

Ice Hockey

Section 1 Rules National Federation Ice Hockey Rules, with the following exceptions, shall govern all NJSIAA games.

1. The game shall consist of three periods of 15 minutes. An exception may be allowed when participating out of state.
2. On a disqualification penalty, the player shall be put in the custody of the coach on the bench.
3. There shall be no overtime periods, except in playoffs, regular season tournaments, or when playing out of state.

CL: Overtime will be permitted during the regular season only when playing out of state for purposes of complying with the host state's rules.

1. There shall be no limit to non-playing personnel on the bench, but the coach is responsible and must suffer the penalty if any bench disturbance occurs.

Section 2 Start of Practice Provided for in Program Regulations, Section 6.

Section 3 Start of Regular Schedule Provided for in Program Regulations, Section 8.

Section 4 End of Season No interscholastic games at any level (sub-varsity or varsity) other than the NJSIAA Tournament may be played after the Saturday after completion of the preliminary round of the NJSIAA Tournament.

Section 5 Transfers A student who transfers after the NJSIAA Competition Start Date for each sport, regardless of whether the transfer was the result of a bona fide change of residence, shall be ineligible to participate in any post-season championship competition at the new school.

Section 6 Scrimmages Interschool scrimmages are to be limited to three (3) per week until the first starting date; thereafter, including the week of the first starting date, scrimmages will be subject to the provisions of Program Regulations, Section 7 Practices/Scrimmages/Games/Meets.

CL: Scrimmages during the regular season count toward the allowable number of games

Section 7 Periods Per Day An ice hockey player shall play in no more than three (3) periods during the same calendar day, with a maximum of twelve (12) periods per week. If a school elects to play a four (4) game week an individual player may not exceed fifteen (15) periods. This would include any combination of sub-varsity and varsity competition. NOTE: Overtime periods are a continuation of the third period.

Section 8 Games Per Week Not more than a total of three (3) ice hockey games may be played per week beginning with the week of the start of the regular schedule (this includes interschool scrimmages, regular games, postponed games, play-off series, and tournament games), but games may not be played on three consecutive days. You may play one four-game week.

Section 9 Maximum Games. A member school may play a total of 26 ice hockey games (including scrimmages as provided for in Program Regulations, Section 7 Practices/Scrimmages/Games/Meets). This would include play-off series and tournaments. The State Tournament would be in addition to the 26 games.

Section 10 Play-offs A play-off series shall be of a single elimination type not to exceed eight (8) teams and limited to a maximum of three (3) games.

Section 11. Championship Eligibility. A student competing on an interscholastic ice hockey team must play as a member of his/her high school team in at least 50% of the school's total games to be eligible for the NJSIAA Championship Tournament.

CL: This means a student must play in at least 50% of the school's games up to and including the cut-off date while he/she was properly enrolled and eligible at said school according to NJSIAA regulations Extraordinary circumstances (i.e. injuries or participation on US National teams) will be reviewed on a case by case basis for the purposes of this clarification.