



2022-23 NJSIAA Girls Individual Wrestling Tournament

Member schools will not be eligible to participate in any NJSIAA Tournaments if it has violated the NJSIAA Constitution, Bylaws, Rules, Regulations, Guidelines, Policies, and Procedures.

The NJSIAA reserves the right to adjust, change or cancel dates, times, and locations for all NJSIAA State tournaments. Schools entering the tournament will not be granted a change of date/time due to any conflicts with school trips, proms, banquets, SATs, graduation, and the like.

Member schools that are not willing or able to comply with these tournament regulations and all procedures found in the tournament operating procedures handbook should not enter the tournament.

Coaches must have a copy of these regulations as well as a copy of rule Modifications (if any) for this tournament available at all contests. Copies of these documents are also available on the NJSIAA website.

The NFHS wrestling rules along with any NJSIAA wrestling rule modifications will govern this tournament.

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New for the 2022 – 2023 State Tournament:

1. **Thursday, February 9, 2023** – Deadline to determine whether the student-athlete is participating in the boys' district tournament or the girls' region tournament.
2. There will be 3 girls' regions – North, Central & South.
3. Girls' Region seeding will be Tuesday, February 14, 2023.
4. Girls' State seeding will be Tuesday, February 21, 2023.

Important Dates

Event	Dates	
Weight Certification Begins	November 1, 2022	
Tryout Period	November 21 - 23, 2022	
First Practice	November 28, 2022	
First Scrimmage	December 5, 2022	
Opening Day	December 15, 2022	
Post-Season Transfer by Date	December 15, 2022	
Two Pound Growth Allowance	January 14, 2023	
Transfer Sit Eligibility	January 14, 2023	
Tournament Entry Period (Team)	January 17 – 26, 2023	
Team Tournament Cutoff	January 28, 2023	
Entry Info Due (by 12:00pm)	January 29, 2023	
Team Tournament Seeding	January 31, 2023	
30 Match Limit Cutoff (Boys)	February 4, 2023	
Tournament Determination Deadline (Girls)	February 9, 2023	
30 Match Limit Cutoff (Girls)	February 12, 2023	
Regular Season Competition Ends	February 12, 2023	
Region Seeding (Girls)	February 14, 2023	
District Seeding (Boys)	February 16, 2023	
Region Seeding (Boys)	February 20 or 21, 2023	
Individual State Seeding (Girls)	February 21, 2023	
Individual State Seeding (Boys)	February 28, 2023	
Post-Season Meeting	TBD	
Boys Public Team Tournament	Dates	Location
Rounds 1 & 2	February 6, 2023	Seeds #1 & #2 will Host
Sectional Finals	February 8, 2023	Higher Seed
State Semifinals	February 10, 2023	Higher Seed
State Finals	February 12, 2023	Rutgers University
Boys Non-Public Team Tournament		
Rounds 1 & 2	February 7, 2023	Seeds #1 & #2 will Host
State Semifinals	February 9, 2023	Higher Seed
State Finals	February 12, 2023	Rutgers University
Boys Individual Tournament	Dates	Location
Districts (Boys)	February 18, 2023	TBA
Regions (Boys)	February 24 & 25, 2023	TBA
Individual Championships (Boys)	March 2, 3, & 4, 2023	Boardwalk Hall
Girls Individual Tournament	Dates	Location
Regions (North)	February 19, 2023	Vernon H.S.
Regions (Central)	February 19, 2023	Union H.S.
Regions (South)	February 19, 2023	Williamstown H.S.
State Championships	February 26, 2023	Phillipsburg H.S.

All dates and sites are subject to change at the discretion of the NJSIAA staff.

REGION TOURNAMENT

To qualify for the Region Tournament

1. Any member school sponsoring a girl's wrestling team will be permitted to enter the Region Championships.
2. All Independent wrestlers from member schools that do not compete on an interscholastic basis are eligible to enter the Region Championships.
3. Any player with two (2) or more disqualifications in the current season, before the start of the tournament, will be unable to compete in the state tournament.
4. Any varsity team accumulating three (3) or more player or coach disqualifications before the start of the tournament will not be permitted to participate in the state tournament. Seeded teams will forfeit their right to compete if a disqualification limit is reached before the start of the tournament for the team.

