

NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION

Winter Sports 3-Year Quick Chart

All dates are tentative and subject to change by the NJSIAA

Posted 1/4/24 (Changes in **RED**)

2022-2023	First Practice	First Scrimmage	Competition Start**	Tournament Start	Max Contests	3 In a Row	Competition End***	Summer Period Starts / Ends
Bowling (Boys/Girls)	Nov 21	Nov 21	Dec 5	Feb 10 / Feb 18	No Max	YES	Mar 5	June 12/Aug 31
Ice Hockey (Boys/Girls)	Nov 21	Nov 29	Dec 8	Feb 16/ Feb 20	22	NO	Mar 5	June 12/Aug 31
Swimming (Team/Individuals)	Nov 21	Nov 29	Dec 8	Feb 7 / Mar 4	16	NO	Mar 5	June 12/Aug 31
*Basketball (P/NP)	Nov 28	Dec 5	Dec 15	Feb 20 / Feb 22	24	NO	Mar 5	June 12/Aug 31
*Fencing (D1&2/D3&4/D5&6)	Nov 28	Dec 5	Dec 15	Jan 22/Feb 5/Feb 12	16	YES	Mar 5	June 12/Aug 31
*Track (Relays/P/NP)	Nov 28	Dec 5	Dec 15	Jan 11/Feb 3/Feb 17	14	NO	Mar 5	June 12/Aug 31
*Wrestling (P/NP/Districts)	Nov 28	Dec 5	Dec 15	Feb 6/Feb 7/Feb 18 Girls (Reg.) Feb 19	30 Per Wrestler	YES	Feb 12	June 12/Aug 31
2023-2024	First Practice	First Scrimmage	Competition Start	Tournament Start	Max Contests	3 In a Row	Competition End***	Summer Period Starts / Ends
Bowling (Boys/Girls)	Nov 20	N/A	Nov 27	Feb 12 / Feb 12	No Max	YES	Mar 3	June 10/Aug 31
Ice Hockey (Boys/Girls)	Nov 20	Nov 28	Dec 7	Feb 15/ Feb 19	22	NO	Mar 3	June 10/Aug 31
Swimming (Team/Individuals)	Nov 20	Nov 28	Dec 7	Feb 6 / Mar 2	16	NO	Mar 3	June 10/Aug 31
*Basketball (P/NP)	Nov 27	Dec 4	Dec 14	Feb 21 / Feb 23	24	NO	Mar 3	June 10/Aug 31
*Fencing (D1&2/D3&4/D5&6)	Nov 27	Dec 4	Dec 14	Jan 21/Feb 4/Feb 11	16	YES	Mar 3	June 10/Aug 31
*Track (Relays/P/NP)	Nov 27	N/A	Dec 7	Jan 10/Feb 2/Feb 16	14	NO	Mar 3	June 10/Aug 31
*Wrestling (P/NP/Districts)	Nov 27	Dec 4	Dec 14	Feb 5/Feb 6/Feb 17 Girls (Reg.) Feb 18	30 Per Wrestler	YES	Feb 11	June 10/Aug 31
2024-2025	First Practice	First Scrimmage	Competition Start	Tournament Start	Max Contests	3 In a Row	Competition End***	Summer Period Starts / Ends
Bowling (Boys/Girls)	Updates coming soon							
Ice Hockey (Boys/Girls)								
Swimming (Team/Individuals)								
*Basketball (P/NP)								
*Fencing (D1&2/D3&4/D5&6)								
*Track (Relays/P/NP)								
*Wrestling (P/NP/Districts)								

*There will be an optional 3-day tryout period for all sports on Monday, Tuesday, and Wednesday before Thanksgiving that will not count towards the six-day practice rule.

**Any transfers after this date will not be eligible for any NJSIAA post-season tournaments.

***The Competition End date refers to the last day a sport may compete in any contest that is not part of the NJSIAA tournament while keeping within the maximum number of contests permitted, except for wrestling (see Section 8 Maximum Meets, Clarification 2). Scrimmages during the regular season WILL count toward your maximum allowable games.