

GIRLS STATE RELAY CHAMPIONSHIPS

MEET RECORDS - 2022 BEST FROM THE GROUPS

33" Hurdles Relay (y)	Plainfield	0:31.6	1986
33" Hurdles Relay (m)	Winslow Township	0:30.74	2014
4 x 220 Yard Relay	Trenton Central	1:45.4	1984
4 x 200 Meter Relay	Union Catholic	1:43.52	2015
4 x 440 Yard Relay	Plainfield	4:01.2	1983
4 x 400 Meter Relay	Columbia	3:57.25	2014
4 x 880 Yard Relay	Columbia	9:40.2	1983
4 x 800 Meter Relay	Freehold Township	9:19.51	2014
Sprint Medley Relay (y)	Malcolm X Shabazz	4:10.2	1986
Sprint Medley Relay (m)	Lenape	4:08.21	2015
Distance Medley Relay (y)	Ridgewood	12:27.2	1988
Distance Medley Relay (m)	Southern Regional	11:59.20	2007
High Jump Relay	Southern Regional	10' 8.50"	1981
	J.P. Stevens	10' 8.50"	1996
Shot Put Relay	Plainfield	90' 8.50"	1992
Pole Vault Relay	Hillsborough	23' 0"	2012

Note: In 1992, Jadwin Gym was resurfaced and the track changed from 220 yards to 200 meters. It is the policy of the NJSIAA Track Committee not to convert records. Both the "yards" and the "meters" records will be listed. In 2006, the relays were moved to the Jersey City Armory. In 2008 all meets were held at the Bennett Center in Toms River.

GROUP RECORDS Girls NON-PUBLIC A

33" Shuttle Hurdles (y)	Notre Dame	0:36.6	1984
33" Shuttle Hurdles (m)	Union Catholic	0:30.98	2015
4 x 220 Yard Relay	Morris Catholic	1:54.8	1983
4 x 200 Meter Relay	Union Catholic	1:43.52	2015
Sprint Medley Relay (y)	Oak Knoll	4:32.2	1983
Sprint Medley Relay (m)	Union Catholic	4:12.37	2016
4 x 440 Yard Relay	Notre Dame	4:19.9	1983
4 x 400 Meter Relay	Union Catholic	4:00.68	2014
4 x 880 Yard Relay	Notre Dame	10:24.8	1983
4 x 800 Meter Relay	Red Bank Catholic	9:21.71	2012
Distance Medley Relay (y)	Notre Dame	13:16.2	1984
Distance Medley Relay (m)	Mount St. Dominic	12:09.92	2012
High Jump Relay	Union Catholic	10' 6"	2016
Shot Put Relay	Donovan Catholic	80' 2"	2016
Pole Vault Relay	Montclair Kimberley	20' 6"	2012

2022 Girls Non-Public A State Relay Champions – Union Catholic – 72 points

GROUP RECORDS Girls NON-PUBLIC B

33" Shuttle Hurdles	Benedictine Academy	0:34.10	2013
4 x 200 Meter Relay	Benedictine Academy	1:51.18	2014
Sprint Medley Relay	Hudson Catholic	4:21.25	2018
4 x 400 Meter Relay	Eastern Christian	4:13.75	2014
4 x 800 Meter Relay	Kent Place	10:06.37	2019
Distance Medley Relay	Gill St. Bernard's	12:52:33	2014
High Jump Relay	Mater Dei	9' 8"	2014
Shot Put Relay	Saint Rose	70' 75"	2016
Pole Vault Relay	Pingry	22'.00"	2016

2022 Girls Non-Public B State Relay Champions – Saint Rose – 55 points

Girls GROUP I

33" Shuttle Hurdles (y)	Arts (Newark)	0:33.4	1991
33" Shuttle Hurdles (m)	Willingboro	0:33.38	2020
4 x 220 Yard Relay	Science (Newark)	1:50.8	1985
4 x 200 Meter Relay	Essex Co Tech, Market St	1:46.47	2012
Sprint Medley Relay (y)	Oak Knoll	4:28.0	1985
Sprint Medley Relay (m)	Haddonfield Memorial	4:15.61	2015
4 x 440 Yard Relay	Science (Newark)	4:08.8	1989
4 x 400 Meter Relay	Penns Grove	4:04.26	2014
4 x 880 Yard Relay	Bernards	9:47.7	1983
4 x 800 Meter Relay	Bernards	9:54.68	2013
Distance Medley Relay (y)	Bernards	13:07.3	1985
Distance Medley Relay (m)	Haddonfield	12:32.48	2015
High Jump Relay	Mater Dei	10' 4"	1982
Shot Put Relay	Whippany Park	81' 02.75"	2016
Pole Vault Relay	Pennsville	20' 6"	2010