Region Entry Procedure

1. All varsity schedules & rosters must be entered in www.njschoolsports.com by the start of the season. Rosters must be checked and updated, if necessary, by the start of the tournament. We cannot guarantee any roster changes made after the start of the tournament will make it into the tournament program. If you encounter problems, please contact hssupport@njadvancemedia.com.
2. Girls must choose to participate in the boys' districts or girls' regions by February 9, 2023. Girls choosing to enter the Girls' Region Tournament will not be eligible to participate in the Boys' District Tournament
3. All girl wrestlers must compete in the girls' Regions to qualify for the Girls State Championships.
4. Each school may enter only one wrestler per weight class.
5. A wrestler is permitted to wrestle in any weight class (within NFHS Wrestling Rules Book & NJSIAA Rules and Regulations), providing their name was entered on the track wrestling seeding registration site.
6. A contestant shall weigh-in for only one (1) weight class during the weigh-in period. The weight class must be declared by the end of the weight class weigh-in period
7. The wrestler's descent plan must allow participation at the chosen weight class.
8. Coaches MUST enter their wrestlers for the Regions via the trackwrestling program by the date listed above.

Entry Fee

1. \$16.00 per wrestler that weighs in at the districts regardless of whether they compete or not.
2. Make payments payable to the NJSIAA (Please note Wrestling Tournament).
3. Forward all entry fees to the NJSIAA, 1161 Route 130 North, Robbinsville, NJ 08691
4. DO NOT use certified mail

Region Tournament Rules & Information

1. The Girl's Region Tournament is a one (1) day, qualifying tournament.
2. The tournament is held at ~~three (3)~~ **four (4)** locations – North **I**, **North II**, Central and South.
3. The regions will be assigned based on each school's northing numbers.
4. The 1st, 2nd & 3rd ~~& 4th~~ place finishers in each weight class in each Region will advance to the State Championships.
5. The girls' weight classes for the tournament will be:
 - 102-109-116-122-128-134-140-147-154-167-187-237.
 - These weight classes include the two-pound growth allowance from the original weight classes at the start of the season.
6. The weight class order will be 102 to 237. A random draw may be used for the final matches only (per NFHS Rule 5-21.1).
7. Weighmasters will be assigned to each Region by the state assignor.
8. There is no weigh-in form needed.
9. A contestant shall weigh-in for only one weight class during the weigh-in period. The individual's descent plan must allow participation in the chosen weight class.
10. All weigh-ins will start 1.5 hours before the scheduled start time.
11. Wrestlers receiving a forfeit must weigh-in and step on the mat for that round. Failure to do so eliminates a wrestler from the tournament and/or further competition.

12. The actual weight of each contestant must be recorded by the weighmaster or designee on this sheet. Proper signatures must be recorded.
13. All schools entered in the tournament will be held responsible for the conduct of their coaching staff and all other school personnel. Member schools cannot expect the NJSIAA to assume responsibility for improper conduct at tournament events.
14. The site manager and/or the official, have the authority to address and correct any action of intimidation unethical, or unsportsmanlike conduct.
15. When severe weather conditions or other unforeseen circumstances necessitate postponement, the site manager will make the final decision and should have an outlined procedure to inform potential opponents, media, nj.com at hssupport@njadvancemedia.com, working personnel, assigned officials, the NJSIAA, and the tournament director.

Region Tournament Seeding Information

1. The seeding meeting will be conducted on the date listed above.
2. There will only be one seeding meeting.
3. The goal of the seeding committee is to:
 - a. To ensure that the criteria for seeding is correctly followed
 - b. Seed the best 8 wrestlers
 - c. Draw for position for the remainder
4. Seeding should reduce the possibility of having the two best wrestlers meet in the early rounds. Theoretically, they should meet in the final, after having the four best wrestlers meet in the semifinals. The quality of wrestling should improve as the tournament advances.
5. Highest ethics should prevail. Attempts to place an "unproven" wrestler in an advantageous position to gain additional team points, or to reduce a "stronger" team's chance of attaining more team points are looked upon as self-serving. Using the seeding meeting to determine where you are going to wrestle your student/athletes causing a re-seeding the day of the tournament is another practice that must be discouraged.
6. The seeding will be conducted by a "Seeding Committee"
 - a. The Committee will be composed of the Regional Tournament Director, or designated Seeding Chairperson, (who will break any tie votes), and four appointed seeding committee representatives from each region.
 - b. The Committee will be using the past advancements in the previous state tournaments, Head-to-Head Completion, and Wild Card Discussions to seed the regions through the first 8 seeds. All other placements will be drawn.
7. The top eight (8) wrestlers will be seeded. All other seeds will be drawn
8. Wrestle backs Procedure:
 - a. Wrestle backs will begin with the pre-quarter finals
 - b. Wrestlers will wrestle back to 3rd through 6th place in the regions.

