



Congratulations to our Region Finalists and best wishes on your participation in the 2021 NJSIAA/Rothman Orthopaedics Girls State Wrestling Championship Tournament.

Phillipsburg High School, Tom Fisher, Site Manager

Please review the following instructions:

- The COVID Screening Form located on the NJSIAA website Sports/Wrestling must be completed the day of the tournament and provided at the site check-in by all.
<https://www.njsiaa.org/sites/default/files/documents/2021-03/wrestling-screening-form.pdf>
- Coaches and Wrestlers: Face Coverings are required and must be worn properly. Wrestlers are not required to wrestle with the face covering. (Optional)
- Social Distancing must be maintained.
- Wrestlers Participating in the State Tournament are **not** permitted to wrestle the week prior to the State Tournament.
- All Wrestlers must arrive prepared to weigh-in. Wrestlers' Uniform and appropriate undergarments.
- Coaches Per Session: 1 coach permitted with 3 wrestlers; 2 coaches permitted with 4 or more wrestlers.
- Only 1 coach will be permitted in the corner.
- Phillipsburg HS: All Wrestlers and Coaches will enter at **Door 34**.
- Athletic Training Room 160 will be used.
- Important: Wrestlers may not enter the bleacher area (parents/guardians) at any time.
- Coaches: Any wrestler unable to participate, please contact Kim Cole and Howie O'Neil immediately via e-mail kcole@njsiaa.org and howieoba@yahoo.com . Please be sure to copy your athletic director on all communications.
- **AM Session: Weight Classes 100 through 135**
Weight Check at 8:00 AM
Weight-In at 8:30 AM
Weigh-In will be by weight class in Alpha order by last name.
Wrestlers who do not make weight will not be permitted to wrestle.
Wrestling will begin at 10:00 AM
Medals will be awarded on the mat, places 1 through 6. 7/8 Medal will be presented.
- **PM Session: Weight Classes 143 through 215**
Weight Check at 1:30 PM: NOTE time change from original posting.
Weight-In at 2:00 PM: NOTE time change from original posting.
Weigh-In will be by weight class in Alpha order by last name.
Wrestlers who do not make weight will not be permitted to wrestle.
Wrestling will begin at 3:30 PM: NOTE time change from original posting.
Medals will be awarded on the mat, places 1 through 6. 7/8 Medals will be presented.
- If a wrestler requires preventative taping by the Certified Athletic Trainer on site, the school ATC should provide instructions. Please bring any supplies needed.
- Locker Rooms and Showers will not be available.

- The Cafeteria will be available as a holding area as needed.
- Coaches and Wrestlers are reminded to bring personnel containers for water, Gatorade, food etc. In addition, any personnel disinfectant supplies for proper hygiene are the responsibility of the participants. Please make sure you clean up after yourself. We are fortunate that the Phillipsburg HS is willing to host this event and all the work it entails. We appreciate your cooperation.
- Due to Indoor Limitations the following will be strictly enforced. Only Coaches, Wrestlers, Officials, Site Staff, and limited Press will be allowed entry at the check-in.
- No additional school personnel will be permitted at the State Championships: including but not limited to managers, statisticians, certified athletic trainers, photographers, video personnel, children etc.
- Coaches and School Administrators are asked to notify all parties of the strict entry requirements and the streaming on nj.com.
- NJ.COM will be streaming at the State Tournament. Please make sure to communicate this to the school community. <https://highschoolsports.nj.com/girlswrestling> check this site for the link to streaming.
- Two parent/guardians per wrestler will be admitted to Phillipsburg High School. Parent must provide the COVID Screening Form, provide ID and check-in prior to admission. Face Coverings are required and must be worn properly. Entry will be at Door 6 at Phillipsburg High School approximately 30 minutes prior to the session beginning. Parent/Guardians will be asked to leave immediately following the conclusion session. There will be no entry to the gymnasium wrestling floor. Wrestlers will not be permitted to enter the parent/guardian bleacher area.
AM Session Doors will open at 9:30 am and close at 10:30 am.
PM Session Doors will open at approximately 3:00 pm and close at 4:00 pm.
<https://www.njsiaa.org/sites/default/files/documents/2021-03/wrestling-screening-form.pdf>
- Northwest Designs will be on site with official NJSIAA Championship Apparel for purchase.
- The NJSIAA will be posting the 2021 NJSIAA/Rothman Orthopaedics Girls State Wrestling Championship digital program by April 7th. www.njsiaa.org Sports/Wrestling and all social media sites.

Please note: After state participation, return to wrestling is at the discretion of the school.

Any questions please contact the Site Manager or NJSIAA.

Howie O'Neil, Wrestling Tournament Director (609-221-2216)

Kim DeGraw-Cole, kcole@njsiaa.org (609-947-5592)

Best Wishes to all the Wrestlers!

Phillipsburg HS Entry Gate Information:

Wrestlers & Coaches Door 34

Officials may enter Door 14 & report to Door 34 for Weight Check and Weigh In. Officials may use Room 158 if needed.

Workers Door 14

Press Door 24, Entry AM Session at 9:30 am, door closes at 10:30 am. Entry PM Session at 3:00 pm, door closes at 4:00 pm.

