

Best from the Sectional Meets

BOYS

100 m Dash	South	John Stone, Mainland	0:10.2	1997
	North 1	Chris Charles, Park Ridge	0:10.2	2000
200 m Dash	South	Bill Gaines, Clearview	0:20.8	1967
	South	Chuck Carter, Eastern	0:20.8	1985
400 m Dash	South	Dennis Mitchell, Edgewood (Now Winslow Twp)	0:46.4	1984
800 m Run	North 2	Mike Carmody, Governor Livingston	1:51.21*	2004
1600 m Run	North 2	J.J. Clark, Columbia	4:10.2	1982
	Central	John Carlotti, Bernards	4:10.2	1983
3200 m Run	Central	Joe Rosa, West Windsor-Plainsboro North	9:01.57*	2010
110 m Hurdles	North 2	Renaldo Nehemiah, Scotch Plains-Fanwood	0:13.2	1977
400 m Hurdles	South	Dwight Ruff, Camden	0:51.0	2001
Shot Put	North 2	Nicolas Vena, Morristown	72' 00.00"	2010
Discus	Central	Yemi Ayeni, South Brunswick	220' 08.00"	2010
# New Javelin	North 1	Kaleb Zuidema, Midland Park	202' 04.00"	2008
Javelin	Central	John Amabile, Wall Twp.	233' 01.00"	1980
High Jump	South	Robert Jordan, Millville	7' 02.00"	1999
Long Jump	South	Gerard Reynolds, Willingboro	25' 01.50"	1990
Triple Jump	South	Ryan Chance	48' 03.25"	2009
Pole Vault	South	Brandon Kurtz, Absegami	15' 07.00"	1991
	South	Jordan Subai, Toms River South	15' 07.00"	2010
4 x 400 m Relay	Central	Monmouth Regional	3:14.97	2007

*Fully-Automatic Time

In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

Most Sectional Titles Won

21	Metuchen
17	New Providence
17	Trenton
15	Asbury Park
15	Bernards
13	Hackensack
13	Willingboro
13	Winslow Twp (Edgewater)
12	Penns Grove
12	Woodbury
11	Elizabeth
11	Franklin
11	Mahwah
11	Scotch Plains-Fanwood
11	Sommerville

Most Consecutive Wins

16	Metuchen (1993-2008)
10	Penns Grove (1977-1986)
9	Woodbury (1969-1977)
8	Somerville (2001-2008)
6	Asbury Park (1981-1986)
6	Glen Rock (1999-2004)
6	New Providence (1993-1996)
5	Asbury Park (1991-1995)
5	Elizabeth (1988-1992)
5	Scotch Plains-Fanwood (1993-1997)
5	Trenton (1986-1990)

Best from the Sectional Meets

GIRLS

100 m Dash	Central	Wendy Vereen, Trenton	0:11.4	1983
200 m Dash	North 2	Mikele Barber, Montclair	0:23.2	1998
400 m Dash	South	Nadia Davy, Bridgeton	0:54.0	1999
800 m Run	South	Jillian Smith, Southern Regional	2:07.26**	2008
1600 m Run	South	Erin Donohue, Haddonfield	4:49.8	2001
3200 m Run	South	Michelle Rowan	10:12.8	1983
100 m Hurdles	Central	Dawn Bowles, Neptune	0:13.3	1988
400 m Hurdles	North 2	Ugonna Ndu, Union	0:59.61	2009
Shot Put	South	Helene Connell, Jackson Memorial	46' 10.25"	1977
Discus	South	Helene Connell, Jackson Memorial	159' 07.00"	1977
# New Javelin	North 1	Daina Pucurs, NV Demarest	151' 10.00"	2004
Javelin	South	Lynlee Phillips, Shawnee	154' 08.00"	1999
High Jump	Central	Tish Edwards, Mater Dei	5' 09.50"	1981
Long Jump	South	Carol Lewis, Willingboro	20' 06.00"	1981
Triple Jump	North 1	Consandria Walker, Hackensack	39' 08.00"	2006
Pole Vault	South	Jen Holly, Barnegat	12' 01.00"	2008
	Central	Stephanie Skove, Monmouth Regional	12' 01.00"	2010
4 x 400 m Relay	North 2	Plainfield	3:44.7	1980

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Most Sectional Titles Won

13 Haddonfield
 13 Metuchen
 12 Columbia
 10 New Providence
 10 Ridgewood
 10 Hopewell Valley
 9 Paulsboro
 9 Trenton
 9 Woodbury
 8 Asbury Park
 8 Bernards
 8 Glen Rock
 8 Ramsey
 8 Saddle Brook
 8 Shawnee
 8 Teaneck

Most Consecutive Wins

8 Columbia (1991-1998)
 8 Metuchen (1994-2001)
 7 Hanover Park (2002-2008)
 7 Woodbury (1976-1982)
 6 Monmouth (1984-1989)
 6 New Providence (1982-1987)
 6 North Hunterdon (1982-87)
 6 Ramsey (1995-2000)
 6 Hopewell Valley (2005-2009)
 5 Morris Hills (1995-1999)
 5 Ocean City (1990-1994)
 5 Science (1988-1992)
 5 Shawnee (1993-1997)
 5 Southern (2006-10)

BEST OF THE NORTH 1 SECTION MEETS

GIRLS

100 meter Dash	Cassandra Grant, Passaic	1992	0:11.9
	Nicole Carmichael, Kennedy	1994	0:11.9
	Carlene Cummings, Englewood	1998	0:11.9
	Amma Walcot, Hackensack	2005	0:11.9
200 meter Dash	Porshe Giddings, East Orange	2007	0:24.34*
400 meter Dash	Natalie Jordan, Eastside	1982	0:55.1
800 meter Run	Kimberly Standridge, Randolph	2007	2:11.77*
1600 meter Run	Claudius, Sparta	2010	4:50.86*
3200 meter Run	Christi Constantin, Kennedy	1989	10:30.1
100 meter High Hurdles	Karen Gaines, Teaneck	1980	0:14.0
400 meter Low Hurdles	Amber Allen, Passaic Tech	2010	1:00.96*
4 x 400 meter Relay	Eastside	1981	3:53.6
Shot Put	Jessica Fazekas, NV-Demarest	2002	45' 03.00"
Discus	Lisa Parak, Vernon	1987	146' 00.00"
# New Javelin Javelin	Daina Pucurs, NV-Demarest	2004	151' 10.00"
	<i>Jen Austin, Garfield</i>	<i>1999</i>	<i>144' 04.00"</i>
Long Jump	Willie Mae Washington, Lodi	1996	18' 07.25"
Triple Jump	Consandria Walker, Hackensack	2006	39' 08.00"
High Jump	Tiyana Peters, Mt. Olive	2004	5' 08.00"
Pole Vault	Chrissy Finkel, Montville	2007	12' 04.00"