Region Tournament Pre-Seeding Criteria

1. Own Merit in a Previous Tournament – this level or better
 - a. Higher replacement(s) or further advancements(s) in wrestle backs will earn the better pre-seed.
 - b. Greater number of appearances – with the most recent advancement receiving preference.
NOTE: All wrestlers get credit for being here, minimum advancement if out
2. Defeated a seeded wrestler(s) – in this weight class during this season
NOTE: The better the pre-seed the better the victory. Use other victories using this criterion, if needed.
Wins vs. multiple opponents with the same criteria is better than beating the same opponent twice
3. Defeated any state tournament participant(s) from a previous year during this season.
NOTE: The better the pre-seed the better the victory. Use other victories using this criterion, if needed.
Wins vs. multiple opponents with the same criteria is better than beating the same opponent twice.
4. Wild Card

Region Tournament Final Seeding

1. Head-to-head competition this season.
 - a. First Step - eliminate round-robin set of losses between 3 or more wrestlers. Might have to use loss twice to satisfy multiple round robins. $A > B > C > A$ or $A > B > C > D > A$.
 - b. Next start with the best pre-seed and work down. Discuss every head-to-head match, with the best challenge, heard first. Continue until all losses are satisfied and vote only with extenuating circumstances.
 - Majority of victories receives preference. Split decisions will be decided with the later win receiving preference
 - c. The vote will result in the challenger moving ahead of the higher, pre-seeded wrestler, moving the remaining wrestlers down, OR to remain in the pre-seed placement.
2. Wild Card
3. Unfair Seeds - Where it can be substantiated that an unfair seed has occurred, the tournament director must email the NJSIAA Tournament Director by 12:00 Noon, Thursday to have the matter presented to the State Tournament Committee of the seeding meeting with this committee's ruling final.
4. Replacement - Any wrestler named at the seeding meeting that cannot wrestle in that weight class, for any reason, can be replaced prior to the conclusion of that weight class's weigh-in by an "eligible" replacement. A re-seed must occur using the same initial region seeding procedure. If the replacement does not qualify for one of the top 8 seeds, they will be placed in the vacated position of the withdrawn wrestler.
5. Forfeiture - Occurs after the initial weigh-in period and a subsequent reseeding meeting is over. If a wrestler successfully weighs in and subsequently does not appear on the mat to wrestle, a forfeit will be declared. Any forfeiture for not appearing on the mat eliminates that wrestler from the tournament unless as provided for in NFHS Wrestling Rules Book. Failure to provide the Tournament Committee with an acceptable reason for default or forfeit could result in Executive Committee action.

Officials Regional Assignments & Payment

1. The NJSIAA State Assignor will assign all officials for the districts.
2. Officials will alternate as the bout official and the assistant official for each match.
3. Weighmasters will be assigned by the NJSIAA.
4. All officials for this round will be paid via ZebraPay.

Athletic Trainers Regional Assignments & Payment

1. The host school will assign all Athletic Trainers & Blood Personnel.
2. Two Athletic Trainers and two blood personnel will be assigned
3. The NJSIAA will pay all Athletic Trainers & Blood Personnel.

Awards for Regionals

1. NJSIAA - The top three (3) place winners in each weight class will receive a medal.
2. NJ Wrestling Coaches Association (NJWCA) Award - Region Most Outstanding Wrestler

STATE INDIVIDUAL CHAMPIONSHIPS

State Individual Championships Rules & Information

1. The state championships will be a one (1) day Tournament.
2. The 1st, 2nd, 3rd, & 4th place finishers in each weight class from each Region advanced to the State Championships.
3. There are twelve (12) wrestlers per weight class in the State Individual Championships.
4. There will be wrestle-backs to third place and the final eight (8) wrestlers will receive medals.
5. Championship Schedule: **(Subject to Change)**
 - a. Weight Check – 7:00am
 - b. Weigh-ins – 7:30am
 - c. Wrestling Starts – 9:00am (Continuous Wrestling)
 - d. Finals - 5:00pm (Finals will not begin before 5:00pm)
6. Weigh-in Procedures:
 - a. Weigh-ins for each weight class will be in alphabetical order.
 - b. The girls' weight classes for the tournament will be:
 - i 102-109-116-122-128-134-140-147-154-167-187-237.
 - ii These weight classes include the two-pound growth allowance from the original weight classes at the start of the season.
 - c. The weight class order will be 102 to 237. A random draw may be used for the final matches only (per NFHS Rule 5-21.1).
 - d. Weighmaster will be assigned by the NJSIAA state assignor.
 - e. There is no weigh-in form needed.
7. All schools entered in the individual tournament will be held responsible for the conduct of their coaching staff and all other school personnel. Member schools cannot expect the NJSIAA to assume responsibility for improper conduct at tournament events.
8. The tournament director and/or the official have the authority to address and correct any action of intimidation, unethical, or unsportsmanlike conduct.
9. When severe weather conditions or other unforeseen circumstances necessitate postponement, the tournament director will make the final decision and will inform potential opponents, media, nj.com at hssupport@njadvancemedia.com, working personnel, assigned officials, the NJSIAA, and the tournament director.

