

# GIRLS STATE RELAY CHAMPIONSHIPS

## MEET RECORDS - 2018 BEST FROM THE GROUPS

33" Hurdles Relay (y)	Plainfield	0:31.6	1986
<b>33" Hurdles Relay (m)</b>	<b>Winslow Township</b>	<b>0:30.74</b>	<b>2014</b>
4 x 220 Yard Relay	Trenton Central	1:45.4	1984
<b>4 x 200 Meter Relay</b>	<b>Union Catholic</b>	<b>1:43.52</b>	<b>2015</b>
4 x 440 Yard Relay	Plainfield	4:01.2	1983
<b>4 x 400 Meter Relay</b>	<b>Columbia</b>	<b>3:57.25</b>	<b>2014</b>
4 x 880 Yard Relay	Columbia	9:40.2	1983
<b>4 x 800 Meter Relay</b>	<b>Freehold Township</b>	<b>9:19.51</b>	<b>2014</b>
Sprint Medley Relay (y)	Malcolm X Shabazz	4:10.2	1986
<b>Sprint Medley Relay (m)</b>	<b>Lenape</b>	<b>4:08.21</b>	<b>2015</b>
Distance Medley Relay (y)	Ridgewood	12:27.2	1988
<b>Distance Medley Relay (m)</b>	<b>Southern Regional</b>	<b>11:59.20</b>	<b>2007</b>
<b>High Jump Relay</b>	<b>Southern Regional</b>	<b>10' 8.50"</b>	<b>1981</b>
	<b>J.P. Stevens</b>	<b>10' 8.50"</b>	<b>1996</b>
<b>Shot Put Relay</b>	<b>Plainfield</b>	<b>90' 8.50"</b>	<b>1992</b>
<b>Pole Vault Relay</b>	<b>Hillsborough</b>	<b>23' 0"</b>	<b>2012</b>

**Note:** In 1992, Jadwin Gym was resurfaced and the track changed from 220 yards to 200 meters. It is the policy of the NJSIAA Track Committee not to convert records. Both the "yards" and the "meters" records will be listed. In 2006, the relays were moved to the Jersey City Armory. In 2008 all meets were held at the Bennett Center in Toms River.

## GROUP RECORDS Girls NON-PUBLIC A

33" Shuttle Hurdles (y)	Notre Dame	0:36.6	1984
<b>33" Shuttle Hurdles (m)</b>	<b>Union Catholic</b>	<b>0:30.98</b>	<b>2015</b>
4 x 220 Yard Relay	Morris Catholic	1:54.8	1983
<b>4 x 200 Meter Relay</b>	<b>Union Catholic</b>	<b>1:43.52</b>	<b>2015</b>
Sprint Medley Relay (y)	Oak Knoll	4:32.2	1983
<b>Sprint Medley Relay (m)</b>	<b>Union Catholic</b>	<b>4:12.37</b>	<b>2016</b>
4 x 440 Yard Relay	Notre Dame	4:19.9	1983
<b>4 x 400 Meter Relay</b>	<b>Union Catholic</b>	<b>4:00.68</b>	<b>2014</b>
4 x 880 Yard Relay	Notre Dame	10:24.8	1983
<b>4 x 800 Meter Relay</b>	<b>Red Bank Catholic</b>	<b>9:21.71</b>	<b>2012</b>
Distance Medley Relay (y)	Notre Dame	13:16.2	1984
<b>Distance Medley Relay (m)</b>	<b>Mount St. Dominic</b>	<b>12:09.92</b>	<b>2012</b>
<b>High Jump Relay</b>	<b>Union Catholic</b>	<b>10' 6"</b>	<b>2016</b>
<b>Shot Put Relay</b>	<b>Donovan Catholic</b>	<b>80' 2"</b>	<b>2016</b>
<b>Pole Vault Relay</b>	<b>Montclair Kimberley</b>	<b>20' 6"</b>	<b>2012</b>

