DISCLAIMER: The NJSIAA HAS THE RIGHT TO AMEND, MODIFY, ADJUST OR REVISE THE CONTENTS AND DATES/ TIMES POSTED IN THIS DOCUMENT.

This cover page of the Rules & Regulations has critical dates and points of emphasis.

Dates: ***NO PAPER ENTRIES! Everything is online via MILESPLIT.*** – MILESPLIT opens on May 1, 2024.

1) **Non-Public Coaches** Claim your team no later than midnight, June 1st on nj.milesplit.com.
   By Midnight, June 1st the following MUST be submitted to nj.milesplit.com.
   Roster, Team Entry and Seeds.

2) **Public School** Coaches claim your team no later than midnight, May 25th on nj.milesplit.com
   By Midnight, May 25th, the following must be submitted to nj.milesplit.com. Roster, Team Entry and Seeds

   *** **New this year- Public Schools- you will be able to update your entry no later than May 28, 2024 at 12:00 PM and Non-Public schools will be able to update your entry no later than June 4, 2024 at 12:00 PM. Any individual entry change after the deadline will be unseeded. Any teams who miss this deadline and wish to make a late TEAM entry will be assessed a $150 LATE ENTRY FEE.** ***

ENTRY PROCEDURE!!!
You must now claim your team on nj.milesplit.com, as listed on page two of this packet. You will manage your roster from there.

CLASSIFICATIONS- Please refer to the NJSIM website ***njsiaa.org*** for the 2023 Spring Track & Field Classifications. Under **"Sports"** choose **Spring Track and Field.** The Classifications are listed under:

- Spring Track Classifications 2023-24

These NJ. Milesplit.com rosters will be used for Online Registration with the State Sectional, Group and MOC.
When managing your rosters remember the following:

a) Check the name spelling
b) Check the grade years
c) Report duplicate athletes to Robert.Kellert@Flosports.tv
d) Add any freshmen or newcomers you may need for entry
e) DO NOT DELETE NAMES!!! Every athlete has their own career profile where verified times and mark are kept.

Addition NOTE: Athletes without verified times by the online entry deadline will begiven NT (no-time) HOWEVER, those athletes will NOT displace ANY downloaded verified seeds from MileSplit regardless of time.

Coaches will be permitted to enter up to 6 athletes per *event---HOWEVER---only* 3 of those 6 entered in that event will be eligible to compete. This will permit for greater flexibility for the coaches the day of the meet.

Reminder: An entry is NOT a competitor. Once the athlete checks in, **then** he/she is a competitor.

MileSplit/NJSIAA Onboarding Quick Start Guide

Onboarding onto MileSplit can be easily accomplished in three quick and easy steps. Claiming your team, updating your roster, and having your athletes claim their profiles.

Claiming Team

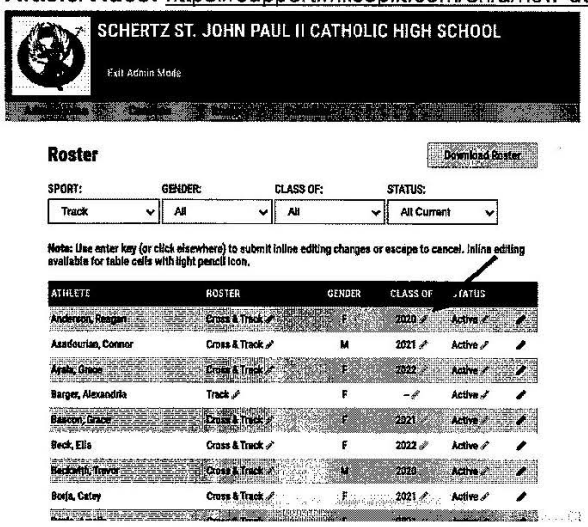
1. If you do not already have an account, create a free one at https://nj.milesplit.com/register
2. Once your account is created go to https://nj.milesplit.com/teams
3. Find your team on the list, click on it, and click the claim team button.

Helpful Article/Video: https://support.milesplit.com/en/a/how-do-i-claim-my-team

Updating Your Roster

Update your roster to reflect this year's list of athletes. I.e. Update grad years so that athletes have graduated are removed from your active roster, change their status to inactive if they quit the team, moved away, etc.

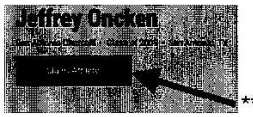
Article/Video: https://support.milesplit.com/en/a/how-do-i-edit-my-teams-roster



Athlete Onboarding

Provide athletes the following instructions.

1. Create a login on MileSplit by going to https://nj.milesplit.com/register
2. Search for your athlete profile by clicking search in the upper right corner.
3. Type your first/last name and click on your athlete profile.
4. Click the "Claim Profile" button.



***If you need any further assistance, please contact registration@milesplit.com*