

BEST FROM THE SECTIONAL MEETS

GIRLS

100 Meter Dash	Amandi Rhett, Morristown	1998	0:11.10
200 Meter Dash	Sydney McLaughlin, Union Catholic	2017	0:23.19
400 Meter Dash	Sydney McLaughlin, Union Catholic	2017	0:52.89*
800 Meter Run	Jillian Smith, Southern Regional	2008	2:07.26*
1600 Meter Run	Angelina Perez, Lakeland Regional	2022	4:48.13*
3200 Meter Run	Angelina Perez, Lakeland Regional	2022	10:07.48
100 Meter High Hurdles	Dawn Bowles, Neptune	1988	0:13.30
400 Meter Intermediate Hurdles	Sydney McLaughlin, Union Catholic	2017	0:55.52
4x100 Meter Relay	Piscataway	2014	0:47.14
4x400 Meter Relay	Plainfield	1980	3:44.70
4x800 Meter Relay	West Windsor Plainsboro South	2015	9:15.05
Shot Put (8 pounds)	Alyssa Wilson, Donovan Catholic	2016	54'02.50"
Discus	Jess Woodward, Cherokee	2013	168'00.00"
#New Javelin	Nia Barnes, West Orange	2011	154'05.00"
Javelin	<i>Lynlee Phillips, Shawnee</i>	<i>1999</i>	<i>154'08.00"</i>
Long Jump	Carol Lewis, Willingboro	1981	20'06.00"
Triple Jump	Kaitlin Salisbury, Hawthorne	2015	42'02.75"
High Jump	Tish Edwards, Mater Dei	1981	5'09.50"
Pole Vault	Kelly Burke, Cranford	2010	12'07.00"
	Melissa Purcell, Pascack Valley	2018	12'07.00"

*Fully-Automatic Timing

#In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

BEST OF THE NORTH 1 SECTIONAL MEETS

GIRLS

100 Meter Dash	Cassandra Grant, Passaic	1992	0:11.90
	Nicole Carmichael, Kennedy	1994	0:11.90
	Carlene Cummings, Englewood	1998	0:11.90
	Amma Walcot, Hackensack	2005	0:11.90
200 Meter Dash	Porshe Giddings, East Orange	2007	0:24.34*
400 Meter Dash	Natalie Jorden, Eastside	1982	0:55.10
800 Meter Run	Catherine Pegano, No. Highlands	2014	2:10.96*
1600 Meter Run	Angelina Perez, Lakeland Regional	2022	4:48.13*
3200 Meter Run	Angelina Perez, Lakeland Regional	2022	10:07.48*
100 Meter High Hurdles	Reanda Richards, West Essex	2018	0:13.89
	Andree Celestin, West Orange	2021	0:13.89
400 Meter Low Hurdles	Reanda Richards, West Essex	2018	0:59.04*
4x100 Meter Relay	West Orange	2019	0:48.30*
4x400 Meter Relay	Eastside	1981	3:53.60
4x800 Meter Relay	Ramapo	2014	9:18.56*
Shot Put (8 pounds)	Jessica Molina, Westwood	2016	46'10.00"
Discus	Lisa Parak, Vernon	1987	146'00.00"
#New Javelin	Nia Barnes, West Orange	2011	154'05.00"
<i>Javelin</i>	<i>Jen Austin, Garfield</i>	<i>1999</i>	<i>144'04.00"</i>
Long Jump	Keturah Orjl, Mount Olive	2012	19'07.50"
Triple Jump	Kaitlin Salisbury, Hawthorne	2015	42'2.75"
High Jump	Tiyana Peters, Mt. Olive	2004	5'08.00"
	Jordan Robinson, Morristown	2022	5'08.00"
Pole Vault	Melissa Purcell, Pascack Valley	2018	12'07.00"

*Fully-Automatic Timing

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NORTH 1 RECORDS

GROUP I GIRLS

100 Meter Dash	Kaitlin Salisbury, Hawthorne	2016	0:11.99
200 Meter Dash	Kaitlin Salisbury, Hawthorne	2016	0:25.00
400 Meter Dash	Megan Gasnicki, Park Ridge	2018	0:57.31*
800 Meter Run	Kim Mineo, Glen Rock	2002	2:13.9
1600 Meter Run	Grace Willis, Mountain Lakes	2021	5:08.88
3200 Meter Run	Colette Richter, Mountain Lakes	2012	11:01.79*
100 Meter High Hurdles	Katie Hanley, Glen Rock	1997	0:14.9
400 Meter Low Hurdles	Jillian DiGiacinto, Hasbrouck Heights	2016	1:02.27
4x100 Meter Relay	Hawthorne	2022	0:49.81*
4x400 Meter Relay	Hasbrouck Heights	2016	4:02.00
4x800 Meter Relay	Mountain Lakes	2016	9:59.58*
Shot Put (8 pounds)	Kassandra Ketcho, Hasbrouck Heights	2018	39'09.75"
Discus	Lacey Martens, Secaucus	1998	140'10.00"
#New Javelin	Briana Andreoli, Hawthorne	2022	135'03.00"
<i>Javelin</i>	<i>Chris Bradley, Ridgefield</i>	<i>1982</i>	<i>123'00.00"</i>
Long Jump	Kaitlin Salisbury, Hawthorne	2015	18'03.00"
Triple Jump	Kaitlin Salisbury, Hawthorne	2015	42'02.75"
High Jump	Rebecca Baskinger, Butler	2004	5'06.25"
Pole Vault	Michelle Favre, Saddle Brook	2008	12'01.00"

2021 Team Champion: Hasbrouck Heights - 108 Points

2022 Team champion: Hasbrouck Heights – 165 Points

GROUP II GIRLS

100 Meter Dash	Carlene Cummings, Englewood	1998	0:11.9
200 Meter Dash	Carlene Cummings, Englewood	1995	0:24.7
400 Meter Dash	Kadejah Sellers	2014	0:55.47*
800 Meter Run	Corine Myers, Westwood	2013	2:11.61*
1600 Meter Run	Angelina Perez, Lakeland Regional	2022	4:48.13*
3200 Meter Run	Angelina Perez, Lakeland Regional	2022	10:07.48
100 Meter High Hurdles	Carlene Cummings, Englewood	1998	0:14.4
400 Meter Low Hurdles	Marlo Wehrer, Pequannock	2015	1:02.28*
4x100 Meter Relay	River Dell	2016	0:49.70*
4x400 Meter Relay	Ramapo	2016	3:56.89*
4x800 Meter Relay	Ramsey	2016	9:40.87*
Shot Put (8 pounds)	Jessica Molina, Westwood	2016	46'10.00"
Discus	Casey Sullivan, Northern Valley @ Demarest	2022	132'04.00"
#New Javelin	Nicole Woods, Northern Valley @ Demarest	2022	146'05.00"
<i>Javelin</i>	<i>Michelle Christen, Hawthorne</i>	<i>1978</i>	<i>139'11.00"</i>
Long Jump	Willie Mae Washington, Lodi	1996	18'07.25"
Triple Jump	Gena Pickett, Mahwah	2012	39'03.25"
High Jump	Cheryl Burdick, Ramsey	1998/99	5'06.00"
	Carlie Wilson, Sparta	2018	5'06.00"
	Shannon Hartnett, Lakeland Regional	2022	5'06.00"
Pole Vault	Sydney Woods, Northern Valley @ Demarest	2018	12'06.50"

2021 Team Champion: Northern Valley Regional High School @ Demarest – 139 Points

2022 Team Champion - Northern Valley Regional High School @ Demarest - 106 Points

GROUP III GIRLS

100 Meter Dash	Janay Mitchell, Teaneck	2008	0:12.05*
	Jacqueline Sendgik, Mount Olive	2005	0:12.0
200 Meter Dash	Kayce Darby, Teaneck	2019	0:24.52*
400 Meter Dash	Reanda Richards, West Essex	2018	0:55.45*
800 Meter Run	Catherine Pagano, Northern Highlands	2014	2:10.96*
1600 Meter Run	Catherine Pagano, Northern Highlands	2014	4:49.42*
3200 Meter Run	Josette Norris, Tenafly	2013	10:29.13*
100 Meter High Hurdles	Reanda Richards, West Essex	2018	0:13.89
400 Meter Low Hurdles	Reanda Richards, West Essex	2018	0:59.04
4x100 Meter Relay	Ramapo	2018	0:48.88
4x400 Meter Relay	Sparta	2012	3:53.96*
4x800 Meter Relay	Ramapo	2014	9:18.56*
Shot Put (8 pounds)	Jessica Fazekas, NV Demarest	2002	45'03.00"
Discus	Lisa Parak, Vernon	1987	146'00.00"
#New Javelin	Daina Pucurs, NV Demarest	2004	151'10.00"
<i>Javelin</i>	<i>Jen Austin, Garfield</i>	<i>1999</i>	<i>144'04.00"</i>
Long Jump	Keturah Orji, Mount Olive	2012	19'07.50"
Triple Jump	Keturah Orji, Mount Olive	2014	41'11.00"
High Jump	Tiyana Peters, Mt. Olive	2004	5'08.00"
Pole Vault	Melissa Purcell, Pascack Valley	2018	12'07.00"

