



## 2021-22 Boys & Girls Spring Track & Field Tournament

The NJSIAA reserves the right to adjust, change or cancel dates, times, and locations for all NJSIAA State tournaments. Schools entering the tournament will not be granted a change of date/time due to any conflicts with school trips, proms, banquets, SAT's, graduation, and the like. In addition, all schools competing in this tournament must adhere to the NJSIAA state tournament COVID-19 policy which can be found on our website under current resources or by following this link: <https://www.njsiaa.org/sites/default/files/documents/2021-11/njsiaa-state-tournament-policy.pdf>

Member schools not willing or able to comply with all tournament regulations should not enter the tournament. Member schools will not be eligible to participate in any NJSIAA Championship Tournament if it has violated the NJSIAA Constitution, Bylaws, Rules, Regulations, Guidelines, Policies, and Procedures.

In all tournaments conducted by the NJSIAA, each member school must compete in its own group and section classification, unless fewer than eight (8) schools qualify. In that case, the Executive Committee may combine one or more groups. When the committee eliminates sectional championships because of an insufficient number of schools qualifying, the State Group Championships will be conducted on a statewide quartile basis or State Championships may be conducted without regard to Groups or Division.

Coaches must have a copy of these regulations as well as a copy of rule Modifications (if any) for this tournament available at all contests. Copies of these documents are also available on the NJSIAA website.

The NFHS Track & Field Rules along with any NJSIAA rule modifications will govern this tournament.

### **NJSIAA Director of Spring Track**

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### **New for This Year's State Tournament**

1. All entries and rosters must be completed in MileSplit at [nj.milesplit.com](http://nj.milesplit.com). There are no paper entries for these championships. All eligible teams and individuals must complete all entry information by the due dates listed.
2. MileSplit will open to all coaches that have claimed their teams on May 1 and will close on May 28 at midnight. There will be no entries permitted after this date.
3. It is advised that coaches enter the names of up to 6 athletes for all individual events and 8 athletes for all relays. On the day of the state sectional meet, coaches can enter any of the athletes listed on the entry card to compete in the meet.
4. For the Group Meet and the MOC any athlete listed on the Sectional Relay Entry Card may be used in the relay events.

## Spring Track & Field Important Dates

<u>Event</u>	<u>Dates</u>	
First Practice:	March 7, 2022	
First Scrimmage:	March 14, 2022	
Opening Day:	April 1, 2022	
Transfer Date:	April 1, 2022	
MileSplit Opens:	May 1, 2022	
MileSplit Closes: (All entries are final at midnight)	May 28, 2022	<b>Public and Non- Public.</b>
Post-Season Committee Meeting:	TBD	
<u>State Tournament</u>	<u>Dates</u>	<u>Location</u>
Sectional Championships (Public):	June 3 & 4, 2022	TBA
Sectional/Group Championships (Non-Public):	June 10 & 11, 2022	TBA
State Group Championships (Public):	June 10 & 11, 2022	TBA
Meet of Champions:	June 18, 2022	TBA

### To qualify for the tournament

1. Teams must be competing on a varsity interscholastic basis and sixty percent (60%) of the games played on or before the cutoff date must be against New Jersey schools.
2. All eligible teams may participate in the state sectional championships.
3. All eligible Individual athletes from member schools that do not have a spring track team may compete in the state sectional championships, providing the school approves it.
4. Member schools entering individuals when the school does not have an interscholastic spring track team, must provide a coach/chaperone to accompany the student. The coach/chaperone must be approved by the school district's board of education, headmaster, etc. The school district must be able to certify the coach/chaperone was present at the required six (6) practices. The penalty for failure to comply will be disqualification of the individual(s).
5. Any player with two (2) or more disqualifications in the current season and before the start of the tournament, will be unable to compete in the state tournament.
6. Any varsity team accumulating three (3) or more player or coach disqualifications before the start of the tournament will not be permitted to participate in the state tournament. Seeded teams will forfeit their right to compete if a disqualification limit is reached before the start of the tournament for the team.

