

NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION

Fall Sports 3-Year Quick Chart

All dates are tentative and subject to change by the NJSIAA

Revised 4/28/23 (Changes in **RED**)

2022-2023	First Practice	First Scrimmage	Competition Start**	Tournament Start	Max Contests	3 In a Row	Competition End***	Summer Period Starts / Ends
Football (P/NP)	Aug 10	Aug 17	Aug 26 (Week 0) Sept 1 (Week 1)	Oct 28 / Nov 4	10	N/A	Nov 27	June 12/Aug 31
Tennis (Girls) Team/Ind	Aug 17	Aug 24	Sept 6	Oct 6 / Oct 8	24	YES	Nov 13	June 12/Aug 31
Cross Country	Aug 22	Aug 29	Sept 8	Oct 29	14	NO	Nov 13	June 12/Aug 31
Field Hockey (P/NP)	Aug 22	Aug 29	Sept 8	Oct 31/Nov 2	18	NO	Nov 13	June 12/Aug 31
Gymnastics	Aug 22	Aug 29	Sept 8	Nov 5	14	NO	Nov 13	June 12/Aug 31
Soccer (Boys) (P/NP)	Aug 22	Aug 29	Sept 8	Oct 27 / Oct 31	18	NO	Nov 13	June 12/Aug 31
Soccer (Girls) (P/NP)	Aug 22	Aug 29	Sept 8	Oct 26 / Oct 29	18	NO	Nov 13	June 12/Aug 31
Volleyball (Girls) (P/NP)	Aug 22	Aug 29	Sept 8	Oct 28 / Nov 2	24	YES	Nov 13	June 12/Aug 31
2023-2024	First Practice	First Scrimmage	Competition Start**	Tournament Start	Max Contests	3 In a Row	Competition End***	Summer Period Starts / Ends
Football (P/NP)	Aug 7 / Aug 9*	Aug 16	Aug 25 (Week 0) Aug 31 (Week 1)	Oct 27 / Nov 3	10	N/A	Nov 26	June 10/Aug 31
Tennis (Girls) Team/Ind	Aug 16	Aug 23	Sept 5	Oct 5 / Oct 7	24	YES	Nov 12	June 10/Aug 31
Cross Country	Aug 21	Aug 28	Sept 7	Oct 28	14	NO	Nov 12	June 10/Aug 31
Field Hockey (P/NP)	Aug 18 / Aug 21*	Aug 28	Sept 7	Oct 30 / Nov 1	18	NO	Nov 12	June 10/Aug 31
Gymnastics	Aug 21	Aug 28	Sept 7	Nov 4	14	NO	Nov 12	June 10/Aug 31
Soccer (Boys) (P/NP)	Aug 21	Aug 28	Sept 7	Oct 25 / Oct 28	18	NO	Nov 12	June 10/Aug 31
Soccer (Girls) (P/NP)	Aug 21	Aug 28	Sept 7	Oct 26 / Oct 30	18	NO	Nov 12	June 10/Aug 31
Volleyball (Girls) (P/NP)	Aug 21	Aug 28	Sept 7	Oct 27 / Nov 1	24	YES	Nov 12	June 10/Aug 31
2024-2025	First Practice	First Scrimmage	Competition Start**	Tournament Start	Max Contests	3 In a Row	Competition End***	Summer Period Starts / Ends
Football (P/NP)	Aug 12/ Aug 14*	Aug 21	Aug 30 (Week 0) Sept 6 (Week 1)	Nov 1 / Nov 8	10	N/A	Dec 1	June 9/Aug 31
Tennis (Girls) Team/Ind	Aug 14	Aug 28	Sept 3	Oct 3 / Oct 5	24	YES	Nov 17	June 9/Aug 31
Cross Country	Aug 26	Sept 2	Sept 12	Nov 2	14	NO	Nov 17	June 9/Aug 31
Field Hockey (P/NP)	Aug 23 / Aug 26*	Sept 2	Sept 12	Nov 4 / Nov 6	18	NO	Nov 17	June 9/Aug 31
Gymnastics	Aug 26	Sept 2	Sept 12	Nov 2	14	NO	Nov 17	June 9/Aug 31
Soccer (Boys) (P/NP)	Aug 26	Sept 2	Sept 12	Oct 31 / Nov 4	18	NO	Nov 17	June 9/Aug 31
Soccer (Girls) (P/NP)	Aug 26	Sept 2	Sept 12	Oct 30 / Nov 2	18	NO	Nov 17	June 9/Aug 31
Volleyball (Girls) (P/NP)	Aug 26	Sept 2	Sept 12	Nov 1 / Nov 6	24	YES	Nov 17	June 9/Aug 31

***Football and Field Hockey has the option of starting 2 days early because of the heat acclimatization requirements**

**Any transfers after this date will not be eligible for any NJSIAA post-season tournaments.

***The Competition End date refers to the last day a sport may compete in any contest that is not part of the NJSIAA tournament while keeping within the maximum number of contests permitted. Scrimmages during the regular season WILL count toward your maximum allowable games.