2021 Team Champion: Northern Highlands Regional High School – 148 Points

2022 Team Champion: Northern Valley @ Old Tappan – 140.50 Points

GROUP IV GIRLS

100 Meter Dash	Cassandra Grant, Passaic	1992	0:11.9
	Nicole Carmichael, Kennedy	1994	0:11.9
	Amma Walcot, Hackensack	2005	0:11.9
200 Meter Dash	Porshe Giddings, East Orange	2007	0:24.34*
400 Meter Dash	Natalie Jorden, Eastside	1982	0:55.1
800 Meter Run	Kimberly Standridge, Randolph	2007	2:11.77*
1600 Meter Run	Joelle Amaral, Randolph	2010	4:52.29*
3200 Meter Run	Abby Loveys, Randolph	2019	10:25.38
100 Meter High Hurdles	Andree Celestin, West Orange	2021	0:13.89
400 Meter Low Hurdles	Amber Allen, Passaic Tech	2010	1:00.96*
4x100 Meter Relay	West Orange	2019	0:48.30*
4x400 Meter Relay	Eastside	1981	3:53.6
4x800 Meter Relay	Ridgewood	2016	9:32.84*
Shot Put (8 pounds)	Shelby Bigsby, Montclair	2017	43'10.00"
Discus	Sue Piekarz, Clifton	1987	138'01.00"
#New Javelin	Nia Barnes, West Orange	2011	154'05.00"
<i>Javelin</i>	<i>Michele Ziegler, Kearney</i>	<i>1980</i>	<i>132'06.00"</i>
Long Jump	Tymia Joseph, Morris Knolls	2016	18'08.75"
Triple Jump	Consandria Walker, Hackensack	2006	39'08.00"
High Jump	Jordan Robinson, Morristown	2022	5'08.00"
Pole Vault	Kayla Polcari, Ridgewood	2011	12'00.00"

2021 Team Champion: Ridgewood High School – 100.50 Points

2022 Team Champion: Ridgewood High School – 140 Points

NORTH 1 SECTIONAL TEAM WINNERS

YEAR	GROUP I GIRLS	GROUP II GIRLS	GROUP III GIRLS	GROUP IV GIRLS
1976	SECAUCUS – 30	RUTHERFORD – 43	CLIFFSIDE PARK – 35	EASTSIDE – 50
1977	SECAUCUS – 40.5	RUTHERFORD – 72	LINCOLN – 45	EASTSIDE – 52
1978	BOGOTA – 35	HAWTHORNE – 39	RAMSEY – 43	EASTSIDE – 44
1979	PARK RIDGE – 43	SADDLE BROOK – 50	LINCOLN – 38	TEANECK - 56
1980	PARK RIDGE – 50	HOPATCONG/HIGH POINT – 37	WESTWOOD – 37.5	TEANECK – 42
1981	PARK RIDGE – 50	TENAFLY – 42	LINCOLN – 37	EASTSIDE – 47.5
1982	PARK RIDGE – 42	TENAFLY/SADDLE BROOK – 38	WESTWOOD – 37.5	EASTSIDE – 35
1983	SADDLE BROOK -53	TENAFLY – 55	WESTWOOD – 41	RIDGEWOOD – 53
1984	SADDLE BROOK – 35	GARFIELD – 33	NV OLD TAPPAN – 30	RIDGEWOOD – 53
1985	NEW MILFORD – 47	RUTHERFORD - 37	NV OLD TAPPAN – 38.5	RIDGEWOOD – 51
1986	NEW MILFORD – 51	WESTWOOD – 47	WAYNE VALLEY – 36	TEANECK – 40
1987	NEW MILFORD – 44	KITTATINNY – 55	WAYNE VALLEY – 38	RIDGEWOOD – 55.5
1988	WALDWICK – 45	WESTWOOD – 59	WAYNE VALLEY – 40	TEANECK – 46
1989	SADDLE BROOK – 52	WESTWOOD – 59	WAYNE VALLEY – 43	TEANECK – 46
1990	SADDLE BROOK – 45	GARFIELD – 36	PASCACK VALLEY – 40	TEANECK – 46
1991	SADDLE BROOK – 42	GARFIELD – 37	PASCACK VALLEY – 28	HACKENSACK – 39
1992**	SADDLE BROOK – 99	WALLKILL VALLEY – 73	WAYNE VALLEY – 96	HACKENSACK – 84
1993	NEW MILFORD – 67	GLEN ROCK – 99	WAYNE VALLEY – 93	RIDGEWOOD – 118
1994	HASBROUCK HEIGHTS – 69	GLEN ROCK – 136	WAYNE VALLEY - 117	RIDGEWOOD – 95
1995	GLEN ROCK – 187	ENGLEWOOD – 76	RAMSEY – 92	TEANECK – 84
1996	HAWTHORNE – 120	RAMSEY – 100	SPARTA – 55	EASTSIDE – 90
1997	GLEN ROCK – 204	RAMSEY – 103	NV DEMAREST – 77.5	HACKENSACK – 102
1998	HASBROUCK HEIGHTS – 105	RAMSEY – 101	NV DEMAREST – 74	EASTSIDE – 90
1999	MCNAIR ACADEMY – 109.5	RAMSEY – 107	LAKELAND – 115	PASSAIC – 104
2000	GLEN ROCK – 125	RAMSEY – 113	RIVER DELL – 68	PASSAIC – 94
2001	GLEN ROCK – 114	NEWTON – 90.5	NV DEMAREST – 72	RIDGEWOOD – 71
2002	GLEN ROCK – 127	NEWTON – 79	NV DEMAREST – 81	PASSAIC CO VT – 90
2003	GLEN ROCK – 138	NEWTON – 99	SPARTA – 63	HACKENSACK - 103
2004	CRESSKILL – 69.75	INDIAN HILLS – 93	MORRIS KNOLLS – 76	WEST ORANGE – 73
2005	BUTLER – 88	INDIAN HILLS – 134	TEANECK – 91	HACKENSACK – 100.5
2006	BUTLER – 91	RIVER DELL – 92	RAMAPO – 78	RIDGEWOOD – 96
2007	VERONA – 104	INDIAN HILLS – 86.5	RAMAPO – 106.5	RIDGEWOOD – 83
2008	VERONA – 122	RAMSEY – 94	RAMAPO – 87.5	CLIFTON – 76.5
2009	WESTWOOD – 73	MAHWAH – 110	TEANECK – 82	RANDOLPH – 93
2010	WESTWOOD – 97	MAHWAH – 74	SPARTA – 108	RANDOLPH – 93
2011	KINNELON – 78	MAHWAH – 80	SPARTA – 90	RANDOLPH – 98.5
2012	MOUNTAIN LAKES – 99	WESTWOOD – 79	TEANECK – 73	RANDOLPH – 100
2013	HASBROUCK HEIGHTS – 102	RIVER DELL – 98	NORTHERN HIGHLANDS – 83	RANDOLPH – 112
2014	HAWTHORNE – 91	WESTWOOD – 98	NORTHERN HIGHLANDS – 83	RANDOLPH – 93
2015	HASBROUCK HEIGHTS – 119	NV DEMAREST – 115	NORTHERN HIGHLANDS – 126	RANDOLPH – 83
2016	MOUNTAIN LAKES – 111	RIVER DELL – 119	NORTHERN HIGHLANDS – 92.5	RIDGEWOOD – 96
2017	HASBROUCK HEIGHTS – 93.50	RIVER DELL – 96	NORTHERN HIGHLANDS – 110	RANDOLPH 146
2018	HASBROUCK HEIGHTS – 132.50	RIVER DELL – 91	NORTHERN HIGHLANDS – 94.50	RIDGEWOOD - 96
2019	KINNELON – 125.50	NV DEMAREST – 85	NORTHERN HIGHLANDS – 115	RIDGEWOOD – 120.50
2020	STATE MEET CANCELED – COVID-19			
2021	HASBROUCK HEIGHTS – 108	NV DEMAREST – 139	NORTHERN HIGHLANDS – 148	RIDGEWOOD – 100.50
2022	HASBROUCK HEIGHTS - 165	NV DEMAREST - 106	NV OLD TAPPAN – 140.50	RIDGEWOOD - 140

****NEW SCORING INSTITUTED IN 1992: 10, 8, 6, 4, 2, 1**

Summary of NORTH 1 Sectional Titles

GIRLS Sectional Titles

15	Ridgewood	3	Mahway	1	Lakeland
9	Teaneck	3	Newton	1	McNair Academic
9	Westwood	3	Northern Valley @ Old Tappan	1	Middletown North
8	Glen Rock	3	Ramapo	1	Morris Knolls
8	Hasbrouck Heights	3	Rutherford	1	Passaic Co VT
8	Northern Highlands	3	Tenafly	1	Waldwick
8	Northern Valley @ Demarest	2	Butler	1	Wallkill Valley
8	Ramsey	2	Englewood	1	West Orange
8	Randolph	2	Kinnelon		
8	Saddle Brook	2	Mountain Lakes		
7	Eastside	2	Pascack Valley		
7	Wayne Valley	2	Passaic		
5	Hackensack	2	Secaucus		
5	River Dell	2	Verona		
4	Hawthorne	1	Bogota		
4	New Milford	1	Cliffside Park		
4	Park Ridge	1	Clifton		
4	Sparta	1	Cresskill		
3	Garfield	1	High Point		
3	Indian Hills	1	Hopatcong		
3	Lincoln	1	Kittatinny		

Most Consecutive Titles

8	Northern Highlands (2013-2019; 2021)	2	Butler (2005-2006)
7	Randolph (2009-2015)	2	Eastside (1989-1990)
6	Ramsey (1995-2000)	2	Garfield (1990-1991)
4	Glen Rock (2000-2003)	2	Hackensack (1991-1992)
4	Mahwah (2009-2012)	2	Indian Hills (2004-2005)
4	Park Ridge (1979-1982)	2	Northern Highlands (2017-2018)
4	Ridgewood (1983-1985; 2018-2019; 2021-22)	2	NV Old Tappan (1984-1985)
4	Saddle Brook (1989-1992)	2	Pascack Valley (1990-1991)
4	Wayne Valley (1986-1989)	2	Passaic (1999-2000)
3	Eastside (1976-1978)	2	Ramapo (2006-2007)
3	Glen Rock (1993-1995)	2	Rutherford (1976-1977)
3	Hasbrouck Heights (2017-2018; 2021-22)	2	Secaucus (1976-1977)
3	New Milford (1985-1987)	2	Sparta (2010-2011)
3	Newton (2001-2003)	2	Teaneck (1979-1980; 1989-1990)
3	NV Demarest (1997-1998; 2001-2002; 2019;2021-22)	2	Verona (2007-2008)
3	Ridgewood (1987-88; 1993-94; 2006-07;)	2	Westwood (2009-2010)
3	River Dell (2016-2018)		
3	Saddle Brook (1982-1984)		
3	Tenafly (1981-1983)		

