

## **Field Hockey Constitutional Rules 2020-2021**

### **Field Hockey**

Section 1 Rules National Federation Rules shall govern all NJSIAA games.

Section 2 Start of Practice Provided for in Program Regulations, Section 6.

Section 3 Start of Regular Schedule Provided for in Program Regulations, Section 8.

Section 4 End of Season Provided for in Program Regulations, Section 10.

Section 5 Transfers Please see the Modified COVID-19 Sports Regulations and Considerations

Section 6 Scrimmages Please see the Modified COVID-19 Sports Regulations and Considerations

Section 7 Games Per Week Please see the Modified COVID-19 Sports Regulations and Considerations

Section 8 Maximum Games Please see the Modified COVID-19 Sports Regulations and Considerations.

Section 9 Halves Per Day A field hockey player shall play in no more than three (3) halves during the same calendar day. This would include freshman, sophomore, junior varsity and varsity competition.

NOTE: Overtime periods are a continuation of the second half.