



## 2023-2024 NJSIAA Girls Individual Tournament Regulations

NJSIAA reserves the right to adjust, change or cancel dates, times, and locations for all NJSIAA State tournaments. Member schools will not be eligible to participate in any NJSIAA Tournaments if it has violated the NJSIAA Constitution, Bylaws, Rules, Regulations, Guidelines, Policies, or Procedures. Any student-athlete who transfers after the competition start date will not be eligible for this tournament (Bylaws, Article V, Section 4.K. 5).

Schools entering the tournament will not be granted a change of date/time due to any conflicts with school trips, proms, banquets, SATs, unless agreed upon by both schools. The NJSIAA will make every effort to accommodate schools that have a conflict with their graduation.

Schools that are disqualified from state tournament competition after the tournament has been seeded but prior to the bracket being final, then the bracket will be reseeded and the next ranked school who entered the tournament will be included. If a school is disqualified from state tournament competition after the tournament has been seeded and after the bracket is final, then the bracket will not be reseeded, and no additional school will be included. If a school is disqualified from state tournament competition during the state tournament, then the school will be removed from the tournament immediately and their last opponent will advance in their place.

Schools participating in any NJSIAA tournament are responsible for the actions and behaviors of their spectators. Schools are required to provide adequate staff security to ensure there is proper oversight of their spectators. In addition, schools are financially responsible for any damages to the property or premises caused by their student-athletes, staff, or spectators (spectators include, but are not limited to, cheerleaders, marching band participants, students, and other fans).

NJSIAA requires Certified Athletic Trainers at all its tournament events. The ATC must document all injuries on an injury report form. This form must be available to the NJSIAA upon request.

Member schools not willing or able to comply with these tournament regulations and any relevant procedures found in the Operating Procedures Handbook should not enter the tournament. Member schools are encouraged to review these tournament regulations with the school administration. Coaches must have a copy of these regulations as well as a copy of the Rule Modifications (if any) for this tournament available at all contests. Copies of these documents are available on the NJSIAA website.

### **NJSIAA Director of Wrestling**

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## Wrestling Tournament Dates

Event	Dates	Location
Weight Certification Begins	November 1, 2023	
Tryout Period	November 20 - 22, 2023	
First Practice	November 27, 2023	
First Scrimmage	December 4, 2023	
Opening Day	December 14, 2023	
Post-Season Transfer by Date	December 14, 2023	
Two Pound Growth Allowance	January 13, 2024	
Transfer Sit Eligibility	January 13, 2024	
Tournament Entry Period (Team)	January 16 – 25, 2024	
Team Tournament Cutoff	January 27, 2024	
Entry Info Due (by 12:00pm)	January 28, 2024	
Team Tournament Seeding	January 30, 2024	
Tournament Determination Deadline (Girls)	February 1, 2024	
30 Match Limit Cutoff (Boys)	February 3, 2024	
Regular Season Competition Ends (Boys)	February 11, 2024	
30 Match Limit Cutoff (Girls)	February 11, 2024	
District Seeding (Boys)	February 15, 2024	
Regular Season Competition Ends (Girls)	February 17, 2024	
Region Seeding (Girls)	February 19 or 20, 2024	
Region Seeding (Boys)	February 19 or 20, 2024	
Individual State Seeding (Girls)	February 26, 2024	
Individual State Seeding (Boys)	February 27, 2024	
Post-Season Meeting (Boys)	April 2024	
Post-Season Meeting (Girls)	May 2024	
<b>Boys Public Team Tournament</b>		
Rounds 1 & 2	February 5, 2024	Seeds #1 & #2 will Host
Sectional Finals	February 7, 2024	Higher Seed
State Semifinals	February 9, 2024	Higher Seed
State Finals	February 11, 2024	Rutgers University
<b>Boys Non-Public Team Tournament</b>		
Rounds 1 & 2	February 6, 2024	Higher Seed
State Semifinals	February 8, 2024	Higher Seed
State Finals	February 11, 2024	Rutgers University
<b>Boys Individual Tournament</b>		
Districts (Boys)	February 17, 2024	**
Regions (Boys)	February 23 - 24, 2024	**
Individual Championships (Boys)	February 29 – March 2, 2024	Boardwalk Hall
<b>Girls Individual Tournament</b>		
Region (North I)	February 25, 2024	Vernon High School
Region (North II)	February 25, 2024	Union High School
Region (Central)	February 25, 2024	East Brunswick – Churchill Junior Middle School
Region (South)	February 25, 2024	Pennsauken High School
Individual Championships (Girls)	February 29 – March 2, 2024	Boardwalk Hall

\*\*Refer to Districts and Regions alignment on the NJSIAA website.