BEST OF THE NORTH 2 SECTIONAL MEETS

GIRLS

100 Meter Dash	Aleah Williams, Montclair	1999	0:11.5
200 Meter Dash	Mikele Barber, Montclair	1998	0:23.2
400 Meter Dash	Julia Jackson, Scotch Plains-Fanwood	2022	0:53.69*
800 Meter Run	Katie Hamilton, Westfield	2021	2:09.80
1600 Meter Run	Christine Engle, Mount Olive	1992	4:50.0
3200 Meter Run	MacKenzie Barry, WM Mendham	2013	10:30.36*
100 Meter High Hurdles	Charmain Walker, Plainfield	1996	0:13.6
400 Meter Low Hurdles	Ugonna Ndu, Union	2009	0:59.61*
4x100 Meter Relay	Piscataway	2014	0:47.74*
4x400 Meter Relay	Plainfield	1980	3:44.7
4x800 Meter Relay	Ridge	2016	9:20.36*
Shot Put (8 pounds)	Nickolette Dunbar, Whippany Park	2016	49'00.50"
Discus	Sarah Herskee, WM Mendham	1999	139'05.00"
#New Javelin	Michelle Cintron, Elizabeth	2004	140'10.00"
Javelin	<i>Debbie Cooper, Columbia</i>	<i>1984</i>	<i>146'08.00"</i>
Long Jump	Celine-Jada Brown, Plainfield	2002	19'10.00"
Triple Jump	Faith Bethea, Snyder	2022	40'07.00"
High Jump	Rita Christopher, Linden	1980	5'08.00"
	Tanya Smolin, Randolph	1984-1985	5'08.00"
	Kyaira Wright-Harmon, Franklin	2012	5'08.00"
	Jenna Rogeres, Rutherford	2018	5'08.00"
Pole Vault	Kelly Burke, Cranford	2010	12'07.00"

*Fully-Automatic Timing

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NORTH 2 RECORDS

GROUP I GIRLS

100 Meter Dash	Iana Amsterdam, Essex Co. Tech – Market Street	2012	0:12.17*
200 Meter Dash	Tiffany Weatherford, Science (Newark)	1990	0:24.3
400 Meter Dash	Nicole Candelaria, Essex Co. Tech – Market Street	2012	0:56.34*
800 Meter Run	Cathy Persichetty, Oak Knoll	1981	2:15.3
1600 Meter Run	Jillian Turner, New Providence	2016	5:01.64
3200 Meter Run	Jessica king, Glen Ridge	1994	10:34.2
100 Meter High Hurdles	Leticia Beverly, Science (Newark)	1985	0:14.4
400 Meter Low Hurdles	Nicole Candelaria, Essex Co. Tech – Market Street	2012	1:01.26*
4x100 Meter Relay	Malcolm X. Shabazz	2019	0:49.06*
4x400 Meter Relay	Essex Co. Tech – Market Street	2012	3:57.86*
4x800 Meter Relay	New Providence	2016	9:58.02*
Shot Put (8 pounds)	Nickolette Dunbar, Whippany Park	2013	42'10.50"
Discus	Shirley Baker, Roselle (Abe Clark)	1978	115'06.00"
#New Javelin	Ann Marie Moccia, Wood-Ridge	2009	127'01.00"
Javelin	Alicia Mesina, New Providence	1986	123'06.00"
Long Jump	Collette DeBenedetto, Mountain Lakes	2002	18'02.50"
Triple Jump	Iana Amsterdam, Essex Co. Tech – Market Street	2013	38'09.75"
High Jump	Rebecca Baslomger, Butler	2002	5'06.00"
Pole Vault	Rebecca Slotkin, Verona	2010	11'03.00"

2021 Team Champion: Whippany Park High School – 153 Points

2022 Team Champion: Whippany Park High School – 190 Points

GROUP II GIRLS

100 Meter Dash	Bria Saunders, Parsippany	2014	0:11.91*
200 Meter Dash	Bria Saunders, Parsippany	2014	0:24.05*
400 Meter Dash	Jackie Bobbien, Clifford Scott	1983	0:55.5*
800 Meter Run	Kyra Velock, Mountain Lakes	2017	2:13.45*
1600 Meter Run	Dana Giordano, Bernards	2012	4:51.99*
3200 Meter Run	Dana Giordano, Bernards	2011	10:56.64*
100 Meter High Hurdles	Kishona McCray, Central	2016	0:14.37*
400 Meter Low Hurdles	Kishona McCray, Central	2016	1:00.63*
4x100 Meter Relay	Hanover Park	2016	0:49.41*
4x400 Meter Relay	Vailsburg	1982	3:58.3
4x800 Meter Relay	Summit	2013	9:46.40*
Shot Put (8 pounds)	Nickolette Dunbar, Whippany Park	2016	49'00.50"
Discus	Sarah Herskee, WM Mendham	1999	139'05.00"
#New Javelin	Harmony Marquez, Rutherford	2022	133'10.00"
Javelin	Lisa Kohut, Boonton	1986	132'07.00"
Long Jump	Amethyst Holder, Parsippany	2006	19'03.00"
Triple Jump	Kelly Burke, Cranford	2010	39'04.00"
High Jump	Jenna Rogeres, Rutherford	2018	5'08.00"
Pole Vault	Kelly Burke, Cranford	2010	12'07.00"

2021 Team Champion: Rutherford High School – 82 Points

2022 Team Champion: New Providence High School – 104 Points

Group III GIRLS

100 Meter Dash	Regina Trotter, Weequahic	1991	0:11.8
200 Meter Dash	Toneisha Friday, Franklin	2004	0:24.52*
400 Meter Dash	Symone O'Connor, Franklin	2004	0:55.28*
800 Meter Run	Melanie Thompson, Voorhees	2009	2:11.41*
1600 Meter Run	Christine Engel, Mount Olive	1992	4:50.0
3200 Meter Run	Mackenzie Barry, WM Mendham	2013	10:30.36*
100 Meter High Hurdles	Julie Farrell, Warren Hills	2000	0:14.2
400 Meter Low Hurdles	Josefine Kvist, Ridge	2006	1:01.43*
4x100 Meter Relay	Summit	2017	0:48.60*
4x400 Meter Relay	Woodbridge	2019	3:53.60
4x800 Meter Relay	West Morris Central	2016	9:35.74
Shot Put (8 pounds)	Sarah Bella, WM Mendham	2008	44'03.00"
Discus	Angie Rosamilia, Parsippany Hills	1999	137'02.00"
#New Javelin	Amanda Harmata, Raritan	2009	131'07.00"
Javelin	Rena Antanelis, Randolph	1981	139'07.00"
Long Jump	Josephine Kvist, Ridge	2006	18'10.75"
Triple Jump	Faith Bethea, Snyder	2022	40'07.00"
High Jump	Tanya Smolin, Randolph	1984-1985	5'08.00"
Pole Vault	Julianne Tote, Middletown South	2005	12'00.00"

2021 Team Champion: Middletown High School North – 78 Points

2022 Team Champion: North Hunterdon High School – 128 Points

Group IV GIRLS

100 Meter Dash	Aleah Williams, Montclair	1999	0:11.5
200 Meter Dash	Mikele Barber, Montclair	1998	0:23.2
400 Meter Dash	Julia Jackson, Scotch Plains-Fanwood	2022	0:53.69*
800 Meter Run	Katie Hamilton, Westfield	2021	2:09.80
1600 Meter Run	Eva Glasergreen, North Hunterdon	2015	4:52.74*
3200 Meter Run	Eva Glasergreen, North Hunterdon	2014	10:38.29*
100 Meter High Hurdles	Charmain Walker, Plainfield	1996	0:13.6
400 Meter Low Hurdles	Ugonna Ndu, Union	2009	0:59.61"
4x100 Meter Relay	Piscataway	2014	0:47.74*
4x400 Meter Relay	Plainfield	1980	3:44.7
4x800 Meter Relay	Ridge	2016	9:20.36*
Shot Put (8 pounds)	Kim Hicks, Plainfield	1992	46'09.50"
Discus	Nicole Sims, Plainfield	1993	133'00.00"
#New Javelin	Michelle Cintron, Elizabeth	2004	140'10.00"
Javelin	Debbie Cooper, Columbia	1984	146'08.00"
Long Jump	Celine-Jada Brown, Plainfield	2022	19'10.00"
Triple Jump	Jordan Fields, Columbia	2016	40'06.00"
High Jump	Rita Christopher, Linden	1980	5'08.00"
	Kyaira Wright-Harmon, Franklin	2012	5'08.00"
Pole Vault	Heather Gaughran, Bridgewater-Raritan	2018	11'09.00"

