



2021 NJSIAA Boys and Girls Cross Country Team Tournament

The NJSIAA reserves the right to adjust, change or cancel dates, times and locations for all NJSIAA State tournaments. Schools entering the tournament will not be granted a change of date/time due to any conflicts with school trips, proms, banquets, SAT's, graduation, and the like.

Member schools not willing or able to comply with all tournament regulations should not enter the tournament. Member schools will not be eligible to participate in any NJSIAA Championship Tournament if it has violated the NJSIAA Constitution, Bylaws, Rules, Regulations, Guidelines, Policies, and Procedures.

In all tournaments conducted by the NJSIAA, each member school must compete in its own group and section classification, unless fewer than eight (8) schools qualify. In that case, the Executive Committee may combine one or more groups. When the committee eliminates sectional championships because of an insufficient number of schools qualifying, the State Group Championships will be conducted on a statewide quartile basis or State Championships may be conducted without regard to Groups or Division.

Coaches must have a copy of these regulations as well as a copy of rule Modifications (if any) for this tournament available at all contests. Copies of these documents are also available on the NJSIAA website.

The NFHS Track and Field/XC rules along with any NJSIAA Track and Field/XC rule modifications will govern this tournament.

NJSIAA Director of XC

Al Stumpf

Phone: (609) 259-2776

Email: astumpf@njsiaa.org

Tournament Director

Ed Colona

Phone: 609-381-8615

Email: edcolona@comcast.net

NJSIAA Rules Interpreter

Carl Rickershauser

Phone: 609-471-0497

Email: rickershauser@comcast.net

Cross Country Tournament Dates

Event	Dates	
MileSplit Entries Close:	October 29, 2021	
State Sectionals	Dates	Location
North I	November 6, 2021	Garret Mountain,
North II	November 6, 2021	Oak Ridge Park
Central	November 6, 2021	Thompson Park
South	November 6, 2021	Delsea High School
State Group Championships	Dates	Location
All Groups	November 13, 2021	Holmdel Park
Meet of Champions	Dates	Location
Boys	November 20, 2021	Holmdel Park
Girls	November 20, 2021	Holmdel Park

New for this year's state tournament

1. Any athlete transferring into your school after opening day of xc will not be eligible to participate.
2. Group meets only – starting time will be 9:30 am
3. Group meets only – award ceremony- awards will be presented by combining the girls and boys. For example- group 1 boys followed by group 1 girls in the same time slot.
4. Team advancement to the meet of champions-
 - a. Individual qualifiers will remain unchanged.
 - b. Top two teams from each group automatically advance. (12 teams total)
 - c. Next 8 fastest wildcard teams will qualify thru the merger process.
5. Coaches and teams will be allowed 8 pre- entries for the sectional, groups and moc- however, on the day of the meet coaches can make up to 7 entry changes provided the athletes being inserted are on the milesplit team roster by the entry date.
6. All teams must check in at least 20 minutes before the start of their races. Failure to do so will result in a disqualification from the race.
7. Holmdel park – use of the park prior to the state championships- please go to the cross-country website- www.njsiaa.org – there will be a link with instructions about using the park for practices. Do not just show up and use the park.
8. More complete tournament information will be posted on the cross-country website- www.njsiaa.org – click on sports – click on xc

To Qualify for the Team Tournament

1. Your cross-county schedule must show that sixty percent (60%) of your competition was against NJ schools.
2. Any player with two (2) or more disqualifications in the current season, prior to the start of the tournament, will be unable to compete in the state tournament.
3. Any varsity team accumulating three (3) or more player or coach disqualifications prior to the start of the tournament will not be permitted to participate in the state tournament. Seeded teams will forfeit their right to compete if a disqualification limit is reached prior to the start of the tournament for the team.

Entry Procedure

1. All varsity scores must be reported to www.njschoolsports.com as soon as possible after each contest. If you encounter problems, please contact hssupport@njadvancemedia.com.
2. Teams and Individuals must be entered on MileSplit NJ by the date listed above.
3. All directions for claiming and entering your team or individuals will be listed on the NJSIAA website under sports menu then cross country.
4. The entry process will be paperless going forward. Upon your entry on MileSplit, a voucher will be generated (from MileSplit) for your school which can be used as your invoice for payment. This is different from an official NJSIAA invoice which will be sent to you upon completion of the tournament if payment has not yet been received.

