

REVISED POWER POINT TABLES // GIRLS

2014 REVISION

SHORT COURSE YARDS

These are the tables to use in the NISCA National Dual Meet Team Ranking Program beginning with the 2014 - 2015 School Year. These tables replace the previous 1999 revision. These tables are organized in high school meet event order.

Individual Events - Girls (SCY)

POWER POINTS	Individual Events - Girls (SCY)										Relays - Girls (SCY)			
	200 FREE	200 I.M.	50 FREE	100 FLY	100 FREE	500 FREE	100 BACK	100 BREAST	DIVING		POWER POINTS	200 MED REL	200 FREE REL	400 FREE REL
200	1:38.26	1:50.74	20.88	48.50	45.54	4:23.53	49.59	56.64	459.00	719.60	600	1:33.86	1:24.94	3:07.89
199	1:38.44	1:50.94	20.92	48.60	45.63	4:24.01	49.69	56.76	454.65	713.15	597	1:34.06	1:25.12	3:08.24
198	1:38.63	1:51.15	20.96	48.71	45.71	4:24.50	49.79	56.87	450.30	706.70	594	1:34.25	1:25.30	3:08.60
197	1:38.81	1:51.35	21.00	48.82	45.80	4:24.99	49.89	56.99	446.05	700.35	591	1:34.45	1:25.48	3:08.95
196	1:38.99	1:51.56	21.04	48.92	45.89	4:25.47	49.99	57.11	441.80	694.05	588	1:34.65	1:25.66	3:09.30
195	1:39.18	1:51.76	21.08	49.03	45.97	4:25.97	50.09	57.22	437.60	687.80	585	1:34.85	1:25.85	3:09.66
194	1:39.37	1:51.97	21.12	49.14	46.06	4:26.46	50.19	57.34	433.45	681.60	582	1:35.05	1:26.03	3:10.02
193	1:39.55	1:52.18	21.16	49.25	46.15	4:26.95	50.29	57.46	429.30	675.45	579	1:35.25	1:26.21	3:10.38
192	1:39.74	1:52.38	21.21	49.36	46.23	4:27.45	50.40	57.58	425.25	669.35	576	1:35.45	1:26.40	3:10.74
191	1:39.94	1:52.59	21.25	49.47	46.32	4:27.95	50.50	57.70	421.20	663.35	573	1:35.65	1:26.59	3:11.10
190	1:40.12	1:52.80	21.29	49.58	46.41	4:28.45	50.60	57.81	417.20	657.35	570	1:35.86	1:26.77	3:11.46
189	1:40.31	1:53.01	21.33	49.69	46.50	4:28.95	50.70	57.93	413.25	651.45	567	1:36.06	1:26.96	3:11.83
188	1:40.50	1:53.22	21.37	49.80	46.59	4:29.45	50.81	58.05	409.30	645.60	564	1:36.27	1:27.15	3:12.19
187	1:40.69	1:53.44	21.42	49.91	46.68	4:29.96	50.91	58.18	405.40	639.75	561	1:36.47	1:27.34	3:12.56
186	1:40.88	1:53.65	21.46	50.02	46.76	4:30.47	51.02	58.30	401.60	634.00	558	1:36.68	1:27.53	3:12.93
185	1:41.07	1:53.86	21.50	50.13	46.85	4:30.98	51.12	58.42	397.75	628.30	555	1:36.89	1:27.72	3:13.30
184	1:41.26	1:54.08	21.55	50.25	46.94	4:31.49	51.23	58.54	394.00	622.65	552	1:37.10	1:27.91	3:13.67
183	1:41.46	1:54.29	21.59	50.36	47.03	4:32.00	51.33	58.66	390.25	617.05	549	1:37.30	1:28.11	3:14.04
182	1:41.65	1:54.51	21.63	50.47	47.13	4:32.52	51.44	58.79	386.55	611.50	546	1:37.52	1:28.30	3:14.41
181	1:41.85	1:54.73	21.67	50.59	47.22	4:33.03	51.54	58.91	382.85	606.00	543	1:37.73	1:28.49	3:14.79
180	1:42.04	1:54.94	21.72	50.70	47.31	4:33.55	51.65	59.04	379.20	600.50	540	1:37.94	1:28.69	3:15.16
179	1:42.24	1:55.16	21.76	50.82	47.40	4:34.07	51.76	59.16	375.60	595.15	537	1:38.15	1:28.88	3:15.54