### Entry Procedure

1. All entries and rosters must be entered in MileSplit at [nj.milesplit.com](http://nj.milesplit.com). There are no paper entries for these championships.
2. All eligible teams and individuals must complete all entry information by the due dates listed.
3. MileSplit will open to all coaches that have claimed their teams on May 1st and will close on May 28th at approve a late entry, however, there will be a \$150 late entry fee. **Please note that for both the public and non- public Sectional meets, the times/distances listed on MileSplit on May 28 will be used for seeding purposes. No updates after May 28, 2022.**
4. All Individual events have a maximum of **3** athletes per event and all relays have a maximum of **4** athletes per relay.
5. It is advised that coaches enter up to **6** athletes for all individual events and **8** athletes for all relays. On the day of the state sectional meet, coaches can choose any of the athletes they entered in MileSplit for each event
6. If a relay team advances to the next round, **any four (4) of the eight (8) names listed on the relay may run in the relay. If alternates were not listed on the original entry, substitutes will not be permitted in later rounds.**

7. ***In the pole vault a pole certification card is required, verifying the vaulter's weight and weight rating of the pole the vaulter is using.***
8. A MileSplit entry is NOT a competitor. Once the athlete checks in, then they become a competitor.
9. MileSplit directions can be found on the NJSIAA website under the spring track page.
10. Once MileSplit closes the entries are final and no refunds will be made for any entrants failing to compete, regardless of the reason.

### **Entry Fees**

- \$16 per individual event, per gender, payable to the NJSIAA (Please note Spring Track Tournament).
- \$25 per relay, per gender, payable to the NJSIAA (Please note Spring Track Tournament).
- Forward all entry fees to the NJSIAA, 1161 Route 130 North, Robbinsville, NJ 08691
- DO NOT use certified mail

### **Tournament Seeding**

1. Seeding procedures have been established by the NJSIAA Track Committee.
2. There will be no additions or re-seeding when an event has been declared closed.
3. In all meets, the highest-seeded sections will go last. This includes both track and field events.
4. All seeds must be from the current season.
5. Only fully automatic times will be accepted.
6. MileSplit will be used to create a verification list of running events and will be used as a basis for seeding.
7. A performance list of the contestants will be displayed at the clerking table on the day of each meet.
8. Seeding for the group champions will be determined based on the results of the sectional championships.
9. Seeding for the meet of champions will be determined based on the results of the group championships.
10. Meet of Champions seeding will be on time based on the results of the group championships unless coaches of State Group Winners file for advancement in seeding, based on a verified, previous performance. This must be done by noon on the Monday after the group meet.

### **Tournament Advancement**

#### **To advance to the state group championships**

- Public Schools - A contestant must qualify in the Sectional Meet by placing in one of the first six (6) places for each event. All ties for Sixth (6th) Place will advance.
- Non-Public Schools - A contestant must qualify in the Sectional Meet by placing in one of the first eight (8) places for each event. All ties for the eighth (8th) Place will advance.

#### **To advance to the Meet Championships**

- Public Schools - A contestant must qualify from the group meet by placing in one of the first two (2) places in each event and group. All ties for the second (2nd) place that cannot be broken by NFHS rules will advance.
  - Wildcards - The top six (6) performances that did not place in the top two (2) in the group meet will advance as a wildcard to the Meet of Champions. The top six (6) performances will be taken from each group site combined, not each group.
- Non-Public Schools - A contestant must qualify from the group meet by placing in one of the first two (2) places in each event and group. All ties for the second (2nd) place that cannot be broken by NFHS rules will advance.
  - Wildcards - The top six (6) performances that did not place in the top two (2) in the group meet will advance as a wildcard to the Meet of Champions. The top six (6) performances will be taken from each group site combined, not each group.

