

NJSSAA Boys Wrestling District/Region Alignment			
2024 - 2025 Season			
(Updated January 2025)			
REGION 1 - WEST MILFORD HIGH SCHOOL			
District 1	District 2	District 3	District 4
Cresskill High School	Don Bosco Prep High School	Bergen Catholic High School	Butler High School
Dumont High School	Glen Rock High School	DePaul Catholic High School	Hawthorne High School
Emerson co-op w/Park Ridge	Indian Hills High School	<b>Kittatinny Regional High School</b>	High Point Regional High School
Jefferson Township High School	Mahwah High School	Newton High School	Kinnelon High School
Lakeland Regional High School	No. Valley Regional at Old Tappan	North Warren Regional High School	New Milford High School
Northern Valley Regional at Demarest	Pascack Hills High School	Sparta High School	Northern Highlands Regional
<b>Phillipsburg High School</b>	<b>Pascack Valley High School</b>	Vernon	Pequannock Township
River Dell Regional High School	Ramapo High School	Walkill Valley	Pompton Lakes High School
Waldwick co-op w/Midland Park	Ramsey High School	West Milford Township	Wayne Hills High School
Westwood Regional High School	Ridgewood High School		<b>West Essex High School</b>
	Saddle River Day		
REGION 2 - MOUNT OLIVE HIGH SCHOOL			
District 5	District 6	District 7	District 8
Bergenfield High School	Clifton High School	Cedar Grove High School	Bogota co-op w/Ridgefield Park
Dwight Morrow High School	Elmwood Park Memorial High School	Dover High School	Boonton High School
Fort Lee High School	<b>Fair Lawn High School</b>	Lenape Valley co-op w/Hopatcong	College Achieve Paterson
Hackensack High School	Garfield High School	Mountain Lakes High School	Eastside High School
Leonia co-op w/Palisades Park	Hasbrouck Heights High School	Parsippany High School	Immaculata High School
Manchester Regional High School	Lodi High School	Passaic County Technical Institute	John F. Kennedy High School
<b>Passaic Valley High School</b>	Mount Olive High School	Roxbury High School	<b>Montville Township High School</b>
Saint Joseph Regional High School	Paramus High School	<b>Warren Hills Regional High School</b>	Morris Hills High School
Teaneck High School	Passaic High School	Wayne Valley High School	Morris Knolls High School
Tenafly High School	Saddle Brook High School		Parsippany Hills High School
			Pioneer Academy
REGION 3 - WEST ORANGE HIGH SCHOOL			
DISTRICT 9	DISTRICT 10	DISTRICT 11	DISTRICT 12
Barringer High School	Cliffside Park co-op w/Ridgefield	Belleville High School	Belvidere High School
Bloomfield High School	<b>Cranford High School</b>	Glen Ridge High School	East Orange Campus High School
Delbarton School	Henry Becton co-op w/Wood-Ridge	Governor Livingston High School	Hackettstown High School
Lyndhurst co-op w/North Arlington	Hoboken High School	Kearny High School	Hanover Park High School
Madison High School	James Caldwell High School	Livingston High School	<b>Morristown High School</b>
Newark Collegiate Academy	North Bergen High School	Montclair High School	Newark Academy
Orange High School	Rutherford High School	<b>Nutley High School</b>	North Star Academy
<b>Randolph High School</b>	Secaucus High School	Verona High School	Pope John XXIII High School
Saint Mary's High School	Union City High School	West Morris Central High School	St. Benedict's Prep
West Morris Mendham High School	Weehawken High School	West Orange High School	Whippany Park High School
REGION 4 - UNION HIGH SCHOOL			
District 13	District 14	District 15	District 16
Abraham Clark (Roselle)	Arthur L. Johnson High School	Bernards High School	Carteret High School
Bayonne High School	Brearley co-op w/Jonathan Dayton	Bound Brook High School	Colonia High School
Columbia High School	Bridgewater-Raritan High School	Delaware Valley High School	John F. Kennedy Memorial
East Side High School	Irvington High School	Middlesex co-op w/Dunellen	John P. Stevens High School
Elizabeth High School	Millburn High School	North Plainfield High School	Linden High School
Hillside High School	New Providence High School	Pingry School	Paramus Catholic High School
Roselle Park High School	<b>North Hunterdon High School</b>	Somerville High School	Plainfield High School
Seton Hall Preparatory School	Summit co-op w/Chatham	Voorhees High School	Rahway High School
<b>Scotch Plains-Fanwood High School</b>	Union High School	<b>Watchung Hills Reg High School</b>	Ridge High School
Westfield High School	South Hunterdon		<b>South Plainfield High School</b>

