



To: NJSIAA Program Review Committee

From: Colleen Maguire, Executive Director

Date: May 9, 2022

RE: NJSIAA Football Summer Recess – Guidelines

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The Football Sports Committee met on January 27, 2022. The committee requested guidelines be posted as to what is and is not permissible during the summer recess period specific to the sport of football – committee members expressed concern that there has been growing inconsistency among NJSIAA member schools.

The following guidelines are for member schools to adhere to during the NJSIAA summer recess period, which for the 2022 – 2023 school year will run from Monday, June 20, 2022, through Tuesday, August 9, 2022. These guidelines will be in place in each subsequent year as well.

1. Participation in interscholastic competition is prohibited. Interscholastic competition is defined as any activity or event organized or supported by a member school. School districts, or school-related groups, such as a Booster club, may not sponsor or support interscholastic competition during camps, clinics, recreation programs, or tournaments.
2. School districts, or school-related groups, may sponsor or support participation in camps, clinics, recreation programs, or tournaments, if there is no interscholastic competition among participants.
3. No full or thud contact is permissible during the summer recess period. Full contact is defined as contact in which players are being tackled to the ground. Thud contact is defined as contact in which players are not being tackled to the ground.
4. Schools may host or participate in 7v7 competition with school district approval. Football 7v7 competition is not considered interscholastic competition.
5. The use of any player protective equipment is subject to school district approval.