*Fully-automatic Timing

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BEST OF THE NORTH 1 SECTION MEETS

BOYS

100 meter Dash	Chris Charles, Park Ridge	2000	0:10.2
200 meter Dash	Shaquan Brown, J.F. Kennedy-Paterson	2005	0:21.2
400 meter Dash	Shaquan Brown, J.F. Kennedy-Paterson	2005	0:47.1
800 meter Run	Jason Apwah, Roxbury	2007	1:52.80*
1600 meter Run	Jeremy Elkaim, Livingston	2010	4:12.89
3200 meter Run	Eric Bernsten, Ridgewood	1987	9:09.9
110 meter High Hurdles	Guy Rose, Wayne Hills	1999	0:13.7
400 m Intermediate Hurdles	Shaquann Brown, J.F. Kennedy-Paterson	2006	0:51.6
4 x 400 meter Relay	Teaneck	2010	3:20.08*
Shot Put	Kevin DiGiorgio, Bayonne	1998	65' 07.50"
Discus	Glenn DiGiorgio, Bayonne	2001	199' 10.00"
# New Javelin	Kaleb Zuidema, Midland Park	2010	220' 08.00"
Javelin	<i>John Dixon, Ridgefield Park</i>	<i>1997</i>	<i>219' 03.00"</i>
Long Jump	Darius Pemberton, Hackensack	1993	24' 00.50"
Triple Jump	Vernard Hoover, Hasbrouck Heights	2004	48' 02.25"
High Jump	Glenn Scheideler, Randolph	2009	6' 10.25"
Pole Vault	Juan Andres Giglio, Ridgefield Park	2010	15' 04.25"

*Fully-automatic Timing

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North 1 Records – Mahwah
GROUP II – GIRLS

100 METER DASH	CARLENE CUMMINGS, ENGLEWOOD	1998	0:11.9
200 METER DASH	CARLENE CUMMINGS, ENGLEWOOD	1995	0:24.7
400 METER DASH	VICKY CARUSO, WALLKILL VALLEY	2007	0:56.70*
800 METER RUN	JULIEANNE FONTANTA, PASCACK HILLS	2009	2:16.72*
1600 METER RUN	JULIEANNE FONTANA, PASCACK HILLS	2010	5:03.12*
3200 METER RUN	CHRISTI CONSTANTIN, KITTATINNY	1989	10:30.1
100 METER HIGH HURDLES	CARLENE CUMMINGS, ENGLEWOOD	1998	0:14.4
400 METER LOW HURDLES	ALEX ROSENBERGER, RAMSEY	2007	1:02.55*
4 X 400 METER RELAY	RAMSEY	2005	3:58.0
SHOT PUT	KRISTEN CHRISTIANSEN, RUTHERFORD	1987	41' 00.00"
DISCUS	AMBER GARDOCKI, WALLKILL VALLEY	2004	124' 08.00"
# NEW JAVELIN	TERESA KIRKPATRICK, PASCACK HILLS	2009	129 10.00"
JAVELIN	MICHELLE CHRISTEN, HAWTHORNE	1978	139' 11.00"
LONG JUMP	WILLIE MAE WASHINGTON, LODI	1996	18' 07.25"
TRIPLE JUMP	KRISTIN BOWENS, MAHWAH	2009	37' 11.25"
HIGH JUMP	CHERYL BURDICK, RAMSEY	1998 & 1999	5' 06.00"
	JULIANNA CAMARGO, DUMONT	2006	5' 06.00"
POLE VAULT	ASHLEY WALKER, MAHWAH	2009	10' 06.00"
	CAROLYN EDLER	2010	10' 06.00"

2010 Team Champion: **MAHWAH – 74 points**

GROUP III – GIRLS

100 METER DASH	JANAY MITCHELL, TEANECK	2008	0:12.05*
	JACQUELINE SENDGIK, MOUNT OLIVE	2005	0:12.0
200 METER DASH	JANAY MITCHELL, TEANECK	2007	0:25.49*
400 METER DASH	ERIKA VEIDIS, SPARTA	2010	0:55.47*
800 METER RUN	KELSEY RAMSEY, RAMAPO	2007	2:13.71*
1600 METER RUN	CLAUDIS DISOMA, SPARTA	2010	4:50.86*
3200 METER RUN	JESSE MIZZONE, PASSAIC VALLEY	2003	10:43.5
100 METER HIGH HURDLES	RENEE CARTER, ENGLEWOOD	1981	0:14.2
400 METER LOW HURDLES	MICHELLE SMITH, TEANECK	2005	1:02.0
4 X 400 METER RELAY	TEANECK	2006	3:57.6
SHOT PUT	JESSICA FAZEKAS, NV-DEMAREST	2002	45' 03.00"
DISCUS	LISA PARAK, VERNON	1987	146' 00.00"
# NEW JAVELIN	DAINA PUCURS, NV-DEMAREST	2004	151' 10.00"
JAVELIN	JEN AUSTIN, GARFIELD	1999	144' 04.00"
LONG JUMP	JACQUELINE SENDGIK, MOUNT OLIVE	2005	18' 02.00"
TRIPLE JUMP	LIZZIE FAUST, NORTHERN HIGHLANDS	2006	37' 09.75"
HIGH JUMP	TIYANA PETERS, MT. OLIVE	2004	5' 08.00"
POLE VAULT	CHRISSY FINKEL	2007&2009	12' 04.00"

