TO: MEDICAL ADVISORY COMMITTEE

FROM: STEVEN J. TIMKO, EXECUTIVE DIRECTOR

RE: FEBRUARY 13, 2013 MEETING

1. Steve Timko
   Welcome
   Review and Approval of October 26, 2012 minutes

II Topics for Discussion
a. NJSIAA update
   Steve reviewed the continuing negotiations with the Commissioner of
   Education regarding ticket prices and the continuing effect it has on the
   NJSIAA. Also discussed was how Super Storm Sandy affected NJSIAA’s fall
   tournaments
b. Post-Game Handshake – Committee decided that it was a non-issue

c. 6 Day Practice – Concerns regarding an extended break in playing time due to
   injury, eligibility, absences, etc. and whether or not an athlete must have 6
   days of practice before they can return to play. Committee will review the
   Policy & Procedures on return to play and report back to NJSIAA on their
   findings at our May meeting.

   d. Cardiac Prevention Bill – Tim Hosea will look into whether or not a pediatric
      cardiologist is needed on the Committee and suggested the possibility of an Ad
      Hoc committee member. He will report back to the Committee his findings at
      our May meeting.

e. Recognizing and Managing Concussions – Committee reviewed information

f. Red Cross New First Aid Court for Coaches - Committee reviewed information

g. Sports Medical Advisory Committee (SMAC) – Committee reviewed
   information

h. Wrestling
   The Committee was advised a physician will be present at the Groups Finals at
   the Pine Belt Arena on February 17.
III. Jewel Sellers
Wrestling - OPC and MWC
a. The Committee was advised of an instance where a physician certified an athlete one weight class below the opc. The OPC calculations are designed to allow an athlete to achieve a lower weight class in a safe manner. Jewel spoke with the NJSIAA’s attorney and the attorney’s decision was that the OPC should be the final word. The committee concurred with this decision. There is a concern that many school physicians are not being notified of changes regarding wrestling and the OPC. The committee advised it should be the responsibility of the ATC and the AD of each school to notify their physicians of any changes. Chris Mendler will try to compile a data base of all school physicians so information can be distributed.

IV. Jack Kripsak
a. Sub-Committee Meeting on Concussions in Girls LX
The findings of the sub-committee were present to the Committee. There is no push for helmets at this time. Other options are; more forgiving balls or padding on end of sticks. Bollinger Insurance has a standard form that can be utilized in obtaining data on head injuries involving girls LX. The NJSIAA endorsed the collection of data according to and in conjunction with US Lacrosse. Karen Manista, ATC, advised committee that schools already do a survey regarding sports related injuries but it is not a per incident form it’s a post season form. Karen also advised committee on the US LX website there are instructions for coaches who coach women’s LX and suggested that coaches review the instructions because play is different for men and women.

Jack will send a copy of the survey to the NJSIAA for distribution to our member schools.

V. Dave Csillan
a. SOP
Dave reviewed the Standard Operating Procedure (SOP) for the Committee and advised it still a work in progress and that nothing came out of the conference that would affect return to play. Tim Hosea suggested that the SOP be vague as possible thereby avoiding too many restrictions.

VI. Old Business
No old business

VII. New Business:
a. Dave Csillan
The Committee was advised the NFL is considering expanding the width of the field by 30-35 yards and this might have a trickle down affect. Texas proposed a mandatory one day of hitting practice
b. Steve Timko

Steve reviewed the school choice issue and discussed the difficulties with working with the Department of Education on eligibilities issues.
The NJISAA actively endorses the Good Samaritan Bill proposed by the NFHS
The NJSIAA Strategic Plan was reviewed and Steve and asked if any Committee members would like to be a part of the plan. Tim Hosea expressed interest.
This will be the 3rd NJSIAA Strategic Plan.

Meeting adjourned 11:30.