



2025-26 NJSIAA Boys & Girls Individual Diving Tournament

NJSIAA reserves the right to adjust, change or cancel dates, times, and locations for all NJSIAA State tournaments. Schools entering the tournament will not be granted a change of date/time due to any conflicts with school trips, proms, banquets, SATs, unless agreed upon by both schools. During the spring tournament season, we will make every effort to accommodate schools that have a conflict with their graduation.

Member schools will not be eligible to participate in any NJSIAA Tournaments if it has violated the NJSIAA Constitution, Bylaws, Rules, Regulations, Guidelines, Policies, or Procedures. Any student-athlete who transfers after the competition start date will not be eligible for this tournament (Bylaws, Article V, Section 4.K. 5).

Schools are to be reminded of the 3-team DQ rule for state tournament eligibility, which states “Any varsity team accumulating three or more player or coach disqualifications prior to the team’s participation in the state tournament will not be permitted to participate in the state tournament.”

The NJSIAA will follow the procedure below for schools that are disqualified from state tournament competition:

1. If a school is disqualified, either for the use of an ineligible player or violating the 3-team DQ rule, from state tournament competition after the tournament has been seeded but prior to the bracket being final, then the bracket will be reseeded and the next ranked school who entered the tournament will be included.
2. If a school is disqualified, either for the use of an ineligible player or violating the 3-team DQ rule, from state tournament competition after the tournament has been seeded and after the bracket is final, then the bracket will not be reseeded, and no additional school will be included.
3. If a school is disqualified from state tournament competition due to the use of an ineligible player during the state tournament, then the school will be removed from the tournament immediately and their last opponent will advance in their place.

Schools participating in any NJSIAA tournament are responsible for the actions and behaviors of their spectators. Schools are required to provide adequate staff security to ensure there is proper oversight of their spectators. In addition, schools are financially responsible for any damages to the property or premises caused by their student-athletes, staff, or spectators (spectators include, but are not limited to, cheerleaders, marching band participants, students, and other fans).

NJSIAA requires Certified Athletic Trainers at all its tournament events. The ATC must document all injuries on an injury report form. This form must be available to the NJSIAA upon request.

Member schools not willing or able to comply with these tournament regulations and any relevant procedures found in the Operating Procedures Handbook should not enter the tournament. Member schools are encouraged to review these tournament regulations with the school administration. Coaches must have a copy of these regulations as well as a copy of the Rule Modifications (if any) for this tournament available at all contests. Copies of these documents are available on the NJSIAA website.

New for This Year’s State Tournament

Nothing new for this year

NJSIAA Diving Tournament Staff

Director of Diving

Sandy Mamary
(609) 259-2776
smamary@njsiaa.org

Tournament Director

Paul Welsh
(609) 947-8040
pwwelsh@gmail.com

Rules Interpreter

Paul Welsh
(609) 947-8040
pwwelsh@gmail.com

Tournament assignor

John Berckes
(201) 725-6454
jberckes@aol.com

Diving Important Dates

<u>Event</u>	<u>Date</u>	
First Practice:	November 17, 2025	
Competition Start:	December 1, 2025	
Cutoff (last day to qualify):	February 18, 2026	
e-Dive entries Due	February 19, 2026	
Regular Season Competition Ends:	March 8, 2026	
<u>State Championships (Boys/Girls)</u>	<u>Date</u>	<u>Location</u>
Warm-ups @ 3:00pm / Start @ 5:00pm	February 24, 2026	Montgomery H.S.

Individual championships will begin on time. No event will be held up for any diver for any reason. In the event of inclement weather, notice will be posted on the NJSIAA website at: www.njsiaa.org

To Qualify for the Diving Tournament

1. Any student attending a member school that competes in an 11-dive qualifying meet and scores 228 or higher will qualify for the diving state championships.
2. Qualifying scores must have been attained between Opening Day and the Individual Cutoff date listed.
3. Qualifying scores must be attained during the current high school season, in an 11-dive meet conducted by certified officials.
4. State Tournament qualifying scores for an 11-dive meet are 228 for boys and 228 for girls.

Entry Procedure

1. All diving entries must be submitted online via **e-dive** by the date listed.
2. All diving entries must also be sent via email to the Tournament Director, Paul Welsh to pwwelsh6@gmail.com by the date listed.
3. See attached directions to enter entries into e-dive.

Diving Championship Procedures:

1. The divers shall consist of five (5) voluntary dives and six (6) optional dives.
2. The voluntary dives will include one (1) from each of the five (5) groups, with a total degree of difficulty not to exceed 9.0. The voluntary dive numbers are to be circled. Voluntary dives contributing to a total degree of difficulty exceeding 9.0 will be declared as failed.
3. The total degree of difficulty of the six (6) optional dives must be at least 11.9. The six (6) optional dives must include one (1) from each of the five (5) groups. A group may not be repeated until the finals.

4. The diver's list must contain eleven (11) different dive numbers; all five (5) groups must be represented in the first eight rounds.
5. Fill in the spaces under Dive Number, Dive Description, Position, and Degree of Difficulty. Identify Voluntary Dives.
6. If there are more than thirty-two (32) entries, there will be a cut after the third round of the preliminaries. Preliminaries: List two (2) voluntary dives and three (3) optional dives in any order.
7. In the semifinals the twenty (20) qualifiers will each perform two (2) voluntary and one (1) optional dives.
8. The sixteen (16) highest scoring divers through the semifinals shall qualify for the finals. They will perform one (1) voluntary and two (2) optional dives.
9. Errors in the composition of voluntary and optional dives identified after the competition has started will result in the disqualification of the diver.

