2027 NJSIAA TENNIS COACHES WORKSHOP

Friday, January 8, 2027 | 8:00 a.m. – 3:00 p.m.

Princeton University's Meadow Campus Indoor Facility • 325 Court Drive, Princeton, NJ

Join us for a practical training session designed to help coaches strengthen your teaching and coaching methods to improve your effectiveness. The workshop will focus on helping you develop your own approach to player development and adapt those ideas to the needs of your athletes.

8:00 – 9:00 AM	**Registration & Light Breakfast** Welcome: Billy Pate, Princeton University's Men's Tennis Coach
9:00 – 9:45 AM ON-COURT	**Teaching and Coaching Doubles to Players of All Levels** *Presented by Bob Bynum, RSPA & USTA Certified High-Performance Coach • High School & College Coach* • Teaching practical doubles concepts that create more confident and proactive players • Teaching positioning, shot selection, communication, and situational recognition • Creative methods of practicing doubles via competition and exploration
9:00 – 9:45 AM CLASSROOM	**At The Fence: Communicating Effectively with Your Players During Matches** *Presented by Marvin Dent, RSPA & USTA Certified High-Performance Coach L2 • Life Coach* • The importance of language and tone and their implications • Suggestions vs. directions • Reassurance vs. intimidation
9:50 – 10:35 AM	**Repeat of the above presentations**
10:40 – 11:25 AM CLASSROOM	**Planning Effective Practices: Understanding the Distinctions Between Teaching • Coaching • Training • Development** *Presented by Marvin Dent* • Setting the stage in a classroom setting to enhance performance on the court • Maximizing your team's technical, physical, tactical, emotional, and psychological engagement • Understanding the Four Stages of Learning and each's impact on your players' development
10:40 – 11:25 AM ON-COURT	**You're Not Alone: Turning Your Players Into "Assistant" Coaches** *Presented by Bob Bynum* • Teaching players to feed (hand and racket) to allow you to engage with more of your players • Utilizing multiple or fewer courts • Applying the similarities of other sports to your tennis practices
11:30 AM – 12:15 PM	**Repeat of the above presentations**
12:15 – 1:00 PM	**Listening & Lunch** Elliot Lovi — Pick-Up Tennis: A Fun Approach to Engage Your Players
1:00 – 1:50 PM	**USTA Middle States Presentation**
2:00 – 3:00 PM	**Coaches On-Court!** • Bring your racket to join in as a "student" in games and activities for your team • All levels of coaches, from beginner to advanced players • Drawings for prizes to coaches and teams!