178	1:42.44	1:55.38	21.81	50.94	47.49	4:34.60	51.87	59.29	372.05	589.75	534	1:38.37	1:29.08	3:15.92
177	1:42.64	1:55.60	21.85	51.05	47.58	4:35.12	51.97	59.41	368.50	584.50	531	1:38.58	1:29.28	3:16.30
176	1:42.84	1:55.82	21.90	51.17	47.68	4:35.65	52.08	59.54	365.00	579.20	528	1:38.80	1:29.48	3:16.69
175	1:43.04	1:56.04	21.94	51.29	47.77	4:36.18	52.19	59.67	361.55	574.00	525	1:39.01	1:29.68	3:17.07
174	1:43.24	1:56.27	21.98	51.40	47.86	4:36.71	52.30	59.79	358.10	568.85	522	1:39.23	1:29.88	3:17.45
173	1:43.44	1:56.49	22.03	51.52	47.96	4:37.24	52.41	59.92	354.75	563.70	519	1:39.45	1:30.08	3:17.84
172	1:43.64	1:56.71	22.07	51.64	48.05	4:37.78	52.52	1:00.05	351.35	558.60	516	1:39.67	1:30.28	3:18.23
171	1:43.84	1:56.94	22.12	51.76	48.15	4:38.31	52.63	1:00.18	348.00	553.60	513	1:39.89	1:30.49	3:18.62
170	1:44.05	1:57.16	22.17	51.88	48.24	4:38.85	52.74	1:00.31	344.70	548.60	510	1:40.11	1:30.69	3:19.01
169	1:44.25	1:57.39	22.21	52.00	48.34	4:39.39	52.86	1:00.44	341.45	543.70	507	1:40.33	1:30.89	3:19.40
168	1:44.45	1:57.62	22.26	52.12	48.43	4:39.94	52.97	1:00.57	338.20	538.80	504	1:40.55	1:31.10	3:19.80
167	1:44.66	1:57.85	22.30	52.25	48.53	4:40.48	53.08	1:00.70	335.00	533.95	501	1:40.78	1:31.31	3:20.19
166	1:44.87	1:58.08	22.35	52.37	48.62	4:41.03	53.19	1:00.83	331.80	529.15	498	1:41.00	1:31.51	3:20.59
165	1:45.07	1:58.31	22.40	52.49	48.72	4:41.58	53.31	1:00.96	328.65	524.40	495	1:41.23	1:31.72	3:20.99
164	1:45.28	1:58.54	22.44	52.62	48.82	4:42.13	53.42	1:01.10	325.50	519.65	492	1:41.46	1:31.93	3:21.39
163	1:45.49	1:58.77	22.49	52.74	48.92	4:42.69	53.54	1:01.23	322.45	515.00	489	1:41.68	1:32.14	3:21.79
162	1:45.70	1:59.00	22.54	52.86	49.01	4:43.24	53.65	1:01.37	319.40	510.35	486	1:41.91	1:32.35	3:22.20
161	1:45.91	1:59.24	22.58	52.99	49.11	4:43.80	53.77	1:01.50	316.35	505.75	483	1:42.14	1:32.57	3:22.60
160	1:46.13	1:59.47	22.63	53.12	49.21	4:44.36	53.88	1:01.64	313.35	501.20	480	1:42.38	1:32.78	3:23.01
159	1:46.34	1:59.71	22.68	53.24	49.31	4:44.92	54.00	1:01.77	310.35	496.70	477	1:42.61	1:32.99	3:23.42
158	1:46.55	1:59.95	22.73	53.37	49.41	4:45.49	54.12	1:01.91	307.40	492.20	474	1:42.84	1:33.21	3:23.83
157	1:46.76	2:00.18	22.77	53.50	49.51	4:46.05	54.23	1:02.05	304.50	487.75	471	1:43.07	1:33.43	3:24.24
156	1:46.98	2:00.42	22.82	53.62	49.61	4:46.62	54.35	1:02.18	301.60	483.40	468	1:43.31	1:33.64	3:24.65
155	1:47.20	2:00.66	22.87	53.75	49.71	4:47.20	54.47	1:02.32	298.75	479.00	465	1:43.55	1:33.86	3:25.07
154	1:47.41	2:00.90	22.92	53.88	49.81	4:47.77	54.59	1:02.46	295.90	474.70	462	1:43.78	1:34.08	3:25.49
153	1:47.63	2:01.14	22.97	54.01	49.91	4:48.35	54.71	1:02.60	293.10	470.45	459	1:44.02	1:34.30	3:25.90
152	1:47.85	2:01.39	23.02	54.14	50.01	4:48.92	54.83	1:02.74	290.30	466.20	456	1:44.26	1:34.52	3:26.32
