TO: MEDICAL ADVISORY COMMITTEE

FROM: STEVEN J. TIMKO, EXECUTIVE DIRECTOR

RE: October 16, 2013 MINUTES

I. Steve Timko
   Welcome
   Review and Approval of May 13, 2013 minutes

II. Topics for Discussion – Steve Timko
   The following topics were reviewed:
   a. Spring Season
   b. New website
   c. Budget
   d. Changes in district wrestling tournament
   e. New Sportsmanship Policy
   f. Emergency Action Plan
      The Committee was advised the New Jersey Core Curriculum Content Standards adopted by the State Board of Education in 2009 requires that all grade 7 – 12 public and non-public school students be educated on sudden cardiac death, basic life support/cardiac pulmonary resuscitation and the use of AEDs as part of their health curriculum. There are building emergency plans in place for all schools but no emergency action plan specifically for athletics. Committee advised that all schools be reminded of the importance of an emergency action plan for athletes.
   g. Strategic Plan – Approved at our NJSIAA Executive Committee meeting in October and many thanks to Tim Hosea for his input.
   h. NFHS ruling - Videotaping used for instructional purposes during game is now permitted for all sports except for baseball and ice hockey. A second regarding of this rule change will be presented to NJSIAA Executive Committee for vote and approval and once approved the NJSIAA Constitution and Bylaws will be revised to reflect change.
   i. Protective Equipment
   j. NFHS Network
III. Limitations for Practices

NFHS reported that schools haven’t expressed an interest in limiting practice times, so there is no data from member schools to support limitations. NFHS researching states and collecting data but not ready to make any changes at this time. Questions – How to monitor and implement limitations within NJSIAA member schools.

IV. Tony Masielli – AD Montgomery H.S. – DOE Committee Representative for NJSIAA – Cardiac Arrest Evaluation Forum Representative

Tony reviewed the progress of the PPE form and asked for recommendations from the Committee on revisions. (see attached) Tony also reviewed all recommendations/requirements presented by the Task Force (list attached) and advised the Scholastic Student-Athlete Safety Act was signed in June, 2013, effective November 1, 2013, but the new PPE form is not available and schools should use the old form for this school year.

The Task Force recommendations include that all healthcare professionals performing or reviewing pre-participation histories and physical examinations be required to complete specific Professional Development course. This Professional Development course would be available online, about a 20 to 30 minute review, and the Task Force was actively looking for funding to develop this course. The Committee’s response to this recommendation was that doctors would not want to take a Professional Development course and therefore could not be identified as approved to perform exams.

Tony also advised that parents/guardians and student/athletes are required to certify in writing that they have received the pamphlet Sudden Cardiac Death in Young Athlete as a prerequisite for the pre-participation history and physical examination.

The Committee discussed the new form vs. the old form and it was decided that the old form was the “gold form” and was a better form. The Committee advised NJSIAA that they should be part of the revision of the new form before implemented and presented to the DOE.

The Committee was advised that all schools require baseline testing but there is no reporting to see who is not performing the required tests.
V.  Dave Csillan
   Dave reviewed the BIO and article from Dorothy Bedford regarding concussions and limited contact. Dave asked that the Committee review the Power Point Presentation on line. Tim Hosea asked the NJSIAA to gather information from Texas, Connecticut, Michigan, Ivy Leagues and NCAA regarding their policies on limited contact and report back to Committee with findings. Dr. Hosea also asked Dave to invite Ms. Bedford to attend the next Medical Advisory Meeting. Dave will extend invitation.

VI. Football - Jack DuBois
   Jack reviewed the proposed new structure for football championships where teams will now advance to Group State Championships. The structure will be presented to NJSIAA Executive Committee and if passed the legislation will be voted on at the NJSIAA Business Meeting in December. If passed that structure will be followed. Jack advised the committee that there is a power point presentation on the NJSIAA website outline the structure.

VII. Karen Manista expressed concern about starting early practice for football in August and with regard to the AT’s contract.

VIII. Jack Kripsak, Girls LX Soft Helmets
   Jack informed the Committee at the middle school level Princeton is requiring that soft helmets be worn. NJSIAA has no jurisdiction over middle school athletics, but the concern is that this will work up to the high school level. NJSIAA follows the rules of the NFHS and at this time the NFHS has not approved soft helmets for girl's high school lacrosse. At the high school level they can use protective headgear but it is not required or recommended by the NJSIAA. Steve Timko and Jack Kriipsak will compose a memo to that affect and it will be posted on the NJSIAA website.

IX. New Business
   Dave Csillan will send the NJSIAA information on a program called PrivIT which is an electronic pre-participation evaluation. Information will be forwarded to the NJSIAA for distribution to the Committee.

X. Rich Levendowski
   Updated committee on the progress of the upcoming special Olympics, volunteers welcome, and advised NJSIAA and committee that it was a great opportunity for students to get credit for community service.
XI. Jill Brooks

PBS on Frontline – Strongly suggested that everyone watch: League of Denial which is about concussions in the NFL.