

Student Ambassador Spotlight: Zoey Marie Spady of Westampton Tech



Zoey Marie Spady takes full advantage of the opportunities offered to her as a student and as an athlete at Burlington County Institute of Technology-Westampton.

The junior plays soccer in the fall and basketball in the winter. While she does not participate in a spring sport, she remains plenty active by shadowing her school's athletic trainer, an experience which helps her gain very valuable exposure to a possible future career.

This school year, Zoey has added another role. She was one of 19 student-athletes from around the state who were selected to serve as a NJSIAA Student Ambassador.

"What interested me in becoming a student ambassador was the opportunity to meet with other student athletes," she said. "I was excited about the opportunity of talking to other students about the differences and similarities in the sports world at their schools compared to mine. As a group, I'm hopeful that we can help create long lasting rules and standards in the NJSIAA that are beneficial to improvement in our sports world."



Photos provided by Zoey Marie Spady

One issue so far has interested Zoey more than any other.

"What interests me the most are the various examples of sportsmanship issues," she said. "It shows that we all have similar issues and we as a group can help resolve them."

As a busy athlete, she's also clued in to the pressures placed on high school athletes.

"Playing back to back fall and winter sports is fun, but it can be draining at times," she said. "During the spring, I'll be shadowing my athletic trainer since I don't play a spring sport. I am obtaining skills in evaluating and treating injuries while also helping athletes in their rehab and recovery processes."

"Shadowing the AT is another way I gain something valuable from being in high school sports without playing because I get to interact with athletes, and by doing so I can create good relationships and understand the good parts about sports. I can also identify the physical aspects about sports that can be draining on athletes."



Getting to know Student Ambassador

Zoey Marie Spady:

Favorite school subject: History. "I just find it interesting and very entertaining comparing the events and behavior of society compared to how it is now. I also like to see how past events are connected to our world now."

Favorite team: South Carolina Gamecocks women's basketball.

How do you spend time on the bus on the way to an away game? "I try to talk to my teammates and stay awake to keep the energy up so that we can have a lot of energy for the game."

Favorite food: Pasta.

The best thing about my school is...? "The career majors. As students, we have opportunities to get ahead in our desired careers by doing fun interactive things and hands-on activities."

What's the best quality in a teammate?

"Dependability. It's a good feeling to know that I can depend on them to play their best in the game or to have the team's back when needed."

What's been your proudest moment so far as a student? "Placing seventh in a Sports Medicine event at the HOSA Southern Regional Conference this past February,"

Do you have a favorite sports memory? "Playing a soccer game on my birthday. Me and my teammate have the same birthday. We won a close game and had cupcakes with the team after."

Is there a sport you don't play but would some day like to try? Tennis.

Do you have any pets? "I have a dog named loki."