151	1:48.07	2:01.63	23.07	54.27	50.12	4:49.51	54.95	1:02.88	287.55	462.00	453	1:44.50	1:34.75	3:26.75
150	1:48.29	2:01.87	23.11	54.41	50.22	4:50.09	55.07	1:03.02	284.80	457.85	450	1:44.74	1:34.97	3:27.17
149	1:48.51	2:02.12	23.16	54.54	50.32	4:50.67	55.19	1:03.16	282.10	453.70	447	1:44.99	1:35.19	3:27.59
148	1:48.73	2:02.36	23.21	54.67	50.43	4:51.26	55.31	1:03.31	279.40	449.60	444	1:45.23	1:35.42	3:28.02
147	1:48.95	2:02.61	23.26	54.81	50.53	4:51.85	55.44	1:03.45	276.75	445.60	441	1:45.47	1:35.64	3:28.45
146	1:49.18	2:02.86	23.31	54.94	50.63	4:52.44	55.56	1:03.59	274.15	441.60	438	1:45.72	1:35.87	3:28.88
145	1:49.40	2:03.11	23.37	55.08	50.74	4:53.04	55.68	1:03.74	271.55	437.60	435	1:45.97	1:36.10	3:29.31
144	1:49.63	2:03.36	23.42	55.21	50.85	4:53.64	55.81	1:03.88	268.95	433.65	432	1:46.22	1:36.33	3:29.75
143	1:49.85	2:03.61	23.47	55.35	50.95	4:54.24	55.93	1:04.03	266.40	429.75	429	1:46.47	1:36.56	3:30.18
142	1:50.08	2:03.86	23.52	55.48	51.06	4:54.84	56.06	1:04.18	263.85	425.90	426	1:46.72	1:36.79	3:30.62
141	1:50.31	2:04.12	23.57	55.62	51.16	4:55.44	56.18	1:04.32	261.35	422.05	423	1:46.97	1:37.03	3:31.06

Individual Events - Girls (SCY)

Relays - Girls (SCY)

POWER POINTS	INDIVIDUAL EVENTS										RELAYS			
	200 FREE	200 I.M.	50 FREE	100 FLY	100 FREE	500 FREE	100 BACK	100 BREAST	DIVING		POWER POINTS	200 MED REL	200 FREE REL	400 FREE REL
140	1:50.54	2:04.37	23.62	55.76	51.27	4:56.05	56.31	1:04.47	258.90	418.25	420	1:47.22	1:37.26	3:31.50
139	1:50.77	2:04.63	23.67	55.90	51.38	4:56.66	56.44	1:04.62	256.40	414.50	417	1:47.47	1:37.50	3:31.94
138	1:51.00	2:04.88	23.72	56.04	51.49	4:57.27	56.57	1:04.77	254.00	410.75	414	1:47.73	1:37.73	3:32.39
137	1:51.23	2:05.14	23.78	56.18	51.59	4:57.89	56.69	1:04.92	251.55	407.05	411	1:47.99	1:37.97	3:32.83
136	1:51.47	2:05.40	23.83	56.32	51.70	4:58.50	56.82	1:05.07	249.20	403.35	408	1:48.24	1:38.21	3:33.28
135	1:51.70	2:05.66	23.88	56.46	51.81	4:59.12	56.95	1:05.22	246.80	399.75	405	1:48.50	1:38.45	3:33.73
134	1:51.94	2:05.92	23.93	56.60	51.92	4:59.75	57.08	1:05.37	244.47	396.15	402	1:48.76	1:38.69	3:34.18
133	1:52.17	2:06.18	23.99	56.75	52.03	5:00.37	57.21	1:05.52	242.15	392.60	399	1:49.02	1:38.93	3:34.64
132	1:52.41	2:06.44	24.04	56.89	52.14	5:01.00	57.34	1:05.68	239.85	389.05	396	1:49.29	1:39.17	3:35.09
131	1:52.65	2:06.71	24.09	57.04	52.25	5:01.63	57.47	1:05.83	237.60	385.55	393	1:49.55	1:39.42	3:35.55
130	1:52.89	2:06.97	24.15	57.18	52.37	5:02.26	57.61	1:05.99	235.30	382.05	390	1:49.81	1:39.66	3:36.01
129	1:53.13	2:07.24	24.20	57.33	52.48	5:02.90	57.74	1:06.14	233.10	378.60	387	1:50.08	1:39.91	3:36.47
128	1:53.37	2:07.50	24.26	57.47	52.59	5:03.53	57.87	1:06.30	230.85	375.20	384	1:50.35	1:40.16	3:36.94
