



2022-23 NJSIAA Boys & Girls Individual Swimming Tournament

Member schools will not be eligible to participate in any NJSIAA Tournaments if it has violated the NJSIAA Constitution, Bylaws, Rules, Regulations, Guidelines, Policies, and Procedures.

The NJSIAA reserves the right to adjust, change or cancel dates, times, and locations for all NJSIAA State tournaments. Schools entering the tournament will not be granted a change of date/time due to any conflicts with school trips, proms, banquets, SATs, graduation, and the like.

Member schools that are not willing or able to comply with these tournament regulations and all procedures found in the tournament operating procedures handbook should not enter the tournament.

Coaches must have a copy of these regulations as well as a copy of rule Modifications (if any) for this tournament available at all contests. Copies of these documents are also available on the NJSIAA website.

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New for This Year's State Tournament.

1. All USA Swimmers, please input your NEW 14-character hexadecimal US Swimmer ID with your entry. MOC results will be sent to the SWIMS database. We will no longer sign-up US Swimmers at the MOC contest.
2. Medals have been reduced across all sports. For the MOC only the top 8 places will receive medals.

Swimming Individual Tournament Dates

Event	Date	
First Practice:	November 21, 2022	
Post-Season Transfer By Date:	December 8, 2022	
Hy-Tek Individual Entries Open:	February 1, 2023	
Individual Cutoff:	February 14, 2023	
Hy-Tek Individual Entries Close (12:00pm):	February 15, 2023	
Deadline to update seed times (by 12:00pm):	February 23, 2023	
Deadline for wildcard entries (by 12:00pm):	February 23, 2023	
Individual Swimming Championships	Date	Location
Preliminaries (Girls/Boys):	March 4, 2023	GCIT
Warm-ups (Girls @ 9:00 / Boys @ 1:30)		
Start Times (Girls @ 10:00 / Boys @ 2:30)		
Finals (Girls/Boys):	March 5, 2023	GCIT
Warm-ups (Girls @ 9:00 / Boys @ 1:30)		
Start Times (Girls @ 10:00 / Boys @ 2:30)		

In the event of inclement weather, notice will be posted on the NJSIAA website: www.njsiaa.org

To Qualify for the Individual Tournament

1. A student attending a member school that competes in swimming on an interscholastic basis must swim as a member of their high school team in at least 50% of the school's total dual contests while they are eligible.
2. Individual swimmers must have attained the qualifying time for each event they are entering by the dates listed. Qualifying times must have been attained between Opening Day and the Individual Cutoff date listed.
3. All times entered must be verifiable. The contest committee reserves the right to disqualify swimmers from an event if the time cannot be verified. All Coaches should be prepared to provide such verification at the contest.
4. Girls who swim on member schools sponsoring only boys or co-ed swimming programs, and want to qualify for a relay, are required to swim as a relay team composed of four girls when attaining the qualifying time.
5. Individuals from member schools that do not compete on an interscholastic basis are eligible to qualify as individuals, provided that they have met the cut-off times as listed during the current interscholastic season.
6. All qualifying times must be in yards and submitted in yards.
7. Member schools entering individuals when the school does not have an interscholastic swim team, must provide a coach/chaperone to accompany the swimmer.
 - a. The coach/chaperone must be approved by the school district's board of education, headmaster, etc.
 - b. The school district must be able to certify the coach/chaperone was present at the required six (6) practices and will accompany the individual(s) to the championships.
 - c. The penalty for failure to comply will be the disqualification of the individual(s).
 - d. A properly appointed coach/chaperone will thereafter be subject to the rules and regulations regarding "Out-Of-Season Practices".

Entry Procedure

1. All schools must use Hy-Tek for entering individuals into events.
2. All Hy-Tex entries must be submitted via email to the entry coordinator and tournament director listed below.
3. Either Hy-Tek Team Manager or TM II Lite may be used. TM II Lite may be downloaded without charge from the following site: www.besmarttinc.com. Directions for use are also available on this site.
4. From the Team Manager, send the "individual contest entry report, by the name" and the "relay entry report". These reports can be Word documents!
5. E-mail entry should include the zip file from the Team Manager of your entries, as well as a recap of the number of individual entries and relay entries.
6. All Hy-Tek entries must be emailed to the entry coordinator by the date listed.
7. Please adhere to all due dates, we will not accept any entries after the dates listed.
8. Only updated seed times and wildcard entries will be accepted after the Individual entry deadline date.
9. The last date for wildcard entries and updating of seed times is up to and including the state semi-finals.
10. All USA Swimmers, please input your 14-character hexadecimal US Swimmer ID with your entry if you want the MOC results sent to the SWIMS database. We will no longer sign-up US Swimmers at the MOC.

All Hy-Tek entries must be submitted via email only to:

1. **Entry Coordinator, Ellen Mace at besmarttinc@gmail.com**
2. **Tournament Director, Paul Welsh at paul_welsh@gbtpa.com**

Updating Seed times

All individual swimmers from member schools that have qualified for the tournament and have submitted an entry by the deadline, may update their seedtime up to and including the state semi-final contests. All individual swimmers that have achieved a faster seed time must email the Entry Coordinator by 12:00pm the next day to: besmarttinc@gmail.com

Wildcard Qualifiers: Swimmers from member schools that did not qualify by the Individual Cutoff date, but their team is still competing in the state tournament can qualify during the team tournament. The online individual entry form must be completed and a Hy-Tek entry must be emailed to the Entry Coordinator by 12:00pm the next day following the contest which the time was achieved to: besmarttinc@gmail.com. The last date for wildcard entries is up to and including the state semi-finals.

