



To: NJSIAA Program Review Committee

From: Colleen Maguire, Executive Director

Date: May 12, 2025

RE: NJSIAA Boys and Girls Wrestling Tournament Regulations

On behalf of the Boys and Girls Wrestling Committees, NJSIAA staff recommends the following updates to the wrestling tournament regulations.

State Tournament Dates – 2025–2026

Due to a scheduling conflict with Boardwalk Hall, the individual state tournament will be moved to March 12 – 14 for the 2025-2026 school year (the corresponding dates from this past season would have been March 5 – 7). As a result, the boys committee recommends pushing back the start of the team tournament which will allow one extra week of regular season competition and keep the tournaments progressing on a consistent schedule with prior years. Therefore, the committee recommends the following dates for the 2025 – 2026 season:

Below is a list of regular season start dates and state tournament dates:

Team Tournament: Monday, February 16 – Sunday, February 22

Boys Districts: Saturday, February 28

Boys Regions: Friday, March 6 – Saturday, March 7

Girls Regions: Sunday, March 8

Individual State Championships: Thursday, March 12 – Saturday, March 14

All match limit dates, cut-off dates and seeding dates will be updated to reflect the new state tournament dates.

District Tournament Entry Fee

Flo Wrestling, who owns Trackwrestling.com, has informed NJSIAA that they will be rolling out a new pricing model next school year. Instead of a la carte pricing menu, they are moving to a bundled pricing model that will charge the state association a fixed amount per school in each season – boys and girls. This new pricing model will provide free use of the Trackwrestling.com platform for schools in either season for hosting tournament brackets – schools and/or leagues and conferences will no longer have to pay Flo Sports directly when hosting their own tournaments. The new bundled pricing model will lead to an overall increase of approximately \$22K to the Association.

As a result of this new model, in an effort to offset the increase in cost to the Association, the Finance Committee has approved an increase to the district (or region) entry fee from \$16.00 to \$25.00. The total increase to the school's entry fee will be \$126.00 per school for a boys team (14-weight classes) and \$108.00 for a girls team (12-weight classes).

Reporting Weights – Violations

In recent years, there has been an increase in reports of coaches not entering the correct weights in Trackwrestling – the weights entered in Trackwrestling do not match the weights on the weigh-in sheets. As a result, the student-athlete's weight decent plans are not accurate which may lead to wrestler's competing in weight classes that they are not eligible to compete in. NJSIAA staff has had to investigate several of these reports and oftentimes the misreporting of weights in the Trackwrestling system are intentional in an effort to manipulate a student-athlete's weight decent plan.

The committee endorsed an automatic sanction for any coach who does not enter the correct weights to be applied consistently to all coaches – a two-week suspension and a \$200.00 fine. During the suspension period, the coach may attend practices but cannot be anywhere in the vicinity of an event nor have any communications with others on the coaching staff during an event.

Girls Wrestling Season – Separation

The committee continued to unanimously support the proposal that was approved last year to separate the girls season from the boys season. Starting the 2025-2026 season, girls will be limited to one season on Trackwrestling – they will no longer be allowed to be entered in both the girls and boys seasons. Lastly, there will no longer be a minimum number of matches requirement to enter the girls individual tournament.

Girls Wrestling Team Tournament

The girls wrestling committee has requested approval to sanction a girls team tournament starting with the 2025-2026 season. The committee recommends a minimum of 9 dual meet matches to enter the tournament and defines a dual meet match as one with a minimum of 7 bouts wrestled (i.e., 5 or fewer forfeited weight classes). The tournament will consist of a north and south section with the top 8 teams in each section seeded. The tournament will run in coordination with the boys team tournament week with the girls rounds being held on the same dates and the boys non-public tournament rounds.

Girls Wrestling Individual Tournament

The girls wrestling committee has requested approval to expand the individual tournament starting with the 2025-2026 season by hosting district tournaments. There will be 12 district tournaments held the day after the boys district tournaments – 3 districts will be mapped to each region. The top 4 will advance to the region tournament and the top 4 at each region tournament will advance to the individual state championship finals, representing an increase from a 12-wrestler bracket to a 16-wrestler bracket.