

Student Ambassador Spotlight: Emma Fox of Collingswood



Sports participation is important for Emma Fox, even when the junior from Collingswood High School isn't technically playing.

Emma plays soccer in the fall and lacrosse in the spring. And in between, she keeps active during the winter season as manager for the wrestling team.

All of that involvement, along with her status as an honor student, made Emma an ideal candidate to become a NJSIAA Student Ambassador. She applied for a position last year, and was one of 19 Student-Athletes from throughout the state who were selected to serve as a voice for the nearly 283,000 students from New Jersey who participate in high school sports. The ambassadors discuss issues affecting all of them in their meetings with each other and NJSIAA administration.

"I was interested in becoming a Student Ambassador because having the opportunity to represent my school is very important to me, especially because Collingswood High School is so small," she said.

Emma has enjoyed her first year as an ambassador.

"Our group discussions regarding the transfer rule have interested me a

lot," she said. "It is awesome to be involved in the process of changing a rule that is so important."

Likewise, Emma is hopeful of other things the group can accomplish before she graduates next year.

"I am hopeful that the group can make progress in changing the culture regarding sportsmanship between parents and athletes," she said.

Emma also has a unique distinction among the current group of ambassadors, since she is the only one of the 19 who spends part of her school year as a team manager. Her behind-the-scenes work with the wrestling team is very valuable to the program, since student managers are among the most overlooked and valuable participants in high school sports.



Photos provided by Emma Fox

"As a wrestling manager, it is great to stay involved during the winter season," she said. "Meeting new people and being a part of another team is a great benefit of being a sports manager. I would highly recommend being a manager if you do not participate in a sport during one of the seasons."

Getting to know Student Ambassador

Emma Fox:

Favorite subject: Science.

Favorite team: Philadelphia Eagles.

Do you have any superstitions or pre-game rituals?

"I am highly superstitious and my lucky hairstyle is a high ponytail with a braid."

How do you spend the time on the bus on the way to an away game?

"I often discuss with my teammates our thoughts prior to the game. Then I typically listen to music and get in the right mindset to prepare for the game."

Favorite food: "My favorite food is pasta. I like all kinds. My favorite is penne vodka."

Favorite lunch at school: "Salad and a banana."

The best thing about my school is...

"The best thing about my school is our small school atmosphere. Due to our small size, our students bond and create close relationships."

What is the best quality in a teammate?

"The best quality is someone who has their teammate's best interest at heart. A teammate who is supportive and motivating is the best teammate to be around."

Proudest moment as a student: "Being accepted to the National Honor Society."

Favorite sports memory:

"My favorite sports memory is working hard to win against Paul VI in lacrosse last season."

Is there a sport you don't play but would some day like to try?

"I would like to try field hockey. A lot of my friends who play field hockey love it and it seems like a very exciting sport."

If you could have a superpower, what would it be?

"If I could have a superpower, it would be to read people's minds, because I would like to better understand others."

If there were 25 hours in a day, what would you do with the extra hour?

"I would spend the extra hour sleeping. I spend a lot of time with school work, athletics and other extracurricular activities, so I feel it would be beneficial to have an extra hour of rest."

What's the best place you've traveled to?

"The best place I have traveled to is Florida. I love the warm weather."

Do you have any pets?

"I have two dogs. One named Jax who is a pitbull golden retriever mix and my other one is named Millie. She is a beagle chihuahua mix."

Do you have a career ambition yet?

"My ambition is to be a nurse or physician's assistant."