2018 Girls Non-Public A State Relay Champions – Union Catholic – 72 points

## GROUP RECORDS Girls NON-PUBLIC B

<b>33" Shuttle Hurdles</b>	<b>Benedictine Academy</b>	<b>0:34.10</b>	<b>2013</b>
<b>4 x 200 Meter Relay</b>	<b>Benedictine Academy</b>	<b>1:51.18</b>	<b>2014</b>
<b>Sprint Medley Relay</b>	<b>Hudson Catholic</b>	<b>4:21.25</b>	<b>2018</b>
<b>4 x 400 Meter Relay</b>	<b>Eastern Christian</b>	<b>4:13.75</b>	<b>2014</b>
<b>4 x 800 Meter Relay</b>	<b>Bishop Eustace</b>	<b>10:20.01</b>	<b>2017</b>
<b>Distance Medley Relay</b>	<b>Gill St. Bernard's</b>	<b>12:52:33</b>	<b>2014</b>
<b>High Jump Relay</b>	<b>Mater Dei</b>	<b>9' 8"</b>	<b>2014</b>
<b>Shot Put Relay</b>	<b>Saint Rose</b>	<b>70' 75"</b>	<b>2016</b>
<b>Pole Vault Relay</b>	<b>Pingry</b>	<b>22' .00"</b>	<b>2016</b>

2018 Girls Non-Public B State Relay Champions – St. Dominic Academy – 48 points

## Girls GROUP I

33" Shuttle Hurdles (y)	Arts (Newark)	0:33.4	1991
<b>33" Shuttle Hurdles (m)</b>	<b>Glen Rock</b>	<b>0:33.63</b>	<b>2018</b>
4 x 220 Yard Relay	Science (Newark)	1:50.8	1985
<b>4 x 200 Meter Relay</b>	<b>Essex Co Tech, Market St</b>	<b>1:46.47</b>	<b>2012</b>
Sprint Medley Relay (y)	Oak Knoll	4:28.0	1985
<b>Sprint Medley Relay (m)</b>	<b>Haddonfield Memorial</b>	<b>4:15.61</b>	<b>2015</b>
4 x 440 Yard Relay	Science (Newark)	4:08.8	1989
<b>4 x 400 Meter Relay</b>	<b>Penns Grove</b>	<b>4:04.26</b>	<b>2014</b>
4 x 880 Yard Relay	Bernards	9:47.7	1983
<b>4 x 800 Meter Relay</b>	<b>Bernards</b>	<b>9:54.68</b>	<b>2013</b>
Distance Medley Relay (y)	Bernards	13:07.3	1985
<b>Distance Medley Relay (m)</b>	<b>Haddonfield</b>	<b>12:32.48</b>	<b>2015</b>
<b>High Jump Relay</b>	<b>Mater Dei</b>	<b>10' 4"</b>	<b>1982</b>
<b>Shot Put Relay</b>	<b>Whippany Park</b>	<b>81' 02.75"</b>	<b>2016</b>
<b>Pole Vault Relay</b>	<b>Pennsville</b>	<b>20' 6"</b>	<b>2010</b>

2018 Group I Girls State Relay Champions – Collingswood – 34 points

## Girls GROUP II

33" Shuttle Hurdles (y)	Madison Boro	0:33.0	1985
<b>33" Shuttle Hurdles (m)</b>	<b>West Essex</b>	<b>0:32.50</b>	<b>2018</b>
4 x 220 Yard Relay	Central (Newark)	1:48.2	1983
	Monmouth Regional	1:48.2	1988
<b>4 x 200 Meter Relay</b>	<b>Deptford</b>	<b>1:44.75</b>	<b>2015</b>
Sprint Medley Relay (y)	Vailsburg	4:20.2	1982
<b>Sprint Medley Relay (m)</b>	<b>Neptune</b>	<b>4:09.64</b>	<b>2011</b>
4 x 440 Yard Relay	Central (Newark)	4:04.3	1983
<b>4 x 400 Meter Relay</b>	<b>Camden</b>	<b>4:02.90</b>	<b>2009</b>
4 x 880 Yard Relay	Vailsburg	9:56.1	1982
<b>4 x 800 Meter Relay</b>	<b>Voorhees</b>	<b>9:41.91</b>	<b>2009</b>
Distance Medley Relay (y)	Bernards	12:58.6	1986
<b>Distance Medley Relay (m)</b>	<b>Voorhees</b>	<b>12:24.81</b>	<b>2009</b>
<b>High Jump Relay</b>	<b>Voorhees</b>	<b>10' 8"</b>	<b>2010</b>
<b>Shot Put Relay</b>	<b>NV @ Demarest</b>	<b>85' 6"</b>	<b>2002</b>
<b>Pole Vault Relay</b>	<b>Ramapo</b>	<b>21' 0"</b>	<b>2013</b>
	<b>Governor Livingston</b>	<b>21' 0"</b>	<b>2016</b>

