TO: MEDICAL ADVISORY COMMITTEE

FROM: STEVEN J. TIMKO, EXECUTIVE DIRECTOR

RE: MINUTES – OCTOBER 24, 2012

I. Steve Timko
   Welcome
   Review and Approval of May 12, 2012 Minutes

   a. NJSIAA Update
      Steve Timko gave an update in the RFPs and the advised the Committee that this year the Wrestling State Championships will be held at Boardwalk Hall, Atlantic City the weekend of March 8, 9 and 10. Steve explained the circumstances surrounding the change in dates. Several RFPs were sent out and two were returned, one from the Izod Center for the first weekend in March and another RFP from Boardwalk Hall for the second weekend in March. Boardwalk Hall advising that Lady Gaga had booked the first weekend in March for a concert. The Izod Center pulled their proposal which left Boardwalk Hall the only available site. A three year contract was signed for Boardwalk Hall, this coming year for the second weekend in March, the remaining two years for the first weekend in March. Because of the change in the date of the State Championships, Steve advised the committee that the teams, group sectionals, districts and regions have all been moved forward one week. The regular season has been extended one week to eliminate any “gaps” in the flow of the tournaments. Steve also discussed the new financial approach the NJSIAA is undertaking.

   b. Bullying
      Steve reviewed the changes in eligibility regarding bullying. If there is proof of bullying and concern for the students wellbeing, if he/she transfers to another school, eligibility is automatic.

   c. Update on Lightning Policy
      There has been no change in our lightning policy: 30 minute is still in effect. It is the Athletic Director’s responsibility before the start of the event to determine whether or not to proceed if there’s lightning in the area. Once the game starts, it is the responsibility of the officials. Rob Franks advised committee that there is an app for lightning detection.
d. Annual NJSIA Hall of Fame:
   Steve read the list of honorees

II. Bill DuPonte, AD – Burlington City
    Eliza Lundy, AT – Burlington City
    Concussion Policy and Return to Play Policy
    Bill and Eliza voiced concerns about the concussion policy and return to play. Discussion about having a set protocol for all schools, not leave it up to the districts to set procedure. Some districts have a 7 day sit period others have a 24 hour sit period. Concerns about a more rigid mandate would result in concussions not being reported correctly because of the sit period. Question rose whether or not NJSIAA should set mandate or leave responsibility to each district.

    Dr. Jill Brooks advised committee that there is a Brain Injury Alliance organization that offers courses. There are several on site courses, NFHS being one, and although these course have good information, the time frame for each course may be different. Question was asked as to whether or not there should be statewide reporting for information. Steve advised committee that there is an online report system, RIO, for sports related injury. The Committee would like a survey for a year and then look at the results

III. Heat Acclimatization
    Question was asked if the HA was only for the fall season or did it apply to all three seasons. There seems to be confusion among our member schools as to whether or not the mandated HA is for all three. Bill asked if a broader policy can be looked at which would allow the Athletic Trainers to monitor the heat and adjust as needed. Dave Csillan reviewed the history of the Heat Acclimation and stated that the policy is set for all three season but is enforced more stringent for the fall. Tim Hosea asked Dave to address this issue with ATSNJ and report back to the committee.

IV. Skin Lesion Forms
    Roy Dragon, State Wrestling Rules Interpreter asked the Committee to definite “health care professional” which will now be defined as “licensed MD, DO, PA, APN.” The Skin Lesion form will be modified to include this information.

V. Plan of Care
    Karen Manista reviewed Plan of Care Coverage for trainers. Tim Hosea stated he would sign the Plan of Care for if needed.
VI. **Girls LX Helmets**  
Jack Kripsak has formed a committee to review. Jack will report results after committee meets. Links to website: Stop Sports Injuries and an education statement regarding nutritional supplements. Links can be found on the NFHS site.

VII. **Tanita Scale – Athletic mode vs. Standard mode**  
The setting should be on athletic mode. If an error appears on athletic mode, this is an indication that the athlete does not have enough body fat to be on a weight loss plan. Whatever that athlete weighs in at the time of certification is his MWW.

VIII. **Dr. Louis Teichholz – Cardiologist**  
Dr. Teichholz sent an email to Steve requesting he be considered for a position on the committee. Dr. Ruth Borgen advised the committee that Dr. Teichholz was an adult cardiologist. The committee decided that there wasn’t a slot for an adult cardiologist but would like to ask Dr. Teichholz if he would consider being a resource member. Dave Csillan will submit a draft for Standard Operating Procedures which will address these requests, and present this draft to the committee at their next meeting.

IX. **Other Business**  
Steve advised the committee of Montana’s request to allow 6 wrestling matches per day because of the traveling distance in Montana. The proposal is still under review by the NFHS.

Dr. Levenduski asked for volunteers to assist in the National Special Olympics that will be coming to NJ in 2014.

There being no new business the meeting was adjourned at 11:30