## **NEW FOR THIS YEAR**

1. Specific instructions for entering data in Trackwrestling have been provided. Please adhere to these instructions when entering girls results when participating in either a boys or girls event.
2. Thursday, February 1, 2024, is the deadline to determine whether the student-athlete will participate in the Boys District tournament or the Girls Region tournament.
3. There will be four girls regions – N I, N II, Central and South.
4. G Region seeding will be February 19 or 20, 2024.
5. G State seeding will be February 26, 2024.
6. All results will be considered for seeding purposes (both boys and girls competition).

## **TRACKWRESTLING**

### **Entering data in Trackwrestling**

1. All girls who plan to wrestle in boys' events must have their assessment data entered in both the girls season and boys season.
2. When entering a girl's event in the girls season create the event in only the girls season. In the Weights dropdown, use the default option of "NFHS Girls 12".
3. Enter the exact weight and results in the girls season.
4. There must be an event created in the girls season for every event at which the girl participates. If it is a boys event, the girl must be entered on the boys season weigh-in sheet as well.
5. When a boys event is created in the girls season, choose NHFS 14 Boys from the dropdown menu under WEIGHTS. Then, create a weigh-in sheet for the girls participating in the girls season.
6. Record the exact weight and result in both the girls season and the boys season.
7. The weight loss plan and the NJSIAA Season Record Form will be the official record for all girl wrestlers.

## **REGION TOURNAMENT**

### **To qualify for the Region Tournament**

1. Any member school sponsoring a girl's wrestling team will be permitted to enter the Region Championships.
2. All Independent wrestlers from member schools that do not compete on an interscholastic basis are eligible to enter the Region Championships.
3. Any player with two (2) or more disqualifications in the current season, before the start of the tournament, will be unable to compete in the state tournament.
4. Any varsity team accumulating three (3) or more player or coach disqualifications before the start of the tournament will not be permitted to participate in the state tournament. Seeded teams will forfeit their right to compete if a disqualification limit is reached before the start of the tournament for the team.

### **Region Entry Procedure**

1. All varsity schedules & rosters must be entered in [www.njschoolsports.com](http://www.njschoolsports.com) by the start of the season. Rosters must be checked and updated, if necessary, by the start of the tournament. We cannot guarantee any roster changes made after the start of the tournament will make it into the tournament program. If you encounter problems, please contact [hssupport@njadvancemedia.com](mailto:hssupport@njadvancemedia.com).
2. Girls must choose to participate in the boys' districts or girls' regions by February 1, 2024. Girls choosing to enter the Girls' Region Tournament will not be eligible to participate in the Boys' District Tournament
3. All girl wrestlers must compete in the girls' Regions to qualify for the Girls State Championships.
4. Each school may enter only one wrestler per weight class.
5. A wrestler is permitted to wrestle in any weight class (within NFHS Wrestling Rules Book & NJSIAA Rules and Regulations), providing their name was entered on the track wrestling seeding registration site.
6. A contestant shall weigh-in for only one (1) weight class during the weigh-in period. The weight class must be declared by the end of the weight class weigh-in period
7. The wrestler's descent plan must allow participation at the chosen weight class.
8. Coaches MUST enter their wrestlers for the Regions via the trackwrestling program by Thursday, February 15, 2024.

### **Entry Fee**

1. \$16.00 per wrestler that weighs in at the districts regardless of whether they compete or not.
2. Make payments payable to the NJSIAA (Please note Wrestling Tournament).
3. Forward all entry fees to the NJSIAA, 1161 Route 130 North, Robbinsville, NJ 08691
4. DO NOT use certified mail