2018 Girls Group II State Relay Champions – Rumson-Fair Haven – 35 points

## Girls Group III

33" Shuttle Hurdles (y)	Rahway	0:31.9	1984
<b>33" Shuttle Hurdles (m)</b>	<b>Winslow Township</b>	<b>0:30.74</b>	<b>2014</b>
4 x 220 Yard Relay	Central Regional	1:47.0	1982
<b>4 x 200 Meter Relay</b>	<b>Winslow Township</b>	<b>1:43.57</b>	<b>2018</b>
Sprint Medley Relay (y)	Malcolm X Shabazz	4:10.2	1986
<b>Sprint Medley Relay (m)</b>	<b>No. Highlands</b>	<b>4:11.94</b>	<b>2015</b>
4 x 440 Yard Relay	Malcolm X Shabazz	4:06.5	1986
<b>4 x 400 Meter Relay</b>	<b>Winslow Twp</b>	<b>4:00.01</b>	<b>2018</b>
4 x 880 Yard Relay,	North Hunterdon	9:44.0	1982
<b>4 x 800 Meter Relay</b>	<b>Roxbury</b>	<b>9:27.06</b>	<b>2006</b>
Distance Medley Relay (y)	North Hunterdon	12:36.7	1982
<b>Distance Medley Relay (m)</b>	<b>Colts Neck</b>	<b>12:08.01</b>	<b>2006</b>
<b>High Jump Relay</b>	<b>Mount Olive</b>	<b>10' 8"</b>	<b>2004</b>
<b>Shot Put Relay</b>	<b>Brick Township</b>	<b>86' 6.75"</b>	<b>2008</b>
<b>Pole Vault Relay</b>	<b>Montville</b>	<b>20' 6"</b>	<b>2009</b>

2018 Girls Group III State Relay Champions – Winslow Twp - 44 points

## Girls GROUP IV

33" Shuttle Hurdles (y)	Plainfield	0:31.6	1986
<b>33" Shuttle Hurdles (m)</b>	<b>Lenape</b>	<b>0:32.06</b>	<b>2014</b>
4 x 220 Yard Relay	Trenton Central	1:45.4	1984
<b>4 x 200 Meter Relay</b>	<b>Columbia</b>	<b>1:43.88</b>	<b>2014</b>
Sprint Medley Relay (y)	Columbia	4:19.2	1981
<b>Sprint Medley Relay (m)</b>	<b>Lenape</b>	<b>4:08.21</b>	<b>2015</b>
4 x 440 Yard Relay	Plainfield	4:01.2	1983
<b>4 x 400 Meter Relay</b>	<b>Columbia</b>	<b>3:57.25</b>	<b>2014</b>
4 x 880 Yard Relay	Columbia	9:40.2	1983
<b>4 x 800 Meter Relay</b>	<b>Freehold Township</b>	<b>9:19.51</b>	<b>2014</b>
Distance Medley Relay (y)	Ridgewood	12:27.2	1988
<b>Distance Medley Relay (m)</b>	<b>Southern Regional</b>	<b>11:59.20</b>	<b>2007</b>
<b>High Jump Relay</b>	<b>Southern Regional</b>	<b>10' 8.50"</b>	<b>1981</b>
	<b>J.P. Stevens</b>	<b>10' 8.50"</b>	<b>1996</b>
<b>Shot Put Relay</b>	<b>Plainfield</b>	<b>90' 8.50"</b>	<b>1992</b>
<b>Pole Vault Relay</b>	<b>Hillsborough</b>	<b>23' 0"</b>	<b>2012</b>