2021 Team Champion: Ridge High School 114.50 Points

2022 Team Champion: Scotch Plains-Fanwood High School – 104 Points

NORTH 2 SECTIONAL TEAM WINNERS

Year	Group I	Group II	Group III	Group IV
1976	MOUNT OLIVE	HACKETTSTOWN	PEQUANNOCK	MORRISTOWN
1977	MOUNT OLIVE	MADISON	WEST MORRIS	MORRISTOWN
1978	KINNELON/BAYLEY-ELLARD	CENTRAL – NEWARK	WEST MORRIS	MORRISTOWN
1979	GLEN RIDGE	SPRINGFIELD	MORRIS HILLS	LINDEN/PLAINFIELD
1980	GLEN RIDGE	SPRINGFIELD	PARSIPPANY	PLAINFIELD
1981	GLEN RIDGE	WEST MORRIS MENDHAM	VAILSBURG	PLAINFIELD
1982	NEW PROVIDENCE	VAILSBURG	CENTRAL – NEWARK	COLUMBIA
1983	NEW PROVIDENCE	CALDWELL/SPRINGFIELD	RANDOLPH	COLUMBIA
1984	NEW PROVIDENCE	CENTRAL – NEWARK	VAILSBURG	PLAINFIELD
1985	NEW PROVIDENCE	MADISON	RANDOLPH	PLAINFIELD
1986	NEW PROVIDENCE	DOVER	MALCOLM X SHABAZZ	PLAINFIELD
1987	NEW PROVIDENCE	DOVER	CLIFFORD SCOTT	MONTCLAIR
1988	SCIENCE – NEWARK	CENTRAL – NEWARK	CLIFFORD SCOTT	PHILLIPSBURG
1989	SCIENCE – NEWARK	HILLSIDE	CLIFFORD SCOTT	MORRIS KNOLLS
1990	SCIENCE – NEWARK	HACKETTSTOWN	MOUNT OLIVE	MORRIS KNOLLS
1991	SCIENCE – NEWARK	ROSELLE	WEEQUAHIC	COLUMBIA
1992	SCIENCE – NEWARK	ROSELLE	NUTLEY	COLUMBIA
1993	NEW PROVIDENCE	PEQUANNOCK/SUMMIT	NUTLEY	COLUMBIA
1994	SCIENCE – NEWARK	SUMMIT	NUTLEY	COLUMBIA
1995	PEQUANNOCK	MORRIS HILLS	SCOTCH PLAINS-FANWOOD	COLUMBIA
1996	PEQUANNOCK	MORRIS HILLS	SCOTCH PLAINS – FANWOOD	COLUMBIA
1997	KINNELON	MORRIS HILLS	MORRIS KNOLLS	COLUMBIA
1998	ARTS – NEWARK	MORRIS HILLS	JEFFERSON TOWNSHIP	COLUMBIA
1999	SCIENCE – NEWARK	CHATHAM	MORRIS HILLS	ROXBURY
2000	NEW PROVIDENCE	WEST MORRIS MENDHAM	SCOTCH PLAINS-FANWOOD	COLUMBIA
2001	VERONA	GOVERNOR LIVINGSTON	WARREN HILLS	MORRISTOWN
2002	NEW PROVIDENCE	HANOVER PARK	SCOTCH PLAINS-FANWOOD	MONTCLAIR
2003	VERONA	HANOVER PARK	MORRIS KNOLLS	ELIZABETH
2004	VERONA	HANOVER PARK	FRANKLIN	PISCATAWAY
2005	WHIPPANY PARK	HANOVER PARK	MONTGOMERY	COLUMBIA
2006	BOUND BROOK	HANOVER PARK	RIDGE	PLAINFIELD
2007	MCNAIR ACADEMIC	HANOVER PARK	VOORHEES	J.P. STEVENS
2008	WHIPPANY PARK	HANOVER PARK	VOORHEES	RIDGE
2009	VERONA	MADISON	VOORHEES	RIDGE
2010	VERONA	BERNARDS	VOORHESS	COLUMBIA
2011	ESSEX VT - MARKET STREET	BERNARDS	IRVINGTON	COLUMBIA
2012	ESSEX VT – MARKET STREET	BERNARDS	IRVINGTON	COLUMBIA
2013	ESSEX VT – MARKET STREET	BERNARDS	WOODBIDGE	COLUMBIA
2014	WHIPPANY PARK	SUMMIT	WEST MORRIS MENDHAM	COLUMBIA
2015	NEW PROVIDENCE	WHIPPANY PARK	SUMMIT	RIDGE
2016	NEW PROVIDENCE	WHIPPANY PARK	MIDDLETOWN NORTH	COLUMBIA
2017	NEW PROVIDENCE	MOUNTAIN LAKES	MIDDLETOWN NORTH	RIDGE
2018	NEW PROVIDENCE	HANOVER PARK	RAHWAY	NORTH HUNTERDON
2019	WHIPPANY PARK	PARSIPPANY	WOODBIDGE	WATCHUNG HILLS
2020	STATE MEET CANCELED – COVID-19			
2021	WHIPPANY PARK	RUTHERFORD	MIDDLETOWN NORTH	RIDGE
2022	WHIPPANY PARK	NEW PROVIDENCE	NORTH HUNTERDON	SCOTCH PLAINS-FANWOOD

Summary of NORTH 2 Sectional Titles

GIRLS Sectional Titles

17	Columbia	3	Nutley	1	Hillside
14	New Providence	3	Springfield	1	J.P. Stevens
8	Hanover Park	3	Vailsburg	1	Jefferson
7	Plainfield	3	West Morris	1	Linden
7	Science	3	West Morris Mendham	1	McNair Academic
6	Ridge	2	Dover	1	Mountain Lakes
6	Verona	2	Hackettstown	1	Montgomery
6	Whippany Park	2	Irvington	1	Phillipsburg
5	Morris Hills	2	Kinnelon	1	Piscataway
5	Scotch Plains-Fanwood	2	Montclair	1	Rahway
4	Bernards	2	North Hunterdon	1	Roxbury
4	Central (Newark)	2	Parsippany	1	Rutherford
4	Morris Knolls	2	Randolph	1	Shabazz
4	Morristown	2	Roselle	1	Warren Hills
4	Pequannock	2	Woodbridge	1	Watchung Hills
4	Summit	1	Arts	1	Weequahic
4	Voorhees	1	Bayley-Ellard	1	Whippany Park
3	Clifford Scott	1	Bound Brook		
3	Essex VT – Market Street	1	Caldwell		
3	Glen Ridge	1	Chatham		
3	Madison	1	Elizabeth		
3	Middletown North	1	Franklin		
3	Mount Olive	1	Governor Livingston		

Most Consecutive Titles

8	Columbia (1991-1998)	2	Dover (1986-1987)
7	Hanover Park (2002-2008)	2	Irvington (2011-2012)
6	New Providence (1982-1987)	2	Middletown North (2016-2017)
5	Columbia (2010-2014)	2	Morris Knolls (1989-1990)
5	Morris Hills (1995-1999)	2	Mount Olive (1976-1977)
5	Science (1988-1992)	2	Pequannock (1995-1996)
4	Bernards (2010-2013)	2	Ridge (2008-2009)
4	New Providence (2015-2018)	2	Roselle (1991-1992)
4	Voorhees (2007-2010)	2	Scotch Plains-Fanwood (1995-1996)
4	Whippany Park (2014-2016; 2021-2022)	2	Springfield (1979-1980)
3	Clifford Scott (1987-1989)	2	Summit (1993-94; 2014-15)
3	Essex County VT – Market Street (2011-2013)	2	Vailsburg (1981-1982)
3	Glen Ridge (1979-1981)	2	Verona (2009-2010)
3	Morristown (1976-1978)	2	Weequahic (1991-1992)
3	Nutley (1992-1994)	2	Whippany Park (2007-2008; 2019;2021)
3	Plainfield (1979-81; 1984-86)		
3	Verona (2003-2005)		
3	West Morris (1977-1979)		
2	Columbia (1982-1983)		

BEST OF THE CENTRAL SECTIONAL MEETS

GIRLS

100 Meter Dash	Wendy Vereen, Trenton	1983	0:11.4
200 Meter Dash	Wendy Vereen, Trenton	1984	0:23.3
400 Meter Dash	Shavon Greaves, Lakewood	2007	0:54.73
800 Meter Run	Katy Trotter, Red Bank Regional	2003	2:11.32*
1600 Meter Run	Ashley Higginson, Colts Neck	2007	4:50.14
3200 Meter Run	Janet Smith, J.P. Stevens	1983	10:18.6
100 Meter High Hurdles	Dawn Bowles, Neptune	1988	0:13.3
400 Meter Low Hurdles	Angela Lee, Franklin	1995	1:00.7
	Trier Young, Neptune	2005	1:00.7
4x100 Meter Relay	East Brunswick	2018	0:48.24*
4x400 Meter Relay	Neptune	2012	3:51.43*
4x800 Meter Relay	West Windsor-Plainsboro South	2015	9:15.05*
Shot Put (8 pounds)	DeAnne Hahn, Brick Township	2008	45'11.50"
Discus	Kristen Batts, Marlboro	2007	147'08.00"
#New Javelin	Kelly Robinson, Raritan	2003	141'02.00"
<i>Javelin</i>	<i>Audra Corson, Monmouth Regional</i>	<i>1985</i>	<i>151'10.00"</i>
Long Jump	Essence Mayers, Lakewood	2011	19'04.00"
Triple Jump	Essence Mayers, Lakewood	2011	40'06.25"
High Jump	Tish Edwards, Mater Dei	1981	5'09.50"
Pole Vault	Stephanie Skove, Monmouth Regional	2010	12'01.00"

*Fully-Automatic Timing

#In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

CENTRAL RECORDS

GROUP I GIRLS

100 Meter Dash	Maureen Hackett, Mater Dei	1981	0:12.4
	Lankya Brown, Metuchen	1995-96	0:12.4
	Cassandra Vidal, Asbury Park	2003	0:12.4
	Kaitlin Salisbury, Hawthorne	2014	0:12.4
200 Meter Dash	Shenique Frett, Weequahic	2010	0:25.39*
400 Meter Dash	Chealse Benoit, Roselle-Abraham Clark	2018	0:57.28*
800 Meter Run	Katie LaCapria, Middlesex	2016	2:15.23
1600 Meter Run	Rachel Suss, Metuchen	2016	5:02.19*
3200 Meter Run	Amy Meyers, Bernards	1982	11:10.0
100 Meter High Hurdles	Lankya Brown, Metuchen	1996	0:14.1
400 Meter Low Hurdles	Janet Tracy, Highland Park	1981	1:03.2
4x100 Meter Relay	Highland Park	2017	0:50.23*
4x400 Meter Relay	Highland Park	2017	4:00.84*
4x800 Meter Relay	Highland Park	2018	10:08.52*
Shot Put (8 pounds)	Maureen Kennedy, Mater Dei	1981	39'07.50"
Discus	Tomara Carmichael, Palmyra	2017	122'07.00"
#New Javelin	Kelly Yanucil, Bordentown		131'01.00"
Javelin	<i>Jen Graf, Metuchn</i>	<i>1996</i>	<i>141'08.00"</i>
Long Jump	Kaitlin Salisbury, Hawthorne	2014	18'00.50"
Triple Jump	Natalie Seuss, New Egypt	2016	37'07.75"
High Jump	Tish Edwards, Mater Dei	1981	5'09.50"
Pole Vault	Samantha Martinez, Bound Brook	2018	11'01.00"

