

REFERENDUM PROPOSAL NO.1

Girls Wrestling

In October 2018, the NJSIAA Executive Committee approved a pilot program to host an individual girls state wrestling championship. NJSIAA staff has now proposed to formally recognize girls wrestling as an NJSIAA sport.

This proposal has been reviewed by the Advisory Committee and endorsed by the Executive Committee. The proposal was reviewed at NJSIAA's sectional meetings, with no changes proposed.

This proposal requires a majority vote of the membership at the Annual Meeting, based on the total number of ballots cast at the Annual Meeting.

RULES AND REGULATIONS CHANGE

(Add new section to Specific Sport Regulations entitled "Girls Wrestling")

Girls Wrestling

Section 1 Rules National Federation Wrestling Rules, unless modified herein, shall govern all NJSIAA meets.

Section 2 Start of Practice Provided for in Program Regulations, Section 6.

Section 3 Start of Regular Schedule Provided for in Program Regulations, Section 8.

Section 4 End of Season Provided for in Program Regulations, Section 10.

Section 5 Transfers A student who transfers after the NJSIAA Competition Start Date for each sport, regardless of whether the transfer was the result of a bona fide change of residence, shall be ineligible to participate in any post-season championship competition at the new school.

Section 6 Postponed Meets Any postponed meet may be added to the regular scheduling as noted in Section 8 Maximum Meets.

Section 7 Maximum Meets.

A wrestler may not participate in more than four weigh-ins per week. A wrestler may participate in only one event involving more than four opponents during the week. A two-day tournament with a weigh-in each day will count as one weigh-in.

NOTE: Make-up matches must fall within the four weigh-in regulations.

CL 1: A weigh in counts only if the wrestler appears on the mat to accept forfeit or to compete.

CL 2: A wrestler may not compete in MORE than a maximum of 30 sub-varsity and/or varsity matches during the regular season (exclusive of the NJSIAA Tournament, Team and Individual).

CL 3: Two-day tournaments that are held on a Saturday and a Sunday will be considered as a tournament for the week of the initial day the tournament starts (in this case Saturday). A weigh-in for a two-day tournament starting on Saturday will count for the week the tournament started (in this case Saturday) and will not impact weigh-ins for the following week.

Section 8 Weight Certification

Weight Classes: 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, 235

Section 9 Weight Classification Each Match – A wrestler’s actual weight, minimum certified weight, and weight class at which the wrestler participated must be recorded in the team’s scorebook. If there is no scorebook the official will record final score on the Wrestling weigh in sheet(s) and these form(s) will become the official document(s) of the meet.

Section 10 Skin Infection/Contagious Disease Before being permitted to wrestle, any wrestler previously judged not fit to wrestle must present, at weigh in, the original NJSIAA skin-lesion form signed by an MD, DO, PA or APN, certifying that an exam took place pertaining to that condition within the last seven (7) days, clearing that contestant for competition.

CL: Before the dual/individual meet begins, the referee shall perform skin checks, or verify skin checks have been performed by a designated, on-site, meet appropriate health professional. NFHS Rule 3-1-4a; 3-1-5a.

Section 11 Equipment Headgear – It is mandatory that all wrestlers wear a protective headgear at all times during practice and while participating in a match.

Section 12 Disqualifications – Any player with more than two flagrant disqualifications in the current season, prior to the start of an NJSIAA tournament, will be ineligible to compete in said tournament.