

NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION

Spring Sports 3-Year Quick Chart

All dates are tentative and subject to change by the NJSIAA

Revised 10/27/21 (Changes in **RED**)

2020	First Practice	First Scrimmage	Competition Start	Tournament Start	Transfer Date	Max Contests	Contests Per Week	3 in a Row	Competition End*
Lacrosse - Boys	Mar 6	Mar 13	Mar 25	May 20	Apr 22	18 / 20	3	NO	June 13
Lacrosse - Girls	Mar 6	Mar 13	Mar 25	May 14	Apr 19	18 / 20	3	NO	June 13
Golf	Mar 6	N/A	Apr 1	May 11	Apr 20	No Max	No Max	YES	June 13
Tennis (Team / Ind)	Mar 6	Mar 13	Apr 1	May 6 / May 30	Apr 19	No Max	No Max	YES	June 13
Baseball	Mar 6	Mar 13	Apr 1	May 26	Apr 29	25	No Max	YES	June 13
Softball	Mar 6	Mar 13	Apr 1	May 14	Apr 22	25	No Max	YES	June 13
Track (NP / Pub)	Mar 6	Mar 13	Apr 1	May 28 / May 31	Apr 29	No Max	3	NO	June 13
Volleyball	Mar 6	Mar 13	Apr 1	May 19	Apr 24	No Max	No Max	YES	June 13
2021	First Practice	First Scrimmage	Competition Start	Tournament Start	Transfer Date	Max Contests	Contests Per Week	3 in a Row	Competition End*
Lacrosse - Boys	Apr 1	Apr 8	Apr 19	June 1	May 11	18 / 20	3	NO	June 20
Lacrosse - Girls	Apr 1	Apr 8	Apr 19	June 1	May 11	18 / 20	3	NO	June 20
Golf	Apr 1	N/A	Apr 9	May 10	Apr 23	No Max	No Max	YES	June 20
Tennis (Team / Ind)	Mar 26	Apr 2	Apr 19	May 24 / June 12	May 7	No Max	No Max	YES	June 20
Baseball	Apr 1	Apr 8	Apr 19	June 1	May 11	25	No Max	YES	June 20
Softball	Apr 1	Apr 8	Apr 19	June 1	May 11	25	No Max	YES	June 20
Track (NP / Pub)	Apr 1	Apr 8	Apr 19	NA / June 4	May 11	No Max	3	NO	June 20
Volleyball	Apr 1	Apr 8	Apr 19	June 1	May 11	No Max	No Max	YES	June 20
2022	First Practice	First Scrimmage	Competition Start	Tournament Start	Transfer Date	Max Contests	Contests Per Week	3 in a Row	Competition End*
Lacrosse - Boys	Mar 7	Mar 14	Mar 30	May 18	Mar 30	18 / 20	3	NO	June 11
Lacrosse - Girls	Mar 7	Mar 14	Mar 30	May 19	Mar 30	18 / 20	3	NO	June 11
Golf	Mar 7	N/A	Apr 1	May 9	Apr 1	No Max	No Max	YES	June 11
Tennis (Team / Ind)	Mar 11	Mar 18	Apr 1	May 23 / June 11	Apr 1	No Max	No Max	YES	June 9
Baseball	Mar 11#	Mar 18	Apr 1	May 31	Apr 1	25	No Max	YES	June 18
Softball	Mar 11#	Mar 18	Apr 1	May 17	Apr 1	25	No Max	YES	June 11
Track (Pub / NP)	Mar. 7	Mar. 14	Apr. 1	June 3 / June 10	Apr. 1	No Max	3	NO	June 11
Volleyball	Mar. 11	Mar. 18	Apr. 1	May 19	Apr. 1	No Max	No Max	YES	June 9

*The Competition End date refers to the last day a sport may compete in any contest that is not part of the NJSIAA tournament.

#Baseball & Softball pitchers and catchers may begin practice on March 8th.