2021 Team Champion: Shore Regional High School – 124 Points

2022 Team Champion: Shore Regional High School – 107 Points

GROUP II GIRLS

100 Meter Dash	Aretha Edwards, Lincoln	2018	0:12.03*
200 Meter Dash	Camile Campbell, Carteret	2000	0:24.1
400 Meter Dash	Kristen Pierce, Shore Regional	2005	0:55.2
800 Meter Run	Victoria Vanriele, Governor Livingston	2017	2:11.43
1600 Meter Run	Molly Malague, Metuchen	2022	4:53.95
3200 Meter Run	Molly Malague, Metuchen	2022	10:35.10
100 Meter High Hurdles	Kaprice James, Abraham Clarke	2012	0:14.45*
400 Meter Low Hurdles	Melissa Bellin, Rumson-Fair Haven	2008	1:00.9
4x100 Meter Relay	Matawan	2016	0:49.23*
4x400 Meter Relay	Rumson-Fair Haven	2019	3:56.70*
4x800 Meter Relay	Metuchen	2019	9:40.90*
Shot Put (8 pounds)	Audra Corson, Monmouth Regional	1985	42'00.00"
Discus	Chloe Early, Delaware Valley	2010	137'11.00"
#New Javelin	Kelly Robinson, Raritan	2003	141'02.00"
Javelin	<i>Audra Corson, Monmouth Regional</i>	<i>1985</i>	<i>151'10.00"</i>
Long Jump	Essence Mayers, Lakewood	2011	19'04.00"
Triple Jump	Essence Mayers, Lakewood	2011	40'06.25"
High Jump	Latasha Keene, Freehold Borough	2000	5'08.00"
	Debra Vento, Freehold Borough	2002-03	5'08.00"
Pole Vault	Leah Saifi, Governor Livingston	2016-17	12'00.00"

2021 Team Champion: Holmdel High School – 93 Points

2022 Team Champion: Rumson Fair-Haven – 100 Points

GROUP III GIRLS

100 Meter Dash	Shavon Greaves, Lakewood	2007	0:11.80*
200 Meter Dash	Shavon Greaves, Lakewood	2007	0:23.91*
400 Meter Dash	Shavon Greaves, Lakewood	2007	0:54.73*
800 Meter Run	Katy Trotter, Red Bank Regional	2003	2:11.32*
1600 Meter Run	Grace Dwyer, Hamilton North	2014	4:56.29*
3200 Meter Run	Cate Guiney, Middletown South	1999	10:31.6
100 Meter High Hurdles	Trier Young, Neptune	2005	0:13.6
400 Meter Low Hurdles	Angela Lee, Franklin Township	1995	1:00.7
	Trier Young, Neptune	2005	1:00.7
4x100 Meter Relay	Neptune	2022	0:48.45*
4x400 Meter Relay	Neptune	2012	3:51.43*
4x800 Meter Relay	Middletown South	2013	9:36.10*
Shot Put (8 pounds)	Deanne Hahn, Lakewood	2006	45'10.00"
Discus	Deanne Hahn, Lakewood	2006	137'02.00"
#New Javelin	Megan Reardon, Red Bank Regional	2014	138'05.00"
<i>Javelin</i>	<i>Jackie Davis, Hamilton North</i>	<i>1995</i>	<i>124'03.00"</i>
Long Jump	Ashley Edwards, Northern Burlington	2015	18'07.00"
Triple Jump	Ashley Edwards, Northern Burlington	2014	38'04.00"
High Jump	Emily Kianka, Hopewell Valley	2010	5'06.00"
	Kassidy Mulryne, Allentown	2018	5'06.00"
Pole Vault	Stephanie Skove, Monmouth Regional	2010	12'01.00"

2021 Team Champion: Colts Neck High School – 148 Points

2022 Team Champion: Colts Neck High School – 117.50 Points

GROUP IV GIRLS

100 Meter Dash	Wendy Vereen, Trenton	1983	0:11.4
200 Meter Dash	Wendy Vereen, Trenton	1984	0:23.3
400 Meter Dash	Symone O'Connor, Franklin	2005	0:55.29*
800 Meter Run	Cynthia Boryeskne, Edison	2019	2:11.82
1600 Meter Run	Ashley Higginson, Colts Neck	2007	4:50.14*
3200 Meter Run	Janet Smith, J.P. Stevens	1983	10:18.6
100 Meter High Hurdles	Dawn Bowles, Neptune	1988	0:13.3
400 Meter Low Hurdles	Shelby Francis, North Brunswick	2016	1:00.87*
4x100 Meter Relay	East Brunswick	2018	0:48.24*
4x400 Meter Relay	Franklin	2005	3:51.84*
4x800 Meter Relay	West Windsor-Plainsboro South	2015	9:15.05*
Shot Put (8 pounds)	DeAnne Hahn, Brick Township	2008	45'11.50"
Discus	Kristen Batts, Marlboro	2007	147'08.00"
#New Javelin	Elaina Mezzasalma, Marlboro	2010	140'04.00"
<i>Javelin</i>	<i>Stephanie Guidotti, Hunterdon Central</i>	<i>1981</i>	<i>139'09.00"</i>
Long Jump	Kelsey Viera, Hillsborough	2015	19'01.25"
Triple Jump	Nnenna Ibe, North Brunswick	2015	40'03.00"
High Jump	Jessica Taibe, Hunterdon Central	2000	5'08.50"
Pole Vault	Marlena Sabatino, Hillsborough	2012	12'00.00"

2021 Team Champion: Hillsborough High School – 137.25 Points

2022 Team Champion: Hillsborough High School – 72 Points

CENTRAL SECTIONAL TEAM WINNERS

Year	Group I	Group II	Group III	Group IV
1975		HOLMDEL		RED BANK CATHOLIC
1976	HIGHLAND PARK	HIGHTSTOWN	RED BANK CATHOLIC	RARITAN
1977	HIGHLAND PARK	FREEHOLD BORO	MONMOUTH	HUNTERDON CENTRAL
1978	HIGHLAND PARK	BERNARDS	RED BANK CATHOLIC	CEDAR RIDGE
1979	BERNARDS	LAWRENCE	LONG BRANCH/MANALAPAN	RARITAN
1980	HIGHLAND PARK	HOPEWELL VALLEY	LONG BRANCH	HUNTERDON CENTRAL
1981	MATER DEI	ASBURY PARK	LONG BRANCH	SAYREVILLE
1982	BERNARDS	ASBURY PARK	NORTH HUNTERDON	EAST BRUNSWICK
1983	BERNARDS	SOUTH BRUNSWICK	RARITAN	NORTH HUNTERDON
1984	BERNARDS	MONMOUTH	NORTH HUNTERDON	TRENTON
1985	BERNARDS	MONMOUTH	NORTH HUNTERDON	NEPTUNE
1986	METUCHEN	MONMOUTH	NORTH HUNTERDON	TRENTON
1987	BERNARDS	MONMOUTH	NORTH HUNTERDON	HUNTERDON CENTRAL
1988	ASBURY PARK	MONMOUTH	VOORHEES	NEPTUNE
1989	NEW BRUNSWICK	PRINCETON	MONMOUTH	MIDDLETOWN SOUTH
1990	SPOTSWOOD	ASBURY PARK	VOORHEES	TRENTON
1991	MONTGOMERY	BRIDGEWATER WEST	VOORHEES	MIDDLETOWN SOUTH
1992	MONTGOMERY	ASBURY PARK	FRANKLIN	TRENTON
1993	BERNARDS	ASBURY PARK	FRANKLIN	TRENTON
1994	METUCHEN	RIDGE	MADISON CENTRAL	HUNTERDON CENTRAL
1995	METUCHEN	ASBURY PARK	NEPTUNE	TRENTON
1996	METUCHEN	LONG BRANCH	NEPTUNE	HUNTERDON CENTRAL
1997	METUCHEN	NORTH PLAINFIELD	FRANKLIN	MIDDLETOWN SOUTH
1998	METUCHEN	SOMERVILLE	MIDDLETOWN SOUTH	HILLSBOROUGH
1999	METUCHEN	SOMERVILLE	MIDDLETOWN SOUTH	HILLSBOROUGH
2000	METUCHEN	HOPEWELL VALLEY	RED BANK REGIONAL	TRENTON
2001	METUCHEN	HOPEWELL VALLEY	FRANKLIN TOWNSHIP	TRENTON
2002	SHORE	VOORHEES	RED BANK REGIONAL	TRENTON
2003	SHORE	HOPEWELL VALLEY	FRANKLIN	HILLSBOROUGH
2004	METUCHEN	SHORE REGIONAL	WILLINGBORO	JACKSON MEMORIAL
2005	METUCHEN	RAHWAY	HOPEWELL VALLEY	JACKSON MEMORIAL
2006	METUCHEN	RAHWAY	HOPEWELL VALLEY	JACKSON MEMORIAL
2007	METUCHEN	MATAWAN	HOPEWELL VALLEY	SOUTH BRUNSWICK
2008	ROBBINSVILLE	RUMSON-FH/AL JOHNSON	HOPEWELL VALLEY	MONTGOMERY
2009	NEW PROVIDENCE	CRANFORD	HOPEWELL VALLEY	SOUTH BRUNSWICK
2010	ROBBINSVILLE	EWING	HOPEWELL VALLEY	SOUTH BRUNSWICK
2011	ROBBINSVILLE	ABRAHAM CLARK	HOPEWELL VALLEY	SOUTH BRUNSWICK
2012	METUCHEN	VOORHEES	PRINCETON	WWP-NORTH
2013	METUCHEN	HOLMDEL	NEPTUNE	HILLSBOROUGH
2014	HAWTHORNE	HOLMDEL	RED BANK REGIONAL	HILLSBOROUGH
2015	METUCHEN	HOLMDEL	NORTHERN BURLINGTON	SOUTH BRUNSWICK
2016	METUCHEN	MATAWAN	LAWRENCE	SOUTH BRUNSWICK
2017	METUCHEN	MATAWAN	ALLENTOWN	SOUTH BRUNSWICK
2018	MIDDLESEX	GOVERNOR LIVINGSTON	COLTS NECK	SOUTH BRUNSWICK
2019	WILLINGBORO	RUMSON-FAIR HAVEN	COLTS NECK	SOUTH BRUNSWICK
2020	STATE MEET CANCELED – COVID-19			
2021	SHORE REGIONAL	HOLMDEL	COLTS NECK	HILLSBOROUGH
2022	SHORE REGIONAL	RUMSON-FAIR HAVEN	COLTS NECK	HILLSBOROUGH

