	Abby Hinds, Mountain Lakes	19:33.0
2004	Mountain Lakes	52	Amy Van Alstine, Midland Park	18:54.0
2005	Mountain Lakes	30	Amy Van Alstine, Midland Park	18:59.0
2006	Verona	72	Katherine DeLeon, Palisades Pk	20:45.0
2007	Mountain Lakes	40	Kristen Landry, Mountain Lakes	20:10.0
2008	North Warren	54	Kristen Landry, Mountain Lakes	19:26.0
2009	Mountain Lakes	27	Kristen Landry, Mountain Lakes	19:30.0
2010	Mountain Lakes	30	Kristen Landry, Mountain Lakes	18:46.0
2011	Mountain Lakes	49	Colette Richter, Mountain Lakes	19:03.0
2012	North Warren	47	Colette Richter, Mountain Lakes	18:05.0

Sectional Championship Results - North Jersey 1 Group I *continued*

NORTH JERSEY 1 - GROUP I				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
2013	North Warren	21	Regina Duncan, North Warren	20:07.0
2014	North Warren	49	Regina Duncan, North Warren	19:46.0
2015	Mountain Lakes	39	Nicole Ohannesian, North Warren	19:47.0
2016	Kinnelon	33	Hannah Relovsky, Kinnelon	20:37.0
2017	Mountain Lakes	48	Samantha Green, Park Ridge/Emerson (co-op)	19:11.0
2018	Mountain Lakes	38	Emma Kline, Kinnelon	19:41.0
2019	Mountain Lakes	80	Sophia Knerr, North Warren	20:00.0
2020	Mountain Lakes	39	Sophia Knerr, North Warren	20:28.00
2021	Park Ridge/Emerson (co-op)	48	Grace Mougalian, Kinnelon	20:37.00
2022	Glen Rock	49	Danielle Tilp, Cresskill	21:27.0
2023	Glen Rock	64	Delana Einreinhofer, Wallkill Valley	21:03.0
2024	Mountain Lakes	27	Delana Einreinhofer, Wallkill Valley	20:05.0
2025	Mountain Lakes	27	Violet Page, Mountain Lakes	19:46.0

Four-Time Sectional Champions - North Jersey 1

Kristen Landry, Mountain Lakes (2007-2010)

Three-Time Sectional Champions - North Jersey 1

Toni Ann Angione, Bergenfield (1982-1984)
Aimee Chegwidden, Wallkill Valley (2004-2006)
Christi Constantin, Kittatinny (1986-1988)
Melissa Conway, Ramsey (1998-2000)
Christine Mendoza, Hudson Tech (1997-1999)
Mary Ellen Mileski, Ridgewood (1979-1981)
Amy Mizzone, Wayne Valley (1992-1994)
Jesse Mizzone, Passaic Valley (2000-2002)
Lisa Pakutks, Hopatcong (1979-1981)
Angelina Perez, Lakeland Regional (2019-2021)
Amy VanAlstine, Midland Park (2002; 2004-2005)

Most Sectional Titles (3+) - North Jersey 1

No.	School
31	Ridgewood
17	Northern Highlands
13	Ramsey
12	Kittatinny
11	Mountain Lakes
9	Wayne Valley
8	Northern Valley- Old Tappan
8	Randolph
8	Saddle Brook
7	Indian Hills
5	Bogota
5	Glen Rock
5	Kearny
5	Palisades Park
5	Roxbury
3	North Warren
3	Mount Olive
3	North Warren
3	Pascack Valley

Sectional Championship Results - North Jersey 2 Group IV

NORTH JERSEY 2 - GROUP IV				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
1977	Morristown	33	Joetta Clark, Columbia	17:46.0
1978	Morristown	30	Joetta Clark, Columbia	16:43.0
1979	Morristown	40	Joetta Clark, Columbia	19:30.0
1980	Plainfield	32	Linda King, Roxbury	19:51.0
1981	Plainfield	28	Lisa St. Clari, Plainfield	20:09.0
1982	Morristown	52	Lisa St. Clari, Plainfield	19:42.0
1983	Morristown	44	Rose Domingues, East Side (Newark)	19:57.0
1984	East Side (Newark)	41	Rose Domingues, East Side (Newark)	19:24.0
1985	Phillipsburg	49	Christine Grant, Columbia	19:34.0
1986	Phillipsburg	39	Elaine Doherty, Morristown	20:02.0
1987	East Side (Newark)	35	Elaine Doherty, Morristown	19:22.0
1988	Morristown	45	Paula Vaguelro, East Side (Newark)	19:59.0
1989	Morris Knolls	32	Jan Blake, Morris Knolls	20:11.0
1990	Morris Knolls	42	Danielle Gelsomino, Roxbury	19:59.0
1991	Westfield	68	Heather Bury, West Orange	20:00.0
1992	Randolph	44	Heather Bury, West Orange	19:35.0
1993	Columbia	39	Hazel Clark, Columbia	20:28.0
1994	Westfield	42	Hazel Clark, Columbia	19:41.0
1995	Westfield	52	Stephanie Snyder, Randolph	20:00.0
1996	Randolph	41	Catherine Casey, Columbia	20:14.0
1997	Columbia	32	Stephanie Snyder, Randolph	19:19.0
1998	Roxbury	33	Stephanie Snyder, Randolph	19:24.0
1999	Columbia	55	Stephanie Last, Roxbury	19:29.0
2000	Westfield	64	Courtney Epps, Columbia	19:37.0
2001	Morris Knolls	61	Courtney Epps, Columbia	19:45.0
2002	Morristown	47	Jenn Ennis, Roxbury	19:48.0
2003	Westfield	53	Erin Higgins, Union	20:11.0
2004	Westfield	53	Jahlisa Smith, Plainfield	20:17.0
2005	Bridgewater-Raritan	30	Jahlisa Smith, Plainfield	19:49.0
2006	Bridgewater-Raritan	67	Danica Krivanos, Bridgewater-Raritan	19:31.0
2007	Hunterdon Central	33	Rashmi Singh, Hunterdon Central	19:42.0
2008	Ridge	26	Danna Guglielmo, Ridge	19:42.0
2009	Ridge	39	Jackie Madden, Ridge	19:40.0
2010	Ridge	44	Allison Payenski, Hunterdon Central	19:15.0
2011	Ridge	55	Marisa Ruskan, Bridgewater-Raritan	18:55.0
2012	North Hunterdon	37	Marisa Ruskan, Bridgewater-Raritan	18:14.0
2013	Millburn	42	Eve Glasergreen, North Hunterdon	18:42.0

Sectional Championship Results - North Jersey 2 Group IV *continued*

NORTH JERSEY 2 - GROUP IV				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
2014	Ridge		Eve Glasergreen, North Hunterdon	18:10.0
2015	North Hunterdon	40	Katie Delidow, Millburn	18:53.8
2016	North Hunterdon	24	Elena DiMarcello, North Hunterdon	18:12.4
2017	North Hunterdon	28	Elena DiMarcello, North Hunterdon	18:18.3
2018	North Hunterdon	27	Chloe Gonzalez, North Hunterdon	18:02.12
2019	North Hunterdon	31	Chloe Gonzalez, North Hunterdon	17:37.40
2020	North Hunterdon	25	Alexandra Carlson, North Hunterdon	18:38.20
2021	Ridge	61	Brooke Hunter, Phillipsburg	18:43.78
2022	Westfield	65	Brooke Hunter, Phillipsburg	18:41.71
2023	Westfield	61	Molly Domurat, Hunterdon Central	19:01
2024	Ridge	51	Anna Kylish, Westfield	18:55.59
2025	Bridgewater-Raritan	56	Emily Conway, Watchung Hills	18:37.17

Sectional Championship Results - North Jersey 2 Group III

NORTH JERSEY 2 - GROUP III				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
1977	Pequannock	33	Nancy Seeger, Roxbury	16:54.0
1978	Pequannock	27	Nancy Gallagher, Morris Hills	17:45.0
1979	Pequannock	17	Theresa Gachwind, Summit	19:16.0
1980	Randolph	55	Theresa Gachwind, Summit	18:47.0
1981	Randolph	50	Theresa Gachwind, Summit	18:26.0
1982	Randolph	39	Noel LeFrancis, West Morris Central	19:21.0
1983	West Morris Central	29	Noel LeFrancis, West Morris Central	18:48.0
1984	Randolph	53	Terry Reinman, West Morris Mendham	19:22.0
1985	West Morris	55	Meghan Lee, West Morris Central	19:26.0
1986	Morris Hills	43	Kris Opdyke, West Morris Central	20:40.0
1987	Mount Olive	55	Gina Willoughby, Randolph	19:51.0
1988	Phillipsburg	32	Kristen Hall, West Morris Central	19:36.0
1989	Mount Olive	42	Nicki Willett, Morris Hills	19:16.0
1990	Phillipsburg	35	Christine Engel, Mount Olive	19:22.0
1991	Morris Knolls	46	Christine Engel, Mount Olive	19:46.0
1992	West Morris	46	Jackie Coscia, Mount Olive	20:05.0
1993	Mount Olive	41	Jackie Coscia, Mount Olive	19:49.0
1994	Mount Olive	49	Jackie Coscia, Mount Olive	18:54.0
1995	Mount Olive	15	Kim Primavera, Mount Olive	20:15.0
1996	Roxbury	35	Kim Primavera, Mount Olive	20:00.0
1997	Morristown	39	Megan Schwartz, Morristown	20:08.0
1998	Westfield	57	Cheryl Bauer, Morris Hills	18:49.0
1999	Morristown	66	Marianne Herbst, Mount Olive	19:32.0
2000	Parsippany	82	Kim Pereira, Parsippany	19:36.0
2001	Mount Olive	46	Sarah Founds, West Morris Mendham	19:52.0
2002	Morris Knolls	34	Ashley Wolf, Montville	19:43.0
2003	Voorhees	35	Becky Crossin, North Hunterdon	19:32.0
2004	Voorhees	60	Kathleen Henry, Ridge	19:26.0
2005	Ridge	44	Melanie Thompson, Voorhees	19:05.0
2006	Voorhees	53	Melanie Thompson, Voorhees	18:29.0
2007	Voorhees	20	Melanie Thompson, Voorhees	18:36.0
2008	Voorhees	28	Melanie Thompson, Voorhees	18:32.0
2009	Voorhees	42	Laura Vigilante, West Morris Mendham	18:38.0
2010	West Morris Mendham	37	Mackenzie Barry, West Morris Mendham	18:59.0
2011	Morristown	56	Mackenzie Barry, West Morris Mendham	18:57.0
2012	West Morris Mendham	33	Mackenzie Barry, West Morris Mendham	17:58.0
2013	West Morris Central	59	Mackenzie Barry, West Morris Mendham	18:24.0

Sectional Championship Results - North Jersey 2 Group III *continued*

NORTH JERSEY 2 - GROUP III				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
2014	West Morris Mendham	28	Sierra Castaneda, West Morris Central	18:22.0
2015	West Morris Mendham	50	Sierra Castaneda, West Morris Central	18:07.5
2016	Middletown South	48	Shelby Piccinic, Colonia	18:32.7
2017	Middletown South	35	Alexa Westley, Warren Hills	17:23.5
2018	West Morris Mendham	43	Alexa Westley, Warren Hills	17:32.16
2019	Middletown South	23	Reese Fahys, Middletown South	18:31.30
2020	West Morris Mendham	22	Madison Orlins, West Morris Mendham	19:10.00
2021	North Hunterdon	43	Cassidy Roop, North Hunterdon	18:21.12
2022	North Hunterdon	42	Cassidy Roop, North Hunterdon	18:45.32
2023	North Hunterdon	54	Kelly Shanklin, North Hunterdon	19:08
2024	North Hunterdon	24	Kelly Shanklin, North Hunterdon	18:56.24
2025	North Hunterdon	35	Helena Szep, Middletown North	18:26.55