2022 Group I Girls State Relay Champions – Hasbrouck Heights – 54 points

Girls GROUP II

33" Shuttle Hurdles (y)	Madison Boro	0:33.0	1985
33" Shuttle Hurdles (m)	West Essex	0:32.50	2018
4 x 220 Yard Relay	Central (Newark)	1:48.2	1983
	Monmouth Regional	1:48.2	1988
4 x 200 Meter Relay	Deptford	1:44.75	2015
Sprint Medley Relay (y)	Vailsburg	4:20.2	1982
Sprint Medley Relay (m)	Neptune	4:09.64	2011
4 x 440 Yard Relay	Central (Newark)	4:04.3	1983
4 x 400 Meter Relay	Camden	4:02.90	2009
4 x 880 Yard Relay	Vailsburg	9:56.1	1982
4 x 800 Meter Relay	Voorhees	9:41.91	2009
Distance Medley Relay (y)	Bernards	12:58.6	1986
Distance Medley Relay (m)	Voorhees	12:24.81	2009
High Jump Relay	Voorhees	10' 8"	2010
Shot Put Relay	NV @ Demarest	85' 6"	2002
Pole Vault Relay	Ramapo	21' 0"	2013
	Governor Livingston	21' 0"	2016

2022 Girls Group II State Relay Champions – Haddonfield Memorial – 63 points

Girls Group III

33" Shuttle Hurdles (y)	Rahway	0:31.9	1984
33" Shuttle Hurdles (m)	Winslow Township	0:30.74	2014
4 x 220 Yard Relay	Central Regional	1:47.0	1982
4 x 200 Meter Relay	Winslow Township	1:43.57	2018
Sprint Medley Relay (y)	Malcolm X Shabazz	4:10.2	1986
Sprint Medley Relay (m)	No. Highlands	4:11.94	2015
4 x 440 Yard Relay	Malcolm X Shabazz	4:06.5	1986
4 x 400 Meter Relay	Winslow Twp	4:00.01	2018
4 x 880 Yard Relay,	North Hunterdon	9:44.0	1982
4 x 800 Meter Relay	Roxbury	9:27.06	2006
Distance Medley Relay (y)	North Hunterdon	12:36.7	1982
Distance Medley Relay (m)	Colts Neck	12:08.01	2006
High Jump Relay	Mount Olive	10' 8"	2004
Shot Put Relay	Brick Township	86' 6.75"	2008
Pole Vault Relay	Montville	20' 6"	2009

2022 Girls Group III State Relay Champions – Winslow Twp - 38 points

Girls GROUP IV

33" Shuttle Hurdles (y)	Plainfield	0:31.6	1986
33" Shuttle Hurdles (m)	Eastern Regional	0:31.58	2019
4 x 220 Yard Relay	Trenton Central	1:45.4	1984
4 x 200 Meter Relay	Columbia	1:43.88	2014
Sprint Medley Relay (y)	Columbia	4:19.2	1981
Sprint Medley Relay (m)	Lenape	4:08.21	2015
4 x 440 Yard Relay	Plainfield	4:01.2	1983
4 x 400 Meter Relay	Columbia	3:57.25	2014
4 x 880 Yard Relay	Columbia	9:40.2	1983
4 x 800 Meter Relay	Freehold Township	9:19.51	2014
Distance Medley Relay (y)	Ridgewood	12:27.2	1988
Distance Medley Relay (m)	Southern Regional	11:59.20	2007
High Jump Relay	Southern Regional	10' 8.50"	1981
	J.P. Stevens	10' 8.50"	1996
Shot Put Relay	Plainfield	90' 8.50"	1992
Pole Vault Relay	Hillsborough	23' 0"	2012

