









# **GYMNASTICS**

# Championship History

1974-2024

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www.njsiaa.org

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#### NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION

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#### **NOTES**

Due to the COVID-19 pandemic, State Championships were not held in 2020.

The New Jersey State Interscholastic Athletic Association strives to make each sport's Championship History Book an accurate and comprehensive resource. If you have information you believe should be included in these records (additions, deletions or corrections), it may be submitted by e-mail to Dena Maggio at dmaggio@njsiaa.org. Please provide supporting data/documentation with your submission. Appropriate documentation shall include, but is not limited to, the following: copies of scorebooks or game/season statistical summaries, copies of yearbooks, and copies of newspaper clippings. All information must be complete for consideration. Submissions completed by a coach or school administrator are preferred. Before any mark is added to the record book, it must be independently verified by the NJSIAA staff. If the information cannot be independently verified, it will not be included.



## Sectional Champions

Year	North I	North II	Central I	Central II	South
1996	Passaic Valley	Westfield	Red Bank Catholic	Bishop Ahr	Washington Township
1997	Ridgewood	Montclair	Holmdel	Bishop Ahr	Toms River North
1998	Ridgewood	Westfield	Holmdel	Somerville	Toms River North
1999	Ridgewood	Westfield	Red Bank Catholic	Somerville	Toms River East
2000	Ridgewood	Westfield	Marlboro	Hillsborough	Toms River North
2001	Ridgewood	Westfield	Red Bank Catholic	Hillsborough	Lacey
2002	Ridgewood	Randolph	Red Bank Catholic	Bishop Ahr	Washington Township
2003	Ridgewood	Cranford	Red Bank Catholic	Bishop Ahr	Jackson
2004	Ridgewood	Dayton/Brearley	Colts Neck	Bishop Ahr	Washington Township
2005	Ridgewood	Union	Red Bank Catholic	Bishop Ahr	Seneca
2006	Ridgewood	Westfield	Red Bank Catholic	Bishop Ahr	Washington Township
2007	Pascack Regional	Bishop Ahr	Red Bank Catholic	Hillsborough	Washington Township
2008	Pascack Regional	Bishop Ahr	Howell	Hunterdon Central	Washington Township
2009	Pascack Regional	Bishop Ahr	Red Bank Catholic	Hillsborough	Washington Township
2010	Pascack Regional	Bishop Ahr	Freehold Boro	Hillsborough	Washington Township
2011	Ramapo	Bishop Ahr	Freehold Boro	Hunterdon Central	Washington Township
2012	Ramapo	Bishop Ahr	Freehold Boro	East Brunswick	Lenape
2013	Ramapo	Westfield	Red Bank Catholic	Bridgewater-Raritan	Brick Memorial
2014	Ramapo	Westfield	Red Bank Catholic	Hillsborough	Brick Memorial
2015	Ramapo	Bishop Ahr	Red Bank Catholic	Hillsborough	Washington Township
2016	Ramapo	Bishop Ahr	Red Bank Catholic	Hillsborough	Brick Memorial
2017	Holy Angels	Bishop Ahr	St. John Vianney	Hillsborough	Jackson Memorial
2018	Holy Angels	Bishop Ahr	Freehold Township	Hillsborough	Brick Memorial
2019	Roxbury	Old Bridge	Freehold Township	Hillsborough	Brick Memorial
2020	Cancelled due to COVID-19				

Starting in 2021, Central sections I and II became a single section.

Year	North I	North II	Central	South
2021	Randolph	Scotch Plains-Fanwood	Freehold Township	East Brunswick
2022	Mount Olive	St. Thomas Aquinas	Freehold Township	Cherokee
2023	Mount Olive	St. Thomas Aquinas	St. John Vianney	Colts Neck