127	1:53.61	2:07.77	24.31	57.62	52.70	5:04.17	58.01	1:06.45	228.65	371.85	381	1:50.62	1:40.41	3:37.40
126	1:53.85	2:08.04	24.37	57.77	52.82	5:04.82	58.14	1:06.61	226.50	368.50	378	1:50.89	1:40.66	3:37.87
125	1:54.10	2:08.31	24.42	57.92	52.93	5:05.46	58.28	1:06.77	224.35	365.20	375	1:51.16	1:40.91	3:38.34
124	1:54.34	2:08.58	24.48	58.07	53.05	5:06.11	58.41	1:06.93	222.20	361.90	372	1:51.43	1:41.16	3:38.81
123	1:54.59	2:08.86	24.53	58.22	53.16	5:06.76	58.55	1:07.09	220.10	358.65	369	1:51.70	1:41.42	3:39.28
122	1:54.83	2:09.13	24.59	58.37	53.28	5:07.42	58.69	1:07.25	218.00	355.40	366	1:51.98	1:41.67	3:39.76
121	1:55.08	2:09.40	24.64	58.52	53.39	5:08.07	58.82	1:07.41	215.95	352.20	363	1:52.25	1:41.93	3:40.24
120	1:55.33	2:09.68	24.70	58.67	53.51	5:08.73	58.96	1:07.57	213.90	349.05	360	1:52.53	1:42.19	3:40.72
119	1:55.58	2:09.96	24.76	58.83	53.62	5:09.40	59.10	1:07.74	211.90	345.90	357	1:52.81	1:42.45	3:41.20
118	1:55.83	2:10.24	24.81	58.98	53.74	5:10.06	59.24	1:07.90	209.85	342.80	354	1:53.09	1:42.71	3:41.68
117	1:56.09	2:10.52	24.87	59.14	53.86	5:10.73	59.38	1:08.06	207.90	339.70	351	1:53.37	1:42.97	3:42.17
116	1:56.34	2:10.80	24.93	59.29	53.98	5:11.40	59.52	1:08.23	205.90	336.65	348	1:53.66	1:43.23	3:42.66
115	1:56.59	2:11.08	24.99	59.45	54.10	5:12.08	59.66	1:08.40	203.95	333.60	345	1:53.94	1:43.50	3:43.15
114	1:56.85	2:11.36	25.04	59.61	54.22	5:12.75	59.80	1:08.56	202.00	330.60	342	1:54.23	1:43.76	3:43.64
113	1:57.11	2:11.65	25.10	59.77	54.34	5:13.43	59.95	1:08.73	200.10	327.60	339	1:54.52	1:44.03	3:44.13
112	1:57.36	2:11.93	25.16	59.93	54.46	5:14.11	1:00.09	1:08.90	198.20	324.65	336	1:54.80	1:44.30	3:44.63
111	1:57.62	2:12.22	25.22	1:00.09	54.58	5:14.80	1:00.24	1:09.07	196.30	321.75	333	1:55.09	1:44.57	3:45.13
110	1:57.88	2:12.51	25.28	1:00.25	54.70	5:15.49	1:00.38	1:09.24	194.45	318.85	330	1:55.39	1:44.84	3:45.63
109	1:58.15	2:12.80	25.34	1:00.41	54.82	5:16.18	1:00.53	1:09.41	192.60	316.00	327	1:55.68	1:45.11	3:46.13
108	1:58.41	2:13.09	25.40	1:00.57	54.95	5:16.88	1:00.67	1:09.58	190.75	313.15	324	1:55.97	1:45.38	3:46.64
107	1:58.67	2:13.38	25.46	1:00.73	55.07	5:17.57	1:00.82	1:09.75	188.95	310.30	321	1:56.27	1:45.66	3:47.14
106	1:58.94	2:13.67	25.52	1:00.90	55.19	5:18.27	1:00.97	1:09.93	187.15	307.50	318	1:56.57	1:45.94	3:47.65
105	1:59.20	2:13.97	25.58	1:01.06	55.32	5:18.98	1:01.11	1:10.10	185.35	304.75	315	1:56.87	1:46.22	3:48.17
104	1:59.47	2:14.26	25.64	1:01.23	55.44	5:19.69	1:01.26	1:10.28	183.60	302.00	312	1:57.17	1:46.50	3:48.68
103	1:59.74	2:14.56	25.70	1:01.40	55.57	5:20.40	1:01.41	1:10.45	181.85	299.30	309	1:57.47	1:46.78	3:49.20
102	2:00.01	2:14.86	25.76	1:01.56	55.69	5:21.11	1:01.56	1:10.63	180.15	296.60	306	1:57.77	1:47.06	3:49.72
101	2:00.28	2:15.16	25.82	1:01.73	55.82	5:21.83	1:01.72	1:10.81	178.45	293.90	303	1:58.08	1:47.34	3:50.24
