

NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION  
1161 Route 130 N., Robbinsville, NJ 08691

**NJSIAA/NJSCA 28th ANNUAL WRESTLING COACHES CLINIC**

Friday, May 8, 2026  
8:30 am – 3:00 pm

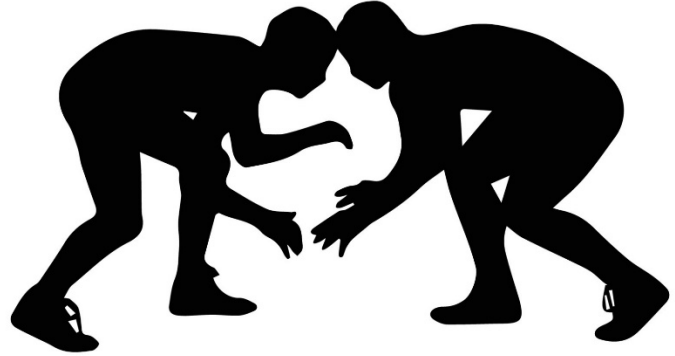
Princeton University  
Jadwin Gym  
Princeton, NJ

**Clinicians:**

**Joe Dubuque**, Head Coach, Princeton University  
2X National Champion, Indiana University  
3X D1 All American  
2X NJ State Champion

**Anthony Ashnault**, Asst. Coach, Princeton University  
NCAA Champion  
USA Freestyle Team Member  
4X NJ State Champion

**Ryan Wolfe**, Asst. Coach, Princeton University  
NCAA All American  
3X EWL Champion  
USA Freestyle All American



**Agenda:**

8:30am – 9:00am **Check-in**

9:00am – 1:30pm **Topics:**

- Distinguishing the difference between sparring, drilling, and play wrestling
- Bottom fundamentals
- Hand fighting techniques that will improve your wrestlers' setups and leg attacks

1:30pm – 1:45pm **NJSIAA Update**

NJSIAA is a N.J. Dept. of Education "Provider" - Credit Hours – 5  
Cancellations will be posted on the NJSIAA website: [www.njsiaa.org](http://www.njsiaa.org) (T) 609-259-2776

Registration Fee: FREE

**\*\*REGISTRATIONS MUST SUBMITTED ONLINE** by May 4, 2026  
Please call 609-259-2776 or email [awalters@njsiaa.org](mailto:awalters@njsiaa.org) to cancel.

Name(s) \_\_\_\_\_  
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School \_\_\_\_\_  
Email Address \_\_\_\_\_