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REGION 5 - FRANKLIN HIGH SCHOOL			
District 17	District 18	District 19	District 20
East Brunswick High School	Franklin High School	Edison High School	Hillsborough High School
<b>Middletown High School North</b>	Hopewell Valley Central High School	Highland Park High School	Holmdel High School
Middletown High School South	Manville High School	Metuchen High School	Hunterdon Central High School
Monmouth Regional High School	<b>Monroe Township High School</b>	New Brunswick High School	Keansburg High School
North Brunswick Township High School	Montgomery High School	Perth Amboy High School	Keyport co-op w/Henry Hudson
Old Bridge High School	Princeton High School	Piscataway High School	Marlboro High School
Saint Peter's Prep High School	Rumson-Fair Haven Regional	Raritan High School	<b>Matawan Regional High School</b>
South Brunswick High School	West Windsor-Plainsboro North	<b>Saint Joseph High School Metuchen</b>	Red Bank Regional High School
South River High School	West Windsor-Plainsboro South	Sayreville War Memorial	Rutgers Prep School
Spotswood High School		Woodbridge High School	
REGION 6 - JACKSON LIBERTY HIGH SCHOOL			
District 21	District 22	District 23	District 24
<b>Christian Brothers Academy</b>	Brick Memorial High School	Asbury Park High School	Allentown High School
Colts Neck High School	Hamilton High School East	Brick Township High School	Bordentown co-op w/Florence
Freehold Boro High School	Hamilton High School North	Jackson Liberty High School	Burlington City High School
Freehold Township High School	Lawrence High School	Manasquan High School	Burlington Township High School
Holy Cross Prep Academy	Long Branch High School	Neptune High School	Ewing High School
Jackson Memorial High School	Northern Burlington Regional	Ocean Township High School	Hamilton High School West
Lakewood High School	Notre Dame High School	Point Pleasant Beach High School	Hightstown High School
Manalapan High School	Riverside High School	<b>Point Pleasant Borough High School</b>	Howell High School
New Egypt High School	Robbinsville High School	Shore Regional High School	St. Thomas Aquinas
	<b>Trenton Central High School</b>		<b>Wall Township High School</b>
REGION 7 - LACEY TOWNSHIP HIGH SCHOOL			
District 25	District 26	District 27	District 28
Audubon High School	Barneget High School	Burl. Co Inst of Tech Westampton	<b>Cherokee High School</b>
Camden High School	Central Regional High School	<b>Cinnaminson High School</b>	Cherry Hill High School East
<b>Collingswood High School</b>	Donovan Catholic High School	Delran High School	Cherry Hill High School West
Haddon Heights High School	Lacey Township High School	Gloucester City Jr-Sr High School	Gloucester Catholic High School
Haddon Township High School	Manchester Township High School	Kingsway Regional High School	Haddonfield Memorial High School
Paul VI High School	Pinelands Regional High School	Moorestown High School	Lenape High School
Pennsauken High School	<b>Southern Regional High School</b>	Palmyra High School	Maple Shade High School
Saint John Vianney High School	Toms River High School East	Rancocas Valley Regional	Pemberton Township High School
Sterling High School	Toms River High School North	Red Bank Catholic High School	Seneca High School
West Deptford Township High School	Toms River High School South	Willingboro High School	Shawnee High School
REGION 8 - Williamstown High School			
District 29	District 30	District 31	District 32
<b>Absegami High School</b>	Arthur P. Schalick High School	<b>Eastern High School</b>	Clayton co-op w/Glassboro
Atlantic City High School	Buena Regional High School	Hammonton High School	Clearview Regional High School
Camden Catholic High School	Cedar Creek High School	Highland co-op w/Triton	Deptford Township High School
Egg Harbor Township High School	Cumberland Regional High School	Overbrook High School	Lindenwold High School
Holy Spirit High School	<b>Delsea Regional High School</b>	Saint Joseph's Academy	<b>Paulsboro High School</b>
Lower Cape May Regional High School	Gateway co-op w/Woodbury	Timber Creek High School	Penns Grove High School
Mainland Regional High School	Millville Senior High School	Washington Township High School	Pitman High School
Middle Township High School	Pennsville Memorial High School	Williamstown High School	Saint Augustine Prep School
Oakcrest High School	Vineland High School	Winslow Township High School	Salem High School
Ocean City High School	Woodstown High School		