

# NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION

## Winter Sports 3-Year Quick Chart

All dates are tentative and subject to change by the NJSIAA

Posted 9/23/22 (Changes in **RED**)

2022-2023	First Practice	First Scrimmage	Competition Start**	Tournament Start	Max Contests	3 In a Row	Competition End***	Summer Period Starts / Ends
Bowling (Boys/Girls)	Nov 21	Nov 21	Dec 5	<b>Feb 9 / Feb 18</b>	No Max	YES	Mar 5	<b>June 12/Aug 31</b>
Ice Hockey (Boys/Girls)	Nov 21	Nov 29	Dec 8	<b>Feb 16/ Feb 20</b>	22	NO	Mar 5	<b>June 12/Aug 31</b>
Swimming (Team/Individuals)	Nov 21	Nov 29	Dec 8	<b>Feb 7 / Mar 4</b>	16	NO	Mar 5	<b>June 12/Aug 31</b>
*Skiing	Nov 28	Dec 5	Dec 15	<b>Feb 25</b>	15	YES	Mar 5	<b>June 12/Aug 31</b>
*Basketball (P/NP)	Nov 28	Dec 5	Dec 15	<b>Feb 20 / Feb 22</b>	24	NO	Mar 5	<b>June 12/Aug 31</b>
*Fencing (D1&2/D3&4/D5&6)	Nov 28	Dec 5	Dec 15	<b>Jan 22/Feb 5/Feb 12</b>	16	YES	Mar 5	<b>June 12/Aug 31</b>
*Track (Relays/P/NP)	Nov 28	Dec 5	Dec 15	<b>Jan 11/Feb 3/Feb 17</b>	14	NO	Mar 5	<b>June 12/Aug 31</b>
*Wrestling (P/NP/Districts)	Nov 28	Dec 5	Dec 15	<b>Feb 6/Feb 7/Feb 18 Girls (Reg.) Feb 19</b>	30 Per Wrestler	YES	Feb 12	<b>June 12/Aug 31</b>
2023-2024	First Practice	First Scrimmage	Competition Start	Tournament Start	Max Contests	3 In a Row	Competition End***	Summer Period Starts / Ends
Bowling (Boys/Girls)	Nov 20	Nov 20	Dec 4	<b>Feb 17 / Feb 10</b>	No Max	YES	Mar 3	<b>June 10/Aug 31</b>
Ice Hockey (Boys/Girls)	Nov 20	Nov 28	Dec 7	<b>Feb 15/ Feb 19</b>	22	NO	Mar 3	<b>June 10/Aug 31</b>
Swimming (Team/Individuals)	Nov 20	Nov 28	Dec 7	<b>Feb 6 / Mar 2</b>	16	NO	Mar 3	<b>June 10/Aug 31</b>
*Skiing	Nov 27	Dec 4	Dec 14	<b>Feb 24</b>	15	YES	Mar 3	<b>June 10/Aug 31</b>
*Basketball (P/NP)	Nov 27	Dec 4	Dec 14	<b>Feb 19 / Feb 21</b>	24	NO	Mar 3	<b>June 10/Aug 31</b>
*Fencing (D1&2/D3&4/D5&6)	Nov 27	Dec 4	Dec 14	<b>Jan 21/Feb 4/Feb 11</b>	16	YES	Mar 3	<b>June 10/Aug 31</b>
*Track (Relays/P/NP)	Nov 27	Dec 4	Dec 14	<b>Jan 10/Feb 2/Feb 16</b>	14	NO	Mar 3	<b>June 10/Aug 31</b>
*Wrestling (P/NP/Districts)	Nov 27	Dec 4	Dec 14	<b>Feb 5/Feb 6/Feb 17 Girls (Reg.) Feb 18</b>	30 Per Wrestler	YES	Feb 11	<b>June 10/Aug 31</b>
2024-2025	First Practice	First Scrimmage	Competition Start	Tournament Start	Max Contests	3 In a Row	Competition End***	Summer Period Starts / Ends
Bowling (Boys/Girls)	Nov 25	Nov 25	Dec 9	<b>Feb 15 / Feb 22</b>	No Max	YES	Mar 9	<b>June 9/Aug 31</b>
Ice Hockey (Boys/Girls)	Nov 25	Dec 3	Dec 12	<b>Feb 20/ Feb 24</b>	22	NO	Mar 9	<b>June 9/Aug 31</b>
Swimming (Team/Individuals)	Nov 25	Dec 3	Dec 12	<b>Feb 11 / Mar 8</b>	16	NO	Mar 9	<b>June 9/Aug 31</b>
*Skiing	Dec 2	Dec 9	Dec 19	<b>Mar 1</b>	15	YES	Mar 9	<b>June 9/Aug 31</b>
*Basketball (P/NP)	Dec 2	Dec 9	Dec 19	<b>Feb 24 / Feb 26</b>	24	NO	Mar 9	<b>June 9/Aug 31</b>
*Fencing (D1&2/D3&4/D5&6)	Dec 2	Dec 9	Dec 19	<b>Jan 26/Feb 9/Feb 16</b>	16	YES	Mar 9	<b>June 9/Aug 31</b>
*Track (Relays/P/NP)	Dec 2	Dec 9	Dec 19	<b>Jan 15/Feb 7/Feb 21</b>	14	NO	Mar 9	<b>June 9/Aug 31</b>
*Wrestling (P/NP/Districts)	Dec 2	Dec 9	Dec 19	<b>Feb 9/Feb 10/Feb 22 Girls (Reg.) Feb 23</b>	30 Per Wrestler	YES	Feb 16	<b>June 9/Aug 31</b>

\*There will be an optional 3-day tryout period for all sports on Monday, Tuesday, and Wednesday before Thanksgiving that will not count towards the six-day practice rule.

\*\*Any transfers after this date will not be eligible for any NJSIAA post-season tournaments.

\*\*\*The Competition End date refers to the last day a sport may compete in any contest that is not part of the NJSIAA tournament while keeping within the maximum number of contests permitted, except for wrestling (see Section 8 Maximum Meets, Clarification 2). **Scrimmages during the regular season WILL count toward your maximum allowable games.**