## State Champions - Team and All-Around

Year	Team Champion	All-Around Champion	
1974	Cherry Hill East	Sarah Warner, Montclair	
1975	Red Bank Catholic	Lisa Neutze, Cherry Hill East	
1976	Red Bank Catholic	Ann Woods, Red Bank Catholic	
1977	Red Bank Catholic	Ann Woods, Red Bank Catholic	
1978	Ridgewood	Lucia Cancelmo, Ridgewood	
1979	Brick Township	Happy Capoano, Brick Township	
1980	Red Bank Catholic	Elaine Sacks, East Brunswick	
1981	Wayne Hills	Sue Repmann, Cedar Ridge	
1982	Rumson-Fair Haven	Sue Repmann, Cedar Ridge	
1983	Cedar Ridge	Cheri Way, Shawnee	
1984	Cedar Ridge	Chris Furlong, Red Bank Catholic	
1985	Shawnee	Joyce Wilborn, John F. Kennedy (Paterson)	
1986	Nuemann Prep	Joyce Wilborn, John F. Kennedy (Paterson)	
1987	Lenape	Janice Rogers, Toms River North	
1988	Lenape	Colby Silver, Parsippany	
1989	Cherokee	Kim O'Keefe, Brick Township	
1990	Lenape	Joanne Watson, Lenape	
1991	Middletown South	Karen Schaefer, Middletown South	
1992	Bishop Ahr	Siobhan Haney, Shawnee	
1993	Somerville	Karen Mauerer, Roselle Catholic	
1994	Bishop Ahr	Julie Hassett, Bishop Ahr	
1995	Bishop Ahr	Dawn Campbell, Howell	
1996	Red Bank Catholic	Jamie McNally, Bishop Ahr	
1997	Toms River North	Alexo Pero, Toms River North	
1998	Toms River North	Kristen Presutti, Toms River North	
1999	Marlboro	Kim Kirzow, Monmouth Regional	
2000	Toms River North	Jayne Propert, St. Rose	
2001	Red Bank Catholic	Kaitlyn Kaplan, Jackson Memorial	
2002	Red Bank Catholic	Jessica Tai, Holmdel	
2003	Bishop Ahr	Danielle Guider, Nutley	
2004	Bishop Ahr	Chelsea Steinberg, Ridgewood	
2005	Bishop Ahr	Chelsea Steinberg, Ridgewood	
2006	Bishop Ahr	Chelsea Steinberg, Ridgewood	
2007	Bishop Ahr	Chelsea Goldschrafe, Ramapo	
2008	Pascack Valley/Pascack Hills (co-op)	Austyn Fobes, Howell	



## State Champions- Team and All-Around continued

Year	Team Champion	All-Around Champion	
2009	Pascack Valley/Pascack Hills (co-op)	Kristen Harabedian, Hunterton Central	
2010	Bishop Ahr	Kyla Vaccio, Bishop Ahr	
2011	Freehold Boro	Danielle Verdon, Freehold Boro	
2012	Freehold Boro	Julianna Drapkin, Bishop Ahr	
2013	Bishop Ahr	Kendall Valentin, Holmdel	
2014	Red Bank Catholic	Julianna Drapkin, Holmdel	
2015	Red Bank Catholic	Kristen Politz, St. John Vianney	
2016	Red Bank Catholic	Nicolette DePrisco, Red Bank Catholic	
2017	Freehold Township	Ally Cucich, Red Bank Catholic	
2018	Freehold Township	Ariana Agrapides, St. John Vianney	
2019	Freehold Township	Grace Costello, St. John Vianney	
2020	Due to the COVID-19 pandemic, St	tate Championships were not held.	
2021	East Brunswick	Karina Munoz, East Brunswick	
2022	Freehold Township	Kylie Sitty, St. John Vianney	
2023	St. John Vianney	Christina Fallon, St. John Vianney	
2024	Mount Olive	Natalie Lindgren, Rumson-Fair Haven	



## Most Team State Titles

No.	School	No.	School
10	Bishop Ahr	1	East Brunswick
10	Red Bank Catholic	1	Marlboro
4	Freehold Township	1	Middletown South
3	Lenape	1	Mount Olive
3	Toms River North	1	Neumann Prep
2	Cedar Ridge	1	Ridgewood
2	Freehold Boro	1	Rumson-Fair Haven
2	Pascack Valley/Pascack Hills (co-op)	1	Shawnee
1	Brick Township	1	Somerville
1	Cherokee	1	St. John Vianney
1	Cherry Hill East	1	Wayne Hills

## Most Consecutive Team State Titles (3+)

No.	School	Years
5	Bishop Ahr	2003-2007
3	Freehold Township	2017-2019
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3 Red Bank Catholic 1975-1977, 2014-2016

## State Meet Records

State Championship Team Score Record
2023 - St. John Vianney - 114.125

State Championship All-Around Record
2017 - Ally Cucich, Red Bank Catholic - 38.875