100	2:00.55	2:15.46	25.88	1:01.90	55.95	5:22.54	1:01.87	1:10.99	176.75	291.25	300	1:58.38	1:47.63	3:50.76
99	2:00.82	2:15.76	25.94	1:02.07	56.07	5:23.27	1:02.02	1:11.16	175.05	288.65	297	1:58.69	1:47.92	3:51.29
98	2:01.10	2:16.06	26.01	1:02.24	56.20	5:23.99	1:02.17	1:11.35	173.40	286.05	294	1:59.00	1:48.20	3:51.81
97	2:01.37	2:16.37	26.07	1:02.42	56.33	5:24.72	1:02.33	1:11.53	171.75	283.50	291	1:59.31	1:48.49	3:52.34
96	2:01.65	2:16.68	26.13	1:02.59	56.46	5:25.46	1:02.48	1:11.71	170.10	280.95	288	1:59.63	1:48.79	3:52.88
95	2:01.93	2:16.98	26.19	1:02.76	56.59	5:26.19	1:02.64	1:11.89	168.50	278.40	285	1:59.94	1:49.08	3:53.41
94	2:02.21	2:17.29	26.26	1:02.94	56.72	5:26.93	1:02.79	1:12.08	166.90	275.90	282	2:00.26	1:49.37	3:53.95
93	2:02.49	2:17.60	26.32	1:03.11	56.85	5:27.67	1:02.95	1:12.26	165.30	273.40	279	2:00.57	1:49.67	3:54.49
92	2:02.77	2:17.92	26.39	1:03.29	56.98	5:28.42	1:03.11	1:12.45	163.75	270.95	276	2:00.89	1:49.97	3:55.03
91	2:03.05	2:18.23	26.45	1:03.47	57.12	5:29.17	1:03.27	1:12.63	162.15	268.50	273	2:01.21	1:50.27	3:55.58
90	2:03.34	2:18.54	26.51	1:03.65	57.25	5:29.92	1:03.43	1:12.82	160.65	266.05	270	2:01.54	1:50.57	3:56.13
89	2:03.62	2:18.86	26.58	1:03.83	57.38	5:30.68	1:03.59	1:13.01	159.10	263.65	267	2:01.86	1:50.87	3:56.68
88	2:03.91	2:19.18	26.64	1:04.01	57.52	5:31.44	1:03.75	1:13.20	157.60	261.30	264	2:02.19	1:51.18	3:57.23
87	2:04.20	2:19.50	26.71	1:04.19	57.65	5:32.20	1:03.91	1:13.39	156.10	258.95	261	2:02.52	1:51.48	3:57.78
86	2:04.49	2:19.82	26.78	1:04.37	57.79	5:32.97	1:04.07	1:13.58	154.60	256.60	258	2:02.85	1:51.79	3:58.34
85	2:04.78	2:20.14	26.84	1:04.56	57.92	5:33.74	1:04.24	1:13.78	153.15	254.30	255	2:03.18	1:52.10	3:58.90
84	2:05.07	2:20.46	26.91	1:04.74	58.06	5:34.51	1:04.40	1:13.97	151.70	252.00	252	2:03.51	1:52.41	3:59.46
83	2:05.37	2:20.80	26.98	1:04.93	58.20	5:35.29	1:04.57	1:14.16	150.25	249.75	249	2:03.84	1:52.72	4:00.03
82	2:05.66	2:21.11	27.04	1:05.12	58.34	5:36.07	1:04.73	1:14.36	148.80	247.50	246	2:04.18	1:53.04	4:00.60
81	2:05.96	2:21.44	27.11	1:05.30	58.48	5:36.85	1:04.90	1:14.56	147.40	245.25	243	2:04.52	1:53.36	4:01.17
80	2:06.26	2:21.77	27.18	1:05.49	58.62	5:37.64	1:05.07	1:14.75	146.00	243.05	240	2:04.86	1:53.67	4:01.74
79	2:06.56	2:22.10	27.25	1:05.68	58.76	5:38.43	1:05.24	1:14.95	144.60	240.85	237	2:05.20	1:53.99	4:02.32
78	2:06.86	2:22.43	27.32	1:05.88	58.90	5:39.23	1:05.40	1:15.15	143.25	238.70	234	2:05.55	1:54.32	4:02.90
77	2:07.16	2:22.77	27.39	1:06.07	59.04	5:40.02	1:05.58	1:15.35	141.90	236.55	231	2:05.89	1:54.64	4:03.48
76	2:07.46	2:23.10	27.45	1:06.26	59.18	5:40.83	1:05.75	1:15.56	140.55	234.45	228	2:06.24	1:54.96	4:04.06
75	2:07.77	2:23.44	27.52	1:06.46	59.32	5:41.63	1:05.92	1:15.76	139.20	232.30	225	2:06.59	1:55.29	4:04.65
