

NJSIAA WRESTLING REGION/DISTRICT ALIGNMENT 2022-2023

REGION 1 - WEST MILFORD			
District 1	District 2	District 3	District 4
Cresskill	Glen Rock	Dumont	Butler
Don Bosco Prep	Indian Hills	Hawthorne	Jefferson Township
Emerson/Park Ridge	Northern Highlands	Lakeland Regional	Kinnelon
High Point	NV - Demarest	Mahwah	Kittatinny
New Milford	NV - Old Tappan	Newton	Manchester Regional
Pascack Hills	Ramapo	Pequannock	North Warren
Pascack Valley	Ramsey	Pope John XXIII	Pompton Lakes
River Dell	Ridgewood	Sparta	Vernon Township
Tenafly	St. Joe - Montvale	West Milford	Wallkill Valley
Waldwick-Midland Park	Westwood		Wayne Hills
REGION 2 - MOUNT OLIVE			
District 5	District 6	District 7	District 8
Bergen Catholic	Bergenfield	Boonton	Depaul
Bogota/Ridgefield Park	Eastside (Paterson)	Montville	Dover
Clifton	Hackensack	Morris Hills	Fair Lawn
Dwight Morrow	Kennedy (Paterson)	Morris Knolls	Hasbrouck Heights
Elmwood Park	Leonia/Palisades Park	Mountain Lakes	Hopatcong
Fort Lee	Paramus Catholic	Parsippany	Lenape Valley
Garfield	Passaic County Tech	Parsippany Hills	Lodi
Passaic	Passaic Valley	Roxbury	Mt. Olive
Wayne Valley	Teaneck		Paramus
	West Essex		Saddle Brook
REGION 3 - WEST ORANGE			
DISTRICT 9	DISTRICT 10	DISTRICT 11	DISTRICT 12
Belleville	Belvidere	Barringer	Becton/Wood-Ridge
Bloomfield	Columbia	Livingston	Caldwell
Cedar Grove	Glen Ridge	Lyndhurst/No. Arlington	East Orange
Cliffside Park/Ridgefield Memorial	Hacketstown	Morristown	Madison
Delbarton	Hanover Park	Newark Academy	Montclair
Hoboken	Phillipsburg	Seton Hall Prep	North Bergen
Kearny	Rutherford	Weehawken	Randolph
Nutley	St. Mary's Rutherford	West Morris Central	Secaucus
Orange	Verona	West Orange	Warren Hills
Union City	Whippany Park		West Morris Mendham
REGION 4 - UNION			
District 13	District 14	District 15	District 16
Abraham Clark (Roselle)	Bound Brook	Bernards	AL Johnson
Cranford	Brearley/Dayton	Bridgewater-Raritan	Bayonne
Elizabeth	East Side (Newark)	Colonia	Carteret
Irvington	Hillside	Delaware Valley	JP Stevens
Kennedy (Iselin)	North Plainfield	Governor Livingston	Linden
Millburn	Plainfield	Pingry	Newark Collegiate
New Providence	Ridge	Scotch Plains - Fanwood	Somerville
North Hunterdon	Roselle Park	Summit/Chatham	St. Peters Prep
Rahway	South Plainfield	Watchung Hills	St. Thomas Aquinas
Voorhees	Union	Weequahic	Westfield

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REGION 5 - FRANKLIN			
District 17	District 18	District 19	District 20
Franklin	East Brunswick	Edison	Highland Park
Hillsborough	Holmdel	Marlboro	Keansburg
Hunterdon Central	Hopewell Valley	Metuchen	Keyport/Hudson
Manville	Manalapan	Middlesex/Dunellen	Matawan
Montgomery	New Brunswick	Old Bridge	Middletown North
Princeton	North Brunswick	Piscataway	Middletown South
Rutger Prep	South Brunswick	Rumson Fair Haven	Perth Amboy
Sayreville	South River	St. Joe - Metuchen	Raritan
St. John Vianney	Spotswood	Woodbridge	Red Bank Catholic
West Windsor Plainsboro North			Red Bank Regional
REGION 6 - JACKSON LIBERTY			
District 21	District 22	District 23	District 24
Christian Brothers Academy	Allentown	Asbury Park	Burlington City
Hamilton East (Steinert)	Bordentown/Florence	Brick Memorial	Ewing
Hamilton West	Colts Neck	Brick Township	Hamilton North (Nottingham)
Jackson Liberty	Freehold Boro	Freehold Township	Hightstown
Lakewood	Howell	Long Branch	Jackson Memorial
Manasquan	New Egypt	Monmouth Regional	Lawrence
Ocean Township	Robbinsville	Neptune	Monroe
Point Pleasant Boro	Trenton Central	Point Pleasant Beach	Northern Burlington
St. Rose	Wall	Shore Regional	Notre Dame
Toms River North			West Windsor Plainsboro South
REGION 7 - CHERRY HILL EAST			
District 25	District 26	District 27	District 28
BCIT	Cinnaminson	Camden Catholic	Audubon
Burlington Township	Delran	Cherokee	Camden
Central Regional	Highland Regional/Triton	Cherry Hill East	Collingswood
Donovan Catholic	Holy Cross	Cherry Hill West	Gloucester City
Lacey	Pemberton	Lenape	Haddon Township
Manchester Township	Rancocoas Valley	Maple Shade	Haddon Heights
Southern Regional	Riverside	Palmyra	Haddonfield
Toms River East	Seneca	Pennsauken	Moorestown
Toms River South	West Deptford	Shawnee	Paulsboro
	Willingboro		
REGION 8 - EGG HARBOR TOWNSHIP			
District 29	District 30	District 31	District 32
Clearview	Buena	Cedar Creek	Absegami
Deptford	Eastern	Clayton/Glassboro	Atlantic City
Gateway/Woodbury	Hammonton	Delsea	Barneget
Kingsway	Lindenwold	Holy Spirit	Egg Harbor Twp.
Paul VI	Overbrook	Middle Twp.	Lower Cape May
Pennsgrove	St. Joseph Academy	Millville	Mainland
Pitman	Timber Creek	Pennsville	Oakcrest
Salem	Washington Twp	Schalick/Cumberland	Ocean City
Sterling	Williamstown	Vineland	Pinelands
	Winslow	Woodstown	St Augustine