Sectional Championship Results - North Jersey 2 Group II

NORTH JERSEY 2 - GROUP II				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
1977	Butler	57	Caroline McCoy, James Caldwell	18:30.0
1978	Mount Olive	45	Karen Flanagan, Jefferson Township	17:44.0
1979	Mount Olive	36	Sue Hollister, Jefferson Township	21:04.0
1980	Mount Olive	47	Melinda Holm, West Morris Mendham	19:20.0
1981	Mount Olive	49	Melinda Holm, West Morris Mendham	18:56.0
1982	Springfield	69	Bobbie McGee, West Side	18:54.0
1983	Springfield	60	Madeline Nagy, James Caldwell	19:12.0
1984	Boonton	61	Madeline Nagy, James Caldwell	18:51.0
1985	Dover	47	Tracy Biber, Springfield	19:37.0
1986	Dover	48	Yolanda Santana, Dover	20:31.0
1987	Hackettstown	43	Gwen Nagy, James Caldwell	20:29.0
1988	Millburn	76	Jen Nesbitt, James Caldwell	20:15.0
1989	James Caldwell	54	Jen Nesbitt, James Caldwell	20:23.0
1990	Boonton	68	Jen Nesbitt, James Caldwell	20:11.0.
1991	Boonton	46	Melissa Zobel, Chatham	20:22.0
1992	Dover	57	Lauren Whitehead, West Morris Mendham	21:01.0
1993	West Morris Mendham	37	Lauren Whitehead, West Morris Mendham	20:27.0
1994	Chatham	43	Laura Wissolik, Chatham	19:54.0
1995	Jefferson Township	49	Lauren Kelly, Morris Hills	20:36.0
1996	Morris Hills	56	Cheryl Bauer, Morris Hills	19:41.0
1997	Morris HIlls	22	Erin Wyble, Morris Hills	20:42.0
1998	James Caldwell	58	Kym Hyde, Morris Hills	20:52.0
1999	James Caldwell	51	Kerry Maybaum, West Essex	20:43.0
2000	Montville	25	Ashley Wolf, Montville	20:45.0
2001	Montville	25	Christina Scherer, Montville	19:59.0
2002	Summit	67	Megs Didario, Governor Livingston	20:05.0
2003	Cranfod	59	Mallory Harlin, Cranford	20:24.0
2004	Chatham	48	Alexis Weiner, James Caldwell	19:58.0
2005	Chatham	32	Alexis Weiner, James Caldwell	19:37.0
2006	Summit	48	Kat Grimes, Chatham	19:46.0
2007	Chatham	48	Kat Grimes, Chatham	19:46.0
2008	Summit	67	Mallory Anderson, Madison	19:39.0
2009	Chatham	53	Dana Giordano, Bernards	19:18.0
2010	Voorhees	26	Dana Giordano, Bernards	18:37.0
2011	Voorhees	37	Dana Giordano, Bernards	18:41.0
2012	Voorhees	20	Nisa Cicitta, Voorhees	18:23.0
2013	Bernards	55	Gillian McIlroy, Summit	19:19.0

Sectional Championship Results - North Jersey 2 Group II *continued*

NORTH JERSEY 2 - GROUP II				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
2014	Bernards	31	Paige Petty, Bernards	18:48.0
2015	Parsippany	54	Ally Schlosser, Parsippany	19:16.4
2016	Mountain Lakes	37	Izzi Gengaro, Mountain Lakes	19:36.1
2017	Voorhees	25	Lauren Wagner, Voorhees	18:23.4
2018	Bernards	24	Jamie Habib, Madison	19:47.72
2019	Bernards	33	Jamie Habib, Madison	19:31.00
2020	Bernards	36	Jamie Habib, Madison	19:52.90
2021	Voorhees	27	Tara Kibbe, Lyndhurst	19:30.94
2022	Voorhees	22	Daphne Roskowski, Voorhees	19:41.41
2023	Voorhees	41	Kira Chebishev, Parsippany Hills	19:54
2024	Voorhees	43	Daphne Roskowski, Voorhees	18:13.44
2025	Voorhees	17	Lexie Mizzone, Voorhees	18:16.39

Sectional Championship Results - North Jersey 2 Group I

NORTH JERSEY 2 - GROUP I				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
1977	Mount Olive	34	Nancy Schmidt, Kinnelon	18:13.0
1978	Morris Catholic	35	Ann Gladuc, Bayley-Ellard	16:26.0
1979	Kinnelon	33	Ann Gladuc, Bayley-Ellard	20:19.0
1980	Kinnelon	30	Kelly O'Hara, Verona	20:14.0
1981	Kinnelon	42	Roxanne Polo, Whippany Park	19:49.0
1982	Whippany Park	24	Sharon Leddy, Whippany Park	20:15.0
1983	Kinnelon	18	Sandy Smith, Kinnelon	21:10.0
1984	Kinnelon	21	Lori Carpenter, New Providence	20:47.0
1985	New Providence	15	Lori Carpenter, New Providence	20:45.0
1986	Morris Catholic	43	Lori Carpenter, New Providence	20:55.0
1987	Kinnelon	34	Jen Schenberg, Kinnelon	20:40.0
1988	Kinnelon	35	Jen Schenberg, Kinnelon	20:21.0
1989	Newark Arts	33	Jen Schenberg, Kinnelon	19:49.0
1990	Newark Arts	24	Akhirs Ismail, Newark Arts	20:52.0
1991	Newark Arts	20	Cathy O'Brien, Morris Catholic	20:46.0
1992	Morris Catholic	36	Cathy O'Brien, Morris Catholic	20:25.0
1993	Whippany Park	34	Kelly Carpenter, Mountain Lakes	21:19.0
1994	Kinnelon	67	Kelly Carpenter, Mountain Lakes	20:32.0
1995	Newark Science	69	Bethany Sands, Pequannock	21:58.0
1996	Whippany Park	52	Sanita Ittoop, Kinnelon	21:28.0
1997	New Providence	41	Sherry White, Newark Science	21:51.0
1998	New Providence	49	Laura Perry, Whippany Park	20:40.0
1999	Verona	44	Christine Dobrosky, Mountain Lakes	21:44.0
2000	Mountain Lakes	42	Christine Dobrosky, Mountain Lakes	21:52.0
2001	Mountain Lakes	44	Katie Chambers, Mountain Lakes	21:06.0
2002	Mountain Lakes	33	Katie Chambers, Mountain Lakes	21:09.0
2003	Palisades Park	66	Caitlin Walsh, Verona	20:55.0
2004	Verona	44	Katherine Deleon, Palisades Park	20:47.0
2005	McNair Academic	47	Quiauna Smith, McNair Academic	22:18.0
2006	McNair Academic	59	Ewelina Marut, Henry P. Becton	21:31.0
2007	New Providence	36	Olivia Clyde, New Providence	20:11.0
2008	McNair Academic	40	Rachel Murray, Jonathan Dayton	21:17.0
2009	Whippany Park	31	Christina Nicholas, McNair Academic	21:17.0
2010	Whippany Park	23	Victoria Weiss, Ridgefield Memorial	20:54.0
2011	Whippany Park	26	Heather Sweeney, Verona	20:54.0
2012	McNair Academic	62	Brittany Gibson, McNair Academic	19:16.0
2013	Secaucus	53	Brittany Gibson, McNair Academic	19:22.0

Sectional Championship Results - North Jersey 2 Group I *continued*

NORTH JERSEY 2 - GROUP I				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
2014	New Providence	25	Yaminah Smith, Weequahic	19:28.0
2015	New Providence	21	Jillian Turner, New Providence	18:52.0
2016	Whippany Park	30	Jasmin Lim, McNair Academic	20:40.5
2017	McNair Academic	21	Jazzlyn Diaz, McNair Academic	20:47.3
2018	McNair Academic	25	Claire Chapeau, McNair Academic	19:19.97
2019	McNair Academic	40	Haley Nowak, Secaucus	20:09.50
2020	Jonathan Dayton	44	Haley Nowak, Secaucus	21:27.00
2021	Hasbrouck Heights	52	Tara Smurla, Cedar Grove	19:38.94
2022	Bogota	62	Amandine Fernandez, Bogota	19:47.50
2023	Hasbrouck Heights	40	Isabel Michel, Bogota	19:47
2024	Hasbrouck Heights	48	Tarikwa Dunn, Weehawken	19:13.24
2025	Bogota	47	Fergie Onate-Avila, Bogota	20:10.91

Four-Time Sectional Champions - North Jersey 2

Mackenzie Barry, West Morris Mendham (2010-2013)
Melanie Thompson, Voorhees (2005-2008)

Three-Time Sectional Champions - North Jersey 2

Lori Carpenter, New Providence (1984-1986)
Joetta Clark, Columbia (1977-1979)
Jackie Coscia, Mount Olive (1992-1994)
Theresa Gachwind, Summit (1979-1981)
Dana Giordano, Bernards (2009-2011)
Jamie Habib, Madison (2018-2020)
Jen Schenberg, Kinnelon (1987-1989)
Stephanie Snyder, Randolph (1995; 1997-1998)

Most Sectional Titles (3+) - North Jersey 2

No.	School
15	Voorhees
12	Mount Olive
11	North Hunterdon
10	Morristown
9	Westfield
8	Kinnelon
8	Ridge
7	McNair Academic
7	West Morris Mendham
7	Whippany Park
6	New Providence
6	Randolph
5	Bernards
5	Chatham
5	Morris Knolls
4	Mountain Lakes
4	Phillipsburg
4	West Morris Central

No.	School
3	Arts (Newark)
3	Boonton
3	Bridgewater-Raritan
3	Columbia
3	Dover
3	Hasbrouck Heights
3	James Caldwell
3	Middletown South
3	Morris Catholic
3	Morris Hills
3	Pequannock
3	Summit

Sectional Championship Results - Central Jersey Group IV

CENTRAL JERSEY - GROUP IV				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
1976	Hunterdon Central	44	Nancy Fitzgerald, Cedar Ridge	11:41
1977	Hunterdon Central	65	Nancy Fitzgerald, Cedar Ridge	17:53
1978	Hunterdon Central	46	Mary Banks, Raritan	17:33
1979	Hunterdon Central	30	Cricket Batz, Hunterdon Central	19:29
1980	Hunterdon Central	38	Janet Smith, North Edison	18:29
1981	Hamilton East	32	Janet Smith, North Edison	17:46
1982	North Hunterdon	43	Janet Smith, North Edison	17:49
1983	Madison Central	69	Janet Smith, North Edison	17:04
1984	Manalapan	43	Randi Engle, Marlboro	18:28
1985	Hunterdon Central	31	Justine Doyle, Hunterdon Central	20:11
1986	Hunterdon Central	38	Christine Baldes, Manalapan	20:24
1987	North Huntedon	52	Jodi Bilotta, North Hunterdon	18:57
1988	North Hunterdon	40	Sandy LaPlaca, North Hunterdon	20:17
1989	North Hunterdon	50	Monal Chokshi, Bridgewater-Raritan West	19:37
1990	Marlboro	63	Monal Chokshi, Bridgewater-Raritan West	18:39
1991	Marlboro	72	Monal Chokshi, Bridgewater-Raritan West	19:38
1992	Middletown South	53	Monal Chokshi, Bridgewater-Raritan West	19:32
1993	Hunterdon Central	19	Autumn Fogg, Hunterdon Central	20:06
1994	Hunterdon Central	16	Autumn Fogg, Hunterdon Central	19:20
1995	Middletown South	43	Autumn Fogg, Hunterdon Central	19:39
1996	Hunterdon Central	49	Beth Crawford, Hunterdon Central	19:56
1997	South Brunswick	68	Lindsey Gallo, Howell	20:29
1998	Hunterdon Central	46	Lindsey Gallo, Howell	19:35
1999	Hillsborough	65	Lindsey Gallo, Howell	19:52
2000	Hunterdon Central	28	Shannon Hawrylo, Hunterdon Central	19:16
2001	Old Bridge	40	Mara McInerney, Old Bridge	19:54
2002	Old Bridge	44	Kellee Hand, Howell	19:56
2003	Old Bridge	66	Jennifer Clausen, Jackson Memorial	18:41
2004	Jackson Memorial	63	Jennifer Clausen, Jackson Memorial	18:54
2005	Jackson Memorial	63	Amanda Marino, Jackson Memorial	18:38
2006	Colts Neck	47	Brianna Jackucewicz, Colts Neck	18:11
2007	Colts Neck	69	Brianna Jackucewicz, Colts Neck	18:14
2008	South Brunswick	61	Katie Kellner, WWP South	18:15
2009	Hillsborough	48	Caroline Kellner, WWP South	18:14
2010	Hillsborough	34	Caroline Kellner, WWP South	18:02
2011	Howell	80	Caroline Kellner, WWP South	18:35
2012	Hillsborough	42	Jillian Kelly, Montgomery	17:48