Required Dive Schedule

DATE	DIVE
December 1-7	100 Forward
December 8-14	200 Backward
December 15-21	400 Inward
December 22-28	5000 Twist
December 29 - January 4	300 Reverse
January 5-11	100 Forward
January 12-18	200 Backward
January 19-25	400 Inward
January 26 - February 1	5000 Twist
February 2-8	300 Reverse
February 9-15	100 Forward
February 16-22	200 Backward

Note: In case of a rescheduled meet, the required dive conforms with the new date's required dive.

Entry Fee

- \$16.00 for each entered diver.
- Payable to the NJSIAA (Please note Diving Tournament).
- Forward all entry fees to the NJSIAA, 1161 Route 130 North, Robbinsville, New Jersey 08691
- **DO NOT** use certified mail.

Tournament Rules & Information

1. The NFHS Diving Rules along with any NJSIAA diving rule modifications will govern this tournament.
2. The NJSIAA, Montgomery High School shall in no way be liable for damages of any kids sustained in any manner in connection with the conduct of the Championships.
3. Only schools' coaches listed on the entry form will be permitted in the deck area. Any other coaches must be ordered to spectator areas.
4. Exhibition events or divers are not permitted
5. Participation by an ineligible diver will result in forfeiture of all scores and places achieved by the ineligible swimmer and the next finisher will advance in his/her place. Divers eliminated before the last event will not re-enter the championship competition.
6. All coaches/certified faculty members must be properly certified and appointed by the Board of Education/Heads of Schools. Tournament Directors will disqualify any contestant who is accompanied by someone in a coaching/supervisory capacity who is not appointed by the school district.
7. The coach must be able to certify that the required six (6) practices have been completed. In the event there is no diving coach, the school district must be able to certify that at least six (6) practices have been completed at a proper facility and the board approved coach/chaperone that will accompany the individual(s) to the State Championships has attended at least one of those practices. The penalty for failure to comply will be disqualification of the individual(s).

Meet Restrictions

1. With the exception of the official NJSIAA banners, no signs, banners, or posters will be permitted to be hung in any manner in pool areas during the course of the NJSIAA championships.
2. Game Site Managers will be instructed to enforce these regulations.
3. Mechanical noisemakers and balloons are not permitted in the pool area as well.
4. No face paint is permitted on the pool deck.
5. Because of the indoor conditions, bands will not be admitted into the site.
6. Please inform divers that no food is allowed in the immediate pool area. You will be held responsible for their conduct. Please ask everyone to help keep the pool area, locker room area, and campus clean.
7. Glass containers are prohibited in the pool/locker room areas.
8. Shaving in the locker room/shower area will not be permitted at Montgomery High School.

PLEASE NOTIFY YOUR STUDENT BODY AND FANS OF THESE REGULATIONS.

Championship Costs for Schools & Officials

The NJSIAA will incur all costs regarding the Meet of Champions.
Five (5) officials will be assigned.

Awards

1. Trophy to the state champion and medals to 2nd through 8th place individuals.
2. Awards will be presented immediately following each event.
3. Participation by the top 8 is mandatory. Coaches' cooperation is essential.
4. For the awards ceremony, competitors must wear school apparel or apparel without logos.

NFHS Swimsuit Rules

This tournament will be conducted under NFHS rules and therefore will follow all NFHS swimsuit rules.

Swimsuit Transgender Clarification:

- Pursuant to NJ law and NJSIAA policy is that the student decides what swimsuit is appropriate. We permit the student to make the decision.
- NFHS Swim Rules-boys swim, we permit the Transgender Male to wear a men's suit, a women's suit, or a men's suit with covering (sports bra, etc.)
- Full bodysuits are not permitted.
- Long or short sleeve "rash guard" shirt is permitted.
- Transgender females may wear either.

Swimsuit Religious Clarification:

Divers are permitted to wear "compression shirts/Rash Guard" type apparel **under** their school uniform because of religious reasons, as long as the apparel is not designed to enhance the performance of the swimmer. Full body suits are not permitted.

eDive Online Entry Process

To enter divers into the meet, follow the link: <https://www.edive.info/emailentries.aspx>

1. Scroll down and enter your information (Name, email, team...)
2. My email address: pwwelsh6@gmail.com
3. Enter Meet Name:
 - (Enter one of the following, exactly as you see it)
 1. 2024 NJSIAA BOYS DIVING Championship
 2. 2024 NJSIAA GIRLS DIVING Championship
4. Enter Event Name:
 - (Enter one of the following)
 1. High School Boys Varsity
 2. High School Girls Varsity
5. Click the "**Next Step**" blue box
6. Enter Diver Information: First Name, Last Name
7. Enter diver's first dives
 - Dives 1-5 need to include 2 voluntary and 3 optional dives, any order
 - Dives 6-8 need to include 2 voluntary and 1 optional dive, any order
 - Dives 9-11 need to include 1 voluntary and 2 optional dives, any order
 - All 5 categories need to be covered in rounds 1-8
 - Max voluntary DD=9.0, Minimum optional DD=11.9
8. Click on "**Add This Diver**" green box
 - Repeat process for each Diver from step 6 on until finished with the gender.
 - After the last diver is added, scroll down and check entries.
9. If complete, click "**Send My Entries**" blue box.
10. REPEAT THE PROCESS FOR EACH GENDER
11. Please email all qualifying sheets to pwwelsh6@gmail.com

Note:

The link can be found at the bottom of the eDive home page at: www.edive.info , under "Resources.