74	2:08.07	2:23.78	27.59	1:06.65	59.47	5:42.44	1:06.09	1:15.96	137.90	230.20	222	2:06.94	1:55.62	4:05.24
73	2:08.38	2:24.12	27.66	1:06.85	59.61	5:43.26	1:06.26	1:16.17	136.60	228.15	219	2:07.29	1:55.95	4:05.83
72	2:08.69	2:24.46	27.74	1:07.05	59.75	5:44.08	1:06.44	1:16.37	135.25	226.10	216	2:07.65	1:56.28	4:06.43
71	2:09.00	2:24.80	27.81	1:07.25	59.90	5:44.90	1:06.61	1:16.58	134.00	224.05	213	2:08.00	1:56.62	4:07.03

Individual Events - Girls (SCY)

Relays - Girls (SCY)

POWER POINTS	DIVING											POWER POINTS	200		
	200 FREE	200 I.M.	50 FREE	100 FLY	100 FREE	500 FREE	100 BACK	100 BREAST	6-DIVES	11-DIVES	MED REL		FREE REL	400 FREE REL	
70	2:09.31	2:25.15	27.88	1:07.46	1:00.05	5:45.72	1:06.79	1:16.79	132.70	222.05	210	2:08.36	1:56.95	4:07.63	
69	2:09.63	2:25.50	27.95	1:07.65	1:00.19	5:46.55	1:06.97	1:17.00	131.45	220.05	207	2:08.72	1:57.29	4:08.23	
68	2:09.94	2:25.84	28.02	1:07.85	1:00.34	5:47.39	1:07.15	1:17.21	130.20	218.05	204	2:09.09	1:57.63	4:08.84	
67	2:10.26	2:26.19	28.09	1:08.06	1:00.49	5:48.23	1:07.33	1:17.42	128.95	216.10	201	2:09.45	1:57.97	4:09.45	
66	2:10.58	2:26.54	28.17	1:08.26	1:00.64	5:49.07	1:07.51	1:17.63	127.75	214.15	198	2:09.82	1:58.32	4:10.06	
65	2:10.90	2:26.90	28.24	1:08.47	1:00.79	5:49.91	1:07.69	1:17.85	126.50	212.20	195	2:10.19	1:58.67	4:10.68	
64	2:11.22	2:27.25	28.31	1:08.67	1:00.94	5:50.76	1:07.87	1:18.06	125.30	210.30	192	2:10.56	1:59.01	4:11.30	
63	2:11.54	2:27.61	28.39	1:08.88	1:01.09	5:51.62	1:08.05	1:18.28	124.15	208.40	189	2:10.93	1:59.36	4:11.92	
62	2:11.87	2:27.97	28.46	1:09.09	1:01.24	5:52.48	1:08.24	1:18.50	122.95	206.55	186	2:11.31	1:59.72	4:12.55	
61	2:12.19	2:28.33	28.54	1:09.30	1:01.39	5:53.34	1:08.42	1:18.72	121.80	204.70	183	2:11.69	2:00.07	4:13.17	
60	2:12.52	2:28.69	28.61	1:09.52	1:01.55	5:54.20	1:08.61	1:18.94	120.60	202.85	180	2:12.07	2:00.43	4:13.81	
59	2:12.85	2:29.05	28.69	1:09.73	1:01.70	5:55.07	1:08.79	1:19.16	119.50	201.00	177	2:12.45	2:00.78	4:14.44	
58	2:13.18	2:29.42	28.76	1:09.95	1:01.86	5:55.95	1:08.98	1:19.38	118.35	199.20	174	2:12.83	2:01.15	4:15.08	
57	2:13.51	2:29.79	28.84	1:10.16	1:02.01	5:56.83	1:09.17	1:19.61	117.20	197.40	171	2:13.22	2:01.51	4:15.72	
56	2:13.85	2:30.16	28.92	1:10.38	1:02.17	5:57.71	1:09.36	1:19.83	116.10	195.65	168	2:13.61	2:01.87	4:16.36	
55	2:14.18	2:30.53	29.00	1:10.60	1:02.33	5:58.60	1:09.55	1:20.06	115.00	193.90	165	2:14.00	2:02.24	4:17.01	
54	2:14.52	2:30.90	29.07	1:10.82	1:02.48	5:59.49	1:09.74	1:20.28	113.90	192.15	162	2:14.39	2:02.61	4:17.66	
53	2:14.86	2:31.27	29.15	1:11.04	1:02.64	6:00.39	1:09.94	1:20.51	112.85	190.40	159	2:14.78	2:02.98	4:18.31	
52	2:15.20	2:31.65	29.23	1:11.27	1:02.80	6:01.29	1:10.13	1:20.74	111.75	188.70	156	2:15.18	2:03.35	4:18.97	