### **Region Tournament Rules & Information**

1. The Girl's Region Tournament is a one (1) day qualifying tournament.
2. The tournament is held at four (4) locations – North I, North II, Central and South.
3. The regions will be assigned based on each school's northing numbers but will strive for regional balance.
4. The 1st, 2nd & 3rd place finishers in each weight class in each Region will advance to the State Championships.
5. The girls' weight classes for the tournament will be:
  - 102-109-116-122-128-134-140-147-154-167-187-237.
  - These weight classes include the two-pound growth allowance from the original weight classes at the start of the season.
6. The weight class order will be 102 to 237. A random draw may be used for the final matches only (per NFHS Rule 5-21.1).
7. Weighmasters will be assigned to each Region by the state assignor.
8. There is no weigh-in form needed but the individual's decent plan must be available at the site.
9. A contestant shall weigh-in for only one weight class during the weigh-in period. The individual's descent plan must allow participation in the chosen weight class.
10. All weigh-ins will start 1.5 hours before the scheduled start time.
11. Wrestlers receiving a forfeit must weigh-in and step on the mat for that round. Failure to do so eliminates a wrestler from the tournament and/or further competition.
12. The actual weight of each contestant must be recorded by the weighmaster or designee on this sheet. Proper signatures must be recorded.
13. All schools entered in the tournament will be held responsible for the conduct of their coaching staff and all other school personnel. Member schools cannot expect the NJSIAA to assume responsibility for improper conduct at tournament events.
14. The site manager and/or the official, have the authority to address and correct any action of intimidation unethical, or unsportsmanlike conduct.
15. When severe weather conditions or other unforeseen circumstances necessitate postponement, the site manager will make the final decision and should have an outlined procedure to inform potential opponents, media, nj.com at [hssupport@njadvancemedia.com](mailto:hssupport@njadvancemedia.com), working personnel, assigned officials, the NJSIAA, and the tournament director.

### **Region Tournament Seeding Information**

1. The seeding meeting will be conducted on the date listed above.
2. There will only be one seeding meeting.
3. The goal of the seeding committee is to:
  - a. To ensure that the criteria for seeding is correctly followed
  - b. Seed the best 8 wrestlers
  - c. Draw for position for the remainder
4. Seeding should reduce the possibility of having the two best wrestlers meet in the early rounds. Theoretically, they should meet in the final, after having the four best wrestlers meet in the semifinals. The quality of wrestling should improve as the tournament advances.
5. Highest ethics should prevail. Attempts to place an "unproven" wrestler in an advantageous position to gain additional team points, or to reduce a "stronger" team's chance of attaining more team points are looked upon as self-serving. Using the seeding meeting to determine where you are going to wrestle your student/athletes causing a re-seeding the day of the tournament is another practice that must be discouraged.
6. The seeding will be conducted by a "Seeding Committee"

- a. The Committee will be composed of the Regional Tournament Director, or designated Seeding Chairperson, (who will break any tie votes), and four appointed seeding committee representatives from each region.
  - b. The Committee will be using the past advancements in the previous state tournaments, Head-to-Head Completion, and Wild Card Discussions to seed the regions through the first 8 seeds. All results will be considered for seeding purposes (both boys and girls competition). All other placements will be drawn.
7. The top eight (8) wrestlers will be seeded. All other seeds will be drawn
  8. Wrestle backs Procedure:
    - a. Wrestle backs will begin with the quarter finals
    - b. Wrestlers will wrestle back to 3rd and 4th place in the regions.

### **Region Tournament Pre-Seeding Criteria**

1. Own Merit in a Previous Tournament – this level or better
  - a. Higher replacement(s) or further advancements(s) in wrestle backs will earn the better pre-seed.
  - b. Greater number of appearances – with the most recent advancement receiving preference.  
NOTE: All wrestlers get credit for being here, minimum advancement if out
2. Defeated a seeded wrestler(s) – in this weight class during this season  
NOTE: The better the pre-seed the better the victory. Use other victories using this criterion, if needed.  
Wins vs. multiple opponents with the same criteria is better than beating the same opponent twice
3. Defeated any state tournament participant(s) from a previous year during this season.  
NOTE: The better the pre-seed the better the victory. Use other victories using this criterion, if needed.  
Wins vs. multiple opponents with the same criteria is better than beating the same opponent twice.
4. Wild Card

Note: Prior years' 5<sup>th</sup> or 6<sup>th</sup> place will be considered as a 5/6 place for seeding purposes.

### **Region Tournament Final Seeding**

1. Head-to-head competition this season.
  - a. First Step - eliminate round-robin set of losses between 3 or more wrestlers. Might have to use loss twice to satisfy multiple round robins. A>B>C>A or A>B>C>D>A.
  - b. Next start with the best pre-seed and work down. Discuss every head-to-head match, with the best challenge, heard first. Continue until all losses are satisfied and vote only with extenuating circumstances.
    - Majority of victories receives preference. Split decisions will be decided with the later win receiving preference
  - c. The vote will result in the challenger moving ahead of the higher, pre-seeded wrestler, moving the remaining wrestlers down, OR to remain in the pre-seed placement.
2. Wild Card
3. Unfair Seeds - Where it can be substantiated that an unfair seed has occurred, the tournament director must email the NJSIAA Tournament Director by 12:00 Noon, Thursday to have the matter presented to the State Tournament Committee of the seeding meeting with this committee's ruling final.
4. Replacement - Any wrestler named at the seeding meeting that cannot wrestle in that weight class, for any reason, can be replaced prior to the conclusion of that weight class's weigh-in by an "eligible" replacement. A re-seed must occur using the same initial region seeding procedure. If the replacement does not qualify for one of the top 8 seeds, they will be placed in the vacated position of the withdrawn wrestler.
5. Forfeiture - Occurs after the initial weigh-in period and a subsequent reseeding meeting is over. If a wrestler successfully weighs in and subsequently does not appear on the mat to wrestle, a forfeit will be declared. Any forfeiture for not appearing on the mat eliminates that wrestler from the tournament unless as provided for in NFHS Wrestling Rules Book. Failure to provide the Tournament Committee with an acceptable reason for default or forfeit could result in Executive Committee action.

