

NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION

Fall Sports 3-Year Quick Chart

All dates are tentative and subject to change by the NJSIAA

Revised 10/04/21 (Changes in **RED**)

2022	First Practice	First Scrimmage	Competition Start	Intent Form Period	Tournament Start	Transfer Date*	Max Contests	Contests Per week	3 In a Row	Competition End**
Football	Aug 10	Aug 17	Sept 2	Oct 10 - Oct 17	Oct 28	Sept 2	10	N/A	N/A	Nov 27
Tennis (Girls) Team/Ind	Aug 17	Aug 24	Sept 6	N/A	Oct 6 / Oct 8	Sept 6	24	No Max	YES	Nov 13
Cross Country	Aug 22	Aug 29	Sept 8	N/A	Oct 29	Sept 8	14	No Max	NO	Nov 13
Field Hockey	Aug 22	Aug 29	Sept 8	Oct 1 - Oct 10	Oct 28	Sept 8	18	No Max	NO	Nov 13
Gymnastics	Aug 22	Aug 29	Sept 8	N/A	Oct 29	Sept 8	14	No Max	NO	Nov 13
Soccer	Aug 22	Aug 29	Sept 8	Oct 1 - Oct 10	Oct 28	Sept 8	18	No Max	NO	Nov 13
Volleyball (Girls)	Aug 22	Aug 29	Sept 8	Oct 1 - Oct 10	Oct 28	Sept 8	24	No Max	YES	Nov 13
2023	First Practice	First Scrimmage	Competition Start	Intent Form Period	Tournament Start	Transfer Date*	Max Contests	Contests Per week	3 In a Row	Competition End**
Football	Aug 9	Aug 16	Sept 1	Oct 9 - Oct 16	Oct 27	Sept 1	10	N/A	N/A	Nov 26
Tennis (Girls) Team/Ind	Aug 16	Aug 23	Sept 5	N/A	Oct 5 / Oct 7	Sept 5	24	No Max	YES	Nov 12
Cross Country	Aug 21	Aug 28	Sept 7	N/A	Oct 28	Sept 7	14	No Max	NO	Nov 12
Field Hockey	Aug 21	Aug 28	Sept 7	Oct 1 - Oct 10	Oct 27	Sept 7	18	No Max	NO	Nov 12
Gymnastics	Aug 21	Aug 28	Sept 7	N/A	Oct 28	Sept 7	14	No Max	NO	Nov 12
Soccer	Aug 21	Aug 28	Sept 7	Oct 1 - Oct 10	Oct 27	Sept 7	18	No Max	NO	Nov 12
Volleyball (Girls)	Aug 21	Aug 28	Sept 7	Oct 1 - Oct 10	Oct 27	Sept 7	24	No Max	YES	Nov 12
2024	First Practice	First Scrimmage	Competition Start	Intent Form Period	Tournament Start	Transfer Date*	Max Contests	Contests Per week	3 In a Row	Competition End**
Football	Aug 14	Aug 21	Sept 6	Oct 7 - Oct 14	Nov 1	Sept 6	10	N/A	N/A	Dec 1
Tennis (Girls) Team/Ind	Aug 14	Aug 28	Sept 3	N/A	Oct 3 / Oct 5	Sept 3	24	No Max	YES	Nov 17
Cross Country	Aug 26	Sept 2	Sept 12	N/A	Nov 2	Sept 12	14	No Max	NO	Nov 17
Field Hockey	Aug 26	Sept 2	Sept 12	Oct 1 - Oct 10	Nov 1	Sept 12	18	No Max	NO	Nov 17
Gymnastics	Aug 26	Sept 2	Sept 12	N/A	Nov 2	Sept 12	14	No Max	NO	Nov 17
Soccer	Aug 26	Sept 2	Sept 12	Oct 1 - Oct 10	Nov 1	Sept 12	18	No Max	NO	Nov 17
Volleyball (Girls)	Aug 26	Sept 2	Sept 12	Oct 1 - Oct 10	Nov 1	Sept 12	24	No Max	YES	Nov 17

*Any transfers after this date will not be eligible for any NJSIAA post-season tournaments.

**The Competition End date refers to the last day a sport may compete in any contest that is not part of the NJSIAA tournament while keeping within the maximum number of contests permitted.