2010 Team Champion: **SPARTA –108 points**

*Fully-automatic Timing

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North 1 Records – Mahwah
GROUP II – BOYS

100 METER DASH	CASEY ROBERT, HAWTHORNE	2003	0:10.7
	RAMEIK JACKSON, WESTWOOD	2005	0:10.7
200 METER DASH	GARRETT KRONER, INDIAN HILLS	2006	0:21.4
400 METER DASH	GARRETT KRONER, INDIAN HILLS	2005	0:48.2
800 METER RUN	MIKE PUCHELLA, WALLKILL VALLEY	2005	1:53.9
1600 METER RUN	ANDY O=DONNELL, HOPATCONG	1982	4:21.3
3200 METER RUN	BRIAN VISCOMI, KITTATINNY	1993	9:28.0
110 METER HIGH HURDLES	KURT STEBBINS, SPARTA	1977	0:14.1
400 M INTERMEDIATE HURDLES	ANTHONY HAMPTON, ENGLEWOOD	1994	0:53.6
4 X 400 METER RELAY	GLEN ROCK	1996	3:22.7
SHOT PUT	RAY SAHADI, TENAFLY	1974	60' 07.75"
DISCUS	PHIL SMITH, HOPATCONG	2005	187' 09.00"
# NEW JAVELIN	JOE MARTINEK, HOPATCONG	2007	195' 05.00"
JAVELIN	JOHN DIXON, RIDGEFIELD PARK	1997	219' 03.00"
LONG JUMP	COREY CRAWFORD, INDIAN HILLS	2010	23' 05.25"
TRIPLE JUMP	SAMMY ROBERTS, MAHWAH	2010	45' 04.50"
HIGH JUMP	STEVE SQUIERS, KITTATINNY	1986	6' 06.00"
	CORY CRAWFORD	2010	6' 06.00"
POLE VAULT	JUAN ANDRES GIGLIO, RIDGEFIELD PARK	2010	15' 04.25"

2010 Team Champion: **INDIAN HILLS – 90 points**

GROUP III – BOYS

100 METER DASH	DAVID BUTLER, TEANECK	2008	0:10.69*
200 METER DASH	MICHAEL PRUZINSKY, WAYNE HILLS	2003	0:21.6
400 METER DASH	JOE MENDEL, WAYNE HILLS	1999	0:48.1
800 METER RUN	BRADLEY PATERNOSTRO, RAMAPO	2010	1:54.40*
1600 METER RUN	TONY SALVATORE, WAYNE VALLEY	2006	4:15.5
3200 METER RUN	NORBERT BERENYI, NV-OLD TAPPAN	1987	9:20.3
110 METER HIGH HURDLES	GUY ROSE, WAYNE HILLS	1999	0:13.7
400 M INTERMEDIATE HURDLES	GUY ROSE, WAYNE HILLS	1999	0:53.4
4 X 400 METER RELAY	TEANECK	2010	3:20.08*
SHOT PUT	LOU KERTESZ, RAMSEY	1981	59' 01.00"
DISCUS	CHRIS PANTALE, WAYNE VALLEY	2008	183' 00.00"
# NEW JAVELIN	CODY UNGER, JEFFERSON	2008	190' 09.00"
JAVELIN	BRUCE BACELONCCHI, DUMONT	1982	213' 01.00"
LONG JUMP	AARON KING, MORRIS HILLS	2007	23' 06.75"
TRIPLE JUMP	AARON KING, MORRIS HILLS	2007	47' 01.00"
HIGH JUMP	MIKE CURTI, DUMONT	1979	6' 08.00"
POLE VAULT	TIM BLASHFORD, RAMAPO	2007	14' 07.00"

2010 Team Champion: **TEANECK –95.33 points**

*Fully-automatic Timing

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North 1 Records – Randolph
GROUP I – GIRLS

100 meter Dash	SAMANTHA GRIFFIN, McNAIR ACADEMIC	2000	0:12.1
200 meter Dash	CHERYL ANSCOMBE, WESTWOOD	2004	0:25.5
400 meter Dash	COLLEEN MURPHYK, WESTWOOD	2010	0:57.84*
800 meter Run	KIM MINEO, GLEN ROCK	2002	2:13.9
1600 meter Run	ERIN HENRY, GLEN ROCK	2001	5:10.7
3200 meter Run	ERIN HENRY, GLEN ROCK	2001	11:15.3
100 meter High Hurdles	KATIE HANLEY, GLEN ROCK	1997	0:14.9
400 meter Low Hurdles	KIM MINEO, GLEN ROCK	2002	1:03.2
4 x 400 meter Relay	WESTWOOD	2005	4:02.35*
Shot Put	HESTER MORBA, KINNELON	2007	38' 10.00"
Discus	LACEY MARTENS, SECAUCUS	1998	140' 10.00"
# New Javelin	EMMA TUCCI, VERONA	2008	134' 01.00"
Javelin	CHRIS BRADLEY, RIDGEFIELD	1982	123' 00.00"
Long Jump	KATIE HANLEY, GLEN ROCK	1997	17' 11.00"
Triple Jump	ERIKA OSTROVE, CRESSKILL	2004	36' 08.50"
High Jump	REBECCA BASKINGER, BUTLER	2004	5' 06.25"
Pole Vault	MICHELLE FAVRE, SADDLE BROOK	2008	12' 01.00"
2010 Team Champion: WESTWOOD – 97 points			