### **Officials Regional Assignments & Payment**

1. NJSIAA State Assignor will assign all officials for all regions.
2. Officials will alternate as the bout official and the assistant official for each match.
3. Weighmasters will be assigned by the NJSIAA.
4. All officials for this round will be paid via ZebraPay.

### **Athletic Trainers Regional Assignments and Payment**

1. The host school will assign two athletic trainers and two blood persons.
2. NJSIAA will pay all athletic trainers and blood persons.

### **Awards for Regionals**

1. NJSIAA - The top three (3) place winners in each weight class will receive a medal.
2. NJ Wrestling Coaches Association (NJWCA) Award - Region Most Outstanding Wrestler

## **STATE CHAMPIONSHIPS**

### **State Championships Schedule**

<b>Thursday, February 29, 2024</b>		
Weight Check	8:00 am	Boys and Girls
Weigh-Ins	8:30 am	Boys and Girls
Wrestling	10:00 am	Girls: Pre-Quarters – Quarters – WB 1 – WB 2
Wrestling	10:30 am	Boys: Preliminaries – Pre-Quarters – WB 1
<b>Awards – 6:00 pm</b>		
<b>Friday, March 1, 2024</b>		
Weight Check	7:00 am	Boys
Weigh-Ins	7:30 am	Boys
Wrestling	9:00 am	Boys: WB 2 – Quarters – WB 3 – WB 4
Weight Check	11:00 am	Girls
Weigh-Ins	11:30 am	Girls
Wrestling	1:00 pm	Girls: Semifinals – WB 3
<b>Awards – 5:45 pm</b>		
Wrestling	6:00 pm	Boys: Semifinals – WB 5
Wrestling	6:00 pm	Girls: Consolation Semifinals
<b>Saturday, March 2, 2024</b>		
Weight Check	7:00 am	Boys and Girls
Weigh-Ins	7:30 am	Boys and Girls
Wrestling	9:00 am	Boys: WB 6
Wrestling	9:45 am	Boys and Girls: 3 <sup>rd</sup> – 5 <sup>th</sup> – 7 <sup>th</sup> place
<b>Girls Parade – 12:45 pm</b>		
<b>Girls Finals – 1:00 pm</b>		
<b>Boys Parade – 3:20 pm</b>		
<b>Boys Finals – 3:30 pm</b>		

### **State Individual Championships Rules & Information**

1. The state championships will consist of a three-day tournament that is held at the Atlantic City Boardwalk Hall.
2. The 1<sup>st</sup> through 3<sup>rd</sup> place finishers in each weight class from each region will advance to the State Championships.
3. Twelve (12) wrestlers per weight class will be seeded in the State Championships.
4. There will be wrestle-backs to 8<sup>th</sup> place and medals will be given to the top 8 wrestlers.
5. Weigh-in Procedures:
  - a. Weigh-ins for each weight class will be in alphabetical order.
  - b. The girls' weight classes for the tournament will be:
    - i 102-109-116-122-128-134-140-147-154-167-187-237.
    - ii These weight classes include the two-pound growth allowance from the original weight classes at the start of the season.
  - c. The weight class order will be 102 to 237. A random draw may be used for the final matches only (per NFHS Rule 5-21.1).
  - d. Weighmaster will be assigned by the NJSIAA state assignor.
  - e. There is no weigh-in form needed.
7. All schools entered in the individual tournament will be held responsible for the conduct of their coaching staff and all other school personnel. Member schools cannot expect the NJSIAA to assume responsibility for improper conduct at tournament events.
8. The tournament director and/or the official have the authority to address and correct any action of intimidation, unethical, or unsportsmanlike conduct.
9. When severe weather conditions or other unforeseen circumstances necessitate postponement, the tournament director will make the final decision and will inform potential opponents, media, nj.com at [hssupport@njadvancemedia.com](mailto:hssupport@njadvancemedia.com), working personnel, assigned officials, the NJSIAA, and the tournament director.