**No appeals will be considered for advancement to the State Group and Meet of Champions.**

### **Tournament Rules & Information**

1. Public and non-public teams will compete in different brackets for all meets, except the meet of champions.
2. You may only compete in your assigned section or group, if you compete in another group, you will be disqualified from that event.
3. The number of public-school participants in all groups has been equalized by dividing the schools that have indicated through their school profile that they offer spring track into four (4) groups, based on enrollment.
4. Please carefully check the classification listing for spring track.
5. MileSplit lists will be used to seed all races in the Sectionals (Public Schools) and Group Meet (Non-Public Schools).
6. The NJSIAA track committee reserves the right to eliminate any event, the running of which is not warranted by a sufficient number of entries.
7. Points will be scored according to National Federation Track and Field Rules (i.e., 10, 8, 6, 4, 2, 1 for first [1st] through sixth [6th] place respectively). Ties for the sixth (6th) place will be scored as a fraction of the one (1) point.
8. For the high hurdles and the 100-meter dash, we will take the eight (8) fastest times to the finals on an eight (8) lane track. On six (6) lane tracks, we will take the nine (9) fastest times to the finals.
9. When "California" starts are used, they will be one-turn staggers.
10. Contestants who appear at any of the tournament events without their coach (or certified member of the faculty) will be disqualified.
11. Team members will not be admitted in advance of the arrival of the coach.
12. The time schedule is a tentative one. If the meet should run ahead of schedule, then it is the responsibility of the individual competing to report when his/her event is called.
13. All coaches should advise their contestants to be present at least one (1) hour before their events are scheduled. Please make sure your contestants are on time.
14. First events close 20 minutes before the listed start time for all meets.
15. Electronic devices like radios, tape recorders, and other electronic communication devices are permitted in non-contestant areas only for coaching purposes. Violators may be asked to leave the venue and their teams may be disqualified from the meet. Contestants violating this rule will be disqualified.
16. The NJSIAA will not be responsible for stolen or lost articles.
17. Only contestants who have been entered or have qualified will be admitted free to any meet. All athletes must be in uniform to be admitted as part of the team. Gate personnel will be instructed to admit only those competitors who are in uniform.
18. The coach must inform the gate personnel how many additional coaches/athletes will arrive at a later time when the entire team does not report.
19. Any cancellations or postponement dates will be communicated via the NJSIAA website @ [www.njsiaa.org](http://www.njsiaa.org)
20. Girls start the order of events on odd years and boys on the even years.

### **Field Event Information**

1. Each team will compete in one of the following Groups: (S) = Small Schools & (L) = Large Schools. Please check the rotations listed for each event.
2. Each contestant will be permitted three (3) attempts.
3. The best eight (8) performances will advance to the finals. Each contestant in the finals will be permitted an additional three (3) attempts.
4. Best flights will go last except for the Long and triple jumps (open pits).
5. The triple jump and long jump will be run as open pits one group at a time. When the event is called, ALL contestants for the Group called MUST sign in and must get their steps and run-throughs. Once the competition starts, no run-throughs (into the pit) are permitted.
6. In entry-level meets, all contestants will have their first legal attempt measured; thereafter, to receive additional measurement, the following performances must be equal to or better than the following:
  - a. Shot Put: Girls 27 feet & Boys 39 feet
  - b. Discus: Girls 75 feet & Boys 105 feet
  - c. Javelin: Girls 75 feet & Boys 105 feet
  - d. Long Jump: Girls 12 feet & Boys 16 feet
  - e. Triple Jump: Girls 26 feet & Boys 32 feet
7. Starting heights for the high jump and pole vault will be determined by the meet directors in conjunction with the Meet and/or Field Referee(s), depending on the information supplied by the coaches. They will also determine how many double elevations if any, there will be in each event.

8. Time excused from a field event to participate in another event. The underlying principle behind these procedures is to make sure the active contestants in any field event are not held up for more than ten (10) minutes by inactivity in the event.

### **Non-Public Sectional & Group Procedure**

The Non-Public combined Sectional and Group Championships will be conducted as follows:

1. The North & South, A & B, Boys & Girls, compete "head to head" like a normal group meet.
2. We will Score the group meet first
3. Award medals to the top 6 in each event.
4. Award a trophy to the 4 Group Team Champions
5. Then score the Sectional Meets based on the performances from the group meet.
6. Award medals to the top 6 scorers in each event from the sectional results.
7. Award a trophy to the 8 Team Sectional Champions