2022 Girls Group IV State Relay Champions – Cherokee - 52 points

MEET RECORDS – 2022 BOYS BEST FROM THE GROUPS

4 x 60 Yard Hurdles	Neptune	0:29.3	1974
4 x 55 Meter Hurdles	Union Catholic	0:29.84	2013
4 x 220 Yard Relay	Plainfield	1:31.0	1978
4 x 200 Meter Relay	Nottingham	1:29.92	2020
4 x 440 Yard Relay	Edgewood	3:23.7	1985
4 x 400 Meter Relay	East Orange Campus	3:23.29	2018
4 x 880 Yard Relay	Bergen Catholic	7:57.8	1975
4 x 800 Meter Relay	Kingsway	8:01.98	2020
Sprint Medley Relay	Trenton	3:34.9	1977
	Weequahic	3:33.67	1997
Sprint Medley Relay	Union Catholic	3:33.80	2012
Distance Medley Relay	Roselle Catholic	10:16.6	1970
Distance Medley Relay	Christian Brothers	10:19.63	2014
Frosh 4 x 440 Yard Relay	Memorial (West NY)	3:47.0	1970
High Jump Relay	Montclair	13' 3"	1990
Shot Put Relay	Morristown Toms	115' 8.25"	2010
Pole Vault Relay	River North	28' 0"	2008
	Hunterdon Central	28' 0"	2014

Note: In 1992, Jadwin Gym was resurfaced and the track changed from 220 yards to 200 meters. It is the policy of the NJSIAA Track Committee not to convert records. Both the "yards" and the "meters" records will be listed. In 2006, the relays were moved to the Jersey City Armory. In 2008 all meets were held at the Bennett Center in Toms River.

GROUP RECORDS

Boys NON-PUBLIC A

4 x 60 Yard Hurdles	Paul VI (Haddonfield)	0:30.3	1972
4 x 55 Meter Hurdles	Union Catholic	0:30.35	2014
4 x 220 Yard Relay	St. Joseph (Montvale)	1:34.2	1969
4 x 200 Meter Relay	Union Catholic	1:31.61	2014
Sprint Medley Relay (y)	Paramus Catholic	3:36.1	1976
Sprint Medley Relay (m)	Union Catholic	3:33.36	2014
4 x 440 Yard Relay	St. Joseph's (Met.)	3:27.8	1972
4 x 400 Meter Relay	Saint Peter's	3:25.91	2013
4 x 880 Yard Relay	Bergen Catholic	7:57.8	1975
4 x 800 Meter Relay	Notre Dame	8:04.26	2015
Distance Medley Relay (y)	Roselle Catholic	10:16.6	1970
Distance Medley Relay (m)	Christian Brothers	10:19.63	2014
High Jump Relay	Essex Catholic	12' 10"	1979
Shot Put Relay	Christian Bros. Acad.	113' 2"	1982
Pole Vault Relay	Christian Bros. Acad.	27' 6"	2014

2022 Boys Non-Public State Relay Champions – Christian Brothers Academy – 72 points

GROUP RECORDS Boys NON-PUBLIC B

4x 55 Meter Hurdles	Union Catholic	0:29.84	2013
4 x 200 Meter Relay	Union Catholic	1:32.76	2013
Sprint Medley Relay	Camden Catholic	3:37.51	2014
4 x 400 Meter Relay	Holy Spirit	3:40.42	2018
4 x 800 Meter Relay	Union Catholic	8:32.36	2013
Distance Medley Relay	Camden Catholic	10:49.59	2014
High Jump Relay	Union Catholic	11' 8"	2013
Shot Put Relay	St. Rose	107' 11.75"	2016
Pole Vault Relay	Union Catholic	24' 00"	2013

2022 Boys Non-Public B State Relay Champions – Saint Rose – 59 points

Boys GROUP I

4 x 60 Yard Hurdles	Saddle Brook	0:31.3	1988
4 x 55 Meter Hurdles	Weequahic	0:30.25	2016
4 x 220 Yard Relay	Woodbury	1:36.1	1976
	Roselle Park	1:36.1	1979
4 x 200 Meter Relay	Camden	1:33.30	2019
Sprint Medley Relay (y)	Bernards	3:42.0	1985
Sprint Medley Relay (m)	Haddonfield	3:37.66	2016
4 x 440 Yard Relay	Arts-Science	3:35.8	1988
4 x 400 Meter Relay	Metuchen	3:28.15	2014
4 x 880 Yard Relay	Woodbury	8:22.4	1978
4 x 800 Meter Relay	Pleasantville	8:06:41	2013
Distance Medley Relay (y)	Bernards	10:43.4	1977
Distance Medley Relay (m)	Pleasantville	10:35.68	2013
High Jump Relay	Palmyra	12' 4"	1993
	Pleasantville	12' 4"	1995
	Westwood	12' 4"	1999
Shot Put Relay	Hanover Park	102' 4.25"	2013
Pole Vault Relay	Park Ridge	26' 0"	2009