Sectional Championship Results - Central Jersey Group IV *continued*

CENTRAL JERSEY - GROUP IV				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
2013	WWP South	49	Rachel Belmont, Old Bridge	18:40
2014	WWP South	44	Stephanie Mauer, Hillsborough	18:37
2015	Hillsborough	58	Christina Rancan, WWP South	18:28.8
2016	Hillsborough	93	Hannah Cella, Hunterdon Central	18:46.3
2017	WWP South	62	Chloe Wong, Hillsborough	19:00.0
2018	South Brunswick	42	Caroline Mehlhorn, Montgomery	19:14.70
2019	South Brunswick	65	Caroline Mehlhorn, Montgomery	18:34.60
2020	Princeton	49	Caroline Mehlhorn, Montgomery	19:01.50
2021	Middletown South	72	Caroline Melhorn, Montgomery	18:37.07
2022	Freehold Township	53	Emma Zawatski, Freehold Township	18:26.12
2023	Freehold Township	48	Emma Zawatski, Freehold Township	18:15
2024	Princeton	49	Sadie Honig, Manalapan	18:13.60
2025	Princeton	42	Molly Domurat, Hunterdon Central	17:59.02

Sectional Championship Results - Central Jersey Group III

CENTRAL JERSEY - GROUP III				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
1976	Red Bank Catholic	24	Tracey Van Dyke, Red Bank Catholic	12:00
1977	Red Bank Catholic	31	Tracey Van Dyke, Red Bank Catholic	18:38
1978	Red Bank Catholic	38	Maura Taylor, Red Bank Catholic	18:52
1979	North Hunterdon	35	Marge DeMarrals, North Hunterdon	20:59
1980	North Hunterdon	19	Sharon Greene, North Hunterdon	19:02
1981	North Hunterdon	19	Tracy Bigley, North Hunterdon	18:49
1982	Raritan	41	Chris Bessinger, Raritan	18:57
1983	North Hunterdon	25	Stacy Bilotta, North Hunterdon	17:57
1984	North Hunterdon	16	Jeanne LaPlaca, North Hunterdon	17:49
1985	North Hunterdon	15	Jodi Bilotta, North Hunterdon	18:32
1986	North Hunterdon	16	Jodi Bilotta, North Hunterdon	18:55
1987	Red Bank Catholic	37	Catriona Logan, Red Bank Catholic	20:20
1988	Red Bank Catholic	40	Colleen Kenney, Raritan	21:07
1989	Voorhees	60	Charlene Agar, Red Bank Catholic	20:02
1990	Red Bank Catholic	50	Mary Pat Erickson, Red Bank Catholic	20:14
1991	Red Bank Catholic	55	Marianne Livingston, Red Bank Regional	19:59
1992	North Hunterdon	59	Colleen Manning, North Hunterdon	19:44
1993	Ocean Township	30	Megan Phillips, Ocean Township	20:09
1994	Ocean Township	50	Laura Meadors, Ocean Township	19:47
1995	Wall Township	60	Amala Merritt, Neptune	20:35
1996	Ocean Township	38	Lisa Anderson, North Hunterdon	20:39
1997	Middletown South	45	Pam Meadors, Ocean Township	19:19
1998	North Hunterdon	37	Cate Guiney, Middletown South	18:00
1999	Middletown South	27	Casie Kerr, Middletown South	20:48
2000	North Hunterdon	28	Megan Ruane, North Hunterdon	20:24
2001	North Hunterdon	42	Erin Enderly, Ocean Township	19:34
2002	Middletown South	68	Katy & Amanda Trotter, Red Bank Regional	18:16
2003	Princeton	47	Erin Enderly, Ocean Township	19:23
2004	Colts Neck	47	Ashley Higginson, Colts Neck	19:28
2005	Colts Neck	27	Briana Jackucewicz, Colts Neck	18:56
2006	Hopewell Valley	54	Clare Buck, Hopewell Valley	18:54
2007	Hopewell Valley	54	Clare Buck, Hopewell Valley	18:58
2008	Hopewell Valley	57	Clare Buck, Hopewell Valley	18:23
2009	Hopewell Valley	62	Emily Scott, WWP North	18:36
2010	Princeton	57	Caroline Ticse, Allentown	19:04
2011	Middletown South	41	Jenna Cody, Princeton	18:56
2012	Middletown South	69	Grace Dwyer, Hamilton North	17:58

Sectional Championship Results - Central Jersey Group III *continued*

CENTRAL JERSEY - GROUP III				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
2013	Middletown South	56	Grace Dwyer, Hamilton North	18:20
2014	Princeton	28	Grace Dwyer, Hamilton North	18:43
2015	Colts Neck	55	Briana Roberts, Pennsauken	19:07.6
2016	Allentown	24	Devon Hoernlein, Allentown	19:21.70
2017	Colts Neck	26	Devon Hoernlein, Allentown	18:49.5
2018	Colts Neck	29	Delia Russo, Colts Neck	19:58.90
2019	Colts Neck	28	Lilly Shapiro, Colts Neck	18:55.30
2020	Colts Neck	46	Lilly Shapiro, Colts Neck	18:36.50
2021	Colts Neck	29	Lilly Shapiro, Colts Neck	18:14.97
2022	Allentown	82	Liliah Gordon, Northern Burlington	18:26.80
2023	Middletown South	63	Lilah Gordon, Northern Burlington	18:25
2024	Colts Neck	52	Allison Lee, West Windsor-Plainsboro North	17:46.20
2025	Middletown South	38	Allison Lee, West Windsor-Plainsboro North	18:10.47

Sectional Championship Results - Central Jersey Group II

CENTRAL JERSEY - GROUP II				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
1976	St. Rose/Delaware Valley	56	Anne Kunze, Metuchen	12:00
1977	Bernards	28	Eve Thompson, Red Bank Regional	18:52
1978	Delaware Valley	47	Beverly Reilly, St. Rose	19:11
1979	Holmdel	42	Ann Marie Martinek, St. John Vianney	19:58
1980	St. John Vianney	23	Fran Coughlin, St. John Vianney	19:51
1981	St. John Vianney	39	Leslie Gale, St. John Vianney	19:02
1982	Holmdel	40	Shelia O'Brien, South Brunswick	18:55
1983	Holmdel	44	Adele Frederico, Holmdel	19:32
1984	Holmdel	59	Beth Starr, Lawrence	17:59
1985	Bernards	27	Karen Ahearn, Bernards	18:27
1986	Ridge	45	Cindy Laury, Ridge	21:00
1987	Delaware Valley	65	Karin Swartz, Princeton	19:46
1988	Delaware Valley	36	Karin Swartz, Princeton	20:10
1989	Delaware Valley	39	Linda Bizzocco, Shore	20:56
1990	Carteret	88	Stacey Hempel, Carteret	20:49
1991	Somerville	64	Creta Norcross, Voorhees	20:42
1992	Somerville	85	Cathy Miller, Somerville	20:51
1993	Wall Township	67	Heather Perrine, Wall Township	20:14
1994	Somerville	60	Meghann Ganey, Ridge	20:02
1995	Ridge	40	Claire Nicholas, Ridge	20:48
1996	Ridge	51	Meghann Ganey, Ridge	20:00
1997	Voorhees	29	Lily Thomas, Somerville	20:30
1998	Voorhees	45	Lily Thomas, Somerville	19:55
1999	Hopewell Valley	38	Lily Thomas, Somerville	18:57
2000	Voorhees	47	Julie Ullmeyer, Shore Regional	19:28
2001	Voorhees	25	Chris Planer, Rumson-Fair Haven	19:32
2002	Hopewell Valley	22	Sara Best, Voorhees	19:34
2003	Shore Regional	23	Julie Ullmeyer, Shore Regional	19:55
2004	Rumson-Fair Haven	51	Laura Gallo, Cranford	19:59
2005	Summit	73	Laura Embrey, Shore Regional	19:57
2006	New Providence	74	Christine Altland, Raritan	19:28
2007	Holmdel	41	Julia Mark, Delaware Valley	19:08
2008	A.L. Johnson	64	Julia Mark, Delaware Valley	19:08
2009	Rumson-Fair Haven	98	Nichelle Harris, Rahway	18:55
2010	Holmdel	58	Georgiana Honrath, Manasquan	19:13
2011	Rumson-Fair Haven	21	Rachel Christ, Rumson-Fair Haven	18:38
2012	Rumson-Fair Haven	49	Kyrsten Gilmartin, Red Bank Regional	18:52

Sectional Championship Results - Central Jersey Group II *continued*

CENTRAL JERSEY - GROUP II				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
2013	Rumson-Fair Haven	29	Marin Warner, Holmdel	18:37
2014	Rumson-Fair Haven	57	Marin Warner, Holmdel	18:20
2015	Rumson-Fair Haven	65	Hannah Bonaguidi, Delaware Valley	18:21.7
2016	Voorhees	93	Lauren Wagner, Voorhees	18:42.70
2017	Governor Livingston	56	Amanda Stone, Monmouth Regional	18:19.0
2018	Metuchen	71	Amanda Stone, Monmouth Regional	19:03.50
2019	Holmdel	61	Emma McGill, Voorhees	18:25.60
2020	Rumson-Fair Haven	34	Caroline Schleif, Metuchen	19:47.00
2021	Rumson-Fair Haven	39	Mary Malague, Metuchen	18:18.41
2022	Rumson-Fair Haven	40	Melina Johnston, Robbinsville	18:49.95
2023	Robbinsville	51	Ivy Slavinski, Point Pleasant Boro	19:11
2024	Rumson-Fair Haven	32	Leah Starkey, Ocean Township	18:23.90
2025	Rumson-Fair Haven	40	Leah Starkey, Ocean Township	17:14.72

Sectional Championship Results - Central Jersey Group I

CENTRAL JERSEY - GROUP I				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
1976	Mater Dei Prep	32	Meg Fynes, Immaculata	
1977	Mater Dei Prep	24	Jedy Ruff, Highland Park	19:15
1978	Mater Dei Prep	46	Sue Minogue, Mater Dei Prep	18:06
1979	Bernards	20	Meg Waldron, Bernards	19:17
1980	Mater Dei Prep	33	Meg Waldron, Bernards	18:36
1981	Bernards	15	Meg Waldron, Bernards	17:35
1982	Bernards	19	Meg Waldron, Bernards	18:06
1983	Bernards	15	Jenny Rahn, Bernards	19:07
1984	Bernards	16	Karen Ahearn, Bernards	18:29
1985	Hoffman	23	Beth Lynch, Metuchen	20:56
1986	Bernards	23	Debbie Fordyce, Bernards	20:19
1987	Mater Dei Prep	22	Resie Caffrey, Mater Dei Prep	19:57
1988	Bernards	56	Becky Nazario, Pingry	21:11
1989	Mater Dei Prep	40	Becky Nazario, Pingry	21:51
1990	Mater Dei Prep	62	Danielle Notarcola, Keyport	21:08
1991	Mater Dei Prep	58	Joni Ambrosia, Henry Hudson	20:27
1992	Pingry	54	Mary Newman, Highland Park	20:35
1993	Bound Brook	42	Joy Bashew, Metuchen	21:47
1994	Bernards	46	Kelsey Barfuss, Bernards	20:32
1995	Bernards		Laura Nann, Bernards	19:58
1996	Metuchen		Laura Nann, Bernards	20:13
1997	Bernards	21	Laura Nann, Bernards	20:43
1998	Keansburg	50	Megan Kayser, Middlesex	21:26
1999	Rumson-Fair Haven	23	Christy Planer, Rumson-Fair Haven	20:56
2000	Colts Neck	44	Megan Kayser, Middlesex	20:50
2001	Shore Regional	19	Julie Ullmeyer, Shore Regional	20:42
2002	Shore Regional	20	Julie Ullmeyer, Shore Regional	20:05
2003	New Providence	31	Elizabeth Wagner, New Providence	22:10
2004	New Providence	44	Chelsea Fisher, Metuchen	22:01
2005	Metuchen	38	Lindsay Ritchings, Point Pleasant Beach	21:06
2006	Metuchen	19	Fiona Weeks, Metuchen	20:55
2007	Metuchen	37	Elise Brevet, Metuchen	19:49
2008	Robbinsville	32	Megan Flynn, Point Pleasant Beach	19:30
2009	Robbinsville	24	Brianna Feersst, Point Pleasant Beach	19:41
2010	Robbinsville	29	Brianna Feersst, Point Pleasant Beach	19:00
2011	Metuchen	25	Brianna Feersst, Point Pleasant Beach	18:47
2012	Metuchen	26	Kelly Shaffer, South Hunterdon	19:12

