

**DISCLAIMER: The NJSIAA HAS THE RIGHT TO AMEND, MODIFY, ADJUST OR REVISE THE CONTENTS AND DATES/TIMES POSTED IN THIS DOCUMENT.**

This cover page of the Rules & Regulations has critical dates and points of emphasis.

**Dates: *NO PAPER ENTRIES! Everything is online via MILESPLIT.*** – MILESPLIT opens on April 27, 2025.

- 1) **Non-Public Coaches** Claim your team no later than midnight, May 25 on nj.milesplit.com.  
**By Midnight, May 25** the following **MUST** be submitted to nj.milesplit.com.  
**Roster, Team Entry and Seeds.**
- 2) **Public School** Coaches claim your team no later than midnight, May 11 on nj.milesplit.com  
**By Midnight, May 11, the following must be submitted to nj.milesplit.com.**  
**Roster, Team Entry and Seeds**

**\*\*\* New this year- Public Schools- you will be able to update your entry no later than May 14, 2025 at 12:00 PM and Non-Public schools will be able to update your entry no later than May 28, 2024 at 12:00 PM. Any individual entry change after the deadline will be unseeded. Any teams who miss this deadline and wish to make a late TEAM entry will be assessed a \$150 LATE ENTRY FEE. \*\*\***

#### **ENTRY PROCEDURE!!!**

You must now claim your team on nj.milesplit.com, as listed on page two of this packet. You will manage your roster from there.

**CLASSIFICATIONS-** Please refer to the NJSIM website [njsiaa.org](http://njsiaa.org) for the 2025 Outdoor Track & Field Classifications. Under "**Sports**" choose **Outdoor Track and Field**. The Classifications are listed under:

- Outdoor Track Classifications 2024-25

These NJ. Milesplit.com rosters will be used for Online Registration with the State Sectional, Group and MOC.

When managing your rosters remember the following:

- a) Check the name spelling
- b) Check the grade years
- c) Report duplicate athletes to Robert.Kellert@Flosports.tv
- d) Add any freshmen or newcomers you may need for entry
- e) **DO NOT DELETE NAMES!!!** Every athlete has their own career profile where verified times and mark are kept.

**Addition NOTE:** Athletes without verified times by the online entry deadline will be given NT (no-time) **HOWEVER**, those athletes will **NOT** displace ANY downloaded verified seeds from MileSplit regardless of time.

Coaches will be permitted to enter up to 6 athletes per *event*---**HOWEVER**---*only* 3 of those 6 entered in that event will be eligible to compete. This will permit for greater flexibility for the coaches the day of the meet.

**Reminder:** An entry is **NOT** a competitor. Once the athlete checks in, **then** he/she is a competitor.



# MileSplit NJ

## MileSplit/NJSIAA Onboarding Quick Start Guide

Onboarding onto MileSplit can be easily accomplished in three quick and easy steps. Claiming your team, updating your roster, and having your athletes claim their profiles.

### Claiming Team

1. If you do not already have an account, create a free one at <https://nj.milesplit.com/register>
2. Once your account is created go to <https://nj.milesplit.com/teams>
3. Find your team on the list, click on it, and click the claim team button.

**Helpful Article/Video:** <https://support.milesplit.com/en/a/how-do-i-claim-my-team>

### Updating Your Roster

Update your roster to reflect this year's list of athletes. I.e. Update grad years so that athletes have graduated are removed from your active roster, change their status to inactive if they quit the team, moved away, etc.

**Article/Video:** <https://support.milesplit.com/en/a/how-do-i-edit-my-teams-roster>



### Roster

Download Roster

SPORT: Track GENDER: All CLASS OF: All STATUS: All Current

Note: Use enter key (or click elsewhere) to submit inline editing changes or escape to cancel. Inline editing available for table cells with light pencil icon.

ATHLETE	ROSTER	GENDER	CLASS OF	STATUS
Anderson, Reagan	Cross & Track	F	2020	Active
Azadpour, Connor	Cross & Track	M	2021	Active
Araba, Grace	Cross & Track	F	2022	Active
Barger, Alexandria	Track	F	-	Active
Blacon, Grace	Cross & Track	F	2021	Active
Beck, Ellis	Cross & Track	F	2022	Active
Best, Taylor	Cross & Track	M	2020	Active
Boyle, Casey	Cross & Track	F	2021	Active

### Athlete Onboarding

Provide athletes the following instructions.

1. Create a login on MileSplit by going to <https://nj.milesplit.com/register>
2. Search for your athlete profile by clicking search in the upper right corner.
3. Type your first/last name and click on your athlete profile.
4. Click the "Claim Profile" button.



\*\*\*If you need any further assistance, please contact [registration@milesplit.com](mailto:registration@milesplit.com)