### **Coaches Restrictions**

1. Coaches are not to enter the running area, or the field event areas, during the meet, and they are not permitted to communicate with their contestants in these areas. This rule will be enforced and may result in the disqualification of the contestant.
2. A "coaches box" will be established near the finish line if possible. to use this box, each coach must wear his/her coach's pass (provided) in such a way that it is clearly visible to security personnel. these coaches' passes are to be used for identification purposes only. they are not admission tickets. no food or drinks are allowed in coaches boxes.
3. A second "coaches box" will be established on the infield between the high jump pits and pole **if possible**. Its only purpose is to allow the coaches to observe their jumpers. Contestants may come over to the box and talk with their coaches, but coaches must remain in the "box." to use this box, each coach must wear his/her coach's pass (provided) in such a way that it is clearly visible to security personnel. these coaches' passes are to be used for identification purposes only. they are not admission tickets. no food or drinks are allowed in coaches boxes.
4. Coaches and manager tags are for identification purposes only. They are not admission tickets. These tags must be visible when appearing in coaches boxes and clerking areas. Coaches and managers must be listed on the entry forms.

### **Contestant Entry Procedure**

1. Each competitor is assigned a new athlete number, at each level of the state meets. Cards will not be used for any of the running events. These numbers must appear on all field cards.
2. The coach will provide all information for entry into the track events through the MileSplit entry process. Coaches are strongly encouraged to enter the maximum number allowed in each event. (**6** entries in the individual events of which only **3** may participate and **8** entries in the running relays of which only **4** may participate, and **6** entries in the field events of which only **3** may participate)
3. Special Cards will be used for all the field events (High Jump, TJ, LJ, Discus, Pole Vault, and Shot Put). Coaches must enter their athletes through the MileSplit entry process. Again, coaches are reminded to enter the maximum number of athletes allowed in these events (**6 entries** in each event of which only **3** may participate)
4. Check-in process and Reporting
  - Teams must have entered in MileSplit to be listed on the performance list.
  - The performance list of events will be generated from the coach's information and located at the clerking table for the running events. The check-in for the field events is at each event site. Coaches need to check in each athlete and if needed scratch from those events.
  - Once an event is closed, the performance sheet is passed to the timer's table and is re-seeded based on that information. All athletes listed on this sheet are considered to have entered the event, and it becomes one of the four events in which they may participate. Athletes are then called to report for the event.
  - The updated event sheet is given to the clerk to assemble the athletes, and give them their heat assignments, lane assignment, and hip numbers.
  - The line clerk will organize the athletes, check uniforms, and guide them to the track

- The field event check-in process has the coach pick up a blank field card and a pre-printed label for each athlete from the official. The coach then must submit the completed card to the field event official. The coach must sign the Pole Vault card to verify the weight of the vaulter.
- All contestants in the first events must be checked in 30min before the scheduled start time.
- Once an event is closed there will be no changes or additions

### Equipment Regulations

1. Uniforms
  - The NFHS uniform rule 4, section 3, articles 1-2-3-4-5 will be enforced.
  - Each contestant must be properly attired in the school's issued uniform (i.e., jersey, running trunks, and shoes) during the meet.
  - All relay team members must wear the same color jersey and trunks.
  - Field event contestants must be properly attired in school-issued, legal track uniforms.
  - Because of automatic timing, every runner must wear the jersey tucked into his/her uniform's shorts.
2. Jewelry
  - Jewelry will be permitted. this also includes any type of wrist bands.
  - Watches, however, are still not allowed to be worn.
3. Batons
  - Schools must provide their own batons for all meets.
  - Please refer to national federation rule 5-4, art. 3, concerning baton specifications.
4. Shots, Discus and Javelins.
  - All shot-puts, discus and javelins (both boys and girls) will be checked by meet management.
  - All warm-ups must be done with the checked implements.
5. Shoes
  - Each site has standards for the type of spike and length that may be used. ***These regulations must be followed.***
  - Spikes will be ***randomly*** checked. ***Schools and competitors found to be using illegally spiked shoes will be fined \$150.00, payable to the facility for the damage done by spikes that are too long and/or not the correct style.***
6. Starting blocks
  - Starting blocks will be permitted at all meets and locations. If the host site cannot supply starting blocks schools may use their own starting blocks ***as long as they conform to the host sites's spike length.***
  - Please check the site to determine what length and whether pins or needle spikes are allowed to anchor the starting blocks.
  - ***Any competitor who violates the site's starting block policy will be disqualified from the event.***

### Awards

#### State Sectional Champions:

- Trophy and 35 certificates for the 1<sup>st</sup> place team in each group in each section.
- Medals to the top six (6) places in each event.