## Individual State Champions

Year	Vault	Uneven Bars	Balance Beam	Floor Exercise
1974	Sarah Werner,	Lisa Neutze,	Diane Lovato,	Annette Digiglio,
	Montclair	Cherry Hill East	Pascack Hills	Piscataway
1975	Lisa Neutze,	Ann Woods,	Lisa Neutze,	Ann Woods,
	Cherry Hill East	Red Bank Catholic	Cherry Hill East	Red Bank Catholic
1976	Ann Woods,	Ann Woods,	Pat Spisak,	Ann Woods,
	Red Bank Catholic	Red Bank Catholic	Wayne Hills	Red Bank Catholic
1977	Ann Woods,	Ann Woods,	Ann Woods,	Ann Woods,
	Red Bank Catholic	Red Bank Catholic	Red Bank Catholic	Red Bank Catholic
1978	Lynn McDonnell,	Lucia Cancelmo,	Lucia Cancelmo,	Karen McDonnell,
	Ridgewood	Ridgewood	Ridgewood	Ridgewood
1979	Happy Capoano,	Happy Capoano,	D. Mosley,	Happy Capoano,
	Brick Township	Brick Township	Willingboro	Brick Township
1980	Lauretta Thomas,	Elaine Sacks,	Paula Stewart,	Paula Stewart,
	Toms River East	East Brunswick	West Essex	West Essex
1981	Sue Filardi,	Sue Filardi,	Nancy McDonald,	Sue Repmann,
	Raritan	Raritan	Indian Hills	Cedar Ridge
1982	Sue Repmann,	Sue Repmann,	Linda Frank,	Michelle Spillman,
	Cedar Ridge	Cedar Ridge	Wayne Hills	Montclair
1983	Rose Johnson,	Chris Kaiser,	Cheri Way,	Rose Johnson,
	Toms River East	Rumson-Fair Haven	Shawnee	Toms River East
1984	Jennifer Schmaizzel,	Chris Kaiser,	Chris Furlong,	Joyce Wilborn,
	Ramapo	Rumson-Fair Haven	Red Bank Catholic	John F. Kennedy (Paterson)
1985	Joyce Wilborn,	Cheri Way,	Jan Dalziel,	Joyce Wilborn,
	John F. Kennedy (Paterson)	Shawnee	Neptune	John F. Kennedy (Paterson)
1986	Joyce Wilborn,	Margot Gumerlock,	Joyce Wilborn,	Joyce Wilborn,
	John F. Kennedy (Paterson)	Bound Brook	John F. Kennedy (Paterson)	John F. Kennedy (Paterson)
1987	Colby Silver,	Jan Dalziel, Neptune &	Janice Rogers,	Jan Dalziel,
	Parsippany	Ally Woomer, Ocean	Toms River North	Neptune
1988	Mika Whiddon,	Kellie McHugh,	Coby Silver,	Jan Dalziel,
	Lenape	West Morris Central	Parsippany	Neptune
1989	Lisa Boccella,	Kim O'Keefe,	Mary Pfieffenberger,	Kim O'Keefe,
	Cherokee	Brick Township	Hopewell Valley	Brick Township



## Individual State Champions continued

Year	Vault	Uneven Bars	Balance Beam	Floor Exercise
1990	Jen Clayton, Red Bank Catholic	Erika Pazcoguin, Dwight Englewood	Lori Buck, Bishop Ahr & Tara Berdowitz, Freehold Twp.	Erika Maugham, Lenape
1991	Stacey Witczak, Cherokee & Danielle Comment, Lakewood	Jenny White, Gloucester Catholic	Stacey Witzak, Cherokee & Karen Schaefer, Middletown South	Stacey Witzak, Cherokee & Karen Schaefer, Middletown South & Kim Jordon, Freehold Twp.
1992	Jackie Haft, East Brunswick	Sobhan Haney, Shawnee	Christine Chen, Marlboro	Danielle Pisapis, Lacey Twp.& Christine Chen, Marlboro & Stacey Breidenback, Pascack Valley
1993	Karen Stengle, Cedar Ridge	Karen Maurer, Roselle Catholic	Natalie Booth, Cherokee	Julie Hassert, Bishop Ahr & Krista Geis, Washington Twp.
1994	Jamie McNally, Bishop Ahr	Julie Hassett, Bishop Ahr	Dawn Campbell, Howell & Megan Marcus, Middletown North	Katie Russo, Passaic Valley
1995	Jamie McNally,	Dawn Campbell,	Heather Carr,	Jamie McNally,
	Bishop Ahr	Howell	Butler	Bishop Ahr
1996	Jamie McNally,	Jamie McNally,	Bethany Wagner,	Jamie McNally,
	Bishop Ahr	Bishop Ahr	Bound Brook	Bishop Ahr
1997	Kelly McMullin, Holmdel &	Alexis Pero,	Bethany Wagner,	Ashley Asraf,
	Jamie McNally, Bishop Ahr	Toms River North	Bound Brook	Toms River North
1998	Kim Kirzow,	Lauren Caravello,	Jamie Shapiro,	Kristen Presutti,
	Monmouth Regional	Westfield	Manalapan	Toms River North
1999	Jade Rubel,	Lauren Caravello,	Gina Roselle,	Kim Kirzow,
	Ocean Township	Westfield	St. Rose	Monmouth Regional
2000	Jayne Propert,	Jessica Tai,	Jayne Propert,	Ahsley Asraf,
	St. Rose	Holmdel	St. Rose	Toms River North
2001	Kaitlyn Kaplan,	Nicole Drane,	Lauren Caravello,	Erin Muirhead,
	Jackson Memorial	Lenape	Westfield	South River
2002	Nicole Drane,	Nicole Drane,	Caitlin Steele,	Jessica Tai,
	Lenape	Lenape	Soutern Regional	Holmdel