Entry Fee

- \$140.00 per team/per gender (\$280 for boys and girls), \$20.00 per individual/per event.
- Payable to the NJSIAA (Please note XC Tournament).
- Forward all entry fees to: NJSIAA, 1161 Route 130 North, Robbinsville, NJ 08691
- DO NOT use certified mail

Tournament Rules & Information

1. Please direct all questions regarding the entry procedure to your sectional meet director or the NJSIAA director for cross country.
2. Contestants who appear at sectionals, state group championships, or state championships without their coach (or certified member of the faculty) will be disqualified.
3. Since there is no qualification necessary for entry, coaches are urged to submit entries and rosters well in advance of deadline. Entries not received by the due date will not be accepted.
4. Non-Public Schools, A & B will not compete in Sectional competition; however, they will compete in the State Group Championships.
5. Non-Public Boys and Girls will be classified separately, therefore, it is possible for a dual-gender school to be in one group for boys and a different group for girls. The team entries received by the closing date will then be divided into Non-Public A and B, which will be posted on the NJSIAA website as soon as possible. Late entries that are accepted after the classification is posted will be added to the appropriate division according to their enrollment.

6. Each school may list a maximum of eight (8) entrants per team; seven (7) runners shall constitute a team, five (5) to qualify for scoring. Fewer than seven (7) runners may enter from one school; however, no more than seven (7) runners from one school may compete the day of the meet. MileSplit rosters may be updated by the date listed above.
7. School entering individuals and not presently competing on an interscholastic basis must be accompanied by someone in a coaching capacity must be properly certified and appointed by the Board of Education. If a chaperone is used to accompany the athlete, written authority from the school's Principal must be presented
8. Meets will be postponed ONLY when threats of severe weather, such as thunderstorms, are forecast. If you have any doubt about meet changes, check the NJSIAA website: www.njsiaa.org, or call your meet director.
9. There shall be no appeal or waiver for advancement from one level of the championships to another regardless of reason.
10. Failure to be present at the time the event is called due to transportation problem, misunderstanding of instructions, tournament regulations, injury or illness will result in disqualification.
11. At the sectional championships, public schools may alter their roster the day of the meet up to seven runners. However, those names must be already entered in the team roster on MileSplit. No Day of Meet additions will be allowed. Any changes must be done no less than 20 minutes before the start of your sectional race. The form will be in your packet. No Entries will be processed after the event closes.
12. At the state Championships, non-public schools only may alter their roster the day of the meet up to seven runners. However, those names must be already entered in the Team Roster of Mile Split. No Day of Meet additions will be allowed. Any changes must be done no less than 20 minutes before the start of your sectional race. The form will be in your packet. No Entries will be processed after the event closes.
13. Scoring (including ties) will be based on the NFHS Rules. Individual runners will be scored separately and will not affect the scoring of teams. Teams advancing beyond the Sectional Meet must enter a full team (5 or more), not part of that team as individuals.
14. 40 minutes after the start of any race in the cross-country tournament (Sectionals, Group Meet, and Meet of Champions), the race will be declared over, and no additional scoring will take place.
15. Any runner disqualified will be removed from the team roster and may not be replaced.
16. Any coach/team member guilty of aiding a team member or impeding another runner will disqualify that team from the meet. Any coach or non-competing team member guilty of misconduct will be referred to the NJSIAA Executive Committee.
17. Qualifying from the Group Meet to the MOC, the top two teams from each group (12 Teams) and the next fastest 8 runners (wildcards) from All Groups will advance to the MOC (20 Teams).

Awards

Sectional Meets

A trophy and seven (7) medals to the first-place team; seven (7) medals to the 2nd through 5th place teams; and medals to the first ten (10) individual finishers in each Group in each Section.

State Group Championships

A trophy and seven (7) medals to the first-place team; seven (7) medals to the 2nd through 3rd place teams; and medals to the first ten (10) Individual finishers in each Group.

State Championships

A trophy and seven (7) medals to the first-place team, seven (7) medals to the 2nd thru 6th place teams; and a trophy to the individual first place finisher with medals to the 2nd through 20th place individual finishers.

Assignors

The NJSIAA state assignor will assign all officials for all tournament meets.