GROUP IV – GIRLS

100 meter Dash	CASSANDRA GRANT, PASSAIC	1992	0:11.9
	NICOLE CARMICHAEL, KENNEDY	1994	0:11.9
	AMMA WALCOT, HACKENSACK	2005	0:11.9
200 meter Dash	PORSHE GIDDINGS, EAST ORANGE	2007	0:24.34*
400 meter Dash	NATALIE JORDEN, EASTSIDE	1982	0:55.1
800 meter Run	KIMBERLY STANDRIDGE, RANDOLPH	2007	2:11.77*
1600 meter Run	JOELLE AMARAL, RANDOLPH	2010	4:52.29*
3200 meter Run	PATTI MILESKI, RIDGEWOOD	1983	10:37.0
100 meter High Hurdles	KAREN GAINES, TEANECK	1980	0:14.0
400 meter Low Hurdles	AMBER ALLEN, PASSAIC TECH	2010	1:00.96*
4 x 400 meter Relay	EASTSIDE	1981	3:53.6
Shot Put	LaBELLE HILLGROVE, PASSAIC	1998	41' 09.50"
Discus	SUE PIEKARZ, CLIFTON	1987	138' 01.00"
# New Javelin	STEPHANIE PETINE, BLOOMFIELD	2004	139' 07.00"
Javelin	MICHELE ZIEGLER, KEARNEY	1980	132' 06.00"
Long Jump	JEN McDERMOTT, RIDGEWOOD	1988	18' 05.00"
Triple Jump	CONSANDRIA WALKER, HACKENSACK	2006	39' 08.00"
High Jump	MICHELE DUDZINSKI, PASSAIC VALLEY	1992	5' 04.25"
Pole Vault	CASSIE WONG, RIDGEWOOD	2005	11' 06.00"
	EMILY URCIUOLVI, CLIFTON	2008&2009&2010	11' 06.00"

2010 Team Champion: **RANDLOPH – 111 points**

*Fully-automatic Timing

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North 1 Records – Randolph

GROUP I – BOYS

100 meter Dash	CHRIS CHARLES, PARK RIDGE	2000	0:10.2
200 meter Dash	MATTHEW BIESZARD, MIDLAND PARK	2008	0:21.95*
	CHRIS CHARLES, PARK RIDGE	2000	0:21.9
400 meter Dash	KEVIN CONDAL, HASBROUCK HEIGHTS	2010	0:48.65*
800 meter Run	RYAN MCCANN, GLEN ROCK	2004	1:54.6
1600 meter Run	MIKE SOROKO	2007	4:22.80*
3200 meter Run	CHRIS MOORE, EMERSON	1987	9:29.0
4 x 400 meter Relay	HASBROUCK HEIGHTS	2010	3:25.50*
110 meter High Hurdles	NICK GARRETT, SADDLE BROOK	1999	0:14.3
400 meter Intermediate Hurdles	STEVEN SHORR, PASCACK HILLS	2006	0:53.3
Shot Put	ANDY PAPATHANASSIOU, EMERSON	1985	63' 04.25"
Discus	KEVIN QUINN, CRESSKILL	1990	174' 11.00"
# New Javelin	KALEB ZUIDEMA, MIDLAND PARK	2010	220' 08.00"
Javelin	BOB ERSKIN, NORTH ARLINGTON	1982	208' 05.00"
Long Jump	DEVIN JONESK, BOONTON	2010	22' 07.00"
Triple Jump	VERNARD HOOVER, HASBROUCK HEIGHTS	2004	48' 02.25"
High Jump	ANDRE SIMMS, BOONTON	2009	6' 06.25"
Pole Vault	GREG HOFFMAN, PARK RIDGE	2009	14' 06.00"

2010 Team Champion: **BOONTON – 87 points**

GROUP IV – BOYS

100 meter Dash	SHAQUAN BROWN, J.F.KENNEDY-PATERSON	2005	0:10.4
200 meter Dash	SHAQUAN BROWN, J.F.KENNEDY-PATERSON	2005	0:21.2
400 meter Dash	SHAQUAN BROWN, J.F.KENNEDY-PATERSON	2005	0:47.1
800 meter Run	JASON APWAH, ROXBURY	2007	1:52.80*
1600 meter Run	JERAMY ELKAIM, LIVINGSTON	2010	4:12.89
3200 meter Run	ERIC BERNSTEN, RIDGEWOOD	1987	9:09.9
110 meter High Hurdles	MIKE POHLUDKA, VERNON	2004	0:13.8
400 meter Intermediate Hurdles	SHAQUAN BROWN, J.F.KENNEDY-PATERSON	2006	0:51.6
4 x 400 meter Relay	JOHN F. KENNEDY - PATERSON	2004 & 2005	3:20.3
Shot Put	KEVIN DiGIORGIO, BAYONNE	1998	65' 07.50"
Discus	GLENN DiGIORGIO, BAYONNE	2001	199' 10.00"
# New Javelin	JAVIER ESPINOLA, BLOOMFIELD	2005	187' 09.00"
Javelin	TIM McMANUS, NORTH BERGEN	1976	200' 11.00"
Long Jump	DARIUS PEMBERTON, HACKENSACK	1993	24' 00.50"
Triple Jump	SHAUN ADAIR, MORRISTOWN	2005	47' 00.00"
High Jump	GLENN SCHEIDELER, RANDOLPH	2009	6' 10.25"
Pole Vault	GABRIEL KNUTSON, RIDGEWOOD	2004	15' 01.00"