Sectional Championship Results - Central Jersey Group I *continued*

CENTRAL JERSEY - GROUP I				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
2013	Shore Regional	47	Kelly Shaffer, South Hunterdon	19:21
2014	Shore Regional	35	Rachel Suss, Metuchen	18:40
2015	Metuchen	30	Rachel Suss, Metuchen	19:02.58
2016	Metuchen	42	Rachel Wentnick, Metuchen	20:23.5
2017	Metuchen	39	Corina Vidal, Henry Hudson	20:01.00
2018	Shore Regional	32	Corina Vidal, Henry Hudson	19:28.60
2019	New Providence	37	Corina Vidal, Henry Hudson	18:59.40
2020	Shore Regional	39	Clare Erwin, Delaware Valley	19:18.40
2021	Shore Regional	31	Megan Donlevie, Shore Regional	19:26.82
2022	Shore Regional	37	Megan Donlevie, Shore Regional	19:19.92
2023	Metuchen	39	Gianna Hernandez, Metuchen	20:27.00
2024	Metuchen	29	Grace Montanari, Shore Regional	19:28.60
2025	Shore Regional	27	Alexandra Klein, Shore Regional	18:29.05

Four-Time Sectional Champions - Central Jersey

Monal Chokshi, Bridgewater-Raritan West (1989-1992)
Caroline Mehlhorn, Montgomery (2018-2021)
Janet Smith, North Edison (1980-1983)
Meg Waldron, Bernards (1979-1982)

Three-Time Sectional Champions - Central Jersey

Clare Buck, Hopewell Valley (2006-2008)
Grace Dwyer, Hamilton North (Nottingham) (2012-2014)
Brianna Feerst, Point Pleasant Beach (2009-2011)
Autumn Fogg, Hunterdon Central (1993-1995)
Lindsey Gallo, Howell (1997-1999)
Caroline Kellner, West Windsor-Plainsboro South (2009-2011)
Laura Nann, Bernards (1995-1997)
Lilly Shapiro, Colts Neck (2019-2021)
Lily Thomas, Somerville (1997-1999)
Corina Vidal, Henry Hudson (2017-2019)

Most Sectional Titles (3+) - Central Jersey

No.	School
15	North Hunterdon
14	Colts Neck
13	Rumson-Fair Haven
12	Bernards
12	Hunterdon Central
12	Metuchen
11	Middletown South
10	Shore Regional
8	Mater Dei Prep
7	Holmdel
7	Red Bank Catholic
6	Hillsborough
6	Hopewell Valley
6	Princeton
6	Voorhees

No.	School
5	Delaware Valley
4	New Providence
4	Robbinsville
4	South Brunswick
3	Ocean Township
3	Old Bridge
3	Ridge
3	Somerville
3	West Windsor-Plainsboro South

Sectional Championship Results - South Jersey Group IV

SOUTH JERSEY - GROUP IV				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
1976	Toms River North	35	Janet Flood, Toms River North	12:10.8
1977	Toms River North	28	Sharon White, Toms River North	18:51.0
1978	Brick	27	Jeanne Fox, Brick	18:06.6
1979	Toms River North	36	Rive Gensib, Cherry Hill West	19:36.0
1980	Toms River East	46	Lisa Szymanski, Toms River East	19:26.0
1981	Toms River East	56	Michelle Rowan, Washington Township	18:28.0
1982	Toms River East	44	Michelle Rowan, Washington Township	16:35.0
1983	Shawnee	32	Lori Watson, Cherry Hill East	17:42.0
1984	Toms River East	28	Kelly McDonnell, Toms River East	19:21.0
1985	Brick	30	Deanne Germano, Shawnee	18:57.0
1986	Brick	31	Sandy Wright, Paul VI	18:59.0
1987	Brick	21	Mary Hoernlein, Brick	18:45.0
1988	Brick	37	Erin Carmody, Paul VI	19:45.0
1989	Paul VI	40	Sandy Wright, Paul VI	19:38.0
1990	Shawnee	42	Julia Goldstein, Shawnee	20:30.0
1991	Shawnee	40	Krista Ferrara, Vineland	20:15.0
1992	Shawnee	55	Liz Moore, Shawnee	19:40.0
1993	Shawnee	33	Liz Moore, Shawnee	17:51.0
1994	Shawnee	24	Liz Moore, Shawnee	18:31.0
1995	Shawnee	37	Jen Peace, Toms River North	17:57.0
1996	Shawnee	43	Abbey Hartman, Ocean City	17:49.0
1997	Shawnee	66	K.C. Mehan, Brick	18:07.0
1998	Shawnee	55	Leyna Williams, Triton Regional	18:29.0
1999	Shawnee	67	Claudine Evangelista, Triton Regional	18:49.0
2000	Shawnee	50	Courtney Fiorovanti, Toms River North	19:39.0
2001	Shawnee	35	Kathryn Wardenski, Southern Regional	19:04.0
2002	Toms River East	46	Jennifer Clausen, Jackson	18:55.0
2003	Cherokee	63	Lisa Burkholder, Cherokee	18:50.0
2004	Toms River North	65	Danielle Tauro, Southern Regional	18:32.0
2005	Cherry Hill East	87	Danielle Tauro, Southern Regional	18:22.0
2006	Cherry Hill East	58	Danielle Tauro, Southern Regional	17:51.0
2007	Toms River North	71	Jillian Smith, Southern Regional	18:00.0
2008	Toms River North	70	Jillian Smith, Southern Regional	18:26.0
2009	Toms River North	56	Natalie Ocasio, Lenape	18:24.0
2010	Toms River North	68	Megan Lacy, Cherokee	17:36.0
2011	Lenape	57	Megan Lacy, Cherokee	17:37.0
2012	Lenape	65	Vickie Ajimoko, Williamstown	18:42.0

Sectional Championship Results - South Jersey Group IV *continued*

SOUTH JERSEY - GROUP IV				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
2013	Shawnee	47	Vickie Ajimoko, Williamstown	18:24.0
2014	Shawnee	52	Nina Benedixen, Shawnee	18:46.0
2015	Kingsway Regional	45	Niamh Hayes, Howell	18:01.6
2016	Kingsway Regional	69	Sarah Pierce, Cherry Hill East	05:00.0
2017	Kingsway Regional	42	Isabella Turner, Shawnee	18:22.0
2018	Kingsway Regional	56	Isabelle Turner, Shawnee	18:39.41
2019	Kingsway Regional	39	Olivia Shafer, Egg Harbor Township	18:08.40
2020	Cherokee	24	Alexis Tepper, Cherry Hill East	19:51.30
2021	Cherokee	34	Aubrey Pierontoni, Kingsway Regional	18:24.57
2022	Toms River North	77	Jessica Abbott, Toms River North	18:04.02
2023	Cherokee	54	Jessica Abbott, Toms River North	18:37
2024	Cherokee	45	Madeline Meder, Cherokee	18:07.68
2025	Cherokee	39	Addison Weiss, Cherry Hill East	18:02.36

Sectional Championship Results - South Jersey Group III

SOUTH JERSEY - GROUP III				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
1976	Point Pleasant Boro	44	Monique Purcell, Holy Spirit	11:44.4
1977	Paul VI	37	Monique Purcell, Holy Spirit	18:30.4
1978	Holy Cross	44	Monique Purcell, Holy Spirit	17:44.0
1979	Holy Cross	62	Nancy Staudt, Lakewood	19:39.0
1980	Holy Cross	39	Karen Fileshifter, Holy Cross	19:49.0
1981	Mainland Regional	72	Stacy Pierce, Lakewood	20:06.0
1982	Point Pleasant Boro	33	Melody Sye, Ocean City	18:13.0
1983	Egg Harbor Township	54	Mindy Rowand, Sterling	18:00.0
1984	Egg Harbor Township	45	Mindy Rowand, Sterling	18:20.0
1985	Cinnaminson	64	Mindy Rowand, Sterling	19:19.0
1986	Ocean City	26	Mary Jo Dougherty, Ocean City	19:47.0
1987	Ocean City	27	Mary Jo Dougherty, Ocean City	19:14.0
1988	Ocean City	19	Kelly Dougherty, Ocean City	20:42.0
1989	Ocean City	35	Amy Kilpatrick, Bridgeton	20:03.0
1990	Paul VI	24	Ynette Feliciano, Paul VI	19:53.0
1991	Paul VI	39	Julie Schick, Mainland Regional	20:20.0
1992	Paul VI	61	Megan Hartman, Ocean City	19:52.0
1993	Ocean City	41	Megan Hartman, Ocean City	18:35.0
1994	Brick	34	Michelle Reo, Brick	18:31.0
1995	Brick	59	Abbey Hartman, Ocean City	17:51.0
1996	Brick	54	Lorene Adams, Manchester Township	18:14.0
1997	Egg Harbor Township	75	Mia Kassa, Woodrow Wilson	19:19.0
1998	Woodrow Wilson	65	Kathryn Hughes, Central Ocean	18:48.0
1999	Moorestown	46	Brittany McCann, Delsea Regional	19:08.0
2000	Woodrow Wilson	50	Brittany McCann, Delsea Regional	19:41.0
2001	Toms River South	40	Brittany McCann, Delsea Regional	19:17.0
2002	Moorestown	33	Brittany Sedberry, Ocean City	19:06.0
2003	Ocean City	38	Brittany Sedberry, Ocean City	17:55.0
2004	Ocean City	51	Brittany Sedberry, Ocean City	18:04.0
2005	Moorestown	37	Amanda Goetschius, Delsea Regional	18:31.0
2006	Shawnee	70	Amanda Goetschius, Delsea Regional	18:34.0
2007	Seneca	92	Chelsea Ley, Kingsway Regional	17:57.0
2008	Seneca	54	Chelsea Ley, Kingsway Regional	17:23.0
2009	Seneca	53	Chelsea Ley, Kingsway Regional	17:33.0
2010	Moorestown	44	Megan Venables, Highland Regional	17:23.0
2011	Delsea Regional	63	Danielle Leavitt, Lacey Township	18:21.0
2012	Seneca	44	Danielle Leavitt, Lacey Township	18:23.0

Sectional Championship Results - South Jersey Group III *continued*

SOUTH JERSEY - GROUP III				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
2013	Ocean City	40	Bridget Flynn, Ocean City	18:22.0
2014	Seneca	51	Epiphany Grisbaum, Ocean City	18:01.0
2015	Seneca	47	Alyssa Aldridge, Mainland Regional	17:52.6
2016	Mainland Regional	51	Alyssa Aldridge, Mainland Regional	17:41.0
2017	Ocean City	35	Alyssa Aldridge, Mainland Regional	18:13.0
2018	Ocean City	40	Alexa Palmieri, Ocean City	19:22.51
2019	Ocean City	46	Grace Wassell, Highland Regional	18:54.70
2020	Mainland Regional	47	Grace Wassell, Highland Regional	19:24.30
2021	Clearview Regional	70	Grace Wassell, Highland Regional	18:05.24
2022	Clearview Regional	31	Abigail Waddington, Clearview Regional	18:01.50
2023	Ocean City	48	Maeve Smith, Ocean City	18:09
2024	Ocean City	27	Maeve Smith, Ocean City	18:16.69
2025	Ocean City	23	Riley Tolson, Ocean City	18:29.18

