

Swimming Regular Season Rules 2022-2023

Section 1 Rules National Federation Swimming Rules shall govern all NJSIAA meets.

Section 2 Start of Practice Provided for in Program Regulations, Section 6.

Section 3 Start of Regular Schedule Provided for in Program Regulations, Section 8.

Section 4 End of Season Provided for in Program Regulations, Section 10.

Section 5 Transfers A student who transfers after the NJSIAA Competition Start Date for each sport, regardless of whether the transfer was the result of a bona fide change of residence, shall be ineligible to participate in any post-season championship competition at the new school.

Section 6 N/A

Section 7 Meets Per Week Meets may not be conducted on three (3) consecutive days.

Section 8 Maximum Meets A member school may play sixteen (16) regular scheduled meets, plus one (1) county or league/conference tournament, plus the State Tournament, including regular season interschool scrimmages and postponed meets from the start of the Regular Schedule to the end of the State Tournament.

CL 1: Schools with a declared separate boys team and girls team may not swim as a combined team unless swimming against a declared combined team. Declared combined teams may not swim as a separate boys team or a separate girls team in interscholastic meets.

CL 2: Diving will not be included as an event during the regular season, the NJSIAA Power Points championship or in the NISCA Power Points for qualification for the team championship competition. Conferences may include Diving in conference meets. Schools may include Diving in non-conference meets by written agreement of the competing schools.

Sections 9-15 N/A

Section 16 Championship Eligibility A student competing on an interscholastic swimming team must swim as a member of his/her high school team in at least 50% of the school's total meets (while he/she attends said school) to be eligible for the NJSIAA Championship Meet.

CL 1: This means a student must swim in at least 50% of the school's meets up to and including cut-off date while he/she was properly enrolled and eligible at said school according to NJSIAA regulations.

CL 2: Late entries will not be accepted as outlined in Program Regulations, Section 13.

CL 3: Once schools declare their swim teams as either separate boys, separate girls or combined/co-ed, those declared teams will remain as such during the state tournament classification process. As in regular season competition, combined/co-ed teams will be grouped with boys teams and not grouped with girls teams to determine classification group size. Boys teams and combined/co-ed teams will be classified together in their A, B, and C groups, according to the Northing System. Girls teams will be classified separately (without including combined/co-ed teams) in their A, B, and C Groups according to the Northing System.

Section 17 Officials

A minimum of three (3) NJSIAA registered officials is required for all championship swimming meets. Four (4) officials will be assigned to the sectional state semifinals and finals.

A minimum of two (2) NJSIAA registered officials shall be used for all other varsity meets.