#### State Group Championships:

- Trophy and 35 certificates for the 1<sup>st</sup> place team in each group.
- Medals to the top six (6) places in each event.

#### Meet of Champions

- Medals to the top eight (8) places in each event.

## Public State Sectional Championships

<b>North I, Groups 1 &amp; 4 @ Clifton H.S.</b>	<b>North I, Groups 2 &amp; 3 @ Vernon H.S.</b>
Day 1: Friday, June 3, 2022 at 3:30pm	Day 1: Friday, June 3, 2022 at 3:30pm
Day 2: Saturday, June 4, 2022 at 9:30am	Day 2: Saturday, June 4, 2022 at 9:30am
Meet Director: Frank & Flo Calise	Meet Director: Marc MacNaughton
Phone: 973-460-5336	Phone: 201-213-1149
E-mail: <a href="mailto:fjcalise@yahoo.com">fjcalise@yahoo.com</a>	Email: <a href="mailto:mmacnaughton3889@gmail.com">mmacnaughton3889@gmail.com</a>
Track: 8 lanes, ¼ inch spikes	Track: 8 lanes, ¼ inch spikes
Javelin Runway: Grass	Javelin Runway: Grass
<b>North II, Groups 1 &amp; 4 @ Ridge H.S.</b>	<b>North II, Groups 2 &amp; 3 @ Randolph H.S.</b>
Day 1: Friday, June 3, 2022 at 3:30pm	Day 1: Friday, June 3, 2022 at 4:30pm
Day 2: Saturday, June 4, 2022 at 1:00pm	Day 2: Saturday, June 4, 2022 at 9:30am
Meet Directors: John Schwarz & John Toreno	Meet Director: Bill Malone
Phone: 862-812-5659 & 201-953-9502	Phone: 908-782-4288
<a href="mailto:j.schwarz22@verizon.net">j.schwarz22@verizon.net</a> & <a href="mailto:johntonero@msn.com">johntonero@msn.com</a>	E-mail: <a href="mailto:b2milone@comcast.net">b2milone@comcast.net</a>
Track: 8 lanes, ¼ inch spikes	Track: 6 lanes, ¼ inch spikes
Javelin Runway: Grass	Javelin Runway: Grass
<b>Central, Groups 1 &amp; 4 @ Howell H.S.</b>	<b>Central, Groups 2 &amp; 3 @ Middletown North H.S.</b>
Day 1: Friday, June 3, 2022 at 3:30pm	Day 1: Friday, June 3, 2022 at 3:30pm
Day 2: Saturday, June 4, 2022 at 9:30am	Day 2: Saturday, June 4, 2022 at 9:30am
Meet Director: Kevin Dee	Meet Director: Sean Dowd
Phone: 732-762-0841	Phone: 732-779-1155
E-mail: <a href="mailto:kdee@frhsd.com">kdee@frhsd.com</a>	E-mail: <a href="mailto:seandowd19@gmail.com">seandowd19@gmail.com</a>
Track: 8 lanes (6 on the turns), ¼ inch spikes	Track: 8 lanes, ¼ inch spikes
Javelin Runway: Grass	Javelin Runway: Grass
<b>South, Groups 1 &amp; 4 @ Buena Regional HS</b>	<b>South, Groups 2 &amp; 3 @ Delsea H.S.</b>
Day 1: Friday, June 3, 2022 at 3:30pm	Day 1: Friday, June 3, 2022 at 3:30pm
Day 2: Saturday, June 4, 2022 at 9:30am	Day 2: Saturday, June 4, 2022 at 9:30am
Meet Director: Ed Colona	Meet Director: Chris Callinan
Phone: 609-386-5463	Phone: 609-2540826
E-mail: <a href="mailto:ecolona@comcast.net">ecolona@comcast.net</a>	E-mail: <a href="mailto:tomahawktiming@yahoo.com">tomahawktiming@yahoo.com</a>
Track: 8 lanes ¼ inch spikes	Track: 8 lanes, ¼ inch spikes
Javelin Runway: Grass	Javelin Runway: Grass