## Individual State Champions continued

Year	Vault	Uneven Bars	Balance Beam	Floor Exercise
2003	Danielle Guider, Nutley & Kaitlyn Kaplan, Jackson Memorial	Nicole Drane, Lenape & Karley Walek, Pequannock	Dana Sherman, Ocean Township	Beate Jones, Red Bank Catholic
2004	Chelsea Steinberg,	Kristy Boswell,	Chelsea Steinberg,	Chelsea Steinberg,
	Ridgewood	Cherry Hill West	Ridgewood	Ridgewood
2005	Danielle Guider,	Kristy Boswell,	Lindsey Poploski,	Maddie Zwiebel,
	Nutley	Cherry Hill West	Brick	Bridgewater-Raritan
2006	Chelsea Steinberg,	Meagan Phelan,	Lindsey Poploski,	Austyn Fobes,
	Ridgewood	Pascack Regional	Brick	Howell
2007	Lacy Cummings,	Austyn Fobes,	Chelsea Goldschrafe,	Chelsea Goldschrafe,
	Westfield	Howell	Ramapo	Ramapo
2008	Jenny Buontempo,	Austyn Fobes,	Austyn Fobes,	Chelsea Goldschrafe,
	Cranford	Howell	Howell	Ramapo
2009	Brittany Marcsisin,	Kristen Harabedian,	Kristen Harabedian,	Kristen Harabedian,
	Hillsborough	Hunerdon Central	Hunerdon Central	Hunerdon Central
2010	Brittany Marcsisin, Hillsborough	Morgan Venuti, Washington Township	Missy Arena, Passaic Valley	Jen King, Freehold Boro & Natali Ruzich, Pascack Valley/Hills (co-op)
2011	Danielle Verdon,	Courtney DeDea,	Danielle Verdon,	Danielle Verdon,
	Freehold Boro	Colts Neck	Freehold Boro	Freehold Boro
2012	Bayleigh Fobes,	Delaney Cahill,	Julianna Drapkin,	Ayana Lee,
	Howell	Shawnee	Bishop Ahr	Bridgewater-Raritan
2013	Kierstin Sokolowski,	Aly Wesoly,	Tess Zientek,	Julianna Drapkin,
	Lacey Township	Lenape	Holmdel	Bishop Ahr
2014	Emma Johnson,	Tess Zientek,	Samantha Marion,	Nicole Sottiriou,
	Ramapo	Holmdel	Ramapo	South Plainfield
2015	Melissa Astarita,	Ariana Agrapides,	Samantha Marion,	Kristen Politz,
	Marlboro	St. John Vianney	Ramapo	St. John Vianney
2016	Jacie Van de Zilver,	Monica Servidio,	Shannon Gregory,	Nicolette DiPrisco,
	Jackson Memorial	Howell	J.P. Stevens	Red Bank Catholic
2017	Ariana Agrapides, St. John Vianney & Ally Cucich, Red Bank Catholic	Ally Cucich, Red Bank Catholic	Shannon Gregory, J.P. Stevens	Ally Cucich, Red Bank Catholic



## Individual State Champions continued

Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	
2018	Karina Munoz,	Ariyana Agarwala,	Mackenzie Aresta,	Ariana Agrapides,	
	East Brunswick	Bishop Ahr	Old Bridge	St. John Vianney	
2019	Anna Pagliaro,	Grace Costello,	Grace Costello,	Grace Costello,	
	Freehold Township	St. John Vianney	St. John Vianney	St. John Vianney	
2020	Due to the COVID-19 pandemic, State Championships were not held.				
2021	Karina Munoz,	Karina Munoz,	Amamda Scheuerman,	Karina Munoz,	
	East Brunswick	East Brunswick	Old Bridge	East Brunswick	
2022	Supriyha Moore,	Kathryn McSweeney,	Emily Rodgers,	Kathryn McSweeney,	
	St. Thomas Aquinas	East Brunswick	Freehold Township	East Brunswick	
2023	Emma Gentile,	Christina Fallon,	Emili Horike,	Giovannina Beltra,	
	Middletown South	St. John Vianney	Edison	St. John Vianney	
2024	Natalie Lindgren,	Natalie Lindgren,	Dana Imperial,	Ava Trezza,	
	Rumson-Fair Haven	Rumson-Fair Haven	Marlboro	Middletown South	



## Individual Meet Records

Event	Name, School	Year	Score
Vault	Kim Kirzow, Monmouth Regional	1998	10.000
Uneven Bars	Austyn Fobes, Howell	2008	9.850
Balance Beam	Austyn Fobes, Howell	2008	9.800
	Shannon Gregory, J.P. Stevens	2016	9.800
Floor Exercise	Karina Munoz, East Brunswick	2017	9.850