2018 Girls Group IV State Relay Champions – Randolph - 44 points

## MEET RECORDS – 2018 BOYS BEST FROM THE GROUPS

4 x 60 Yard Hurdles	Neptune	0:29.3	1974
<b>4 x 55 Meter Hurdles</b>	<b>Union Catholic</b>	<b>0:29.84</b>	<b>2013</b>
4 x 220 Yard Relay	Plainfield	1:31.0	1978
<b>4 x 200 Meter Relay</b>	<b>Camden</b>	<b>1:31.41</b>	<b>1997</b>
4 x 440 Yard Relay	Edgewood	3:23.7	1985
<b>4 x 400 Meter Relay</b>	<b>East Orange Campus</b>	<b>3:23.29</b>	<b>2018</b>
4 x 880 Yard Relay	Bergen Catholic	7:57.8	1975
<b>4 x 800 Meter Relay</b>	<b>Notre Dame</b>	<b>8:04.26</b>	<b>2015</b>
Sprint Medley Relay	Trenton	3:34.9	1977
	Weequahic	3:33.67	1997
<b>Sprint Medley Relay</b>	<b>Union Catholic</b>	<b>3:33.80</b>	<b>2012</b>
Distance Medley Relay	Roselle Catholic	10:16.6	1970
<b>Distance Medley Relay</b>	<b>Christian Brothers</b>	<b>10:19.63</b>	<b>2014</b>
Frosh 4 x 440 Yard Relay	Memorial (West NY)	3:47.0	1970
<b>High Jump Relay</b>	<b>Montclair</b>	<b>13' 3"</b>	<b>1990</b>
<b>Shot Put Relay</b>	<b>Morristown Toms</b>	<b>115' 8.25"</b>	<b>2010</b>
<b>Pole Vault Relay</b>	<b>River North</b>	<b>28' 0"</b>	<b>2008</b>
	<b>Hunterdon Central</b>	<b>28' 0"</b>	<b>2014</b>

**Note:** In 1992, Jadwin Gym was resurfaced and the track changed from 220 yards to 200 meters. It is the policy of the NJSIAA Track Committee not to convert records. Both the "yards" and the "meters" records will be listed. In 2006, the relays were moved to the Jersey City Armory. In 2008 all meets were held at the Bennett Center in Toms River.

## GROUP RECORDS

### Boys NON-PUBLIC A

4 x 60 Yard Hurdles	Paul VI (Haddonfield)	0:30.3	1972
<b>4 x 55 Meter Hurdles</b>	<b>Union Catholic</b>	<b>0:30.35</b>	<b>2014</b>
4 x 220 Yard Relay	St. Joseph (Montvale)	1:34.2	1969
<b>4 x 200 Meter Relay</b>	<b>Union Catholic</b>	<b>1:31.61</b>	<b>2014</b>
Sprint Medley Relay (y)	Paramus Catholic	3:36.1	1976
<b>Sprint Medley Relay (m)</b>	<b>Union Catholic</b>	<b>3:33.36</b>	<b>2014</b>
4 x 440 Yard Relay	St. Joseph's (Met.)	3:27.8	1972
<b>4 x 400 Meter Relay</b>	<b>Saint Peter's</b>	<b>3:25.91</b>	<b>2013</b>
4 x 880 Yard Relay	Bergen Catholic	7:57.8	1975
<b>4 x 800 Meter Relay</b>	<b>Notre Dame</b>	<b>8:04.26</b>	<b>2015</b>
Distance Medley Relay (y)	Roselle Catholic	10:16.6	1970
<b>Distance Medley Relay (m)</b>	<b>Christian Brothers</b>	<b>10:19.63</b>	<b>2014</b>
<b>High Jump Relay</b>	<b>Essex Catholic</b>	<b>12' 10"</b>	<b>1979</b>
<b>Shot Put Relay</b>	<b>Christian Bros. Acad.</b>	<b>113' 2"</b>	<b>1982</b>
<b>Pole Vault Relay</b>	<b>Christian Bros. Acad.</b>	<b>27' 6"</b>	<b>2014</b>