### **State Individual Championships Seeding Information**

1. The committee is Chaired by the Tournament Director or his designated seeding chairperson who will break any tie votes, his designated Seeding Chairperson, and two (2) appointed representatives from each Region.
2. The seeding meeting will take place at the NJSIAA office in Robbinsville, NJ.
3. Goal of the seeding meeting:
  - a. Separate the best wrestlers
  - b. Pre-seed, head-to-head movement, and seed all place winners (1<sup>st</sup>-3<sup>rd</sup>) from each region.
  - c. The top 4 seeds will receive a bye in the pre-quarter round.

### **State Individual Championship Pre-Seeding Criteria**

1. Wrestlers own merit in a previous tournament – this level or better
  - a. Higher replacement(s) or further advancements(s) in wrestle backs will earn the better pre-seed.
  - b. Greater number of appearances – with the most recent advancement receiving preference.
    - NOTE: All wrestlers get credit for being here, minimum advancement if out
2. Defeated a seeded wrestler(s) – in this weight class during this season.
  - NOTE: Better the defeated wrestler's advancement the higher the pre-seed. Use other victories using the criterion if needed. Wins vs. multiple opponents with the same criteria is better than beating the same opponent twice
3. Defeated any tournament participant(s) from a previous year during this season.
  - NOTE: The better the defeated wrestler's advancement the higher the pre-seed. Use other victories using the criterion if needed. Wins vs. multiple opponents with the same criteria is better than beating the same opponent twice.
4. Wildcard discussion, if tied, discuss and vote

### **State Individual Championship Final Seeding**

1. Head-to-head competition this season.
  - a. First Step - eliminate round-robin set of losses between 3 or more wrestlers. Might have to use loss twice to satisfy multiple round robins. A>B>C>A or A>B>C>D>A.
  - b. Next start with the best pre-seed and work down. Discuss every head-to-head match, with the best challenge, heard first. Continue until all losses are satisfied and vote only with extenuating circumstances.
    - Majority of victories receive preference. Split decisions will be decided with the later win receiving preference.
  - c. The vote will result in the challenger moving ahead of the higher, pre-seeded wrestler, moving the remaining wrestlers down, OR to remain in the pre-seed placement.
2. Replacement - Any wrestler named at the seeding meeting that cannot wrestle in that weight class, for any reason, can be replaced prior to the conclusion of that weight class's weigh-in by an "eligible" replacement. A re-seed must occur using the same initial region seeding procedure. If the replacement does not qualify for one of the top 8 seeds, they will be placed in the vacated position of the withdrawn wrestler.
3. Forfeiture - Occurs after the initial weigh-in period and a subsequent reseeding meeting is over. If a wrestler successfully weighs in and subsequently does not appear on the mat to wrestle, a forfeit will be declared. Any forfeiture for not appearing on the mat eliminates that wrestler from the tournament unless as provided for in NFHS Wrestling Rules Book. Failure to provide the Tournament Committee with an acceptable reason for default or forfeit could result in Executive Committee action.
4. Re-seeding - All appeals must be made by 12:00pm on February 27, 2024. A re-seed/re-draw of wrestlers will occur before this time.
  - a. If a wrestler is out of the tournament for any reason prior to 8:00pm on February 28, 2024, a reseed will occur.
  - b. Any replacement will necessitate that Region treat their three (3) remaining wrestlers as 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> best remaining for reseeding purposes.
  - c. If the 4<sup>th</sup> place Region finisher cannot replace an injured/withdrawn wrestler, then a walkover (forfeit) in that spot will occur.
5. Failure to make weight class at the State Championships:
  - a. A re-seed WILL NOT occur after the initial weigh-in.
  - b. If there is a legal replacement from that Region, the replacement will occupy the spot of the withdrawn wrestler.
  - c. If there is no replacement, then a walkover will occur in the first round.

### **Officials State Championship Assignments & Payment**

1. NJSIAA State Assignor will assign all officials for the State Tournament.
2. Officials will alternate as the bout official and the assistant official for each match.
3. NJSIAA will pay all officials.

### **Athletic Trainers State Championship Assignments & Payment**

1. The tournament director will assign all athletic trainers and blood persons.
2. NJSIAA will pay all athletic trainers and blood persons.

### **Awards for the State Championships**

1. NJSIAA:
  - a. The top eight (8) place winners in each weight class will receive a medal.
  - b. Most Outstanding Wrestler award.
2. NJ Wrestling Coaches Association (NJVCA):
  - a. State Coach of the Year (Thursday)