51	2:15.54	2:32.03	29.31	1:11.49	1:02.96	6:02.20	1:10.33	1:20.97	110.70	187.00	153	2:15.58	2:03.73	4:19.63	
50	2:15.89	2:32.41	29.39	1:11.72	1:03.13	6:03.11	1:10.52	1:21.21	109.65	185.30	150	2:15.98	2:04.11	4:20.29	
49	2:16.23	2:32.79	29.47	1:11.94	1:03.29	6:04.02	1:10.72	1:21.44	108.60	183.65	147	2:16.39	2:04.49	4:20.96	
48	2:16.58	2:33.17	29.55	1:12.17	1:03.45	6:04.94	1:10.92	1:21.68	107.60	182.00	144	2:16.79	2:04.87	4:21.63	
47	2:16.93	2:33.56	29.63	1:12.40	1:03.61	6:05.87	1:11.12	1:21.91	106.55	180.35	141	2:17.20	2:05.26	4:22.30	
46	2:17.28	2:33.95	29.71	1:12.63	1:03.78	6:06.79	1:11.32	1:22.15	105.55	178.75	138	2:17.61	2:05.64	4:22.98	
45	2:17.64	2:34.34	29.79	1:12.87	1:03.94	6:07.73	1:11.52	1:22.39	104.55	177.15	135	2:18.03	2:06.03	4:23.66	
44	2:17.99	2:34.73	29.87	1:13.10	1:04.11	6:08.67	1:11.72	1:22.63	103.55	175.55	132	2:18.44	2:06.43	4:24.34	
43	2:18.35	2:35.12	29.96	1:13.34	1:04.28	6:09.61	1:11.93	1:22.87	102.60	174.00	129	2:18.86	2:06.82	4:25.03	
42	2:18.71	2:35.52	30.04	1:13.58	1:04.45	6:10.56	1:12.13	1:23.12	101.60	172.40	126	2:19.28	2:07.22	4:25.72	
41	2:19.07	2:35.91	30.12	1:13.81	1:04.62	6:11.51	1:12.34	1:23.36	100.65	170.85	123	2:19.71	2:07.62	4:26.42	
40	2:19.43	2:36.31	30.20	1:14.06	1:04.79	6:12.47	1:12.55	1:23.61	99.70	169.30	120	2:20.13	2:08.02	4:27.12	
39	2:19.79	2:36.72	30.29	1:14.30	1:04.96	6:13.43	1:12.75	1:23.86	98.75	167.80	117	2:20.56	2:08.42	4:27.82	
38	2:20.16	2:37.12	30.37	1:14.54	1:05.13	6:14.40	1:12.96	1:24.11	97.80	166.25	114	2:20.99	2:08.83	4:28.52	
37	2:20.53	2:37.52	30.46	1:14.79	1:05.30	6:15.37	1:13.18	1:24.36	96.85	164.75	111	2:21.43	2:09.24	4:29.23	
36	2:20.90	2:37.93	30.54	1:15.03	1:05.47	6:16.35	1:13.39	1:24.61	95.95	163.30	108	2:21.86	2:09.65	4:29.94	
35	2:21.27	2:38.34	30.63	1:15.28	1:05.65	6:17.33	1:13.60	1:24.86	95.05	161.80	105	2:22.30	2:10.07	4:30.66	
34	2:21.64	2:38.75	30.72	1:15.53	1:05.82	6:18.32	1:13.82	1:25.12	94.15	160.35	102	2:22.75	2:10.48	4:31.38	
33	2:22.02	2:39.17	30.80	1:15.78	1:06.00	6:19.31	1:14.03	1:25.38	93.25	158.95	99	2:23.19	2:10.90	4:32.10	
32	2:22.39	2:39.58	30.89	1:16.04	1:06.18	6:20.31	1:14.25	1:25.64	92.35	157.50	96	2:23.64	2:11.33	4:32.83	
31	2:22.77	2:40.00	30.98	1:16.29	1:06.35	6:21.31	1:14.47	1:25.90	91.50	156.05	93	2:24.09	2:11.75	4:33.56	
30	2:23.16	2:40.42	31.07	1:16.55	1:06.53	6:22.32	1:14.69	1:26.16	90.60	154.65	90	2:24.54	2:12.18	4:34.30	
29	2:23.54	2:40.85	31.16	1:16.81	1:06.71	6:23.33	1:14.91	1:26.42	89.75	153.25	87	2:25.00	2:12.61	4:35.04	
28	2:23.93	2:41.27	31.25	1:17.07	1:06.89	6:24.35	1:15.13	1:26.68	88.90	151.90	84	2:25.45	2:13.05	4:35.78	
27	2:24.31	2:41.70	31.34	1:17.33	1:07.08	6:25.38	1:15.35	1:26.95	88.05	150.55	81	2:25.92	2:13.48	4:36.53	
26	2:24.70	2:42.13	31.43	1:17.59	1:07.26	6:26.41	1:15.58	1:27.22	87.20	149.15	78	2:26.38	2:13.92	4:37.28	