Officials Fees

The NJSIAA will compensate the officials

Tournament Schedule

Sectional Championships – Saturday November 6th, 2021					
North I: Garrett Mountain, West Paterson, NJ			North II: Oak Ridge Park, Clark, NJ		
Meet Director: Victor Wu			Meet Director: Robert Byrnes		
Phone: (201) 554-3560			Phone: (973) 980-8568		
E-mail: ywuxc1@gmail.com			E-mail: bob.byrnes48@hotmail.com		
Central: Thompson Park, Monroe, NJ			South: Dream Park, Logan Township, NJ		
Meet Director: Marty Holleran			Meet Director: Ed Colona		
Phone: (732) 567-0969			Phone: (609) 381-8615		
E-mail: metuchen2003@yahoo.com			E-mail: ecolona@comcast.net		
Start Times for all Sectional Championships					
10:00	Group 1	Girls	11:40	Group 4	Girls
10:25	Group 3	Girls	12:05	Group 2	Girls
10:50	Group 1	Boys	12:30	Group 4	Boys
11:15	Group 3	Boys	12:55	Group 2	Boys

Meet Notes:

Non-Public Schools, A & B will not compete in Sectional competition; however, they will compete in the State Group Championships.

Public Schools – The first five (5) teams plus the first ten (10) place runners in each group in each Section will qualify for the State Group Championships.

At the sectional championships, public schools may alter their roster the day of the meet up to seven runners. However, those names must be already entered in the team roster on MileSplit. No Day of Meet additions will be allowed. Any changes must be done no less than 20 minutes before the start of your sectional race. The form will be in your packet. No Entries will be processed after the event closes.

State Group Championships – Saturday November 13th, 2021

Holmdel Park, Holmdel, NJ

Meet Director: Ed Colona

Phone: (609) 381-8615

E-mail: ecolona@comcast.net

Start Times for State Group Championships

9:30	Group 1	Girls	11:30	Non-Public B	Girls	1:30	Group 2	Girls
10:00	Group 3	Girls	12:00	Group 4	Girls	2:00	Non-Public A	Girls
10:30	Group 1	Boys	12:30	Non-Public B	Boys	2:30	Group 2	Boys
11:00	Group 3	Boys	1:00	Group 4	Boys	3:00	Non-Public A	Boys

Meet Notes:

Qualifying from the Group Meet to the MOC, the top two teams from each group (12 Teams) and the next fastest 8 runners (wildcards) from All Groups will advance to the MOC (20 Teams).

At the state Group Championships, non-public schools only may alter their roster the day of the meet up to seven runners. However, those names must be already entered in the Team Roster of Mile Split. No Day of Meet additions will be allowed. Any changes must be done no less than 20 minutes before the start of your sectional race. The form will be in your packet. No Entries will be processed after the event closes.

Non-Public Boys and Girls will be classified separately, therefore, it is possible for a dual-gender school to be in one group for boys and a different group for girls. The team entries received by the closing date will then be divided into Non-Public A and B, which will be posted on the NJSIAA website as soon as possible. Late entries that are accepted after the classification is posted will be added to the appropriate division according to their enrollment.

State Group Championships Award Ceremony Approximate Time Schedule

11:15 - Group 1 - Girls followed by Boys	1:45 - Group 4 - Girls followed by Boys
11:45 - Group 3 - Girls followed by Boys	3:15 - Group 2 - Girls followed by Boys
1:15 - Non-Public B - Girls followed by Boys	3:45 - Non-Public A - Girls followed by Boys

Coaches should encourage all award winners (anyone receiving a medal as a team member or individual place medal) to report to the staging area near the starting line as soon as possible after their race results have been announced.

Meet of Championships – Saturday November 20th, 2021

Holmdel Park, Holmdel, NJ

Meet Director: Ed Colona

Phone: (609) 381-8615

E-mail: ecolona@comcast.net

Start Times:

11:00am – Girls Championship Race

11:45am – Boys Championship Race

12:30pm – Awards Ceremony (Girls followed by Boys)

Meet Notes:

To qualify for the Meet of Champions which will determine the state team champion and the state individual champion, a runner must fall into one of the four categories:

1. Must be a member of a Team that has medaled (i.e., finished first or second in team scoring) in its Group Meet race.
2. Must be a member of one of one of the eight (8) at-large teams (wildcards). These teams will be non-placing teams whose top five (5) runners have the eight best total times of all teams from all the Group Races. Reminder: Place is never overruled by time.
3. Must have received a medal for placing in the top ten (10) in his/her Group Meet race.
4. Must have one of the top ten (10) fastest times of all the remaining runners from all Group races who have not qualified (i.e., won a medal or is a member of a qualifying at-large team) in any other way.