2022 Boys Group I State Relay Champions Willingboro - 52 points

Boys GROUP II

4 x 60 Yard Hurdles	Asbury Park	0:29.7	1978
4 x 55 Meter Hurdles	Deptford	0:29.45	2019
4 x 220 Yard Relay	Lincoln	1:31.9	1970
4 x 200 Meter Relay	Deptford	1:32.20	2017
Sprint Medley Relay (y)	Asbury Park	3:39.8	1991
Sprint Medley Relay (m)	Pascack Valley	3:36.17	2012
4 x 440 Yard Relay	Lincoln	3:26.3	1970
4 x 400 Meter Relay	Matawan	3:26.90	2018
	Lincoln		
4 x 880 Yard Relay	Morris Hills	8:09.3	1974
4 x 800 Meter Relay	Williamstown	8:05.11	2015
Distance Medley Relay (y)		10:37.7	1974
Distance Medley Relay (m)	Summit	10:29.40	2015
High Jump Relay	Jonathan Dayton	13' 2"	1981
Shot Put Relay	Bridgeton	115' 7.25"	1995
Pole Vault Relay	Matawan	26' 6"	2008

2022 Boys Group II State Relay Champions – Deptford – 34 points

Boys GROUP III

4 x 60 Yard Hurdles	Moorestown	0:29.9	1976
4 x 55 Meter Hurdles	Oakcrest	0:30.07	2012
4 x 220 Yard Relay	Asbury Park	1:31.7	1979
4 x 200 Meter Relay	Nottingham	1:29.92	2020
Sprint Medley Relay (y)	Monmouth Regional	3:37.5	1979
Sprint Medley Relay (m)	Nottingham	3:36.92	2017
4 x 440 Yard Relay	Monmouth Regional	3:25.0	1979
	Lincoln	3:25.0	1980
4 x 400 Meter Relay	Timber Creek	3:25.31	2016
4 x 880 Yard Relay	Malcolm X Shabazz	8:02.8	1983
4 x 800 Meter Relay	Morris Hills	8:03.15	2016
Distance Medley Relay (y)	Brick Twp.	10:36.9	1968
Distance Medley Relay (m)	Middletown North	10:22.93	2014
High Jump Relay	Willingboro	13' 0"	2002
Shot Put Relay	Morristown	115' 8.25"	2010
Pole Vault Relay	Kingsway	27' 6"	2014

2022 Boys Group III State Relay Champions – Pennsauken – 32 points

Boys GROUP IV

4 x 60 Yard Hurdles	Neptune	0:29.3	1974
4 x 55 Meter Hurdles	Winslow Township	0:30.28	2003
4 x 220 Yard Relay	Plainfield	1:31.0	1978
4 x 200 Meter Relay	Union HS	1:31.45	2020
Sprint Medley Relay (y)	Trenton Central	3:34.9	1977
	Plainfield	3:34.9	1980
Sprint Medley Relay (m)	Trenton Central	3:34.50	2017
4 x 440 Yard Relay	Edgewood	3:23.7	1985
4 x 400 Meter Relay	East Orange Campus	3:23.29	2018
4 x 880 Yard Relay	Willingboro	8:01.2	1983
4 x 800 Meter Relay	Kingsway	8:01.98	2020
Distance Medley Relay (y)	Ramapo	10:30.3	1970
Distance Medley Relay (m)	Piscataway	10:23.30	2012
High Jump Relay	Montclair	13' 3"	1990
Shot Put Relay	Toms River East	110' 9.50"	1984
Pole Vault Relay	Toms River North	28' 0"	2008
	Hunterdon Central	28' 0"	2014

2022 Boys Group IV State Relay Champions – Kingsway – 40 points