

Skiing Regular Season Rules 2022-2023

Section 1 Rules NCAA Skiing Rules shall govern all NJSIAA meets with the following modifications for safety and scoring.

1. Meets shall consist of either the Giant Slalom (2 runs), or the Slalom (2 runs), and shall be so noted in the contract.
2. The order of team competition shall be determined by lot drawing. In tournament competition there shall be two (2) drawings; one for Giant Slalom, and one for Slalom, to determine the order of team competition.
3. A maximum of six (6) racers per team may compete in each meet.
4. Team scoring shall be based on a team's best four (4) finishers whose total time is reflected as a percentage of the first four (4) finishers in the meet.
5. It is required that all team members wear helmets for all practices and meets.

Section 2 Start of Practice Provided for in Program Regulations, Section 6.

Section 3 Start of Regular Schedule Provided for in Program Regulations, Section 8.

Section 4 End of Season Provided for in Program Regulations, Section 10.

Section 5 Transfers A student who transfers after the NJSIAA Competition Start Date for each sport, regardless of whether the transfer was the result of a bona fide change of residence, shall be ineligible to participate in any post-season championship competition at the new school.

Section 6 Scrimmages The six practice days (Program Regulations, Section 7 Practices/Scrimmages/Games/Meets) shall cover a period of three (3) calendar weeks before the opening meet. Each of these practices shall involve physical activity and at least three (3) practices must consist of skiing on snow

Section 7 N/A

Section 8 Maximum Meets A member school may compete in a maximum of fifteen (15) ski meets including interschool scrimmages, regular meets, postponed meets and invitational meets. The NJISRA Championship Race is not to be included as part of the fifteen-meet maximum. A ski meet is defined as any event in which one entry fee per team is paid (including two-races), is not separated by more than 48 hours, and where the two day combined results determines the winner of the meet or tournament.