

NJSIAA 2019-2021 Fall Athletic Season Dates

All dates are tentative and subject to change by the NJSIAA

Revised 12/30/20 (Changes in **RED**)

	2019	2020	2021
Football			
First Practice (Week 0 / Week 1)	Aug. 7 / Aug. 14	Sept. 14	Aug. 2 / Aug. 9
First Scrimmage (Week 0 / Week 1)	Aug. 14 / Aug. 21	Sept. 24	Aug. 9 / Aug. 16
First Contest (Week 0 / Week 1)	Aug. 30 / Sept. 5	Oct. 2	Aug. 27 / Sept. 2
Tournament Start	Nov. 08	Nov. 13	Nov. 05
Cross Country			
First Practice	Aug. 12	Sept. 14	Aug. 16
First Scrimmage	Aug. 19	Sept. 24	Aug. 23
First Contest	Sept. 3	Oct. 1	Sept. 7
Tournament Start	Nov. 9	Nov. 14	Nov. 6
Field Hockey			
First Practice	Aug. 12	Sept. 14	Aug. 16
First Scrimmage	Aug. 19	Sept. 24	Aug. 23
First Contest	Sept. 3	Oct. 1	Sept. 7
Tournament Start	Oct. 21	Nov. 13	Oct. 25
Gymnastics			
First Practice	Aug. 12	Mar. 1	Aug. 16
First Scrimmage	Aug. 19	Mar. 8	Aug. 23
First Contest	Sept. 3	Mar. 16	Sept. 7
Tournament Start	Nov. 2	TBD	Nov. 6
Soccer			
First Practice	Aug. 12	Sept. 14	Aug. 16
First Scrimmage	Aug. 19	Sept. 24	Aug. 23
First Contest	Sept. 3	Oct. 1	Sept. 7
Tournament Start	Oct. 26	Nov. 14	Nov. 1
Tennis (Girls)			
First Practice	Aug. 12	Sept. 14	Aug. 9
First Scrimmage	Aug. 19	Sept. 21	Aug. 16
First Contest	Sept. 3	Sept. 28	Sept. 1
Tournament Start (Team)	Oct. 2	Oct. 26	Sept. 29
Tournament Start (S & D)	Oct. 5	No Tournament	Oct. 2
Volleyball (Girls)			
First Practice	Aug. 12	Mar. 1	Aug. 16
First Scrimmage	Aug. 19	Mar. 8	Aug. 23
First Contest	Sept. 3	Mar. 16	Sept. 7
Tournament Start	Nov. 4	TBD	Oct. 28