State Individual Championships Seeding Information

1. The committee is Chaired by the Tournament Director or his designated seeding chairperson who will break any tie votes, his designated Seeding Chairperson, and two (2) appointed representatives from each Region.
2. The seeding meeting will take place at the NJSIAA office in Robbinsville, NJ.
3. Goal of the seeding meeting:
 - a. Separate the best wrestlers
 - b. Pre-seed, head-to-head movement, and seed all place winners (1st-4th) from each region.

State Individual Championship Pre-Seeding Criteria

1. Wrestlers own merit in a previous tournament – this level or better
 - a. Higher replacement(s) or further advancements(s) in wrestle backs will earn the better pre-seed.
 - b. Greater number of appearances – with the most recent advancement receiving preference.
 - NOTE: All wrestlers get credit for being here, minimum advancement if out
2. Defeated a seeded wrestler(s) – in this weight class during this season.
 - NOTE: Better the defeated wrestler's advancement the higher the pre-seed. Use other victories using the criterion if needed. Wins vs. multiple opponents with the same criteria is better than beating the same opponent twice

3. Defeated any tournament participant(s) from a previous year during this season.
 - NOTE: The better the defeated wrestler's advancement the higher the pre-seed. Use other victories using the criterion if needed. Wins vs. multiple opponents with the same criteria is better than beating the same opponent twice.
4. Wildcard discussion, if tied, discuss and vote

State Individual Championship Final Seeding

1. Head-to-head competition this season.
 - a. First Step - eliminate round-robin set of losses between 3 or more wrestlers. Might have to use loss twice to satisfy multiple round robins. A>B>C>A or A>B>C>D>A.
 - b. Next start with the best pre-seed and work down. Discuss every head-to-head match, with the best challenge, heard first. Continue until all losses are satisfied and vote only with extenuating circumstances.
 - Majority of victories receives preference. Split decisions will be decided with the later win receiving preference.
 - c. The vote will result in the challenger moving ahead of the higher, pre-seeded wrestler, moving the remaining wrestlers down, OR to remain in the pre-seed placement.
2. Replacement - Any wrestler named at the seeding meeting that cannot wrestle in that weight class, for any reason, can be replaced prior to the conclusion of that weight class's weigh-in by an "eligible" replacement. A re-seed must occur using the same initial region seeding procedure. If the replacement does not qualify for one of the top 8 seeds, they will be placed in the vacated position of the withdrawn wrestler.
3. Forfeiture - Occurs after the initial weigh-in period and a subsequent reseeding meeting is over. If a wrestler successfully weighs in and subsequently does not appear on the mat to wrestle, a forfeit will be declared. Any forfeiture for not appearing on the mat eliminates that wrestler from the tournament unless as provided for in NFHS Wrestling Rules Book. Failure to provide the Tournament Committee with an acceptable reason for default or forfeit could result in Executive Committee action.
4. Re-seeding - All appeals must be made by 12:00pm Thursday, February 23, 2023. A re-seed/re-draw of wrestlers will occur before this time.
 - a. If a wrestler is out of the tournament for any reason prior to 6:00 pm Saturday, a reseed will occur.
 - b. Any replacement will necessitate that Region treat their four (4) remaining wrestlers as 1st (best remaining) 2nd (next best remaining) 3rd and 4th best remaining for reseeding purposes.
 - c. If the 5th or 6th place Region finisher cannot replace an injured/withdrawn wrestler, then a walkover (forfeit) in that spot will occur.
5. Failure to make weight class at the State Championships:
 - a. A re-seed WILL NOT occur after the initial weigh-in.
 - b. If there is a legal replacement from that Region, the replacement will occupy the spot of the withdrawn wrestler.
 - c. If there is no replacement, then a walkover will occur in the first round.

Officials State Championship Assignments & Payment

1. The NJSIAA State Assignor will assign all officials for the districts.
2. Officials will alternate as the bout official and the assistant official for each match.
3. All officials for this round will be paid via ZebraPay.

Athletic Trainers State Championship Assignments & Payment

1. The tournament director will assign all Athletic Trainers & Blood Personnel.
2. The NJSIAA will pay all Athletic Trainers & Blood Personnel.

Awards for the State Championships

1. NJSIAA Awards – The top eight (8) place winners in each weight class will receive a medal.
2. NJ Wrestling Coaches Association (NJWCA) Award – Most Outstanding Wrestler