

Early Start Clarification – Ice Hockey & Swimming

Please be advised of the following approved dates for the 2025–2026 season:

- **First Day of Practice: November 17**
- **First Day You May Scrimmage or Play a Game: December 1**

(For reference, last year's dates were November 25 and December 2.)

Any violation of these dates will be met with the appropriate penalty.

This adjustment was made in response to numerous complaints from schools that rely on third-party facilities and were unable to meet the six-practice requirement under the previous timeline. Allowing practices to begin earlier helps ensure compliance, while the **December 1** date for scrimmages and games remains **non-negotiable**.

This change was approved by the Executive Committee on **May 12, 2025**. The dates listed on the website, tournament regulations, and Quick Chats are accurate.