## Public State Sectionals Order of Running Events

Day 1 – Running Events (Friday)		Day 2 – Running Events (Saturday)	
Boys 4x100 Meter Relay	Final on Time	Boys 400 Meters	Final on Time
Girls 4x100 Meter Relay	Final on Time	Girls 400 Meters	Final on Time
Boys 800 Meters	Final on Time	Boys 110 Meter Hurdles	Trials
Girls 800 Meters	Final on Time	Girls 100 Meter Hurdles	Trials
Boys 100 Meters	Trials	Boys 4x800 Meter Relay	Final on Time
Girls 100 Meters	Trials	Girls 100 Meter Hurdles	Finals
Boys 400 Meter Hurdles	Final on Time	Boys 110 Meter Hurdles	Finals
Girls 400 Meter Hurdles	Final on Time	Girls 4x800 Meter Relay	Final on Time
Boys 100 Meters	Finals	Boys 200 Meters	Final on Time
Girls 100 Meters	Finals	Girls 200 Meters	Final on Time
Boys 3200 Meters	Final on Time	Boys 1600 Meters	Final on Time
Girls 3200 Meters	Final on Time	Girls 1600 Meters	Final on Time
		Boys 4x400 Meter Relay	Final on Time
		Girls 4x400 Meter Relay	Final on Time

## Public State Sectionals Order of Field Events

Day 1 – Field Events (Friday)		Day 2 – Field Events (Saturday)	
Girls Shot Put	Group S then L	Boys Shot Put	Group S then L
Girls Javelin	Group L then S	Boys Javelin	Group L then S
Boys Discus	Group S then L	Girls Discus	Group S then L
Girls Long Jump	Group L then S	Boys Long Jump	Group L then S
Boys Triple Jump	Group L then S	Girls Triple Jump	Group L then S
Boys High Jump	Group S then L	Girls High Jump	Group S then L
Girls Pole Vault	Group L then S	Boys Pole Vault	Group L then S

**All heats and Flights will be set up with the fastest heat running last.**



# Non-Public State Sectional & Group Championships

<b>Non-Public A &amp; B @ Middletown North H.S.</b>
Day 1: Friday, June 10, 2022 <b>at 3:30 PM – PLEASE NOTE TIME CHANGE!</b>
Day 2: Saturday, June 11, 2022 at 10:30am
Meet Directors: David Pfeifer
Phone: 609-380-0690
Email: davidpfeifer022@gmail.com
Track: 8 lanes (8 on the turns), ¼ inch spikes
Javelin Runway: Grass
<b>GROUP B WILL RUN FIRST!</b>

<b>Non-Public Sectional &amp; Group Order of Running Events- GROUP B WILL RUN FIRST</b>			
<b>Day 1 – Running Events (Friday)</b>		<b>Day 2 – Running Events (Saturday)</b>	
Boys 4x100 Meter Relay	Final on Time	Boys 400 Meters	Final on Time
Girls 4x100 Meter Relay	Final on Time	Girls 400 Meters	Final on Time
Boys 800 Meters	Final on Time	Boys 110 Meter Hurdles	Trials
Girls 800 Meters	Final on Time	Girls 100 Meter Hurdles	Trials
Boys 100 Meters	Trials	Boys 4x800 Metter Relay	Final on Time
Girls 100 Meters	Trials	Girls 100 Meter Hurdles	Finals
Boys 400 Meter Hurdles	Final on Time	Boys 110 Meter Hurdles	Finals
Girls 400 Meter Hurdles	Final on Time	Girls 4x800 Metter Relay	Final on Time
Boys 100 Meters	Finals	Boys 200 Meters	Final on Time
Girls 100 Meters	Finals	Girls 200 Meters	Final on Time
Boys 3200 Meters	Final on Time	Boys 1600 Meters	Final on Time
Girls 3200 Meters	Final on Time	Girls 1600 Meters	Final on Time
		Boys 4x400 Meter Relay	Final on Time
		Girls 4x400 Meter Relay	Final on Time

