

**HISTORY OF NJSIAA GIRLS GYMNASTICS**

YEAR	TEAM STATE CHAMPION	INDIVIDUAL STATE CHAMPIONS				
		V	UPB	BB	FX	AA
1974	Cherry Hill East	Sarah Werner-Montclair	Lisa Neutze, Cherry Hill East	Diane Lovato, Pascack Hills	Annette Digiglio, Piscataway	Sarah Warner, Montclair
1975	Red Bank Catholic	Lisa Neutze, Cherry Hill East	Ann Woods, Red Bank Catholic	Lisa Neutze, Cherry Hill East	Ann Woods, Red Bank Catholic	Lisa Neutze, Cherry Hill East
1976	Red Bank Catholic	Ann Woods, Red Bank Catholic	Ann Woods, Red Bank Catholic	Pat Spisak, Wayne Hills	Ann Woods, Red Bank Catholic	Ann Woods, Red Bank Catholic
1977	Red Bank Catholic	Ann Woods, Red Bank Catholic	Ann Woods, Red Bank Catholic	Ann Woods, Red Bank Catholic	Ann Woods, Red Bank Catholic	Ann Woods, Red Bank Catholic
1978	Ridgewood	Lynn McDonnell, Ridgewood	Lucia Cancelmo, Ridgewood	Lucia Cancelmo, Ridgewood	Karen McDonnell, Ridgewood	Lucia Cancelmo, Ridgewood
1979	Brick Township	H. Capoano, Brick Township	H. Capoano, Brick Township	D. Mosley, Willingboro	H. Capoano, Brick Township	H. Capoano, Brick Township
1980	Red Bank Catholic	Lauretta Thomas, Toms River East	Elaine Sacks, East Brunswick	Paula Stewart, West Essex	Paula Stewart, West Essex	Elaine Sacks, East Brunswick
1981	Wayne Hills	Sue Filardi, Raritan	Sue Filardi, Raritan	Nancy McDonald, Indian Hills	Sue Repmann, Cedar Ridge	Sue Repmann, Cedar Ridge
1982	Rumson-Fair Haven	Sue Repmann, Cedar Ridge	Sue Repmann, Cedar Ridge	Linda Frank, Wayne Hills	Michelle Spillman, Montclair	Sue Repmann, Cedar Ridge
1983	Cedar Ridge	Rose Johnson, Toms River East	Chris Kaiser, Rumson-Fair Haven	Cheri Way, Shawnee	Rose Johnson, Toms River East	Cheri Way, Shawnee
1984	Cedar Ridge	Jennifer Schmaizel, Ramapo	Chris Kaiser, Rumson-Fair Haven	Chris Furlong, Red Bank Catholic	Joyce Wilborn, J.F. Kennedy	Chris Furlong, Red Bank Catholic
1985	Shawnee	Joyce Wilborn, J.F. Kennedy	Cheri Way, Shawnee	Jan Dalziel, Neptune	Joyce Wilborn, J.F. Kennedy	Joyce Wilborn, J.F. Kennedy
1986	Neumann Prep	Joyce Wilborn, J.F. Kennedy	Margot Gumerlock, Bound Brook	Joyce Wilborn, J.F. Kennedy	Joyce Wilborn, J.F. Kennedy	Joyce Wilborn, J.F. Kennedy
1987	Lenape	Colby Silver, Parsippany	Jan Dalziel, Neptune AND Amy Woomer, Ocean	Janice Rogers, Toms River North	Jan Dalziel, Neptune	Janice Rogers, Toms River North
1988	Lenape	Mika Whiddon, Lenape	Kellie McHugh, W. Morris Central	Coby Silver, Parsippany	Jan Dalziel, Neptune	Colby Silver, Parsippany
1989	Cherokee	L. Bocella, Cherokee	K. O'Keefe, Brick Township	M. Pfeffenberger, Hopewell Val.	K. O'Keefe, Brick Township	K. O'Keefe, Brick Township
1990	Lenape	Jen Clayton, Red Bank Catholic	Erika Pazzocquin, Dwight Engle.	Lori Buck, Bishop Ahr AND Tara Berdowitz, Freehold Twp.	Erika Maughan, Lenape	Joanne Watson, Lenape
1991	Middletown South	Stacey Witzzak, Cherokee AND Danielle Comment, Lakewood	Jenny White, Gloucester Catholic	Stacey Witzzak, Cherokee AND Karen Schaefer, Middletown So.	Stacey Witzak, Cherokee AND AND Kim Jordon, Freehold Twp.	Karen Schaefer, Middletown So.
1992	Bishop George Ahr	Jackie Haft, East Brunswick	Sobhan Haney, Shawnee	Christine Chen, Marlboro	Danielle Pisapis, Lacey Twp. AND Christine Chen, Marlboro AND Stacey Breidenback, Pascack Val.	Siobhan Haney, Shawnee
1993	Somerville	Karen Stengle, Cedar Ridge	Karen Maurer, Roselle Catholic	Natalie Booth, Cherokee	Julie Hassert, Bishop Ahr AND Krista Geis, Washington Twp.	Karen Maurer, Roselle Catholic
1994	Bishop George Ahr	Jamie McNally, Bishop Ahr	Julie Hassett, Bishop Ahr	Dawn Campbell, Howell AND Megan Marcus, Middletown No.	Katie Russo, Passaic Valley	Julie Hassett, Bishop Ahr
1995	Bishop George Ahr	Jamie McNally, Bishop Ahr	Dawn Campbell, Howell	Heather Carr, Butler	Jamie McNally, Bishop Ahr	Dawn Campbell, Howell