2010 Team Champion: **RIDGEWOOD – 88 points**

* Fully-automatic Timing

In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

NORTH I SECTIONAL TEAM WINNERS

YEAR	GROUP I GIRLS	GROUP II GIRLS	GROUP III GIRLS	GROUP IV GIRLS
1976	SEACUCUS-30	RUTHERFORD-43	CLIFFSIDE PK.-35	EASTSIDE-50
1977	SEACUCUS-40.5	RUTHERFORD-72	LINCOLN-45	EASTSIDE-52
1978	BOGOTA-35	HAWTHORNE-39	RAMSEY-43	EASTSIDE-44
1979	PARK RIDGE-43	SADDLE BROOK-50	LINCOLN-38	TEANECK-56
1980	PARK RIDGE-50	HOPATCONG&HIGH POINT-37	WESTWOOD-37.5	TEANECK-42
1981	PARK RIDGE-50	TENAFly-42	LINCOLN-37	EASTSIDE-47.5
1982	PARK RIDGE-42	TENAFly&SADDLE BROOK-38	WESTWOOD-37.5	EASTSIDE-35
1983	SADDLE BROOK-53	TENAFly-55	WESTWOOD-41	RIDGEWOOD-53
1984	SADDLE BROOK-35	GARFIELD-33	NV-OLD TAPPAN-30	RIDGEWOOD-55
1985	NEW MILFORD-47	RUTHERFORD-37	NV-OLD TAPPAN-38.5	RIDGEWOOD-51
1986	NEW MILFORD-51	WESTWOOD-47	WAYNE VALLEY-36	TEANECK-40
1987	NEW MILFORD-44	KITTATINNY-55	WAYNE VALLEY-38	RIDGEWOOD-55.5
1988	WALDWICK-45	WESTWOOD-59	WAYNE VALLEY-40	RIDGEWOOD-98
1989	SADDLE BROOK-52	ENGLEWOOD-38.5	WAYNE VALLEY-43	TEANECK-46
1990	SADDLE BROOK-45	GARFIELD-36	PASCACK VALLEY-40	TEANECK-46
1991	SADDLE BROOK-42	GARFIELD-37	PASCACK VALLEY-28	HACKENSACK-39
1992**	SADDLE BROOK-99	WALLKILL VALLEY-73	WAYNE VALLEY-96	HACKENSACK-84
1993	NEW MILFORD-67	GLEN ROCK-99	WAYNE VALLEY-93	RIDGEWOOD-118
1994	HASBROUCK HTS-69	GLEN ROCK-136	WAYNE VALLEY-117	RIDGEWOOD-95
1995	GLEN ROCK-187	ENGLEWOOD-76	RAMSEY-92	TEANECK-84
1996	HAWTHORNE-120	RAMSEY-100	SPARTA-55	EASTSIDE-90
1997	GLENROCK-204	RAMSEY-103	NV-DEMAREST-77.5	HACKENSACK-102
1998	HASBROUCK HTS-105	RAMSEY-101	NV-DEMAREST-74	EASTSIDE-75
1999	McNAIR ACAD-109.5	RAMSEY-107	LAKELAND-115	PASSAIC-104
2000	GLEN ROCK-125	RAMSEY-113	RIVER DELL-68	PASSAIC-94
2001	GLEN ROCK-114	NEWTON-90.5	NV-DEMAREST-72	RIDGEWOOD-71
2002	GLEN ROCK-127	NEWTON-79	NV-DEMAREST-81	PASSAIC CO V-T-90
2003	GLEN ROCK-138	NEWTON-99	SPARTA-63	HACKENSACK-103
2004	CRESSKILL-69.75	INDIAN HILLS-93	MORRIS KNOLLS-76	WEST ORANGE 73
2005	BUTLER-88	INDIAN HILLS-134	TEANECK-91	HACKENSACK-100.5
2006	BUTLER-91	RIVER DELL-92	RAMAPO-78	RIDGEWOOD-96
2007	VERONA-104	INDIAN HILLS-86.5	RAMAPO-106.5	RIDGEWOOD-83
2008	VERONA-122	RAMSEY-94	RAMPO-87.5	CLIFTON-76.5
2009	WESTWOOD-73	MAHWAH-110	TEANECK-82	RANDOLPH-93
2010	WESTWOOD-97	MAHWAH-74	SPARTA-108	RANDOLPH-111

****NEW SCORING INSTITUTED IN 1992: 10, 8, 6, 4, 2, 1.**

Summary of NORTH I Sectional Titles

Girls	Girls	Boys	Boys
Most Sectional Titles	Most Consecutive Titles	Most Sectional Titles	Most Consecutive Titles
10 Ridgewood	6 Ramsey (1995-2000)	13 Hackensack	6 Glen Rock (1999-2004)
8 Glen Rock	4 Glen Rock (2000-2003)	10 Mahwah	3 Emerson (1982-1984)
8 Ramsey	4 Park Ridge (1979-1982)	9 Glen Rock	3 Glen Rock (1995-1997)
8 Saddle Brook	4 Saddle Brook (1989-1992)	8 Indian Hills	3 Hackensack (1998-2000)
8 Teaneck	4 Wayne Valley (1986-1989)	7 New Milford	3 Indian Hills (2008-10)
7 Eastside	3 Eastside (1976-1978)	6 Saddle Brook	3 Mahwah (1972-1974)
7 Wayne Valley	3 Glen Rock (1993-1995)	6 Teaneck	3 Morris Hills (2007-2009)
7 Westwood	3 New Milford (1985-1987)	6 Tenafly	3 New Milford (1971-1973)
5 Hackensack	3 Newton (2001-2003)	5 Emerson	3 Saddle Brook (1991-1993)
4 New Milford	3 Ridgewood (1983-1985)	5 Morris Hills	3 Snyder (1976-1978)
4 NV-Demarest	3 Saddle Brook (1982-1984)	5 Northern Highlands	2 Boonton (2009-10)
4 Park Ridge	3 Tenafly (1981-1983)	5 NV-Demarest	2 Cresskill (1980-1981)
3 Garfield	2 Butler (2005-6)	5 Ridgewood	2 Eastside (1986-1987)
3 Indian Hills	2 Eastside (19891-2)	5 Rutherford	2 Garfield (2001-2002)
3 Lincoln	2 Garfield (1990-1)	5 Snyder	2 Hackensack (70-1 & 93-4)
3 Newton	2 Hackensack (1991-2)	4 Cresskill	2 Lincoln (1980-1981)
3 Ramapo	2 Indian Hills (2004-5)	4 Eastside	2 New Milford (1968-9)
3 Rutherford	2 Mahwah (2009-10)	4 NV-Old Tappan	2 No. Highlands (70-1 & 05-6)
3 Sparta	2 NV-Demarest (97-8 & 2001-2)	3 Englewood	2 North Bergen (1972-1973)
3 Tenafly	2 NV-Old Tappan (1984-5)	3 Kennedy	2 NV-Demarest (82-3 & 86-7)
2 Butler	2 Pascack Valley (1990-1)	3 Lincoln	2 NV-Old Tappan (88-9 & 94-5)
2 Englewood	2 Passaic (1999-2000)	3 Sparta	2 Pompton Lakes (2006-2007)
2 Hasbrouck Heights	2 Ramapo (2006-07)	3 Wayne Valley	2 Ramsey (1999-2000)
2 Hawthorne	2 Randolph (2009-10)	3 Westwood	2 Ridgewood (2003-2004)
2 Mahwah	2 Ridgewood ('87-8, '93-4, '06-7)	2 Boonton	2 Rutherford (1978-1979)
2 NV-Old Tappan	2 Rutherford (1976-7)	2 Garfield	2 Saddle Brook (1987-1988)
2 Pascack Valley	2 Secaucus (1976-7)	2 Hasbrouck Heights	2 Teaneck (1983-1984)
2 Passaic	2 Teaneck (79-80 & 89-90)	2 Hopatcong	2 Tenafly (1974-1975)
2 Randolph	2 Verona (2007-8)	2 Kittatinny	2 West Orange (2006-2007)
2 River Dell	2 Westwood (2009-10)	2 Leonia	
2 Secaucus		2 Memorial	
2 Verona		2 North Bergen	
1 Bogota		2 Pascack Valley	
1 Cliffside Park		2 Pompton Lakes	
1 Clifton		2 Ramsey	
1 Cresskill		2 River Dell	
1 High Point		2 West Orange	
1 Hopatcong		1 Bergen Tech	
1 Kittatinny		1 Bloomfield	
1 Lakeland		1 Bogota	
1 McNair Academic		1 Cliffside Park	
1 Morris Knolls		1 Dumont	
1 Passaic Co V-T		1 Lakeland	
1 Waldwick		1 Lenape Valley	
1 Wallkill Valley		1 Newton	
1 West Orange		1 Palisades Park	
		1 Pascack Hills	
		1 Passaic	
		1 Passaic Co V-T	
		1 Ridgefield Park	
		1 Secaucus	
		1 Vernon	
		1 Verona	
		1 Waldwick	
		1 Wayne Hills	
		1 West Milford	