**All non-public sections will compete at Middletown North High School.**

<b>Non-Public Sectional &amp; Group Order of Field Events</b>			
<b>Day 1 – Field Events (Friday)</b>		<b>Day 2 – Field Events (Saturday)</b>	
Girls Shot Put	Group A then B	Boys Shot Put	Group A then B
Boys Discus	<b>Group B then A</b>	Girls Discus	Group B then A
Girls Javelin	Group B then A	Boys Javelin	Group B then A
Girls Pole Vault	Group B then A	Boys Pole Vault	Group B then A
<b>Boys</b> High Jump	Group A then B	<b>Girls</b> High Jump	Group A then B
Girls Long Jump	Group B then A	Boys Long Jump	Group B then A
<b>Boys</b> Triple Jump	Group A then B	<b>Girls</b> Triple Jump	Group A then B

**All heats and Flights will be set up with the fastest heat running last and the best seeded heat throwing last.**

## Public State Group Championships

### Groups 1 & 3 @ Pennsauken.

Day 1: Friday, June 10, 2022 at 2:30pm

Day 2: Saturday, June 11, 2022 at 10:30am

Meet Director: Ed Colona

Phone: 609-386-5463

E-mail: [ecolona@comcast.net](mailto:ecolona@comcast.net)

Track: 8 lanes, ¼ inch spikes

Javelin Runway: Grass

### Public Groups Order of Running Events

Day 1 – Running Events (Friday)		Day 2 – Running Events (Saturday)	
Boys 4x100 Meter Relay	Final on Time	Boys 400 Meters	Final on Time
Girls 4x100 Meter Relay	Final on Time	Girls 400 Meters	Final on Time
Boys 800 Meters	Final on Time	Boys 110 Meter Hurdles	Trials
Girls 800 Meters	Final on Time	Girls 100 Meter Hurdles	Trials
Boys 100 Meters	Trials	Boys 4x800 Metter Relay	Final on Time
Girls 100 Meters	Trials	Girls 100 Meter Hurdles	Finals
Boys 400 Meter Hurdles	Final on Time	Boys 110 Meter Hurdles	Finals
Girls 400 Meter Hurdles	Final on Time	Girls 4x800 Metter Relay	Final on Time
Boys 100 Meters	Finals	Boys 200 Meters	Final on Time
Girls 100 Meters	Finals	Girls 200 Meters	Final on Time
Boys 3200 Meters	Final on Time	Boys 1600 Meters	Final on Time
Girls 3200 Meters	Final on Time	Girls 1600 Meters	Final on Time
		Boys 4x400 Meter Relay	Final on Time
		Girls 4x400 Meter Relay	Final on Time

### Public Groups Order of Field Events

Day 1 – Field Events (Friday)		Day 2 – Field Events (Saturday)	
Girls Shot Put	Group S then L	Boys Shot Put	Group S then L
Girls Javelin	Group L then S	Boys Javelin	Group L then S
Boys Discus	Group S then L	Girls Discus	Group S then L
Girls Long Jump	Group L then S	Boys Long Jump	Group L then S
Boys Triple Jump	Group L then S	Girls Triple Jump	Group L then S
Boys High Jump	Group S then L	Girls High Jump	Group S then L
Girls Pole Vault	Group L then S	Boys Pole Vault	Group L then S

**All heats and Flights will be set up with the fastest heat running last.**

**For all running events, group S (Small Schools) will run first followed by group L (Large Schools)**

## Public State Group Championships

### Groups 2 & 4 @ Franklin H.S.

Day 1: Friday, June 10, 2022 at 2:30pm

Day 2: Saturday, June 11, 2022 at 10:30am

Meet Director: Bill Malone

Phone: 908-782-4288

E-mail: [b2milone@comcast.net](mailto:b2milone@comcast.net)

