

Girls Lacrosse

Section 1 Rules United States Women Lacrosse Association Rules, endorsed by the NFHS, shall govern all NJSIAA games.

Section 2 Start of Practice Provided for in Program Regulations, Section 6.

Section 3 Start of Regular Schedule Provided for in Program Regulations, Section 8.

Section 4 End of Season Provided for in Program Regulations, Section 10.

Section 5 Transfers A student who transfers after the NJSIAA Competition Start Date for each sport, regardless of whether the transfer was the result of a bona fide change of residence, shall be ineligible to participate in any post-season championship competition at the new school.

Section 6 Scrimmages

Interschool scrimmages are to be limited to three (3) per week until the first starting date; thereafter, including the week of the first starting date.

CL: Scrimmages during the regular season count toward the allowable number of games.

Section 7 Games Per Week Not more than a total of three (3) lacrosse games may be played per week beginning with the week of the start of the regular schedule (this includes interschool scrimmages, regular games, postponed games, and tournament games), but games may not be played on three (3) consecutive days. This section does not apply to State Tournament scheduling. You may play one four-game week.

Section 8 Maximum Games A member school may play eighteen (18) games (including scrimmages as provided for in Program Regulations, Section 7 Practices/Scrimmages/Games/Meets) plus one tournament, plus the State Tournament or twenty (20) games (including scrimmages as provided for in Program Regulations, Section 7 Practices/Scrimmages/Games/Meets) plus the State Tournament.

Section 9 Duration of Play A player shall play in no more than three (3) halves during the same calendar day. This would include freshman, sophomore, junior varsity, and varsity competition.