1996	Red Bank Catholic	Jamie McNally, Bishop Ahr	Jamie McNally, Bishop Ahr	Bethany Wagner, Bound Brook	Jamie McNally, Bishop Ahr	Jamie McNally, Bishop Ahr
1997	Toms River North	Kelly McMullin AND Jamie McNally, Bishop Ahr	Alexis Pero, Toms River North	Bethany Wagner, Bound Brook	Ashley Asraf, Toms River North	Alexo Pero, Toms River North
1998	Toms River North	Kim Kirzon, Monmouth Regional	Lauren Caravello, Westfield	Jamie Shapiro, Manalapan	Kristen Presutti, Toms River North	Kristen Presutti, Toms River North
1999	Marlboro	Jade Rubel, Ocean Township	Lauren Caravello, Westfield	Gina Roselle, St. Rose	Kim Kirzon, Monmouth Regional	Kim Kirzon, Monmouth Regional
2000	Toms River North	Jayne Propert, St. Rose	Jessica Tai, Holmdel	Jayne Propert, St. Rose	Ashley Asraf, Toms River North	Jayne Propert, St. Rose
2001	Red Bank Catholic	Kaitlyn Kaplan, Jackson Memorial	Nicole Drane, Lenape	Lauren Caravello, Westfield	Erin Muirhead, South River	Kaitlyn Kaplan, Jackson Memorial
2002	Red Bank Catholic	Nicole Drane, Lenape	Nicole Drane, Lenape	Caitlin Steele, So. Regional	Jessica Tai, Holmdel	Jessica Tai, Holmdel
2003	Bishop George Ahr	Danielle Guider, Nutley AND Kaitlyn Kaplan, Jackson Memorial	Nicole Drane, Lenape AND Karley Wakek, Pequannock	Dana Sherman, Ocean Township	Beate Jones, Red Bank Catholic	Danielle Guider, Nutley
2004	Bishop George Ahr	Chelsea Steinberg, Ridgewood	Kristy Boswell, Cherry Hill West	Chelsea Steinberg, Ridgewood	Chelsea Steinberg, Ridgewood	Chelsea Steinberg, Ridgewood
2005	Bishop George Ahr	Danielle Guider, Nutley	Kristy Boswell, Cherry Hill West	Lindsey Poploski, Brick	Maddie Zwiebel, Bridgewater-Rar.	Chelsea Steinberg, Ridgewood
2006	Bishop George Ahr	Chelsea Steinberg, Ridgewood	Meagan Phelan, Pascack Regional	Lindsey Poploski, Brick	Austyn Fobes, Howell	Chelsea Steinberg, Ridgewood
2007	Bishop George Ahr	Lacy Cummings, Westfield	Austyn Fobes, Howell	Chelsea Goldschrafe, Ramapo	Chelsea Goldschrafe, Ramapo	Chelsea Goldschrafe, Ramapo
2008	Pascack Valley/Hills	Jenny Buontempo, Cranford	Austyn Fobes, Howell	Austyn Fobes, Howell	Chelsea Goldschrafe, Ramapo	Austyn Fobes, Howell
2009	Pascack Valley/Hills	Brittany Marcisin, Hillsborough	Kristen Harabedian, Hunt. Central	Kristen Harabedian, Hunt. Central	Kristen Harabedian, Hunt. Central	Kristen Harabedian, Hunt. Central
2010	Bishop George Ahr	Brittany Marcisin, Hillsborough	Morgan Venuti, Washington Twp	Missy Arena, Passaic Valley	Jen King, Freehold Borough AND Natali Ruzich, Pascack Valley/Hills	Kyla Vaccio, Bishop Ahr
2011	Freehold Boro	Danielle Verdon, Freehold Boro.	Courtney DeDea, Colts Neck	Danielle Verdon, Freehold Boro.	Danielle Verdon, Freehold Boro.	Danielle Verdon, Freehold Boro.
2012	Freehold Boro	Bayleigh Fobes, Howell	Delaney Cahill, Shawnee	Juliana Drapkin, Bishop Ahr	Ayana Lee, Bridgewater-Rar.	Juliana Drapkin, Bishop Ahr
2013	Bishop Ahr	Kierstin Sokolowski, Lacey	Aly Wesoly, Lenape	Tess Zientek, Holmdel	Juliana Drapkin, Bishop Ahr	Kendall Valentin, Holmdel
2014	Red Bank Catholic	Emma Johnson, Ramapo	Tess Zientek, Holmdel	Samantha Marion, Ramapo	Nicole Sottiriou, South Plainfield	Juliana Drapkin, Bishop Ahr
2015	Red Bank Catholic	Melissa Astarita, Marlboro	Arianna Agrapides, St. John Vianney	Samantha Marion, Ramapo	Kristen Politz, St. John Vianney	Kristen Politz, St. John Vianney
2016	Red Bank Catholic	Jacie Van de Zilver, Jackson Memorial	Monica Servidio, Howell	Shannon Gregory, JP Stevens	Nicolette DiPrisco, RBC	Nicolette DePrisco, RBC

**Summary of Team Titles**

11	Red Bank Catholic	1	Cherry Hill East
10	Bishop George Ahr	1	Marlboro
3	Lenape	1	Middletown South
3	Toms River North	1	Neumann Prep
2	Cedar Ridge	1	Ridgewood
2	Freehold Boro	1	Rumson-Fair Haven
2	Pascack Valley/Hills	1	Shawnee
1	Brick Township	1	Somerville
1	Cherokee	1	Wayne Hills