Summary of CENTRAL Sectional Titles

GIRLS Sectional Titles

17	Metuchen	3	Robbinsville	1	Northern Burlington
11	Hopewell Valley	3	Rumson-Fair Haven	1	Ridge
9	South Brunswick	2	Princeton	1	Sayreville
9	Trenton	2	Rahway	1	Spotswood
8	Asbury Park	2	Somerville	1	WWP-North
8	Bernards	2	Willingboro		
7	Monmouth Regional	1	Allentown		
6	Hillsborough	1	Bridgewater West		
6	North Hunterdon	1	Cedar Ridge		
6	Shore Regional	1	Clark, Abraham		
5	Franklin	1	Cranford		
5	Holmdel	1	East Brunswick		
5	Hunterdon Central	1	Ewing		
5	Middletown South	1	Freehold Borough		
5	Neptune	1	Governor Livingston		
5	Red Bank Catholic	1	Hightstown		
5	Voorhees	1	Johnson, AL		
4	Colts Neck	1	Lawrence		
4	Highland Park	1	Madison Central		
4	Jackson Memorial	1	Manalapan		
4	Long Branch	1	Mater Dei		
4	Matawan	1	Middlesex		
3	Montgomery	1	New Brunswick		
3	Raritan	1	New Providence		
3	Red Bank Regional	1	North Plainfield		

Most Consecutive Titles

8	Metuchen (1994-2001)	2	Holmdel (2013-2015)
7	Hopewell Valley (2005-2011)	2	Hopewell Valley (2000-2001)
6	Monmouth (1984-1989)	2	Matawan (2016-2017)
6	North Hunterdon (1982-1987)	2	Metuchen (2012-2013)
5	South Brunswick (2015-2019)	2	Montgomery (1991-1992)
4	Bernards (1982-1985)	2	Neptune (1995-1996)
4	Colts Neck (2018-2019; 2021; 2022)	2	Rahway (2005-2006)
4	Metuchen (2004-2007)	2	Robbinsville (2010-2011)
4	South Brunswick (2009-2011)	2	Somerville (1998-1999)
3	Highland Park (1976-1978)	2	Trenton (1992-1993)
3	Hillsborough (1998-1999/2013-2014; 2021-22)	2	Voorhees (1990-1991)
3	Jackson Memorial (2004-2006)		
3	Long Branch (1979-1981)		
3	Middletown South (1997-1999)		
3	Metuchen (2015-2017)		
3	Red Bank Catholic (1974-1976)		
3	Shore Regional (2002-2003; 2021-22)		
3	Trenton (2000-2002)		
2	Asbury Park (1981-1982/1992-1993)		
2	Bernards (1978-1979)		
2	Franklin (1992-1993)		

BEST OF THE SOUTH SECTIONAL MEETS

GIRLS

100 Meter Dash	Amandi Rhett, Morristown	1998	0:11.1*
200 Meter Dash	Shakira Dancy, Winslow	2017	0:23.85*
400 Meter Dash	Arianna Sharpe, Clayton	2022	0:53.49
800 Meter Run	Jillian Smith, Southern Regional	2008	2:07.26*
1600 Meter Run	Erin Donohue, Haddonfield	2001	4:49.8
3200 Meter Run	Michelle Rowan, Washington Twp.	1983	10:12.8
100 Meter High Hurdles	Carol Lewis, Willingboro	1981	0:13.9
	Nicole Hill, Oakcrest	1997	0:13.9
	Samantha Jensen, Central Regional	2012	0:13.91*
400 Meter Low Hurdles	Danielle Myricks, Willingboro	2001	1:00.1
	Krystal Canty, Winslow Township	2005	1:00.12*
4x100 Meter Relay	Egg Harbor Township	2018	0:47.60*
4x400 Meter Relay	Lenape	2017	3:50.27*
4x800 Meter Relay	Shawnee	2014	9:23.67*
Shot Put (8 pounds)	Helene Connell, Jackson	1977	46'10.25"
Discus	Jess Woodward, Cherokee	2013	168'00.00"
#New Javelin	Maria Jimmenez, Vineland	2012	152'06.00"
Javelin	<i>Lynlee Phillips, Shawnee</i>	<i>1999</i>	<i>154'08.00"</i>
Long Jump	Carol Lewis, Willingboro	1981	20'06.00"
Triple Jump	Claudine Smith, Atlantic City	2019	39'11.00"
High Jump	Carol Lewis, Willingboro	1981	5'09.00"
	Shelly Mitchell, Lakewood	1988	5'09.00"
Pole Vault	Chelsea Vaughan, Southern Regional	2012	12'03.00"

*Fully-Automatic Timing

#In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

SOUTH RECORDS

GROUP I GIRLS

100 Meter Dash	Mieaha Cooper, Florence	1994	0:11.7
200 Meter Dash	Lori Lewis, Woodbury	1978	0:24.3*
400 Meter Dash	Arianna Sharpe, Clayton	2022	0:53.49*
800 Meter Run	Erin Donohue, Haddonfield	2014	2:13.56
1600 Meter Run	Erin Donohue, Haddonfield	1999	5:00.0
3200 Meter Run	Erin Donohue, Haddonfield	1999	10:43.2
100 Meter High Hurdles	Denis Liles, Kingsway	1986	0:14.6
	Jennifer Heisinger, Woodbury	1988	0:14.6
400 Meter Low Hurdles	Amirah Sharpe, Clayton	2022	1:01.66*
4x100 Meter Relay	Penns Grove	2014	0:48.74*
4x400 Meter Relay	Penns Grove	2013	3:55.19*
4x800 Meter Relay	Haddon Township	2017	10:00.12*
Shot Put (8 pounds)	Zyra Thomas, AP Schalick	2018	43'07.00"
Discus	Cydne Thomas, Haddon Heights	2018	127'03.00"
#New Javelin	Lindse Minch, Pennsville	2009	139'11.00"
Javelin	Emma Painter, Clayton	1980	149'03.00"
Long Jump	Anna Stewart, Glassboro	1977	18'10.75"
Triple Jump	Patrice Farquharson, Maple Shade	2012	36'11.25"
High Jump	Alanna Woolfolk, Clayton	2022	5'06.00"
Pole Vault	Kaitlyn Smith, Gateway	2022	10'07.00"

2021 Team Champion: Clayton High School – 113 Points

2022 Team Champion: Clayton High School – 129 Points

GROUP II GIRLS

100 Meter Dash	Amandi Rhett, Morristown	1998	0:11.1
200 Meter Dash	Nia Ali, Pleasantville	2006	0:24.12*
400 Meter Dash	Nadia Davy, Bridgeton	1999	0:54.0
800 Meter Run	Katrina Sye, Buena	1999	2:09.2
1600 Meter Run	Erin Donohue, Haddonfield	2001	4:49.8
3200 Meter Run	Erin Donohue, Haddonfield	2001	10:28.6
100 Meter High Hurdles	Nia Ali, Pleasantville	2006	0:14.07*
400 Meter Low Hurdles	Katrina Sye, Buena	1999	1:01.2
4x100 Meter Relay	Deptford	2015	0:48.25*
4x400 Meter Relay	Woodrow Wilson	2008	3:54.24*
4x800 Meter Relay	Haddonfield	2015	9:36.13*
Shot Put (8 pounds)	Nicole Moore, Bridgeton	1999	44'10.25"
Discus	Melinda Boykin, Bridgeton	1997	140'01.00"
#New Javelin	Brielle Smith, Oakcrest	2018	140'02.00"
Javelin	Erin Donohue, Haddonfield	2001	141'07.00"
Long Jump	Kathy Rankins, Haddon Heights	1979	18'11.50"
Triple Jump	Bonvie Fosam, Robbinsville	2017	39'06.50"
High Jump	Megan Kirschling, West Deptford	2012	5'08.00"
Pole Vault	Riley Larsen, Pt. Pleasant Borough	2019	11'07.00"

2021 Team Champion: Haddonfield Memorial High School – 130 Points

2022 Team Champion: Haddonfield Memorial High School - 130 Points

GROUP III GIRLS

100 Meter Dash	Dennisha Page, Woodrow Wilson	2019	0:11.69*
200 Meter Dash	Shakira Dancy, Winslow	2017	0:23.85
400 Meter Dash	Dennisha Page, Woodrow Wilson	2019	0:54.41*
800 Meter Run	Renee Tomlin, Ocean City	2005	2:10.5
1600 Meter Run	Alyssa Aldridge, Mainland	2017	4:57.22*
3200 Meter Run	Alyssa Aldridge, Mainland	2017	10:31.12*
100 Meter High Hurdles	Nicole Hill, Oakcrest	1997	0:13.9
400 Meter Low Hurdles	Danielle Myricks, Willingboro	2001	1:00.1
4x100 Meter Relay	Delsea	2017	0:47.78*
4x400 Meter Relay	Winslow Township	2016	3:50.88*
4x800 Meter Relay	Seneca	2018	9:33.08*
Shot Put (8 pounds)	Janiece Rose, Delsea	2017	45'27.86"
Discus	Jocelyn White, Delsea	2003	156'01.00"
#New Javelin	Alexa Gardner, Hammonton	2018	138'08.00"
Javelin	Carla Brown, Overbrook	1986	149'05.00"
Long Jump	Gabrielle Bennett, Winslow Township	2015	19'02.50"
Triple Jump	Mariah Hubbard, Absegami	2016	37'08.00"
High Jump	Shelly Mitchell, Edgewood	1988	5'09.00"
Pole Vault	Jen Holly, Barnegat	2008	12'01.00"

