

Wrestling Constitutional Rules 2020-2021

Wrestling

Section 1 Rules National Federation Wrestling Rules, unless modified herein, shall govern all NJSIAA meets.

Section 2 Start of Practice Provided for in Program Regulations, Section 6.

Section 3 Start of Regular Schedule Provided for in Program Regulations, Section 8.

Section 4 End of Season Provided for in Program Regulations, Section 10.

CL 1: No varsity meets, regular season or tournament, may be scheduled during or after the week of the District Tournament without NJSIAA approval unless said meet had been scheduled during the last week of the regular season and postponed.

CL 2: Junior varsity and/or freshman wrestlers may not compete in matches or tournaments during the weeks of the District and Region tournaments.

CL 3: No junior varsity or freshman matches or tournaments shall be permitted after the District tournament.

Section 5 Transfers Please see the Modified COVID-19 Sports Regulations and Considerations

Section 6 Scrimmages Please see the Modified COVID-19 Sports Regulations and Considerations

Section 7 Postponed Meets Any postponed meet may be added to the regular scheduling as noted in Section 8 Maximum Meets.

Section 8 Maximum Meets Please see the Modified COVID-19 Sports Regulations and Considerations.

Section 9 Weight Certification

See Wrestling Regular Season Regulations.

Weight Classes: 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

Section 10 Weight Classification Each Match – A wrestler's actual weight, minimum certified weight, and weight class at which the wrestler participated must be recorded in the team's scorebook. If there is no scorebook the official will record final score on the Wrestling weigh in sheet(s) and these form(s) will become the official document(s) of the meet.

Section 11 Skin Infection/Contagious Disease Before being permitted to wrestle, any wrestler previously judged not fit to wrestle must present, at weigh in, the original NJSIAA skin lesion form signed by an MD, DO, PA or APN, certifying that an exam took place pertaining to that condition within the last seven (7) days, clearing that contestant for competition.

CL: Before the dual/individual meet begins, the referee shall perform skin checks, or verify skin checks have been performed by a designated, on-site, meet appropriate health professional.
NFHS Rule 3-1-4a; 3-1-5a.

Section 12 Equipment Headgear – It is mandatory that all wrestlers wear a protective headgear at all times during practice and while participating in a match.

Section 13 Disqualifications

1. Any player with more than two flagrant disqualifications in the current season, prior to the start of an NJSIAA tournament, will be ineligible to compete in said tournament.
2. Any varsity team accumulating more than two player and/or coach disqualifications for flagrant unsportsmanlike conduct prior to the start of a tournament will not be permitted to participate in same. Seeded teams will forfeit their right to compete if a disqualification limit is reached prior to the start of the tournament for the team.

CL: Teams with more than two flagrant disqualifications cannot win a District Team Championship Title.

**NJSIAA IMPOSED
FINES**

The following fines may be imposed by the NJSIAA Staff:

Description	Amount
General:	
Disqualified Coach	\$100
Classifications (1)	\$150
Tournament entry (2)	\$150
Tournament refusal after deadline	\$150
Tournament refusal after seeding (3)	\$300
Sports Specific:	
Late Entry/Day of Entry (4)	\$150
Timely reporting of results (5)	\$150
Event no-show (6)	\$150

General:

- (1) Updates to classifications after deadline per season (Fall Aug. 1st, Winter Nov. 1st, Spring Mar. 1st)
- (2) Seeding with outstanding membership requirements or outstanding invoices > 90+ days past due.
- (3) Additionally disqualified from next year's tournament.

Sports Specific:

- (4) Cross Country, Winter Track and Spring Track tournament regulations. Fine is assessed per B/G team.
- (5) Results reporting requirements per the Wrestling and B/G Swimming tournament regulations.
- (6) B/G Tennis and B/G Bowling additionally disqualified from next year's tournament.

Annually, the Finance Committee will review the fines collected and approve the amounts to be contributed to the annual scholar athlete scholarship account.