NORTH I SECTIONAL TEAM WINNERS

YEAR	GROUP I BOYS	GROUP II BOYS	GROUP III BOYS	GROUP IV BOYS
1968	BOGOTA-57.5	TENAFly-62	NEW MILFORD-31	TEANECK-34
1969	MAHWAH-56	INDIAN HILLS-44	NEW MILFORD-47	RIVER DELL-44
1970	HASBROUCK HTS-55	NO. HIGHLANDS-54	ENGLEWOOD-54	HACKENSACK-41
1971	WALDWICK-45	NO. HIGHLANDS-52	NEW MILFORD-50	HACKENSACK-42
1972	MAHWAH-37	RUTHERFORD-49	NEW MILFORD-53.5	N.BERGEN-41 1/2
1973	MAHWAY-47	PASCACK VALLEY-50.5	NEW MILFORD-36	N. BERGEN-48
1974	MAHWAH-56	TENAFly-41	MEMORIAL -42	HACKENSACK-43
1975	CRESSKILL-37	TENAFly-34.5	NO. HIGHLANDS-32	RIDGEWOOD-39 1/2
1976	LEONIA-37	NEW MILFORD-50	LINCOLN-31	SNYDER-41
1977	MAHWAH-40	SPARTA-39	PASCACK HILLS-41	SNYDER-49
1978	EMERSON-44	RUTHERFORD-55	INDIAN HILLS-55.75	MEMORIAL & SNYDER-41
1979	MAHWAH-58	RUTHERFORD-40	ENGLEWOOD33	TEANECK-41
1980	CRESSKILL-43.5	SPARTA-70	LINCOLN-45	KENNEDY-38 1/2
1981	CRESSKILL-58	BERGEN TECH-37	LINCOLN-41	EASTSIDE-50
1982	EMERSON-46	TENAFly-46	NV-DEMAREST-33	HACKENSACK-65
1983	EMERSON-43	RUTHERFORD-38	NV-DEMAREST-40	TEANECK-36
1984	EMERSON-72	TENAFly-49	INDIAN HILLS-32.5	TEANECK-67
1985	NEW MILFORD-43	LENAPE VALLEY-26	WAYNE VALLEY-32	HACKENSACK-35
1986	MAHWAH-36	HOPATCONG-39	NV-DEMAREST-34	EASTSIDE-53
1987	SADDLE BROOK-54	KITTATINNY-45	NV-DEMAREST-45	EASTSIDE-63
1988	SADDLE BROOK-78	DUMONT-51.5	NV-OLD TAPPAN-45	HACKENSACK-53
1989	SECAUCUS-44.5	RUTHERFORD42	NV-OLD TAPPAN-51.5	RIDGEWOOD-35
1990	EMERSON-46	MAHWAH-56	TENAFly-37	PASSAIC TECH.-50
1991	SADDLE BROOK-71.5	ENGLEWOOD-44	WAYNE VALLEY-27	HACKENSACK-41
1992**	SADDLE BROOK-132	MAHWAH-85	INDIAN HILLS-80	EASTSIDE-74
1993	SADDLE BROOK-95	HOPATCONG-72	SNYDER-49	HACKENSACK-97
1994	HASBROUCK HTS-107.5	RIDGEFIELD PARK-102	NV-OLD TAPPAN-111	HACKENSACK & W MILFORD-65
1995	GLEN ROCK-127	WESTWOOD-86	NV-OLD TAPPAN-83	KENNEDY-58
1996	PALISADES PARK-83	GLEN ROCK-87	SNYDER-78	PASSAIC-72
1997	GLEN ROCK-123	KITTATINNY-77	NV-DEMAREST-80.5	VERNON-73
1998	CRESSKILL-80	WESTWOOD-85	LAKELAND-83	HACKENSACK-115
1999	GLEN ROCK-125	RAMSEY-90	CLIFFSIDE PARK-83.5	HACKENSACK-136
2000	GLEN ROCK-97	RAMSEY-86	PASCACK VALLEY-90	HACKENSACK-122
2001	GLEN ROCK-109	MAHWAY-75	GARFIELD-62	WAYNE VALLEY-86
2002	GLEN ROCK-104.33	LEONIA-63	GARFIELD-77	TEANECK-63
2003	GLEN ROCK-136	NEWTON-60	WAYNE HILLS-79	RIDGEWOOD-113
2004	GLEN ROCK-72	MORRIS HILLS-82	SPARTA-87	RIDGEWOOD-79
2005	SADDLE BROOK-111	WESTWOOD-113.5	MORRIS HILLS & NORTH. HIGHLANDS-79	JF KENNDEY-PAT – 79
2006	POMPTON LAKES-63	INDIAN HILLS-94	NO. HIGHLANDS-113	WEST ORANGE-106.5
2007	POMPTON LAKES-65	RIVER DELL-93	MORRIS HILLS-108	WEST ORANGE-66
2008	VERONA-87	INDIAN HILLS-77	MORRIS HILLS-87	HACKENSACK-63
2009	BOONTON-117	INDIAN HILLS-76	MORRIS HILLS-82	BLOOMFIELD-84
2010	BOONTON-87	INDIAN HILLS-90	TEANECK-95.33	RIDGEWOOD-88