2021 Team Champion: Winslow Township High School – 110.50 Points

2022 Team Champion: Timber Creek High School – 101 Points

GROUP IV GIRLS

100 Meter Dash	Bria Mack, Williamstown	2016	0:11.68*
200 Meter Dash	English Gardner, Eastern	2007	0:24.09*
400 Meter Dash	Nijgia Snapp, Oakcrest	2009	0:54.90*
800 Meter Run	Jillian Smith, Southern Regional	2008	2:07.26*
1600 Meter Run	Rachel Vick, Kingsway	2017	4:52.88
3200 Meter Run	Michelle Rowan, Washington Township	1983	10:12.8
100 Meter High Hurdles	Carol Lewis, Willingboro	1981	0:13.9
400 Meter Low Hurdles	Krystal Cantey, Winslow Township	2005	1:00.12*
4x100 Meter Relay	Egg Harbor Township	2018	0:47.60
4x400 Meter Relay	Lenape	2017	3:50.27*
4x800 Meter Relay	Shawnee	2014	9:23.67*
Shot Put (8 pounds)	Helene Connell, Jackson	1977	46'10.25"
Discus	Jess Woodward, Cherokee	2013	168'00.00"
#New Javelin	Maria Jimenez, Vineland	2012	152'06.00"
Javelin	Lynlee Phillips, Shawnee	1999	154'08.00"
Long Jump	Carol Lewis, Willingboro	1981	20'06.00"
Triple Jump	Claudine Smith, Atlantic City	2019	39'11.00"
High Jump	Carol Lewis, Willingboro	1981	5'09.00"
Pole Vault	Chelsea Vaughan, Southern	2012	12'03.00"

2021 Team Champion: Rancocas Valley Regional High School – 92 Points

2022 Team Champion: Rancocas Valley Regional High School – 97.50 Points

SOUTH SECTIONAL TEAM WINNERS

Year	Group I	Group II	Group III	Group IV
1971				MONMOUTH/TOMS RIVER S.
1972		RED BANK CATHOLIC		MATAWAN
1973		SHORE		TOMS RIVER SOUTH
1974		RED BANK CATHOLIC		MATAWAN/TOMS RIVER S.
1975		ASBURY PARK		TOMS RIVER SOUTH
1976	WOODBURY	POINT PLEASANT BOROUGH	PAUL VI	TOMS RIVER SOUTH
1977	WOODBURY	HADDON HEIGHTS	PAUL VI	TOMS RIVER NORTH
1978	WOODBURY	POINT PLEASANT BOROUGH	DEPTFORD	TOMS RIVER NORTH
1979	WOODBURY	ST. JOSEPH/TOMS RIVER	EDGEWOOD	JFK WILLINGBORO
1980	WOODBURY	WILLIAMSTOWN	LAKEWOOD	WILLINGBORO
1981	WOODBURY	WILLIAMSTOWN	OVERBROOK	WILLINGBORO
1982	WOODBURY	STERLING	LAKEWOOD	TOMS RIVER EAST
1983	HADDONFIELD	CENTRAL REGIONAL	OCEAN CITY	EDGEWOOD
1984	HADDONFIELD/KINGSWAY	CLEARVIEW	WILLINGBORO	PEMBERTON
1985	KINGSWAY	CLEARVIEW	WILLINGBORO	EDGEWOOD
1986	KINGSWAY	BUENA	LAKEWOOD	SHAWNEE
1987	PAULSBORO	GATEWAY	LAKEWOOD	BRICK TOWNSHIP
1988	PAULSBORO	KINGSWAY	LAKEWOOD	TOMS RIVER EAST
1989	HADDONFIELD	CLEARVIEW	LAKEWOOD	CUMBERLAND
1990	PAULSBORO	CLEARVIEW	OCEAN CITY	SHAWNEE
1991	PAULSBORO	KINGSWAY	OCEAN CITY	HIGHLAND
1992	PAULSBORO	CLEARVIEW	OCEAN CITY	WILLINGBORO
1993	HADDONFIELD	KINGSWAY	OCEAN CITY	SHAWNEE
1994	HADDONFIELD	MOORESTOWN	OCEAN CITY	SHAWNEE
1995	PAULSBORO	PLEASANTVILLE	WILLIAMSTOWN	SHAWNEE
1996	AP SCHALICK	PLEASANTVILLE	WILLIAMSTOWN	SHAWNEE
1997	PAULSBORO	PLEASANTVILLE	ABSEGAMI	SHAWNEE
1998	HADDONFIELD	BRIDGETON	LAKEWOOD	WASHINGTON TOWNSHIP
1999	HADDONFIELD	BRIDGETON	WILLINGBORO	SHAWNEE
2000	PALMYRA	BRIDGETON	WOODROW WILSON	WASHINGTON TOWNSHIP
2001	PALMYRA	HADDONFIELD	WOODROW WILSON	WASHINGTON TOWNSHIP
2002	AP SCHALICK	PLEASANTVILLE	WOODROW WILSON	EASTERN
2003	PAULSBORO	HADDONFIELD	HIGHLAND REGIONAL	JACKSON MEMORIAL
2004	PAULSBORO	HADDONFIELD	HIGHLAND REGIONAL	WINSLOW TOWNSHIP
2005	WOODBURY	BRIDGETON	WOODROW WILSON	WINSLOW TOWNSHIP
2006	PALMYRA	HADDONFIELD	WOODROW WILSON	SOUTHERN REGIONAL
2007	WOODBURY	HADDONFIELD	KINGSWAY	SOUTHERN REGIONAL
2008	PITMAN	HADDONFIELD	CAMDEN	SOUTHERN REGIONAL
2009	HADDON HEIGHTS	CAMDEN	SENECA	SOUTHERN REGIONAL
2010	PITMAN	DELSEA	SENECA	SOUTHERN REGIONAL
2011	AP SCHALICK	HADDONFIELD	DELSEA	LENAPE
2012	PENNS GROVE	HADDONFIELD	DELSEA	SOUTHERN
2013	PENNS GROVE	HADDONFIELD	WINSLOW TOWNSHIP	CHEROKEE
2014	PENNS GROVE	HADDONFIELD	WINSLOW TOWNSHP	SOUTHERN REGIONAL
2015	AP SCHALICK	STERLING	WINSLOW TOWNSHIP	LENAPE
2016	HADDON TOWNSHIP	STERLING	WINSLOW TOWNSHIP	SOUTHERN REGIONAL
2017	AP SCHALICK	STERLING	WINSLOW TOWNSHIP	LENAPE
2018	AP SCHALICK	HADDONFIELD	WINSLOW TOWNSHIP	RANCOCAS VALLEY
2019	PAULSBORO	HADDONFIELD	WINSLOW TOWNSHIP	MILLVILLE
2020	MEET CANCELED – COVID-19			

Year	Group I	Group II	Group III	Group IV
2021	CLAYTON	HADDONFIELD	WINSLOW TOWNSHIP	RANCOCAS VALLEY
2022	CLAYTON	HADDONFIELD	TIMBER CREEK	RANCOCAS VALLEY

Summary of SOUTH Sectional Titles

GIRLS Sectional Titles

21	Haddonfield	3	Penns Grove	1	Gateway
13	Winslow Township	3	Rancocas Valley	1	Haddon Township
10	Paulsboro	3	Washington Township	1	Jackson Memorial
9	Woodbury	2	Camden	1	JFK Willingboro
8	Shawnee	2	Clayton	1	Millville
8	Southern Regional	2	Haddon Heights	1	Moorestown
7	A.P. Schalick	2	Highland Regional	1	Overbrook
7	Kingsway	2	Paul VI	1	Pemberton
7	Lakewood	2	Pitman	1	Saint Joseph/Toms River
6	Ocean City	2	Point Pleasant Borough	1	Southern Regional
6	Willingboro	2	Seneca	1	Timber Creek
6	Woodrow Wilson	2	Toms River East		
5	Clearview	2	Toms River North		
5	Toms River South	1	Absegami		
4	Bridgeton	1	Brick Township		
4	Pleasantville	1	Buena		
4	Sterling	1	Central		
4	Williamstown	1	Cherokee		
3	Delsea	1	Cumberland Regional		
3	Lenape	1	Deptford		
3	Palmyra	1	Eastern		

Most Consecutive Titles

8	Winslow Township (2013-2019; 2021)	2	Camden (2008-2009)
7	Woodbury (1976-1982)	2	Clearview (1984-85; 1989-90)
5	Ocean City (1990-1994)	2	Haddonfield (1983-84; 1993-94; 2003-04)
5	Shawnee (1993-1997)	2	Palmyra (2000-2001)
5	Southern (2006-2010)	2	Paul VI (1976-1977)
4	Haddonfield (2006-08; 2011-14)	2	Paulsboro (1987-88; 2003-04)
4	Haddonfield (2018-2019; 2021; 2022)	2	Seneca (2009-2010)
4	Lakewood (1986-1989)	2	Toms River North (1977-1978)
4	Toms River South (1973-1976)	2	Washington Township (2000-2001)
3	Bridgeton (1998-2000)	2	Williamstown (1980-81; 1995-96)
3	Delsea (2010-2012)	2	Willingboro (1980-1981)
3	Haddonfield (2018-2019; 2021)	2	Winslow Township (2004-2005)
3	Kingsway (1984-1986)	2	Woodrow Wilson (2005-2006)
3	Paulsboro (1990-1992)	1	Clayton (2021-22)
3	Penns Grove (2012-2014)	1	Rancocas Valley (2021-22)
3	Pleasantville (1995-1997)		
3	Sterling (2015-2017)		
3	Woodrow Wilson (2000-2002)		
2	A.P. Schalick (2017-2018)		