25	2:25.09	2:42.56	31.52	1:17.86	1:07.44	6:27.44	1:15.80	1:27.49	86.40	147.80	75	2:26.85	2:14.36	4:38.04	
24	2:25.49	2:42.99	31.61	1:18.13	1:07.63	6:28.48	1:16.03	1:27.76	85.55	146.50	72	2:27.32	2:14.81	4:38.80	
23	2:25.88	2:43.43	31.70	1:18.39	1:07.81	6:29.53	1:16.26	1:28.03	84.75	145.20	69	2:27.79	2:15.26	4:39.56	
22	2:26.28	2:43.87	31.79	1:18.67	1:08.00	6:30.58	1:16.49	1:28.31	83.95	143.85	66	2:28.27	2:15.71	4:40.33	
21	2:26.68	2:44.31	31.89	1:18.94	1:08.19	6:31.64	1:16.72	1:28.58	83.15	142.55	63	2:28.75	2:16.16	4:41.10	
20	2:27.09	2:44.75	31.98	1:19.21	1:08.38	6:32.70	1:16.95	1:28.86	82.35	141.30	60	2:29.23	2:16.62	4:41.88	
19	2:27.49	2:45.20	32.08	1:19.49	1:08.57	6:33.77	1:17.19	1:29.14	81.60	140.00	57	2:29.71	2:17.08	4:42.66	
18	2:27.90	2:45.65	32.17	1:19.77	1:08.76	6:34.85	1:17.42	1:29.42	80.80	138.75	54	2:30.20	2:17.54	4:43.44	
17	2:28.31	2:46.10	32.27	1:20.05	1:08.95	6:35.93	1:17.66	1:29.71	80.00	137.50	51	2:30.69	2:18.01	4:44.23	
16	2:28.72	2:46.55	32.36	1:20.33	1:09.14	6:37.01	1:17.90	1:29.99	79.25	136.25	48	2:31.19	2:18.48	4:45.02	
15	2:29.13	2:47.01	32.46	1:20.61	1:09.34	6:38.11	1:18.14	1:30.28	78.50	135.05	45	2:31.68	2:18.95	4:45.82	
14	2:29.55	2:47.46	32.56	1:20.90	1:09.53	6:39.21	1:18.38	1:30.57	77.75	133.80	42	2:32.19	2:19.43	4:46.62	
13	2:29.97	2:47.92	32.65	1:21.19	1:09.73	6:40.31	1:18.62	1:30.86	77.00	132.60	39	2:32.69	2:19.90	4:47.43	
12	2:30.39	2:48.39	32.75	1:21.48	1:09.93	6:41.42	1:18.87	1:31.15	76.30	131.40	36	2:33.20	2:20.39	4:48.24	
11	2:30.81	2:48.85	32.85	1:21.77	1:10.13	6:42.54	1:19.11	1:31.44	75.60	130.25	33	2:33.71	2:20.87	4:49.06	
10	2:31.23	2:49.32	32.95	1:22.06	1:10.33	6:43.66	1:19.36	1:31.74	74.85	129.05	30	2:34.22	2:21.36	4:49.88	
9	2:31.66	2:49.79	33.05	1:22.36	1:10.53	6:44.79	1:19.61	1:32.04	74.15	127.90	27	2:34.74	2:21.85	4:50.70	
8	2:32.09	2:50.26	33.15	1:22.66	1:10.73	6:45.93	1:19.86	1:32.34	73.45	126.75	24	2:35.26	2:22.35	4:51.53	
7	2:32.52	2:50.74	33.25	1:22.96	1:10.93	6:47.07	1:20.11	1:32.64	72.75	125.60	21	2:35.79	2:22.85	4:52.37	
6	2:32.96	2:51.22	33.35	1:23.26	1:11.14	6:48.22	1:20.37	1:32.94	72.05	124.50	18	2:36.31	2:23.35	4:53.20	
5	2:33.40	2:51.70	33.46	1:23.57	1:11.34	6:49.37	1:20.62	1:33.25	71.40	123.35	15	2:36.84	2:23.86	4:54.05	
4	2:33.84	2:52.18	33.56	1:23.87	1:11.55	6:50.53	1:20.88	1:33.56	70.70	122.25	12	2:37.38	2:24.37	4:54.90	
3	2:34.28	2:52.67	33.66	1:24.18	1:11.76	6:51.70	1:21.14	1:33.87	70.00	121.15	9	2:37.92	2:24.88	4:55.75	
2	2:34.72	2:53.16	33.77	1:24.50	1:11.97	6:52.88	1:21.40	1:34.18	69.35	120.05	6	2:38.46	2:25.40	4:56.61	
1	2:35.17	2:53.65	33.87	1:24.81	1:12.18	6:54.06	1:21.66	1:34.49	68.70	119.00	3	2:39.01	2:25.92	4:57.47	
0	2:35.62	2:54.15	33.98	1:25.13	1:12.39	6:55.25	1:21.92	1:34.81							