Sectional Championship Results - South Jersey Group II

SOUTH JERSEY - GROUP II				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
1976	Haddon Twp	26	Linda Matousch, Haddon Township	12:56.9
1977	Point Pleasant Boro	32	Eva Marie Berardi, Williamstown	19:15.1
1978	Point Pleasant Boro	40	Eva Marie Berardi, Williamstown	19:10.8
1979	Haddonfield Memorial	48	Eva Marie Berardi, Williamstown	20:19.0
1980	St. Joseph's (Toms River)	47	Kathy Tisdale, Williamstown	19:52.0
1981	St. Joseph's (Toms River)	36	Gina McMenamin, Burlington	19:39.0
1982	Delran	29	Lou Ann Merkh, Haddon Township	17:57.0
1983	Haddon Township	29	Missy Roller, Haddon Township	19:58.0
1984	Haddon Township	28	Toni Batista, Manchester Township	20:38.0
1985	Point Pleasant Boro	30	Lisa Kohan, Manchester Township	21:00.0
1986	Manchester Township	41	Michele Owen, Clearview Regional	20:02.0
1987	Kingsway Regional	31	Michele Owen, Clearview Regional	20:03.0
1988	Kingsway Regional	37	Carrie Thompson, Clearview Regional	20:07.0
1989	Kingsway Regional	34	Michele Owen, Clearview Regional	19:08.0
1990	Kingsway Regional	44	Lori Townsend, Kingsway Regional	19:13.0
1991	Cinnaminson	43	Becky Leon, Cinnaminson	20:21.0
1992	Bishop Eustace	37	Erica More, Kingsway Regional	20:07.0
1993	Kingsway Regional	43	Colleen Sunderland, Northern Burlington	19:01.0
1994	Haddonfield Memorial	58	Jamie Weisgerber, Woodstown	17:41.0
1995	Haddonfield Memorial	58	Amy Beykirch, Pinelands Regional	18:14.0
1996	Point Pleasant Boro	37	Amy Beykirch, Pinelands Regional	18:01.0
1997	Point Pleasant Boro	36	Jessica Thomas, Point Pleasant Boro	18:29.0
1998	Moorestown	46	Jaime Glenn, Point Pleasant Boro	18:09.0
1999	Haddonfield Memorial	57	Erin Donohue, Haddonfield Memorial	18:03.0
2000	Moorestown	25	Erin Donohue, Haddonfield Memorial	18:02.0
2001	Moorestown	15	Meghan Hughes, Moorestown	19:11.0
2002	Pinelands Regional	47	Vanessa Wright, Haddonfield Memorial	19:45.0
2003	Haddonfield Memorial	35	Vanessa Wright, Haddonfield Memorial	19:19.0
2004	Haddon Township	75	Vanessa Wright, Haddonfield Memorial	18:00.0
2005	Haddonfield Memorial	15	Vanessa Wright, Haddonfield Memorial	18:51.0
2006	Haddonfield Memorial	21	Marielle Hall, Haddonfield Memorial	19:34.0
2007	Haddonfield Memorial	16	Marielle Hall, Haddonfield Memorial	18:25.0
2008	Haddonfield Memorial	19	Marielle Hall, Haddonfield Memorial	18:30.0
2009	Delsea Regional	33	Marielle Hall, Haddonfield Memorial	17:52.0
2010	Haddonfield Memorial	19	Mia Spinelli, Haddonfield Memorial	19:57.0
2011	Haddonfield Memorial	24	Meghan Malloy, Haddonfield Memorial	18:36.0
2012	Haddonfield Memorial	27	Meghan Malloy, Haddonfield Memorial	18:46.0

Sectional Championship Results - South Jersey Group II *continued*

SOUTH JERSEY - GROUP II				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
2013	Haddonfield Memorial	23	Briana Gess, Haddonfield Memorial	18:05.0
2014	Haddonfield Memorial	34	Briana Gess, Haddonfield Memorial	18:07.0
2015	Haddonfield Memorial	25	Briana Gess, Haddonfield Memorial	17:57.1
2016	Haddonfield Memorial	31	Briana Gess, Haddonfield Memorial	18:02
2017	Haddonfield Memorial	27	Madison Coppolino, Sterling	18:29.0
2018	Haddonfield Memorial	33	Carly Nicholson, Delsea Regional	19:13.10
2019	Haddonfield Memorial	21	Sarah Naticchia, Haddonfield Memorial	18:20.50
2020	Haddonfield Memorial	20	Sarah Naticchia, Haddonfield Memorial	18:37.00
2021	Haddonfield Memorial	15	Anne Earp, Haddonfield Memorial	18:26.09
2022	Haddonfield Memorial	15	Ava Thomas, Haddonfield Memorial	18:06.37
2023	Haddonfield Memorial	25	Riley Austin, Haddonfield Memorial	18:48
2024	Haddonfield Memorial	26	Riley Austin, Haddonfield Memorial	18:13.50
2025	Haddonfield Memorial	19	Riley Austin, Haddonfield Memorial	18:16.93

Sectional Championship Results - South Jersey Group I

SOUTH JERSEY - GROUP I				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
1976	St. Joseph's (Toms River)	25	Renee DeFeo, Clatyon	12:12.5
1977	St. Joseph's (Toms River)	24	Renee DeFeo, Clatyon	18:56.1
1978	Point Pleasant Beach	39	Pat Eletto, Manchester Township	18:54.0
1979	Woodbury	35	Renee DeFeo, Clatyon	20:01.0
1980	Manchester Township	21	Pat Eletto, Manchester Township	20:33.0
1981	Audubon	56	Joanne Mihlebach, Kingsway Regional	20:36.0
1982	Haddonfield Memorial	19	Jenny Gough, Haddonfield Memorial	18:35.0
1983	Point Pleasant Beach	42	Michelle Gladden, Point Pleasant Beach	18:36.3
1984	Point Pleasant Beach	41	Ruth Lockbaum, Glassboro	19:05.0
1985	Haddonfield Memorial	41	Ruth Lockbaum, Glassboro	18:49.0
1986	Paulsboro	47	Patti Bottiglieri, Kingsway Regional	19:47.0
1987	Bishop Eustace	23	Ann Wiodarczyk, Gloucester Catholic	19:52.0
1988	Bishop Eustace	35	Dawn Pfeifer, Bishop Eustace	20:37.0
1989	Bishop Eustace	44	Cheryl Keating, Sacred Heart	19:54.0
1990	Haddonfield Memorial	37	Janet Rue, Pitman	19:59.0
1991	Haddonfield Memorial	30	Janet Rue, Pitman	20:25.0
1992	Haddonfield Memorial	32	Jackie Adams, Paulsboro	21:07.0
1993	Haddonfield Memorial	37	Jen Rafferty, Riverside	19:01.0
1994	Maple Shade	35	Mandy Melchior, Kingsway Regional	19:25.0
1995	Maple Shade	38	Amber Hart, Point Pleasant Beach	19:34.0
1996	A.P. Schalick	49	Sharon Crow, Haddon Township	20:10.0
1997	Haddonfield Memorial	44	Erin Donohue, Haddonfield Memorial	18:30.0
1998	Haddonfield Memorial	42	Erin Donohue, Haddonfield Memorial	17:44.0
1999	Gloucester	30	Allyson Krayl, Point Pleasant Beach	20:17.0
2000	Haddon Township	44	Allyson Krayl, Point Pleasant Beach	20:00.0
2001	Gloucester	42	Allyson Krayl, Point Pleasant Beach	19:46.0
2002	Point Pleasant Beach	37	Allyson Krayl, Point Pleasant Beach	20:06.0
2003	Gloucester	35	Lindsey Ritchings, Point Pleasant Beach	20:10.0
2004	Gloucester	51	Lindsey Ritchings, Point Pleasant Beach	19:37.0
2005	Pitman	30	Krystal Belcher, Palmyra	20:25.0
2006	Pitman	57	Jessica Culp, Woodstown	20:14.0
2007	Haddon Township	27	Holly Gallagher, Haddon Township	19:37.0
2008	Haddon Township	44	Rachel Greenberg, Pitman	20:26.0
2009	Pitman	26	Shona Potrzuski, Pitman	20:29.0
2010	Pitman	28	Rachel Greenberg, Pitman	21:21.0
2011	Haddon Township	55	Alicia Pipkin, Haddon Township	19:28.0
2012	Pitman	27	Alicia Pipkin, Haddon Township	19:47.0

Sectional Championship Results - South Jersey Group I *continued*

SOUTH JERSEY - GROUP I				
Year	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
2013	Pitman	22	Kiersten Lapp, Pitman	19:28.0
2014	Haddon Township	44	Annika Merkh, Haddon Township	19:54.0
2015	Pitman	68	Nora Grimm, Haddon Township	19:48.1
2016	Haddon Township	58	Annika Merkh, Haddon Township	19:32
2017	Pitman	40	Marleigh Puglia, A.P. Schalick	20:01.0
2018	Pitman	36	Julia Smith, A.P. Schalick	19:59.52
2019	A.P. Schalick	27	Julia Smith, A.P. Schalick	19:40.40
2020	Haddon Township	29	Julia Smith, A.P. Schalick	20:10.00
2021	Haddon Township	31	Meghan Lex, Haddon Township	19:43.66
2022	Maple Shade	55	Meghan Lex, Haddon Township	19:10.62
2023	Haddon Township	46	Jordan Hadfield, A.P. Schalick	18:34
2024	Audubon	53	Macie McCracken, Wildwood	18:38.27
2025	Audubon	43	Riley Fayer, Audubon	18:18.40

Four-Time Sectional Champions - South Jersey

Briana Gess, Haddonfield Memorial (2013-2016)
Marielle Hall, Haddonfield Memorial (2006-2009)
Allyson Krayl, Point Pleasant Beach (1999-2002)
Vanessa Wright, Haddonfield Memorial (2002-2005)

Three-Time Sectional Champions - South Jersey

Monique Purcell, Holy Spirit (1976-1978)
Renee DeFeo, Clayton (1976-1977; 1979)
Eva Marie Berardi, Williamstown (1977-1979)
Mindy Rowand, Sterling (1983-1985)
Liz Moore, Shawnee (1992-1994)
Brittany McCann, Delsea Regional (1999-2001)
Brittany Sedberry, Ocean City (2002-2004)
Danielle Tauro, Southern Regional (2004-2006)
Chelsea Ley, Kingsway Regional (2007-2009)
Alyssa Aldridge, Mainland Regional (2015-2017)
Julia Smith, A.P. Schalick (2018-2020)
Grace Wassell, Highland Regional (2019-2021)
Riley Austin, Haddonfield Memorial (2023-2025)

Most Sectional Titles (3+) - South Jersey Groups

No.	School
33	Haddonfield Memorial
16	Shawnee
14	Ocean City
13	Haddon Township
10	Kingsway Regional
9	Pitman
9	Toms River North
8	Brick
7	Point Pleasant Boro
6	Cherokee
6	Seneca
5	Paul VI
5	Toms River East

No.	School
4	Bishop Eustace
4	Gloucester
4	Moorestown
4	Point Pleasant Beach
4	St. Joseph's (Toms River)
3	Audubon
3	Egg Harbor Township
3	Holy Cross
3	Mainland Regional
3	Maple Shade
3	Moorestown

2020 Non-Public Sectional Championships

NON-PUBLIC				
Section	**Winning Team**	**Points**	**Individual Winner, School**	**Time**
North A	Immaculate Heart Academy	38	Lindsay Huasman, Kent Place	18:49.00
North B	St. Dominic Academy	31	Kayla Sullivan, St. Dominic Academy	20:30.00
South A	Red Bank Catholic	42	Cate DeSousa, Red Bank Catholic	19:07.90
South B	Trinity Hall	44	Tilly O'Connor, St. Rose	19:03.90

