

# DRUG FREE SPORT AXIS™ USER GUIDE

Follow these simple steps to use Drug Free Sport AXIS .

## Logging in to Drug Free Sport AXIS

DRUG FREE SPORT  
AXIS™

Drug Free Sport Axis is a trusted nutrition, health and wellness resource, combining scientifically proven dietary information with the most up-to-date research on supplements and over-the-counter and prescription drugs.

LOG IN

DON'T HAVE AN ACCOUNT?

SIGN UP HERE

1

Visit [axis.drugfreesport.com](https://axis.drugfreesport.com) & click log in.

DRUG FREE SPORT  
AXIS™

Sign in with your email and password

Email  
email@email.com

Password  
\*\*\*\*\*

Forgot your password?

SIGN IN

Need an account? Sign up

2a

Enter email address & create a password.

2b

Click sign in.

DRUG FREE SPORT  
AXIS™

We have sent a code by email to a\*\*\*@d\*\*\*. Enter it below to confirm your account.

Verification Code \*\*\*\*\*

CONFIRM ACCOUNT

3

Receive the verification code & enter it in the box & hit Confirm Account

User Profile

abottoms+lpga@drugfreesport.com CHANGE PASSWORD LOG OUT

This information is required in order for you to request and receive feedback on dietary supplements. All demographic information is anonymous.

To begin using Drug Free Sport Axis, you must select your organization from the dropdown and enter your organization's access code.

\*Required

Organization  
LPGA

Organization Access Code\*  
13Founders

NEXT

4

Select your organization and enter the access code & hit Next

User Profile

abottoms+lpga@drugfreesport.com CHANGE PASSWORD

This information is required in order for you to request and receive feedback on dietary supplements. All demographic information is anonymous.

You are registered in AXIS as part of the LPGA Organization.

\*Required

Gender  
Female

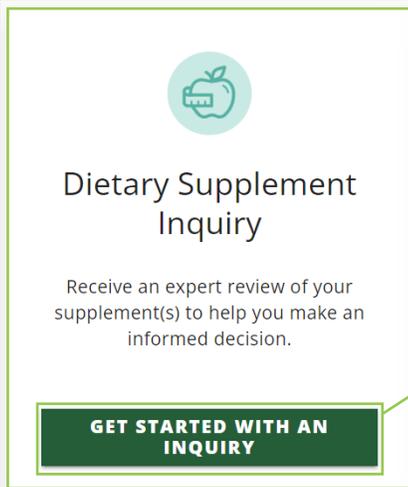
Role\*  
Other

CANCEL SAVE

5

Select gender, role & sport (if applicable) & hit Save.

# Submitting a Supplement



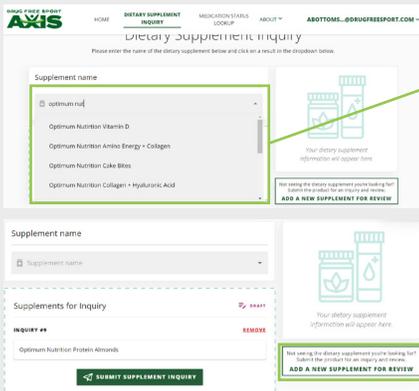
**Dietary Supplement Inquiry**

Receive an expert review of your supplement(s) to help you make an informed decision.

**GET STARTED WITH AN INQUIRY**

1

To submit a supplement/s click "Get started with an inquiry".