Track: 8 lanes, ¼ inch spikes

Javelin Runway: Grass

### Public Groups Order of Running Events

Day 1 – Running Events (Friday)		Day 2 – Running Events (Saturday)	
Boys 4x100 Meter Relay	Final on Time	Boys 400 Meters	Final on Time
Girls 4x100 Meter Relay	Final on Time	Girls 400 Meters	Final on Time
Boys 800 Meters	Final on Time	Boys 110 Meter Hurdles	Trials
Girls 800 Meters	Final on Time	Girls 100 Meter Hurdles	Trials
Boys 100 Meters	Trials	Boys 4x800 Meter Relay	Final on Time
Girls 100 Meters	Trials	Girls 100 Meter Hurdles	Finals
Boys 400 Meter Hurdles	Final on Time	Boys 110 Meter Hurdles	Finals
Girls 400 Meter Hurdles	Final on Time	Girls 4x800 Meter Relay	Final on Time
Boys 100 Meters	Finals	Boys 200 Meters	Final on Time
Girls 100 Meters	Finals	Girls 200 Meters	Final on Time
Boys 3200 Meters	Final on Time	Boys 1600 Meters	Final on Time
Girls 3200 Meters	Final on Time	Girls 1600 Meters	Final on Time
		Boys 4x400 Meter Relay	Final on Time
		Girls 4x400 Meter Relay	Final on Time

### Public Groups Order of Field Events

Day 1 – Field Events (Friday)		Day 2 – Field Events (Saturday)	
Girls Shot Put	Group S then L	Boys Shot Put	Group S then L
Girls Javelin	Group L then S	Boys Javelin	Group L then S
Boys Discus	Group S then L	Girls Discus	Group S then L
Girls Long Jump	Group L then S	Boys Long Jump	Group L then S
Boys Triple Jump	Group L then S	Girls Triple Jump	Group L then S
Boys High Jump	Group S then L	Girls High Jump	Group S then L
Girls Pole Vault	Group L then S	Boys Pole Vault	Group L then S

**All heats and Flights will be set up with the fastest heat running last.**

**For all running events, group S (Small Schools) will run first followed by group L (Large Schools)**

# Meet of Championships

<b>Franklin High School</b>
Saturday, June 18, 2022
Wheelchair Field Events Start at 11:30am
Field Events Start at 12:00pm & Running Events Start at 1:00pm
Meet Director: Ed Colona
Phone: 609-386-5463
E-mail: <a href="mailto:ecolona@comcast.net">ecolona@comcast.net</a>
Track: 8 lanes, ¼ inch spikes
Javelin Runway: Grass

<b>Meet of Champions Events</b>			
<b>Running Events</b>		<b>Field Events</b>	
Boys 4x800 Metter Relay	Final on Time	Wheelchair Shot Put	Combined
Girls 4x800 Metter Relay	Final on Time	Wheelchair Discus	Combined
Boys 110 Meter Hurdles	Trials	Shot Put	Boys/Girls
Girls 100 Meter Hurdles	Trials	Javelin	Boys/Girls
Boys 100 Meters	Trials	Discus	Girls/Boys
Girls 100 Meters	Trials	Long Jump	Girls/Boys
Boys 400 Meter Hurdles	Final on Time	Triple Jump	Boys/Girls
Girls 400 Meter Hurdles	Final on Time	High Jump	Girls/Boys
Wheelchair 100 Meters	Final on Time	Pole Vault	Girls/Boys
Boys 100 Meters	Finals	<b>BOYS AND GIRLS WILL VAULT AT THE SAME TIME USING TWO VAULTING PITS.</b>	
Girls 100 Meters	Finals		
Boys 1600 Meters	Final on Time		
Wheelchair 1600 Meters	Final on Time		
Girls 1600 Meters	Final on Time		
Girls 100 Meter Hurdles	Finals		
Boys 110 Meter Hurdles	Finals		
Boys 400 Meters	Final on Time		
Girls 400 Meters	Final on Time		
Wheelchair 400 Meters	Final on Time		
Boys 4x100 Meter Relay	Final on Time		
Girls 4x100 Meter Relay	Final on Time		
Boys 800 Meters	Final on Time		
Girls 800 Meters	Final on Time		
Boys 200 Meters	Final on Time		
Girls 200 Meters	Final on Time		
Boys 3200 Meters	Final on Time		
Girls 3200 Meters	Final on Time		
Boys 4x400 Meter Relay	Final on Time		
Girls 4x400 Meter Relay	Final on Time		

**All heats and Flights will be set up with the fastest heat running last.**