NJSIAA GIRLS CROSS COUNTRY

CHAMPIONSHIP HISTORY

State Champions

Year	Group 4	Group 3	Group 2	Group 1	Non-Public A	Non-Public B
1976	Brick	Red Bank Catholic	Saddle Brook	Mater Dei		
1977	Brick	Red Bank Catholic	Bernards	Mater Dei		
1978	Toms River North	Red Bank Catholic	Saddle Brook	Bernards		
1979	Hunterdon Central	NV-Old Tappan	St. John Vianney	Bernards		
1980	Ridgewood	North Hunterdon	Whippany Park	Bernards		
1981	Raritan	North Hunterdon	St. John Vianney	Bernards		
1982	North Hunterdon	Raritan	Holmdel	Bernards	Paul VI	Mater Dei
1983	Shawnee	North Hunterdon	Holmdel	Bernards	St. John Vianney	Mater Dei
1984	East Side Newark	North Hunterdon	Holmdel	Bernards	Paul VI	Mater Dei
1985	Clifton	North Hunterdon	Bernards	New Providence	Paul VI	Mater Dei
1986	Paul VI	North Hunterdon	Kittatinny	Bernards	*No Meet*	*No Meet*
1987	Brick	Red Bank Catholic	Ridge	Mater Dei	*No Meet*	*No Meet*
1988	Toms River East	Ocean City	Kittatinny	Bishop Eustace	*No Meet*	*No Meet*
1989	Brick	Mount Olive	Kittatinny	Bishop Eustace	*No Meet*	*No Meet*
1990	Shawnee	Red Bank Catholic	Bishop Eustace	Haddonfield	*No Meet*	*No Meet*
1991	Shawnee	No. Highlands	Cinnaminson	Mater Dei	*No Meet*	*No Meet*
1992	Ridgewood	Ocean Twp.	Bishop Eustace	Mater Dei	*No Meet*	*No Meet*
1993	Shawnee	Ocean Twp.	No. Highlands	Haddonfield	Red Bank Catholic	St. Rose
1994	Hunterdon Central	Brick	Haddonfield	Bogota	Paul VI	Bishop Eustace
1995	Shawnee	Brick	Ramsey	Maple Shade	Paul VI	Red Bank Catholic
1996	Toms River East	Brick	Ramsey	Bogota	Bishop Eustace	Red Bank Catholic
1997	Shawnee	Morristown	Ramsey	Bernards	Red Bank Catholic	St. Rose
1998	Ridgewood	Middletown South	Moorestown	Haddonfield	Red Bank Catholic	St. Rose
1999	Ridgewood	Moorestown	Hopewell Valley	Rumson-FH	Pingry	St. Rose
2000	Hunterdon Central	North Hunterdon	Voorhees	Colts Neck	Red Bank Catholic	Bishop Eustace
2001	Old Bridge	Hopewell Valley	Moorestown	Shore Regional	Red Bank Catholic	Pope John XXIII
2002	Shawnee	Middletown South	Hopewell Valley	Shore Regional	Red Bank Catholic	Mt. St. Mary Acad
2003	Shawnee	Voorhees	Shore Regional	Gloucester	Red Bank Catholic	Mt. St. Mary Acad
2004	Roxbury	Voorhees	Shore Regional	Palisades Park	Monsig. Donovan	Pingry
2005	Roxbury	Colts Neck	Haddonfield	Mountain Lakes	Pope John XXIII	Pingry
2006	Colts Neck	Voorhees	Haddonfield	Metuchen	Holy Angels	Wildwood Cath.
2007	Toms River North	Voorhees	Haddonfield	Haddon Township	Monsig. Donovan	St. Rose
2008	Ridge	Voorhees	Haddonfield	Robbinsville	Immaculate Heart	Pingry
2009	Randolph	Voorhees	Delsea	Mountain Lakes	Holy Angels	Villa Walsh
2010	Hillsborough	W. M. Mendham	Voorhees	Mountain Lakes	Red Bank Catholic	Pingry
2011	Hillsborough	Morristown	Rumson-FH	Mountain Lakes	Red Bank Catholic	Gill St. Bernard's

State Champions *continued*

Year	Group 4	Group 3	Group 2	Group 1	Non-Public A	Non-Public B
2012	Hillsborough	W. M. Mendham	Voorhees	Metuchen	Mt. St. Dominic	Mt. St. Mary
2013	WWP South	Mount Olive	Rumson-FH	Pitman	Red Bank Catholic	Kent Place
2014	Hillsborough	W. M. Mendham	Voorhees	New Providence	Red Bank Catholic	Villa Walsh
2015	Ridge	W. M. Mendham	Rumson-FH	New Providence	Union Catholic	Villa Walsh
2016	Ridge	Colts Neck	Haddonfield	Metuchen	Red Bank Catholic	Villa Walsh
2017	North Hunterdon	Colts Neck	Voorhees	Metuchen	Union Catholic	Villa Walsh
2018	North Hunterdon	Colts Neck	Metuchen	Mountain Lakes	Red Bank Catholic	Trinity Hall
2019	North Hunterdon	Middletown South	Holmdel	New Providence	Red Bank Catholic	Villa Walsh
2020	*Due to the COVID-19 pandemic, State Championships were not held.*					
2021	Cherokee	Colts Neck	Haddonfield	Shore Regional	Union Catholic	Wilberforce
2022	Freehold Twp.	Clearview	Haddonfield	Shore Regional	Union Catholic	Wilberforce
2023	Freehold Twp.	Middletown South	Haddonfield	Metuchen	Union Catholic	Villa Walsh
2024	Princeton	Colts Neck	Rumson-FH	Metuchen	Union Catholic	Villa Walsh
2025	Ridgewood	Ocean City	Voorhees	Shore Regional	Union Catholic	Villa Walsh

Most State Titles (3+)

No.	School
20	Red Bank Catholic
12	Bernards
12	Voorhees
11	Haddonfield Memorial
10	North Hunterdon
9	Mater Dei Prep
9	Villa Walsh
8	Colts Neck
8	Shawnee
7	Brick
7	Metuchen
7	Shore Regional
7	Union Catholic
6	Bishop Eustace
6	Paul VI
6	Pingry
5	Mountain Lakes
5	St. Rose
5	Ridgewood

No.	School
4	Hillsborough
4	Holmdel
4	Middletown South
4	Mount St. Mary
4	Mountain Lakes
4	New Providence
4	Ridge
4	Rumson-Fair Haven
3	Hopewell Valley
3	Hunterdon Central
3	Kittatinny
3	Moorestown
3	Ramsey
3	Saint John Vianney
3	West Morris Mendham

Most Consecutive State Titles (3+)

No.	School	Years
10	Bernards	1977-1986
7	North Hunterdon	1980-1986
5	Union Catholic	2021-2025
5	Voorhees	2006-2010
4	Haddonfield Memorial	2005-2008
4	Red Bank Catholic	1995-1998, 2000-2003
4	Shore Regional	2001-2004
4	Villa Walsh	2014-2017
3	Brick	1994-1996
3	Colts Neck	2016-2018
3	Haddonfield Memorial	2021-2023
3	Hillsborough	2010-2012
3	Holmdel	1982-1984
3	Metuchen	2016-2018
3	Mountain Lakes	2009-2011
3	North Hunterdon	2017-2019
3	Paul VI	1984-1986
3	Ramsey	1995-1997
3	Red Bank Catholic	1976-1978
3	St. Rose	1997-1999
3	Villa Walsh	2023-2025

Individual State Champions

Year	Group	Individual Winner, School	Time
1972	One Meet	Hilary Noden, Hopewell Valley	12:41
1973	One Meet	Hilary Noden, Hopewell Valley	12:30.6
1974	One Meet	Hilary Noden, Hopewell Valley	11:21.7
1975	One Meet	Carol Conlon, Nutley	12:47
1976	Group 4	Mary Banks, Raritan	12:12
	Group 3	Lucy Sheldrick, Union Hill	12:19
	Group 2	Anne Kunze, Metuchen	12:37
	Group 1	Meg Flynes, Immaculata	12:58
1977	Group 4	Mary Banks, Raritan	18:10.0
	Group 3	Nancy Seeger, Roxbury	18:02.1
	Group 2	Cathy Stone, Vernon Township	19:21.4
	Group 1	Judy Ruff, Highland Park	19:00.5
1978	Group 4	Joetta Clark, Columbia	18:45
	Group 3	Monique Purcell, Holy Spirit	18:59.8
	Group 2	Eva Marie Berardi, Williamstown	19:13
	Group 1	Ann Gladue, Bayley-Ellard	18:40.6
1979	Group 4	Beverly Rockhill, Hamilton West	19:27.3
	Group 3	Mary Ellen McGowan, Pascack Valley	19:37.1
	Group 2	Lisa Pakuta, Hopatcong	19:22.5
	Group 1	Ann Gladue, Bayley-Ellard	18:19.0
1980	Group 4	Janet Smith, J.P. Stevens	18:56.0
	Group 3	Theresa Gschwing, Summit	18:58.0
	Group 2	Lisa Pakuta, Hopatcong	18:56.0
	Group 1	Meg Waldron, Bernards	18:48.0
1981	Group 4	Janet Smith, J.P. Stevens	18:15.8
	Group 3	Theresa Gschwing, Summit	18:30.1
	Group 2	Lisa Pakuta, Hopatcong	18:51.2
	Group 1	Meg Waldron, Bernards	18:26
1982	Group 4	Janet Smith, J.P. Stevens	18:58.0
	Group 3	Noel LeFrancis, West Morris Central	19:32.0
	Group 2	Bobbie McGee, West Side	19:45.0
	Group 1	Meg Waldron, Bernards	19:05.0
	NP-A	Dawn Cody, Paul VI	19:08.0
	NP-B	Virginia Zaleski, St. Mary's	20:15.0
1983	Group 4	Janet Smith, J.P. Stevens	17:56.4
	Group 3	Toni Anne Angione, Bergenfield	18:46.2
	Group 2	Madaline Nagy, James Caldwell	19:35.0
	Group 1	Jennifer Rahn, Bernards	20:00.6

Individual State Champions *continued*

Year	Group	Individual Winner, School	Time
1983	NP-A	Beth Devine, Red Bank Catholic	19:56.1
	NP-B	Sue Ashmore, Mater Dei Prep	20:35.8
1984	Group 4	Margaret Scrutro, Ridgewood	19:09.2
	Group 3	Jen Van Horn, Wayne Hills	18:26.5
	Group 2	Madaline Nagy, James Caldwell	19:07.0
	Group 1	Karen Ahearn, Bernards	19:02.2
	NP-A	Beth Devine, Red Bank Catholic	19:56.1
	NP-B	Rene Murphy, DePaul Catholic	19:28.0
1985	Group 4	Deana Germano, Shawnee	19:46
	Group 3	Jodi Bilotta, North Hunterdon	18:38
	Group 2	Karen Ahearn, Bernards	18:59
	Group 1	Ruth Luckbaum, Glassboro	20:07
	NP-A	O'Roarke, St. Rose	20:16
	NP-B	Shannon Wrucke, Mater Dei Prep	20:36.3
1986	Group 4	Liz Duarte, Kearny	19:29
	Group 3	Jodi Bilotta, North Hunterdon	18:38
	Group 2	Christi Constantin, Kittatinny	19:29
	Group 1	Tracey Hinman, Bernards	19:46
1987	Group 4	Jodi Bilotta, North Hunterdon	19:06
	Group 3	Amy Kempf, Paramus	20:01
	Group 2	Christi Constantin, Kittatinny	18:47
	Group 1	Jodi McAndrew, Mater Dei Prep	20:19
1988	Group 4	Paula Vaguiero, East Side (Newark)	19:32
	Group 3	Kristen Hall, West Morris Central	19:27
	Group 2	Christi Constantin, Kittatinny	17:54
	Group 1	Dawn Pfeiffer, Bishop Eustace	20:35
1989	Group 4	Monal Chokshi, Bridgewater-Raritan West	19:27
	Group 3	Charlene Agar, Red Bank Catholic	19:49
	Group 2	Michele Owen, Clearview Regional	20:08
	Group 1	Cheryl Keating, Sacred Heart	20:27
1990	Group 4	Monal Chokshi, Bridgewater-Raritan West	19:02
	Group 3	Mary Pat Erickson, Red Bank Catholic	20:35
	Group 2	Lori Townsend, Kingsway Regional	20:52
	Group 1	Janet Rue, Pitman	20:35
1991	Group 4	Monal Chokshi, Bridgewater-Raritan West	19:26
	Group 3	Marianne Livingston, Red Bank Regional	19:50
	Group 2	Becky Leon, Cinnaminson	19:41
	Group 1	Janet Rue, Pitman	20:00

