Minutes of the MEDICAL ADVISORY COMMITTEE
MARCH 7, 2018

Due to the snow storm on March 7, 2018, the MAC meeting was postponed and the meeting was conducted as a teleconference meeting on March 8, 2018 at 10 AM.

Due to this unfortunate circumstances, Dr. Jack Kripsak set up a conference call line and the agenda was shortened a great deal.

Attached is the original agenda.

The first topic that was discussed was the Mental Health Statement that Dr. Mintz composed. The group had a chance to read it and make recommendations to edit accordingly. The recommendations were excellent changes and Dr. Mintz said that he would make the changes and then re-submit for a final inspection, and if at that time there were no changes, the Mental Health Statement would be ready to be released and put on NJSIAA webpage, under Student Wellness. This took a good 30 minutes or so.

The committee then discussed the agenda item NJSIAA liaison to DOE. In the past the NJSIAA liaison to the DOE was Tony Maselli, Athletic Director at Montgomery High School. Now that Tony is an Assistant Director here at NJSIAA the committee was unanimous in their recommendation that Tony stay in this role of NJSIAA liaison to DOE. Tony accepted graciously.

The next item that was discussed was the structure of the medical advisory committee and if there should be a procedure to add/replace/remove committee member(s). The idea is that there would be a SOP (Standard Operating Procedure) and that this procedure would be used in the future as needed. Dr. Kripsak said that he would work on this topic and bring it up at the next meeting.

The committee was then advised that NJSIAA has tentatively scheduled a Sports Medicine Meeting geared especially for Athletic Trainers for June 14, 2018, here at NJSIAA offices. Dr. Kripsak spoke of past workshops and feels that we need bring back this workshop as a service to the many women and men ATC’s that service our schools and student athletes.

A final topic that was discussed was the evaluation of body fat in wrestlers for the 2018-2019 season. The conversation was centered about a “new” way to determine above or do we stay with the present method, namely the weight hydration analysis.

A correction to attached original agenda: NFHS Sports Medicine Advisory Committee Meeting – April 20-21, 2018 In Indianapolis, Indiana.

Submitted by,
Larry White