2018 Boys Non-Public State Relay Champions – Union Catholic – 72 points

## GROUP RECORDS

### Boys NON-PUBLIC B

<b>4x 55 Meter Hurdles</b>	<b>Union Catholic</b>	<b>0:29.84</b>	<b>2013</b>
<b>4 x 200 Meter Relay</b>	<b>Union Catholic</b>	<b>1:32.76</b>	<b>2013</b>
<b>Sprint Medley Relay</b>	<b>Camden Catholic</b>	<b>3:37.51</b>	<b>2014</b>
<b>4 x 400 Meter Relay</b>	<b>Holy Spirit</b>	<b>3:40.42</b>	<b>2018</b>
<b>4 x 800 Meter Relay</b>	<b>Union Catholic</b>	<b>8:32.36</b>	<b>2013</b>
<b>Distance Medley Relay</b>	<b>Camden Catholic</b>	<b>10:49.59</b>	<b>2014</b>
<b>High Jump Relay</b>	<b>Union Catholic</b>	<b>11' 8"</b>	<b>2013</b>
<b>Shot Put Relay</b>	<b>St. Rose</b>	<b>107' 11.75"</b>	<b>2016</b>
<b>Pole Vault Relay</b>	<b>Union Catholic</b>	<b>24' 00"</b>	<b>2013</b>

2018 Boys Non-Public B State Relay Champions – Mater Dei Prep – 38 points

## Boys GROUP I

4 x 60 Yard Hurdles	Saddle Brook	0:31.3	1988
<b>4 x 55 Meter Hurdles</b>	<b>Weequahic</b>	<b>0:30.25</b>	<b>2016</b>
4 x 220 Yard Relay	Woodbury	1:36.1	1976
	Roselle Park	1:36.1	1979
<b>4 x 200 Meter Relay</b>	<b>Willingboro</b>	<b>1:33.41</b>	<b>2017</b>
Sprint Medley Relay (y)	Bernards	3:42.0	1985
<b>Sprint Medley Relay (m)</b>	<b>Haddonfield</b>	<b>3:37.66</b>	<b>2016</b>
4 x 440 Yard Relay	Arts-Science	3:35.8	1988
<b>4 x 400 Meter Relay</b>	<b>Metuchen</b>	<b>3:28.15</b>	<b>2014</b>
4 x 880 Yard Relay	Woodbury	8:22.4	1978
<b>4 x 800 Meter Relay</b>	<b>Pleasantville</b>	<b>8:06:41</b>	<b>2013</b>
Distance Medley Relay (y)	Bernards	10:43.4	1977
<b>Distance Medley Relay (m)</b>	<b>Pleasantville</b>	<b>10:35.68</b>	<b>2013</b>
<b>High Jump Relay</b>	<b>Palmyra</b>	<b>12' 4"</b>	<b>1993</b>
	<b>Pleasantville</b>	<b>12' 4"</b>	<b>1995</b>
	<b>Westwood</b>	<b>12' 4"</b>	<b>1999</b>
<b>Shot Put Relay</b>	<b>Hanover Park</b>	<b>102' 4.25"</b>	<b>2013</b>
<b>Pole Vault Relay</b>	<b>Park Ridge</b>	<b>26' 0"</b>	<b>2009</b>

2018 Boys Group I State Relay Champions Willingboro - 48 points

## Boys GROUP II

4 x 60 Yard Hurdles	Asbury Park	0:29.7	1978
<b>4 x 55 Meter Hurdles</b>	<b>Rahway</b>	<b>0:30.36</b>	<b>2018</b>
4 x 220 Yard Relay	Lincoln	1:31.9	1970
<b>4 x 200 Meter Relay</b>	<b>Deptford</b>	<b>1:32.20</b>	<b>2017</b>
Sprint Medley Relay (y)	Asbury Park	3:39.8	1991
<b>Sprint Medley Relay (m)</b>	<b>Pascack Valley</b>	<b>3:36.17</b>	<b>2012</b>
4 x 440 Yard Relay	Lincoln	3:26.3	1970
<b>4 x 400 Meter Relay</b>	<b>Matawan</b>	<b>3:26.90</b>	<b>2018</b>
	Lincoln		
4 x 880 Yard Relay	<b>Morris Hills</b>	8:09.3	1974
<b>4 x 800 Meter Relay</b>	Williamstown	<b>8:05.11</b>	<b>2015</b>
Distance Medley Relay (y)		10:37.7	1974
<b>Distance Medley Relay (m)</b>	<b>Summit</b>	<b>10:29.40</b>	<b>2015</b>
<b>High Jump Relay</b>	<b>Jonathan Dayton</b>	<b>13' 2"</b>	<b>1981</b>
<b>Shot Put Relay</b>	<b>Bridgeton</b>	<b>115' 7.25"</b>	<b>1995</b>
<b>Pole Vault Relay</b>	<b>Matawan</b>	<b>26' 6"</b>	<b>2008</b>