2023 State Qualifying Times

Event	Girl's	Boy's
200 Yard Medley Relay	1:53.83	1:41.65
200 Yard Freestyle	1:57.85	1:47.53
200 Yard Individual Medley	2:12.15	1:59.90
50 Yard Freestyle	0:24.90	0:22.26
100 Yard Butterfly	0:59.26	0:53.32
100 Yard Freestyle	0:54.34	0:49.15
500 Yard Freestyle	5:15.41	4:51.30
200 Yard Freestyle Relay	1:43.48	1:32.39
100 Yard Backstroke	0:59.76	0:54.02
100 Yard Breaststroke	1:07.94	1:00.76
400 Yard Freestyle Relay	3:43.83	3:21.40
Diving (11 dives)	228	228

Carefully check the times of your entrants. Do not enter a swimmer whose time is not equal to or better than those listed above. This is a championship contest, and you must adhere to the cut-off times. Coaches should be prepared to certify the times of any entrant on the day of the contest. The contest committee reserves the

right to disqualify the school or swimmer when times cannot be certified for this event. This could also result in disqualification in the subsequent year. Additionally, a fine may be imposed on the coach or school.

Entry Fee

- \$16.00 for each individual event and \$25.00 for each relay.
- Payable to the NJSIAA (Please note Swimming Tournament).
- Forward all entry fees to the NJSIAA, 1161 Route 130 North, Robbinsville, New Jersey 08691

Tournament Rules & Information

1. A competitor shall be permitted to enter a maximum of four (4) events, no more than two (2) of which may be individual events.
2. Each team shall be permitted a maximum of four (4) entries in an individual event and one (1) team in a relay event.
3. Relay teams can submit up to four (4) alternates with your relay entries. Teams will not be permitted to substitute swimmers in a relay if they do not appear on the entry form.
4. All Scratches for the finals must be made within 30 minutes of event results being announced.
5. Coaches will be able to check in 30min before warm-up time. Coaches will need to be checked in no later than 15min before the start of the contest. No athlete will be permitted in the water until a coach or school-approved personnel are on site.
6. There will be no limit to the wristbands for the coaches as long as they are approved by the school and listed on the entry form. They must be coaches that have coached all year, you cannot add coaches for the state tournament unless approved by the contest director or the NJSIAA.
7. All coaches must check in with proper ID to receive their wristband. Coaches will no longer be permitted to pick up other coaches' wristbands.
8. Shaving in the locker room/shower area will not be permitted at the Gloucester County Institute of Technology
9. Lockers will be provided. Please bring a lock. Responsibility for personal belongings rests with the individual.
10. The NJSIAA, GLOUCESTER INSTITUTE OF TECHNOLOGY, shall in no way be liable for damages of any kind sustained in any manner in connection with the conduct of the Championships.
11. Only competitors who qualify and the school's personnel will be admitted at the competitors' entrance.
12. Exhibition events/swimmers are not permitted
13. Glass containers are prohibited in the pool/locker room areas
14. No changing permitted on deck.
15. State Individual records can be set with proper verification by Contest Referee, Head Judge, and Head Timer.
16. Individual championships will begin on time. No event will be held up for any swimmer for any reason. All events will have consolation and final heats.
17. Participation by an ineligible swimmer will result in forfeiture of all times and places achieved by the ineligible swimmer and the next finisher will advance in his/her place. Swimmers eliminated before the last event will not re-enter the championship competition.
18. All coaches/certified faculty members must be properly certified and appointed by the Board of Education/Heads of Schools. Tournament Directors will disqualify any contestant who is accompanied by someone in a coaching/supervisory capacity who is not appointed by the school district.
19. Coaches' wristbands will be issued, which will allow access to the deck area, for all coaches listed on the entry form. Children and guests of coaches will not be permitted on the deck area. Only female swimmers are permitted when the Girls Swim is being conducted and only male swimmers are permitted when the Boys Swim is being conducted.

Contest Restrictions

1. With the exception of the official NJSIAA banners, no signs, banners, or posters will be permitted to be hung in any manner in pool areas during the course of the NJSIAA championships.
2. Game Site Managers will be instructed to rigidly enforce these regulations.
3. Mechanical noisemakers and balloons are not permitted in the pool area as well.
4. No face paint is permitted on the pool deck.
5. Because of the indoor conditions, bands will not be admitted into the site.

6. Please inform swimmers that no food is allowed in the immediate pool area. You will be held responsible for their conduct. Please ask everyone to help keep the pool area, locker room area, and campus clean.

Championship Costs for Schools & Officials

The NJSIAA will incur all costs regarding the Meet of Champions.

All officials will be paid at the rates listed below:

Awards

1. The top eight (8) swimmers competing in the Individual State Championship Finals will be awarded medals.
2. Awards will be presented following each event. Participation by the top 8 is mandatory. Coaches' cooperation is essential.
3. For the awards ceremony, competitors must wear school apparel or apparel without logos.

NFHS Swimsuit Rules

This tournament will be conducted under NFHS rules and therefore will follow all NFHS swimsuit rules.

Swimsuit Transgender Clarification:

- Pursuant to NJ law and NJSIAA policy is that the student decides what swimsuit is appropriate. We permit the student to make the decision.
- NFHS Swim Rules-boys swim, we permit the Transgender Male to wear a men's suit, a women's suit, or a men's suit with covering (sports bra, etc.)
- Full bodysuits are not permitted.
- Long or short sleeve "rash guard" shirt is permitted.
- Transgender females may wear either.

Swimsuit Religious Clarification:

Swimmers are permitted to wear "compression shirts/Rash Guard" type apparel **under** their school uniform because of religious reasons, as long as the apparel is not designed to enhance the performance of the swimmer. Full-body suits are not permitted.