Individual State Champions *continued*

Year	Group	Individual Winner, School	Time
1992	Group 4	Heather Bury, West Orange	19:08
	Group 3	Megan Hartman, Ocean City	19:41
	Group 2	Erica More, Kingsway Regional	19:56
	Group 1	Kerry Moore, Midland Park	20:20
1993	Group 4	Jenna Rogers, Ridgewood	18:34.2
	Group 3	Megan Phillips, Ocean Township	19:41.9
	Group 2	Heather Perrine, Wall Township	19:44.6
	Group 1	Jennifer Rafferty, Riverside	19:58.1
	NP-A	Kari Vigerstol, Holy Cross	19:43.2
	NP-B	Cathy O'Brien, Morris Catholic	20:26.5
1994	Group 4	Autumn Fogg, Hunterdon Central	18:59
	Group 3	Jackie Coscia, Mount Olive	18:58
	Group 2	Jaime Weisgerber, Woodstown	18:50
	Group 1	Kelly Carpenter, Mountain Lakes	20:17
	NP-A	Kari Vigerstol, Holy Cross	19:17
	NP-B	Meghan Cunniff, Red Bank Catholic	19:15
1995	Group 4	Autumn Fogg, Hunterdon Central	18:53.0
	Group 3	Abby Hartman, Ocean City	19:28.8
	Group 2	Amy Beykrich, Pinelands Regional	20:00.4
	Group 1	Laura Nann, Bernards	19:23.7
	NP-A	Kacy Corbett, Camden Catholic	19:46.8
	NP-B	Ann Klocke, Bishop Eustace	19:20.0
1996	Group 4	Abby Hartman, Ocean City	19:01.3
	Group 3	Kate Henniger, Manchester Township	19:34.1
	Group 2	Dana Satir, Ramsey	18:57.2
	Group 1	Laura Nann, Bernards	20:14.4
	NP-A	Amanda Eltringham, Bishop Eustace	19:20.8
	NP-B	Sara Tindall, Pingry	19:20.2
1997	Group 4	Celest Sedo, Ridgewood	19:10.3
	Group 3	Julie Culley, North Hunterdon	19:23.1
	Group 2	Jessica Thomas, Point Pleasant Boro	19:51.3
	Group 1	Erin Donohue, Haddonfield Memorial	19:12.3
	NP-A	Megan Cunniff, Red Bank Catholic	19:32.6
	NP-B	Jane Steineman, Villa Walsh	19:55.2
1998	Group 4	Beth Androski, Hackensack	19:23
	Group 3	Cate Guiney, Middletown South	18:23
	Group 2	Melissa Conway, Ramsey	19:42
	Group 1	Erin Donohue, Haddonfield Memorial	18:50

Individual State Champions *continued*

Year	Group	Individual Winner, School	Time
1998	NP-A	Jody Benedict, St. John Vianney	19:45
	NP-B	Melissa Capone, St. Rose	20:31
1999	Group 4	Lindsey Gallo, Howell	18:56
	Group 3	Shahnaz Iqbal, Bergenfield	19:54
	Group 2	Erin Donohue, Haddonfield Memorial	18:31
	Group 1	Christina Mendoza, Hudson County Prep	19:58
	NP-A	Carey Mayo, Monsignor Donovan	20:39
	NP-B	Lindsay Van Alstine, Hawthorne Christian	20:48
2000	Group 4	Shannon Hawrylo, Hunterdon Central	19:31
	Group 3	Jesse Mizzone, Passaic Valley	19:24
	Group 2	Erin Donohue, Haddonfield Memorial	18:53
	Group 1	Allyson Krayl, Point Pleasant Beach	20:12
	NP-A	Julia Barker, Red Bank Catholic	19:50
	NP-B	Lindsay Van Alstine, Hawthorne Christian	19:45
2001	Group 4	Clair Nowakowski, Ridgewood	19:36
	Group 3	Jesse Mizzone, Passaic Valley	18:47
	Group 2	Meghan Hughes, Moorestown	19:28
	Group 1	Erin Henry, Glen Rock	19:53
	NP-A	Nicole Kurtain, Notre Dame	19:39
	NP-B	Lindsay Van Alstine, Hawthorne Christian	19:22
2002	Group 4	Jenna Prendergast, Jackson	19:23
	Group 3	Katy Trotter, Red Bank Regional	18:21
	Group 2	Vanessa Wright, Haddonfield Memorial	19:34
	Group 1	Julie Ullmyer, Shore Regional	20:06
	NP-A	Bridget Skeuse, Immaculata	19:47
	NP-B	Jennifer Croghan, Lacordaire Academy	19:19
2003	Group 4	Jennifer Clausen, Jackson	18:54
	Group 3	Brittany Sedberry, Ocean City	18:43
	Group 2	Vanessa Wright, Haddonfield Memorial	19:08
	Group 1	Abby Hinds, Mountain Lakes	20:13
	NP-A	Leah Brogan, Monsignor Donovan	19:05
	NP-B	Amanda Smith, Pingry	19:26
2004	Group 4	Jennifer Clausen, Jackson	18:26
	Group 3	Brittany Sedberry, Ocean City	18:26
	Group 2	Vanessa Wright, Haddonfield Memorial	19:02
	Group 1	Amy Van Alstine, Midland Park	20:09
	NP-A	Leah Brogan, Monsignor Donovan	18:48
	NP-B	Amanda Smith, Pingry	19:30

Individual State Champions *continued*

Year	Group	Individual Winner, School	Time
2005	Group 4	Danielle Tauro, Southern Regional	18:05
	Group 3	Briana Jackucewicz, Colts Neck	18:27
	Group 2	Vanessa Wright, Haddonfield Memorial	18:29
	Group 1	Abby Hinds, Mountain Lakes	19:06
	NP-A	Lara Heigis, Pope John XXIII	18:41
	NP-B	Marie Walsh, Mater Dei Prep	19:42
2006	Group 4	Danielle Tauro, Southern Regional	18:06
	Group 3	Melanie Thompson, Voorhees	18:44
	Group 2	Abby Hinds, Mountain Lakes	19:33
	Group 1	Lindsay Pedersen, Waldwick	20:39
	NP-A	Lara Heigis, Pope John XXIII	19:22
	NP-B	Elizabeth Campbell, Mount St. Mary	19:21
2007	Group 4	Jullian Smith, Southern Regional	18:29
	Group 3	Melanie Thompson, Voorhees	18:18
	Group 2	Marielle Hall, Haddonfield Memorial	19:30
	Group 1	Elise Brevet, Metuchen	19:47
	NP-A	Sarah Pagano, Immaculate Heart	19:20
	NP-B	Kathleen McCafferty, Oak Knoll	18:13
2008	Group 4	Katie Kellner, West Windsor-Plainsboro South	18:19
	Group 3	Melanie Thompson, Voorhees	17:56
	Group 2	Julia Mark, Delaware Valley	19:12
	Group 1	Megan Flynn, Robbinsville	19:39
	NP-A	Sarah Pagano, Immaculate Heart	19:11
	NP-B	Marie Walsh, Mater Dei Prep	19:15
2009	Group 4	Caroline Kellner, West Windsor-Plainsboro South	18:43
	Group 3	Chelsea Ley, Kingsway Regional	17:54
	Group 2	Marielle Hall, Haddonfield Memorial	19:18
	Group 1	Brianna Feerst, Point Pleasant Beach	19:47
	NP-A	Michelle Capozzi, Red Bank Catholic	19:13
	NP-B	Kristen Traub, Eastern Christian	19:43
2010	Group 4	Magan Lacy, Cherokee	17:55
	Group 3	Megan Venables, Highland Regional	17:28
	Group 2	Dana Giordano, Bernards	18:46
	Group 1	Kristen Landry, Mountain Lakes	19:08
	NP-A	Molly McNamara, Red Bank Catholic	18:21
	NP-B	Amanda Corbosiero, Mount St. Dominic	18:55

Individual State Champions *continued*

Year	Group	Individual Winner, School	Time
2011	Group 4	Megan Lacy, Cherokee	18:27
	Group 3	Mackenzie Barry, West Morris Mendham	18:38
	Group 2	Dana Giordano, Bernards	18:32
	Group 1	Colette Richter, Mountain Lakes	18:56
	NP-A	Holly Bischof, Bishop Eustace	18:47
	NP-B	Kristen Traub, Eastern Christian	18:52
2012	Group 4	Marisa Ruskan, Bridgewater-Raritan	18:22
	Group 3	Mackenzie Barry, West Morris Mendham	18:26
	Group 2	Sarah Disanza, High Point Regional	18:29
	Group 1	Colette Richter, Mountain Lakes	18:42
	NP-A	Tara Connelly, St. John Vianney	18:40
	NP-B	Megan Curham, Villa Walsh	18:17
2013	Group 4	Elizabeth Lansing, Randolph	18:29
	Group 3	Josette Norris, Tenafly	18:12
	Group 2	Briana Gess, Haddonfield Memorial	18:16
	Group 1	Kelly Shaffer, South Hunterdon	19:24
	NP-A	Courtney Thompson, St. John Vianney	18:35
	NP-B	Dana Klein, Gill St. Bernards	18:42
2014	Group 4	Eve Glassergreen, North Hunterdon	19:24
	Group 3	Sierra Castaneda, West Morris Central	18:22
	Group 2	Marin Warner, Holmdel	18:37
	Group 1	Rachel Suss, Metuchen	19:05
	NP-A	Caitlin Glynn, Union Catholic	19:01
	NP-B	Crystal Ortiz, Hudson Catholic	19:21
2015	Group 4	Olympia Martin, Ridgewood	18:43
	Group 3	Alyssa Aldridge, Mainland Regional	18:13
	Group 2	Briana Gess, Haddonfield Memorial	18:41
	Group 1	Jillian Turner, New Providence	19:41
	NP-A	Nora Honrath, St. John Vianney	19:23
	NP-B	Mary Lynch, Villa Walsh	20:13
2016	Group 4	Olympia Martin, Ridgewood	18:28
	Group 3	Alyssa Aldridge, Mainland Regional	18:07
	Group 2	Briana Gess, Haddonfield Memorial	18:43
	Group 1	Annika Merkh, Haddon Township	20:08
	NP-A	Anna Campbell, Pope John XXIII	19:16
	NP-B	Sophie Henderson, Villa Walsh	20:05

Individual State Champions *continued*

Year	Group	Individual Winner, School	Time
2017	Group 4	Abby Loveys, Randolph	18:41
	Group 3	Alyssa Aldridge, Mainland Regional	18:18
	Group 2	Rachel Kenny, Matawan	18:51
	Group 1	Samantha Green, Park Ridge/Emerson (co-op)	19:30
	NP-A	Nicole Vanasse, Pingry	18:45
	NP-B	Kate McAndrew, Morris Catholic	19:41
2018	Group 4	Abby Loveys, Randolph	17:52
	Group 3	Alexa Westley, Warren Hills	18:09
	Group 2	Corrine Barney, Indian Hills	19:09
	Group 1	Corina Vidal, Henry Hudson	19:27
	NP-A	Nicole Vanasse, Pingry	18:31
	NP-B	Sarah Hanifin, Villa Walsh	19:27
2019	Group 4	Chloe Gonzalez, North Hunterdon	18:00.9
	Group 3	Reese Fahys, Middletown South	18:49
	Group 2	Emma McGill, Voorhees	18:41
	Group 1	Corina Vidal, Henry Hudson	19:48
	NP-A	Nicole Vanasse, Pingry	18:57
	NP-B	Hayley Amisano, Mater Dei Prep	18:34
2020	*Due to the COVID-19 pandemic, State Championships were not held.*		
2021	Group 4	Remy Dubac, Clifton	18:45.00
	Group 3	Lilly Shapiro, Colts Neck	17:59.00
	Group 2	Angelina Perez, Lakeland Regional	17:07.00
	Group 1	Megan Donlevie, Shore Regional	19:30.00
	NP-A	Cate DeSousa, Red Bank Catholic	18:33.00
	NP-B	Tilly O'Connor, St. Rose	19:14.00
2022	Group 4	Emma Zawatski, Freehold Township	18:44.00
	Group 3	Liliah Gordon, Northern Burlington	18:57.00
	Group 2	Morgan Uhlhorn, Lakeland Regional	19:01.00
	Group 1	Megan Donlevie, Shore Regional	19:36.00
	NP-A	Cate DeSousa, Red Bank Catholic	18:42.00
	NP-B	Tilly O'Connor, St. Rose	19.01.00
2023	Group 4	Emma Zawatski, Freehold Township	18:00
	Group 3	Lilah Gordon, Northern Burlington	18:14
	Group 2	Ivy Slavinski, Point Pleasant Boro	19:08
	Group 1	Jordan Hadfield, A.P. Schalick	19:20
	NP-A	Paige Sheppard, Union Catholic	18:09
	NP-B	Blythe Dudley, Villa Walsh	19:24

