



# Montgomery Township Schools

## Department of Athletics

1016 Route 601 ~ Skillman, NJ 08558

Phone 609-466-7602 x5 ~ Fax 609-466-7696



### 2023 Cougar 11 Dive Invitational

(State Qualifying Meet)

<b>Date:</b>	Wednesday, February 1 <sup>st</sup> 2023
<b>Site:</b>	Montgomery High School
<b>Times:</b>	3:00pm Check-In & Registration 3:30pm Warm-Ups 4:45/5:00pm Competition* * Depending on the number of entries, the events may be run separately. The boys' competition will start 30-45 minutes following the girls' competition. There will be 30 minutes of warm-up time for the boys following the girls' event.
<b>Meet Director:</b>	Jackie Ware, Diving Coach, Montgomery H.S. Cathy Mallon, Volunteer Diving Coach, Montgomery H.S.
<b>Site Director:</b>	Kris Grundy, Director of Athletics, Montgomery H.S.
<b>Entry Fee:</b>	\$100 Per Diver - Make checks payable to Montgomery Athletic Booster Club
<b>Entries:</b>	Unlimited Entries
<b>Awards:</b>	Medals to 1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup> Places (separate for boys and girls)

#### Entry Procedure

Diving Sheets & Entry Form must be emailed to [jware@mtsd.us](mailto:jware@mtsd.us) or faxed to 609-466-7696 by 12:00pm on Thursday, January 26th. The meet will be run electronically, eDive online entry to minimize errors is required, and you may fax or email the entry form(s).

*As per NJSIAA regulations, each athlete must be accompanied by a school sponsored coach or chaperone. Only coaches listed on the entry form will be allowed deck access.*

#### Meet Format and Requirements:

There is **NO MINIMUM DD** (Degree of Difficulty) for this meet. *HOWEVER*, divers trying to qualify for State Championships **MUST** meet the state required minimum of 12.3 on the 6 optional dives.

- Divers must perform a total of Eleven (11) dives.
  - Follows NJSIAA State Meet Format for the Preliminaries, Semifinals and Finals.
  - 5 required dives from 5 categories (9.0 maximum).
  - 6 optional dives from 5 categories. A group may not be repeated until the finals (last 3 dives).
  - All 5 groups must be represented in the first 8 rounds. (Forward, back, reverse, inward, twist).
  - Each dive must have a different dive number (101A, etc.). **\*\*Please use the letters: A=Straight, B=Pike, C=Tuck, D=Free with the dive number (not T, P, S or F).\*\***
  - Please list T, P, S or F in the "Pos" column on the dive sheet (not A, B, C or D).
  - Please circle the Voluntary Dive Numbers.
- Please use the Cougar Invitational Dive Sheet provided in the email.
- 2020 State Championship Qualifying score: 228 pts for girls and boys. Again, **divers trying to qualify for State Championships need to fulfill the 11.9 minimum degree of difficulty requirement for the 6 optionals in addition to the above format/requirements.**
- Dive Sheet changes deadline: **30 minutes prior** to the event start time to be checked by the officials.

If you have any questions regarding the meet please contact Jackie Ware ([jware@mtsd.us](mailto:jware@mtsd.us)), or Cathy Mallon ([catmallon@live.com](mailto:catmallon@live.com)) – MHS Dive Coaches



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**2023 Cougar 11 Dive Invitational**  
*(This is a State Qualifying Meet)*

*Girls Entry Form*

School:	
School Phone:	
Coach/Board Approved School Rep:	
Coach's Cell Phone:	Coach's Email:
Athletic Director:	AD's Email:

<b>Girls Entries</b>	<b>Qualifying for States? (✓)</b>
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

**Please forward payment ASAP**

Please complete and return by noon Thursday January 26th to  
[jware@mtsd.us](mailto:jware@mtsd.us) or fax to 609-466-7696.



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**2023 Cougar 11 Dive Invitational**  
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*Boys Entry Form*

School:	
School Phone:	
Coach/Board Approved School Rep:	
Coach's Cell Phone:	Coach's Email:
Athletic Director:	AD's Email:

Boys Entries	Qualifying for States? (✓)
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

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## eDive Online Entry Process

To enter divers into the meet, follow the link: <https://www.edive.info/emailentries.aspx>

1. Scroll down and enter your information (Name, email, team...)
2. My email address: jware@mtsd.us
3. Enter Meet Name: MHS 11 Dive Invitational 2/1 (enter it exactly as you see it)
4. Enter Event Name:
  - (Enter one of the following :)
  - 1. High School Boys 11 Dive
  - 2. High School Girls 11 Dive
  - (note: you will have to repeat the process for each event)
5. Click the "**Next Step**" blue box
6. Enter Diver Information: First Name, Last Name
7. Enter diver's first dive
  - Click on "**Voluntary**" for this dive only!
8. Enter the rest of the dives
9. Click on "**Add This Diver**" green box
  - Repeat process for each Diver from step 6 on until finished with the gender.
  - After the last diver is added, scroll down and check entries.
10. If complete, click "**Send My Entries**" blue box.
11. REPEAT FROM STEP 1 (or 2) FOR THE OTHER EVENT(S)

Note:

The link can be found at the bottom of the eDive home page at: [www.edive.info](http://www.edive.info) , under "Resources."