2018 Boys Group II State Relay Champions – Rahway – 48 points

## Boys GROUP III

4 x 60 Yard Hurdles	Moorestown	0:29.9	1976
<b>4 x 55 Meter Hurdles</b>	<b>Oakcrest</b>	<b>0:30.07</b>	<b>2012</b>
4 x 220 Yard Relay	Asbury Park	1:31.7	1979
<b>4 x 200 Meter Relay</b>	<b>Camden</b>	<b>1:31.41</b>	<b>1997</b>
Sprint Medley Relay (y)	Monmouth Regional	3:37.5	1979
<b>Sprint Medley Relay (m)</b>	<b>Nottingham</b>	<b>3:36.92</b>	<b>2017</b>
4 x 440 Yard Relay	Monmouth Regional	3:25.0	1979
	Lincoln	3:25.0	1980
<b>4 x 400 Meter Relay</b>	<b>Timber Creek</b>	<b>3:25.31</b>	<b>2016</b>
4 x 880 Yard Relay	Malcolm X Shabazz	8:02.8	1983
<b>4 x 800 Meter Relay</b>	<b>Morris Hills</b>	<b>8:03.15</b>	<b>2016</b>
Distance Medley Relay (y)	Brick Twp.	10:36.9	1968
<b>Distance Medley Relay (m)</b>	<b>Middletown North</b>	<b>10:22.93</b>	<b>2014</b>
<b>High Jump Relay</b>	<b>Willingboro</b>	<b>13' 0"</b>	<b>2002</b>
<b>Shot Put Relay</b>	<b>Morristown</b>	<b>115' 8.25"</b>	<b>2010</b>
<b>Pole Vault Relay</b>	<b>Kingsway</b>	<b>27' 6"</b>	<b>2014</b>

2018 Boys Group III State Relay Champions – Pennsauken/Timber Creek - 28 points

## Boys GROUP IV

4 x 60 Yard Hurdles	Neptune	0:29.3	1974
<b>4 x 55 Meter Hurdles</b>	<b>Winslow Township</b>	<b>0:30.28</b>	<b>2003</b>
4 x 220 Yard Relay	Plainfield	1:31.0	1978
<b>4 x 200 Meter Relay</b>	<b>Elizabeth</b>	<b>1:31.49</b>	<b>2018</b>
Sprint Medley Relay (y)	Trenton Central	3:34.9	1977
	Plainfield	3:34.9	1980
<b>Sprint Medley Relay (m)</b>	<b>Trenton Central</b>	<b>3:34.50</b>	<b>2017</b>
4 x 440 Yard Relay	Edgewood	3:23.7	1985
<b>4 x 400 Meter Relay</b>	<b>East Orange Campus</b>	<b>3:23.29</b>	<b>2018</b>
4 x 880 Yard Relay	Willingboro	8:01.2	1983
<b>4 x 800 Meter Relay</b>	<b>Cherokee</b>	<b>8:04.33</b>	<b>2012</b>
Distance Medley Relay (y)	Ramapo	10:30.3	1970
<b>Distance Medley Relay (m)</b>	<b>Piscataway</b>	<b>10:23.30</b>	<b>2012</b>
<b>High Jump Relay</b>	<b>Montclair</b>	<b>13' 3"</b>	<b>1990</b>
<b>Shot Put Relay</b>	<b>Toms River East</b>	<b>110' 9.50"</b>	<b>1984</b>
<b>Pole Vault Relay</b>	<b>Toms River North</b>	<b>28' 0"</b>	<b>2008</b>
	<b>Hunterdon Central</b>	<b>28' 0"</b>	<b>2014</b>

2018 Boys Group IV State Relay Champions – East Orange Campus – 38 points