Individual State Champions *continued*

Year	Group	Individual Winner, School	Time
2024	Group 4	Sadie Honig, Manalapan	18:40
	Group 3	Liliah Gordon, Northern Burlington	17:58
	Group 2	Leah Starkey, Ocean Township	18:57
	Group 1	Delana Einreinhofer, Wallkill Valley	19:08
	NP-A	Paige Sheppard, Union Catholic	17:57
	NP-B	Blythe Dudley, Villa Walsh	19:15
2025	Group 4	Molly Domurat, Hunterdon Central	18:33
	Group 3	Allison Lee, West Windsor-Plainsboro North	18:14
	Group 2	Leah Starkey, Ocean Township	17:31
	Group 1	Alexandra Klein, Shore Regional	18:55
	NP-A	Paige Sheppard, Union Catholic	17:50
	NP-B	Julia Flanagan, Holy Cross Prep	18:44

Four-Time Individual State Champions

Erin Donohue, Haddonfield Memorial (1997-2000)
Janet Smith, J.P. Stevens (1980-1983)
Vanessa Wright, Haddonfield Memorial (2002-2005)

Three-Time Individual State Champions

Alyssa Aldridge, Mainland Regional (2015-2017)
Monal Chokshi, Bridgewater-Raritan West (1989-1991)
Briana Gess, Haddonfield Memorial (2013, 2015-2016)
Liliah Gordon, Northern Burlington (2022-2024)
Abby Hinds, Mountain Lakes (2003, 2005-2006)
Hilary Noden, Hopewell Valley (1972-1974)
Melanie Thompson, Voorhees (2006-2008)
Lindsay Van Alstine, Hawthorne Christian (1999-2001)
Nicole Vanasse, Pingry (2017-2019)
Meg Waldron, Bernards (1980-1982)

Meet of Champions

Year	Individual Winner, School	Time	Team Champion	Site of Meet
1972	Hilary Noden, Hopewell Valley	12:41	Red Bank Catholic	Holmdel County Park
1973	Hilary Noden, Hopewell Valley	12:31	Red Bank Catholic	Holmdel County Park
1974	Hilary Noden, Hopewell Valley	11:22	Red Bank Catholic	Holmdel County Park
1975	Carol Conlon, Nutley	12:47	Red Bank Catholic	Holmdel County Park
1976	Lucy Sheldrick, Union Hill	12:22	Red Bank Catholic	Holmdel County Park
1977	Nancy Seegar, Roxbury	17:47	Brick Township	Holmdel County Park
1978	Anne Gladue, Bayley-Ellard	18:48	Toms River North	Holmdel County Park
1979	Anne Gladue, Bayley-Ellard	18:18	Hunterdon Central	Holmdel County Park
1980	Janet Smith, J.P. Stevens	18:43	North Hunterdon	Holmdel County Park
1981	Janet Smith, J.P. Stevens	18:02	North Hunterdon	Holmdel County Park
1982	Michelle Rowen, Washington Twp	17:40	Bernards	Holmdel County Park
1983	Janet Smith, J.P. Stevens	17:36	North Hunterdon	Holmdel County Park
1984	Toni Ann Angione, Bergenfield	18:30	North Hunterdon	Holmdel County Park
1985	Jodie Bilotta, North Hunterdon	18:44	North Hunterdon	Holmdel County Park
1986	Jodie Bilotta, North Hunterdon	18:56	North Hunterdon	Holmdel County Park
1987	Jodie Bilotta, North Hunterdon	18:34	Kearny	Holmdel County Park
1988	Christi Constantin, Kittatinny	17:55	Brick Township	Holmdel County Park
1989	Monal Chokshi, Bridgewater West	19:13	Mount Olive	Holmdel County Park
1990	Monal Chokshi, Bridgewater West	18:44	Voorhees	Holmdel County Park
1991	Monal Chokshi, Bridgewater West	19:18	Shawnee	Holmdel County Park
1992	Heather Bury, West Orange	19:15	Ridgewood	Holmdel County Park
1993	Jenna Rogers, Ridgewood	18:56	Hunterdon Central	Holmdel County Park
1994	Jamie Weisgerber, Woodstown	18:51	Red Bank Catholic	Holmdel County Park
1995	Autumn Fogg, Hunterdon Central	18:56	Red Bank Catholic	Holmdel County Park
1996	Dana Satir, Ramsey	18:52	Red Bank Catholic	Holmdel County Park
1997	Kelly Behan, Ridgewood	18:58	Shawnee	Holmdel County Park
1998	Cate Guiney, Middletown South	18:06	Middletown South	Holmdel County Park
1999	Erin Donohue, Haddonfield	18:45	Ridgewood	Holmdel County Park
2000	Erin Donohue, Haddonfield	18:27	Hunterdon Central	Holmdel County Park
2001	Lindsay Van Alstine, Haw. Christian	18:43	Moorestown	Holmdel County Park
2002	Katy Trotter, Red Bank Regional	18:43	Shawnee	Holmdel County Park
2003	Brittany Sedberry, Ocean City	18:42	Shawnee	Holmdel County Park
2004	Brittany Sedberry, Ocean City	18:12	Roxbury	Holmdel County Park
2005	Danielle Tauro, Southern Regional	18:03	Roxbury	Holmdel County Park
2006	Danielle Tauro, Southern Regional	17:47	Colts Neck	Holmdel County Park
2007	Melanie Thompson, Voorhees	18:02	Voorhees	Holmdel County Park
2008	Melanie Thompson, Voorhees	17:47	Voorhees	Holmdel County Park

Meet of Champions *continued*

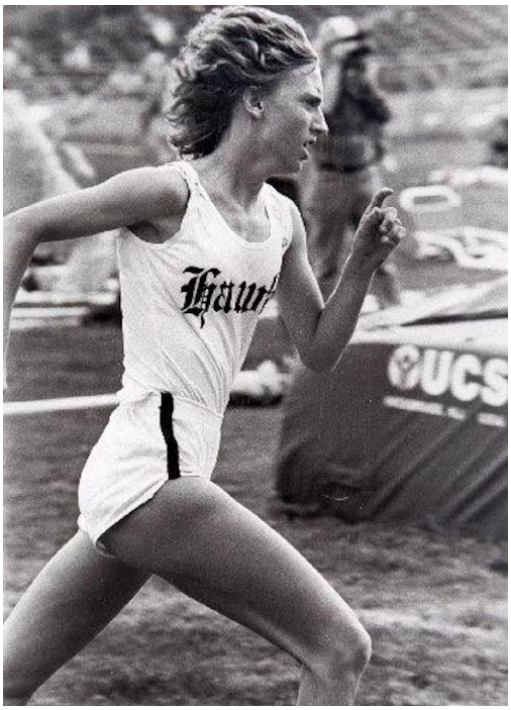
Year	Individual Winner, School	Time	Team Champion	Site of Meet
2009	Chelsea Ley, Kingsway	17:56	Hillsborough	Holmdel County Park
2010	Megan Venables, Highland Reg.	17:46	Hillsborough	Holmdel County Park
2011	Holly Bischof, Bishop Eustace	18:13	Rumson-Fair Haven	Holmdel County Park
2012	Sarah Disanza, High Point	17:47	Voorhees	Holmdel County Park
2013	Briana Gess, Haddonfield	17:45	Randolph	Holmdel County Park
2014	Epiphany Grisbaum, Ocean City	18:20	Red Bank Catholic	Holmdel County Park
2015	Alyssa Aldridge, Mainland	18:07	Ridge	Holmdel County Park
2016	Alyssa Aldridge, Mainland	17:55	Ridge	Holmdel County Park
2017	Monica Hebner, No. Highlands	18:13	North Hunterdon	Holmdel County Park
2018	Abby Loveys, Randolph	17:54	North Hunterdon	Holmdel County Park
2019	Chloe Gonzalez, No. Hunterdon	17:56	North Hunterdon	Holmdel County Park
2020	*Due to the COVID-19 pandemic, Meet of Champions was not held.*			
2021	Angelina Perez, Lakeland Regional	17:09.00	Cherokee	Holmdel County Park
2022	Emma Zawatski, Freehold Twp.	18:38.00	Union Catholic	Holmdel County Park
2023	Emma Zawatski, Freehold Twp.	17:52.00	Union Catholic	Holmdel County Park
2024	Paige Sheppard, Union Catholic	18:02.00	Union Catholic	Holmdel County Park
2025	Leah Starkey, Ocean Township	17:15.00	Union Catholic	Holmdel County Park

Three-Time Meet of Champions Individual Champions

Jodie Bilotta, North Hunterdon (1985-1987)
Monal Chokshi, Bridgewater-Raritan West (1989-1991)
Hilary Noden, Hopewell Valley (1972-1974)
Janet Smith, J.P. Stevens (1980-1981, 1983)

Two-Time Meet of Champions Individual Champions

Alyssa Aldridge, Mainland Regional (2015-2016)
Erin Donohue, Haddonfield Memorial (1999-2000)
Anne Gladue, Bayley-Ellard (1978-1979)
Brittany Sedberry, Ocean City (2003-2004)
Danielle Tauro, Southern Regional (2005-2006)
Melanie Thompson, Voorhees (2007-2008)
Emma Zawatski, Freehold Township (2022-2023)



Janet Smith of J.P. Stevens won 3 Meet of Champions titles

Most Meet of Champions Team Titles

No.	School
9	North Hunterdon
9	Red Bank Catholic
8	North Hunterdon
4	Shawnee
4	Union Catholic
4	Voorhees
3	Hunterdon Central
2	Brick Township
2	Hillsborough
2	Ridge
2	Ridgewood
2	Roxbury

No.	School
1	Bernards
1	Cherokee
1	Colts Neck
1	Kearny
1	Middletown South
1	Moorestown
1	Mount Olive
1	Randolph
1	Rumson-Fair Haven
1	Toms River North

Most Consecutive Meet of Champions Team Titles

No.	School	Years
5	Red Bank Catholic	1972-1976
4	North Hunterdon	1983-1986
4	Union Catholic	2022-2025
3	North Hunterdon	2017-2019
3	Red Bank Catholic	1994-1996
2	Hillsborough	2009-2010
2	North Hunterdon	1980-1981
2	Ridge	2015-2016
2	Roxbury	2004-2005
2	Shawnee	2002-2003
2	Voorhees	2007-2008

2025 Top 20 Individual Finishers - Girls Meet of Champions

Place	Athlete	Year	School	Time
1	Leah Starkey	Sophomore	Ocean Township	17:15.00
2	Paige Sheppard	Junior	Union Catholic	17:17.00
3	Cayleigh Kaiser	Junior	Union Catholic	17:45.00
4	Amelia Pattwell	Sophomore	Middletown South	17:52.00
5	Katherine Keating	Junior	Ridgewood	17.53.00
6	Harper Telesca	Freshman	Union Catholic	17:53.00
7	Allison Lee	Senior	West Windsor-Plainsboro North	18:00.00
8	Molly Domurat	Senior	Hunterdon Central	18:03.00
9	Lexie Mizzone	Senior	Voorhees	18:30.00
10	Julia Flanagan	Senior	Holy Cross Prep	18:34.00
11	Alexandra Klein	Junior	Shore Regional	18:35.00
12	Jessica Abbott	Senior	Manalapan	18:38.00
13	Addison Weiss	Sophomore	Cherry Hill East	18:38.00
14	Riley Austin	Senior	Haddonfield Memorial	18:40.00
15	Grace Gutowski	Junior	Paul VI	18:41.00
16	Reagan Moore	Junior	Oak Knoll	18:42.00
17	Cali Buxbaum	Senior	Wall Township	18:43.00
18	Helena Szep	Senior	Middletown North	18:46.00
19	Saffa Ellis	Sophomore	Union Catholic	18:51.00
20	Alyssa Suriano	Senior	Cherokee	18:54.00

2025 Top Five Teams - Girls Meet of Champions

Rank	Team	Total	Total Time	Average Time
1	Union Catholic	39	1:31.01	18:12.20
2	Ridgewood	92	1:34.49	18:57.80
3	Paul VI	135	1:37.07	19:25.40
4	Cherokee	154	1:38.02	19;36.40
5	Haddonfield Memorial	166	1:38.01	19:36.20