BEST OF THE NON-PUBLIC SECTIONAL MEETS

GIRLS

100 Meter Dash	Myasia Jacobs, Paramus Catholic	2011	0:11.66
200 Meter Dash	Sydney McLaughlin, Union Catholic	2017	0:23.19
400 Meter Dash	Sydney McLaughlin, Union Catholic	2017	0:52.89
800 Meter Run	Peyton Hollis, Union Catholic	2022	2:09.63
1600 Meter Run	Peyton Hollis, Union Catholic	2022	4:53.91
3200 Meter Run	Cate DeSousa, Red Bank Catholic	2022	10:30.97
100 Meter High Hurdles	Sydney McLaughlin, Union Catholic	2014	0:13.81
400 Meter Low Hurdles	Sydney McLaughlin, Union Catholic	2017	0:55.52
4x100 Meter Relay	Union Catholic	2022	0:47.54
4x400 Meter Relay	Union Catholic	2015	3:51.78
4x800 Meter Relay	Red Bank Catholic	2015	9:31.85
Shot Put (8 pounds)	Alyssa Wilson, Donovan Catholic	2016	54'02.50"
Discus	Alyssa Wilson, Donovan Catholic	2017	167'07.00"
#New Javelin	Jaime Klein, Paramus Catholic	2011	143'11.00"
Long Jump	Isabelle Dely, Paramus Catholic	2019	18'07.00"
Triple Jump	Tiffany Bautista, Paramus Catholic	2018	39'00.00"
High Jump	Robin Perkins, Trenton Catholic	2012	5'08.00"
Pole Vault	Caroline Dannenbaum, Pingry	2019	12'01.50"

**** 2021 – One year “pilot” the elimination of Non-Public sectionals and replaced with a combined sectional-group meet.**

***Fully-Automatic Timing**

#In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

History of Sectional Titles – Non-Public

Year	North A	North B	South A	South B
2010	Immaculate Heart – 140	Eastern Christian – 126	Red Bank Catholic – 120	Benedictine Academy – 100.4
2011	Pope John XXIII – 107	Eastern Christian – 116	Monsignor Donovan – 130	Pingry – 118
2012	Pope John XXIII – 193.5	Mt. St. Dominic – 112	Monsignor Donovan – 109	Pingry – 109.5
2013	Pope John XXIII – 188	Villa Walsh – 110	Monsignor Donovan – 132	Pingry – 113
2014	Pope John XXIII – 172.50	Eastern Christian – 128	Red Bank Catholic – 126	Pingry – 123
2015	Pope John XXIII – 134	Villa Walsh – 135	Union Catholic – 186	Oak Knoll – 137
2016	Pope John XXIII – 132	Villa Walsh – 95	Union Catholic – 202	Pingry – 83
2017	Paramus Catholic – 144.50	Newark Academy – 89	Union Catholic – 222	Pingry - 83
2018	Paramus Catholic – 147.75	Newark Academy – 89	Union Catholic – 185	Holy Spirit - 88
2019	Paramus Catholic – 155	Morris Catholic – 149	Union Catholic – 240	Trinity Hall - 91
2020	<i>Meet Canceled Covid-19</i>			

SOUTH RECORDS

NON-PUBLIC A GIRLS

100 Meter Dash	Amaya Chadwick, Union Catholic	2017	0:11.90
200 Meter Dash	Sydney McLaughlin, Union Catholic	2017	0:23.19
400 Meter Dash	Sydney McLaughlin, Union Catholic	2017	0:52.89
800 Meter Run	Molly McNamara, Red Bank Catholic	2010	2:12.02
1600 Meter Run	Molly McNamara, Red Bank Catholic	2011	4:54.11
3200 Meter Run	Courtney Thompson, St. John Vianney	2014	10:54.56
100 Meter High Hurdles	Sydney McLaughlin, Union Catholic	2014	0:13.81
400 Meter Low Hurdles	Sydney McLaughlin, Union Catholic	2017	0:55.52
4x100 Meter Relay	Union Catholic	2019	0:48.45
4x400 Meter Relay	Paul VI	2019	3:53.43
4x800 Meter Relay	Red Bank Catholic	2014	9:38.65
Shot Put (8 pounds)	Alyssa Wilson, Donovan Catholic	2016	54'02.50"
Discus	Alyssa Wilson, Donovan Catholic	2017	167'07.00"
#New Javelin	Rachel Kershner, Red Bank Catholic	2015	130'06.00"
Long Jump	Sydney McLaughlin, Union Catholic	2014	18'05.00"
Triple Jump	Tatiyanna Sanders, Paramus Catholic	2014	38'02.00"
High Jump	Tyler Scott, Union Catholic	2016	5'06.00"
Pole Vault	Caroline Dannenbaum, Pingry	2019	12'01.50"

2021**

NON-PUBLIC B GIRLS

100 Meter Dash	Iyanla Kollock, Our Lady of Mercy	2016	0:12.41
200 Meter Dash	Iyanla Kollock, Our Lady of Mercy	2016	0:25.73
400 Meter Dash	Kiana Winston, Benedictine Academy	2010	0:57.55
800 Meter Run	Dana Klein, Gill St. Bernard's	2013	2:18.55
1600 Meter Run	Dana Klein, Gill St. Bernard's	2014	4:57.11
3200 Meter Run	Bridget End, Oak Knoll	2010	11:18.20
100 Meter High Hurdles	Kiana Winston, Benedictine Academy	2010	0:15.45
400 Meter Low Hurdles	Kiana Winston, Benedictine Academy	2010	1:05.43
4x100 Meter Relay	Holy Spirit	2017	0:50.24
4x400 Meter Relay	Holy Spirit	2016	4:07.95
4x800 Meter Relay	Holy Spirit	2017	9:59.99
Shot Put (8 pounds)	Alexandra Preckajlo, St. Rose	2016	39'04.00"
Discus	Alexandria Donahue, St. Rose	2011	119'08.00"
#New Javelin	Leah Braid, Sacred Heart	2010	126'11.00"
Long Jump	Tacquaya Tobias, Our Lady of Mercy	2011	18'03.75"
Triple Jump	Ludi Zhu, Gill St. Bernard's	2015	36'01.75"
High Jump	Robin Perkins, Trenton Catholic	2012	5'08.00"
Pole Vault	Julia Dannenbaum, Pingry	2016	11'06.00"

2021**

NORTH RECORDS

NON-PUBLIC A GIRLS

100 Meter Dash	Myasia Jacobs, Paramus Catholic	2011	0:11.66
200 Meter Dash	Myasia Jacobs, Paramus Catholic	2011	0:24.33
400 Meter Dash	Devin Smith, Pope John XXIII	2012	0:56.35
800 Meter Run	Calleigh Higgins, Pope John XXIII	2014	2:12.32
1600 Meter Run	Amanda Corbosiero, Mount Saint Dominic	2013	5:04.59
3200 Meter Run	Anna Campbell, Pope John XXIII	2017	11:07.00
100 Meter High Hurdles	Elizabeth Garcia, Academy of Holy Angels	2016	0:14.66
400 Meter Intermediate Hurdles	Marissa Evans, Pope John XXIII	2014	1:02.72
4x100 Meter Relay	Paramus Catholic	2016	0:48.49
4x400 Meter Relay	Pope John XXIII	2014	3:58.46
4x800 Meter Relay	Immaculate Heart	2013	9:43.97
Shot Put (8 pounds)	Theresa Picciallo, Immaculate Heart	2011	43'04.00"
Discus	Theresa Picciallo, Immaculate Heart	2011	126'06.00"
#New Javelin	Jaime Klein, Paramus Catholic	2011	143'11.00"
Long Jump	Isabelle Dely, Paramus Catholic	2019	18'07.00"
Triple Jump	Tiffany Bautista, Paramus Catholic	2019	39'02.00"
High Jump	Rachel Lees, Pope John XXIII	2011	5'04.00"
	Tiffany Bautista, Paramus Catholic	2019	5'04.00"
Pole Vault	Caroline McGann, Academy of the Holy Angels	2017	11'06.00"

2021**

NON-PUBLIC B GIRLS

100 Meter Dash	Dominique Booker, Immaculate Conception Mont.	2010	0:12.28
200 Meter Dash	Dominique Booker, Immaculate Conception Mont.	2010	0:24.72
400 Meter Dash	Jamie Sheppard, Morristown-Beard	2017	0:57.82
800 Meter Run	Kristen Traub, Eastern Christian	2012	2:14.75
1600 Meter Run	Kristen Traub, Eastern Christian	2012	4:59.49
3200 Meter Run	Megan Curham, Villa Walsh	2013	10:36.42
100 Meter High Hurdles	Malia Gray, St. Dominic Academy	2016	0:15.42
400 Meter Intermediate Hurdles	Nicole Borowiec, Morristown-Beard	2017	1:04.84
4x100 Meter Relay	Eastern Christian	2017	0:51.63
4x400 Meter Relay	Kent Place	2012	4:03.08
4x800 Meter Relay	Morris Catholic	2017	9:52.12
Shot Put (8 pounds)	Tatiana Johnson, Morristown-Beard	2011	40'00.50"
Discus	Halia Rosemond, Morristown-Beard	2015	130'03.00"
#New Javelin	Brooke Van Lenten, Eastern Christian	2016	112'07.00"
Long Jump	Malia Gray, St. Dominic Academy	2017	17'06.50"
Triple Jump	Malia Gray, St. Dominic Academy	2017	36'04.00"
High Jump	Keyanna Harris, Kent Place	2012	5'04.00"
Pole Vault	Catherine Rozalski, Queen of Peace	2014-2015	11'00.00"

2021**

Summary of NON-PUBLIC Sectional Titles

GIRLS Sectional Titles

6	Pope John XXIII	1	Holy Spirit
5	Pingry	1	Immaculate Heart Academy
5	Union Catholic	1	Morris Catholic
3	Donovan	1	Mount Saint Dominic
3	Eastern Christian	1	Trinity Hall
3	Paramus Catholic		
3	Villa Walsh		
2	Newark Academy		
2	Oak Knoll		
2	Red Bank Catholic		
1	Benedictine Academy		

Most Consecutive Titles

6	Pope John XXIII (2011-2016)	2	Eastern Christian (2010-2011)
5	Union Catholic (2015-2019)	2	Newark Academy (2017-2018)
4	Pingry (2011-2014)	2	Villa Walsh (2015-2016)
3	Donovan (2011-2013)		
3	Paramus Catholic (2017-2019)		