NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION  
1161 Route 130 North, P.O. Box 487 Robbinsville, New Jersey 08691

GIRLS WRESTLING RULES COMMITTEE  
Minutes  
June 13, 2019  
2:00 PM  
NJSIAA CENTRAL OFFICE

Voting Members Present
Howie O’Neil, Tournament Director  
Scott Pressman, Coach, Manalapan  
Jack Kinner, Assistant Tournament Director  
Bryan Stoll, Coach, Delbarton  
Ken Rossi, President, NJWCA  
Ashley Iliff, Coach, Newton  
Eileen Bowker, Athletic Trainer  
Farid Syed, Coach, Kingsway

I.  Bill Bruno, Assistant Director:
   a. Welcome and Season Update:  
      Bill welcomed committee and gave a season update. Girls wrestling HAS ARRIVED. There were over 400 girls registered for the 2018-2019 school year. 263 entered in the North and South Regions that were held at Red Bank Regional and 60 girls (3 from each of the 10 weight classes from the South and 3 from the North) advanced to the States. Bill thanked Scott Ferris, wrestling coach at Red Bank Regional and Louis Del Dalpra, AD at Red Bank Regional and their outstanding staff for a great tournament.
   b. Bill advised the committee that girls wrestling is on the rise and there is a strong possibility that the NJSIAA may see 1000 girls registered for next year.
   c. Review of Weight Classes:  
      The committee reviewed last year’s weight classes and determined that some adjustments should be made. The committee unanimously voted to adjust the weight classes to the following for the 2019-2020 school year:

      | 100 | 107 | 114 | 121 | 128 | 135 | 143 | 151 | 161 | 180 | 215 |

   d. Bill reviewed the changes made by the boys wrestling rules committee regarding weight allowances (see minutes of boy’s rules committee located on the NJSIAA website) and advised the girls committee that the 2 pound growth allowance is now January 15.
   e. Discussion continued regarding region sites and the committee unanimously voted for two regions, one North and one South with the caveat that there be no split teams. Teams were split for the 2018-2019 year to balance out the Regions.
f. Ultra Sound Device

g. Bill reviewed the seminar held by Atlantic Health Center on June 10 regarding use of the ultrasound device. 24 Athletic Trainers attended the seminar, 3 from each of the 8 regions, and they will train eligible individuals in their respective regions in the use of the device. The committee was advised that the tanita scale can be used for the upcoming year but the ultrasound device will be mandatory starting 2020-2021.

II. **Howie O’Neil, Tournament Director:**

   i. **Districts:**
      a. Howie discussed the possibility of having 2 districts in the South and 2 districts in the North. This was tabled for further discussion once it’s determined how many girls come out for wrestling.
      b. Howie also discussed the need for coaches to enter all girls in the girl’s side of the OPC only, instead of entering all wrestlers into the boy’s side. Having the girls entered in the girl’s side of the OPC will enable the committee to more easily access pertinent information regarding girls wrestling.

   ii. **States:**
      a. After much discussion it was determined that the committee is unanimously in favor of the H format for the states.
      b. With the addition of girls wrestling championships and possibility of bringing 88 girls to AC, 4 from each region, time is a concern to get all the matches in, boys and girls, with the same magnitude as previous years.
      c. Some committee members voiced their opinion regarding the awards ceremonies and some suggestions were to move some ceremonies to Thurs or Fri, or the possibility of eliminating some in order to give more time for the wrestlers. Other suggestions were to start earlier on Thursday and have the girls wrestle Thurs, Fri and Sat. This year the girl’s first round was Friday night. Howie will work out a sample schedule and present it to the committee for review at their next meeting.

The committee would like to meet again prior to the season, either late August or early September.

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