****NEW SCORING INSTITUTED IN 1992: 10, 8, 6, 4, 2, 1.**

Best from the North 2 Sectional Meets

Boys

100 Meter Dash	Anthony Swan, Montclair	1985	0:10.3
	Danny Johnson, Rahway	2000	0:10.3
200 Meter Dash	Howard Coburn, Montclair	1981	0:20.9
400 Meter Dash	Walt James, East Orange	1980	0:47.3
	Keith Barker, Weequahic	1992	0:47.3
800 Meter Run	Mike Carmody, Governor Livingston	2004	1:51.21**
1600 Meter Run	J.J. Clark, Columbia	1982	4:10.2
3200 Meter Run	Tom Greene, Central (Newark)	1974	9:12.5
110 High Hurdles	Renaldo Nehemiah, Scotch Plains-Fanwood	1977	0:13.2
400 Inter. Hurdles	Paul Quitzau, Mount Olive	1983	0:52.7
	David Jones, Montclair	1984	0:52.7
High Jump	Eric Taylor-Perry, Montclair	1990	7' 00.00"
Pole Vault	Anthony Abitante, Governor Livingston	2005	15' 06.00"
Long Jump	Brad Mayo, West Orange	1984	24' 05.00"
Triple Jump	Chris Phipps, Lodi	2008	47' 09.00"
Shot Put	Nicholas Vena, Morristown	2010	72' 00.00"
Discus	Mike Columbus, Scotch Plains-Fanwood	1974	194' 09.00"
# New Javelin	Brandon Heroux, Westfield	2008	202' 04.00"
	<i>John Tullo, Morris Hills</i>	1982	219' 00.00"
4 x 400 m Relay	Montclair	1984	3:16.0

**Fully-Automatic Time

In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

Best from the North 2 Sectional Meets

Girls

100 Meter Dash	Aleah Williams, Montclair	1999	0:11.5
200 Meter Dash	Mikele Barber, Montclair	1998	0:23.2
400 Meter Dash	Symone O'Connor, Franklin	2007	0:54.45**
800 Meter Run	Brittney Jackson, Columbia	2010	2:10.10**
1600 Meter Run	Christine Engel, Mount Olive	1992	4:50.0
3200 Meter Run	Jackie DeCosica, Mount Olive	1995	10:51.8
100 High Hurdles	Charmain Walker, Plainfield	1996	0:13.6
400 Low Hurdles	Ugonna Ndu, Union	2009	0:59.61**
High Jump	Rita Christopher, Linden Tanya Smolin, Randolph	1980 1984 & 1985	5' 08.00" 5' 08.00"
Pole Vault	Kelly Burke, Cranford	2010	12' 07.00"
Long Jump	Amethyst Holder, Parsippany	2006	19' 03.00"
Triple Jump	Kelly Burke, Cranford	2010	39' 04.00"
Shot Put	Kim Hicks, Plainfield	1992	46' 09.50"
Discus	Sarah Herskee, West Morris Mendham	1999	139' 05.00"
# New Javelin	Michelle Cintron, Elizabeth	2004	140' 10.00"
<i>Javelin</i>	<i>Debbie Cooper, Columbia</i>	<i>1984</i>	<i>146' 08.00"</i>
4 X 400 m Relay	Plainfield	1980	3:44.7

**Fully-Automatic Time

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North Two Section – Ridge

Group I - Boys

100 Meter Dash	Che Colter, Glen Ridge	2001	0:10.6
	Jared Paterson, Belvidere	2002	0:10.6
200 Meter Dash	Paul Frazier, Roselle (Abe Clark)	1981	0:21.8
400 Meter Dash	Ryan Malloy, Bound Brook	2006	0:48.78**
800 Meter Run	Kevin Young, Mount Olive	1976	1:54.1
1600 Meter Run	Patrick Rono, Lyndhurst	2010	4:20.51*
3200 Meter Run	Dave Oster, Verona	2010	9:17.35*
110 High Hurdles	George Riley, Roselle (Abe Clark)	1977	0:14.5
400 Inter. Hurdles	Sean Ryan, Roselle Park	1980	0:55.1
High Jump	Brandon Baskerville, Essex Tech – Market Street	2010	6' 08.00"
Pole Vault	Mike Remus, Cedar Grove	1973	14' 03.25"
Long Jump	Chris Madeira, Kenilworth	1987	22' 04.50"
Triple Jump	Orestes Medina, Palisades Park	2005	45' 00.00"
Shot Put	Fred Kurtz, Glen Ridge	1968	57' 00.00"
Discus	Pete Anderson, Glen Ridge	1981	162' 06.00"
# New Javelin	Will Gonzalez, Cedar Grove	2010	182' 06.00"
Javelin	<i>Don Fisher, Cedar Grove</i>	1970	206' 09.00"
4x400m Relay	Science (Newark)	1995	3:24.1