Supplement name

- optimum nut
- Optimum Nutrition Vitamin D
- Optimum Nutrition Amino Energy + Collagen
- Optimum Nutrition Cake Bites
- Optimum Nutrition Collagen + Hyaluronic Acid

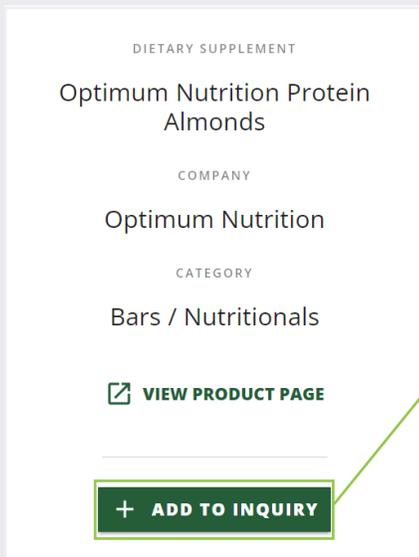
ADD A NEW SUPPLEMENT FOR REVIEW

2a

Type the company name & supplement name. Then select it from the dropdown.

2b

If you don't see the supplement in the dropdown, select "Add a new supplement for review".



DIETARY SUPPLEMENT

**Optimum Nutrition Protein Almonds**

COMPANY

Optimum Nutrition

CATEGORY

Bars / Nutritional

**VIEW PRODUCT PAGE**

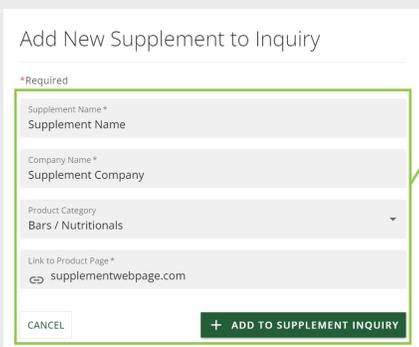
**+ ADD TO INQUIRY**

3a

Ensure this is the correct product & hit "Add to inquiry"

3a

Enter the information for the supplement then "Add to supplement inquiry".



Add New Supplement to Inquiry

\*Required

Supplement Name\*

Company Name\*

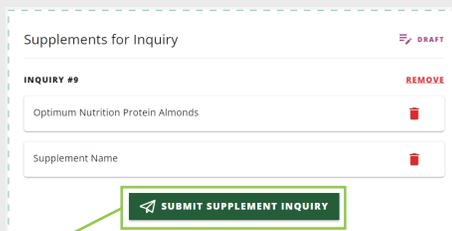
Product Category

Link to Product Page\*

**+ ADD TO SUPPLEMENT INQUIRY**

4

When all the supplements are in the inquiry, hit "Submit Supplement Inquiry"



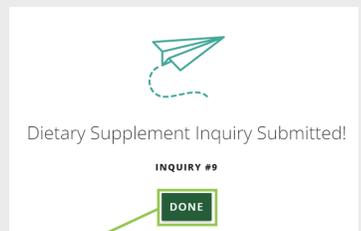
Supplements for Inquiry

- INQUIRY #9: Optimum Nutrition Protein Almonds
- Supplement Name

**SUBMIT SUPPLEMENT INQUIRY**

5

To send inquiry, select "Done"



Dietary Supplement Inquiry Submitted!

**DONE**



## Medication Status Lookup

Receive an immediate status of medication(s) as either 'banned' or 'not banned' according to your banned drug class list.

**CHECK THE STATUS OF YOUR MEDICATION(S)**

1

To check a medication/s status click "Check the status of your medications(s)".

Medication Name

tylenol

- Tylenol
- Tylenol Arthritis Pain
- Tylenol Cold and Flu
- Tylenol Cold Max

2

Enter the medication name. Then select the medication from the dropdown.

PRESCRIPTION

### Tylenol

MEDICATION STATUS

✔ Permitted

Report all medications to your sports medicine team.

3a

Determine the status of the medication.

PRESCRIPTION

### Adderall

MEDICATION STATUS

⊗ Prohibited

BANNED DRUG CLASSES

Stimulants

What should I do if my medication is prohibited?

**THERAPEUTIC USE EXEMPTION**

3b

If the medication is Prohibited click the link to access the Medical Exception/TUE form.

Not seeing the medication that you're looking for?

**SUBMIT AN INQUIRY**

4

If the medication is not found, click "Submit an Inquiry" to send us the medication.