Basketball Regular Season Rules 2022-2023

Section 1 Rules National Federation edition of the Basketball Rules of the United States and Canada shall govern all NJSIAA games.

Section 2 Start of Practice Provided for in Program Regulations, Section 6.

Section 3 Start of Regular Schedule Provided in Program Regulations, Section 8.

Section 4 End of Season Provided for in Program Regulations, Section 10.

Section 5 Transfers A student who transfers after the NJSIAA Competition Start Date for each sport, regardless of whether the transfer was the result of a bona fide change of residence, shall be ineligible to participate in any post-season championship competition at the new school.

Section 6 Scrimmages There is no maximum limit to interschool scrimmages per week. However, a player may not scrimmage on three (3) consecutive days. From the start of the regular season until the end of the State Tournament, regular season interschool scrimmages count toward the maximum number of games allowed ~~(22)~~ (24) While a school is competing in the State Tournament, it may schedule with teams entered in the tournament one (1) scrimmage during any week in which it has only one (1) or two (2) games and two (2) scrimmages during any week in which there are no games. These scrimmages will not count in the total number of allowable games.

Section 7 Games Per Week Games may not be played on three (3) consecutive days.

Section 8 Maximum Games A member school may play twenty-four (24) regular scheduled games, plus one (1) tournament, plus the State Tournament, including regular season interschool scrimmages and postponed games from the start of the Regular Schedule to the end of the State Tournament.

Section 9 Quarters per Day A basketball player shall play no more than five (5) quarters during the same calendar day. This would include freshman, sophomore, junior varsity, and varsity competition.

   CL: Violations of this section result in ineligible participation and forfeiture of the game.