2010 Team Champion: **Whippany Park – 109.75 points**

Group IV Boys

100 Meter Dash	Anthony Swan, Montclair	1985	0:10.3
200 Meter Dash	Howard Coburn, Montclair	1981	0:20.9
400 Meter Dash	Walt James, East Orange	1980	0:47.3
800 Meter Run	Jean Destine, Elizabeth	1991	1:53.0
1600 Meter Run	J.J. Clark, Columbia	1982	4:10.2
3200 Meter Run	Bob Amitrani, Crandford	1976	9:15.7
110 High Hurdles	Renaldo Nehemiah, Scotch Plains-Fanwood	1977	0:13.2
400 Inter. Hurdles	David Jones, Montclair	1984	0:52.7
High Jump	Eric Taylor-Perry, Montclair	1990	7' 00.00"
Pole Vault	Andy Brethorst, Morris Knolls	1990	15' 01.00"
Long Jump	Sherman Gramby, Elizabeth	1986	24' 00.00"
Triple Jump	Adam Bergo, Westfield	2008	44' 09.25"
Shot Put	Ron Klotzer, Union	1974	64' 05.00"
Discus	Mike Columbus, Scotch Plains-Fanwood	1974	194' 09.00"
# New Javelin	Brandon Heroux, Westfield	2009	202' 04.00"
Javelin	<i>David Farnsworth, Scotch Plains-Fanwood</i>	1978	216' 06.00"
4x400m Relay	Montclair	1984	3:16.0

2010 Team Champion: **Franklin – 59 points**

**Fully-Automatic Time

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North Two Section – Ridge

Group I - Girls

100 Meter Dash	Tiffany Weatherford, Science (Newark)	1989	0:12.2
	Lillie Anderson, Boonton	2002	0:12.2
200 Meter Dash	Tiffany Weatherford, Science (Newark)	1990	0:24.3
400 Meter Dash	Tiffany Weatherford, Science (Newark)	1990	0:56.4
800 Meter Run	Cathy Persichetty, Oak Knoll	1981	2:15.3
1600 Meter Run	Jessica King, Glen Ridge	1994	5:07.7
3200 Meter Run	Jessica King, Glen Ridge	1994	10:54.5
100 High Hurdles	Leticia Beverly, Science (Newark)	1985	0:14.4
400 Low Hurdles	Ashlee Petroski, Verona	2010	1:01.40**
High Jump	Rebecca Baslomger, Butler	2002	5' 06.00"
Pole Vault	Rebecca Slotkin, Verona	2010	11' 03.00"
Long Jump	Collette DeBenedetto, Mountain Lakes	2002	18' 02.50"
Triple Jump	Collette DeBenedetto, Mountain Lakes	2002	36' 04.50"
Shot Put	Betsy Manning, Glen Ridge	1982	39' 04.50"
Discus	Shirley Baker, Roselle (Abe Clark)	1978	115' 06.00"
# New Javelin	Ann Marie Moccia, Wood-Ridge	2009	127' 01.00"
Javelin	Alicia Mesina, New Providence	1986	123' 06.00"
4x400m Relay	Science (Newark)	1988	4:01.9

2010 Team Champion: **Verona – 138 points**

Group IV – Girls

100 Meter Dash	Aleah Williams, Montclair	1999	0:11.5
200 Meter Dash	Mikele Barber, Montclair	1998	0:23.2
400 Meter Dash	Symone O'Connor, Franklin	2007	0:54.45**
800 Meter Run	Brittney Jackson, Columbia	2010	2:10.10**
1600 Meter Run	Stephanie Synder, Randolph	1999	5:01.7
3200 Meter Run	Paula Vaguero, East Side (Newark)	1989	10:53.5
100 High Hurdles	Charmain Walker, Plainfield	1996	0:13.6
400 Low Hurdles	Ugonna Ndu, Union	2009	0:59.61**
High Jump	Rita Christopher, Linden	1980	5' 08.00"
Pole Vault	Davielle Brown, Watchung Hills	2009	11' 00.00"
	Dana Fineman, Hunterdon Central	2010	11' 00.00"
Long Jump	Demeika Tweedy, Plainfield	1992	19' 01.50"
Triple Jump	Amber Ballew, Columbia	2010	37' 05.00"
Shot Put	Kim Hicks, Plainfield	1992	46' 09.50"
Discus	Nicole Sims, Plainfield	1993	133' 00.00"
# New Javelin	Michelle Cintron, Elizabeth	2004	140' 10.00"
Javelin	Debbie Cooper, Columbia	1984	146' 08.00"
4x400m Relay	Plainfield	1980	3:44.7

2010 Team Champion: **Columbia – 182 points**

**Fully-Automatic Time

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North Two Section – South Plainfield

Group II - Boys

100 Meter Dash	Emmit Brown, Orange	1981	0:10.6
	Mike Fullman, Roselle (Abe Clark)	1992	0:10.6
200 Meter Dash	Zamir Thomas, Snyder	2010	0:21.69**
400 Meter Dash	George Cooper, Central (Newark)	1983	0:47.9
800 Meter Run	Mike Carmody, Governor Livingston	2004	1:51.21**
1600 Meter Run	Mark Hagelgans, Whippany Park	1974	4:18.8
3200 Meter Run	Tom Green, Central (Newark)	1974	9:12.5
110 High Hurdles	Alex Messervy, Madison Boro	1976	0:14.2
	John Gray, Clifford Scott	1979	0:14.2
	Jeff Walden, Clifford Scott	1980	0:14.2
	Willie Moore, Rahway	1989	0:14.2
	Dave Klics, Boonton	2001	0:14.2
400 Inter. Hurdles	Bruce Berry, West Orange	1984	0:52.8
High Jump	Joe Lake, Hackettstown	1989	6' 10.00"
	Lemon Hamilton, Rahway	1991	6' 10.00"
Pole Vault	Anthony Abitante, Governor Livingston	2005	15' 06.00"
Long Jump	Brad Mayo, West Orang	1984	24' 05.00
Triple Jump	Chris Phipps, Lodi	2008	47' 09.00"
Shot Put	Dan Bulger, Pequannock	1985	59' 00.00"
Discus	Brian O'Connor, Hanover Park	1992	176' 02.00
# New Javelin	Dominick Farelli, Parsippany	2010	181' 04.00"
Javelin	<i>Fred Gebhardt, Jefferson Township</i>	1982	198' 06.00"
4x400m Relay	Central (Newark)	1983	3:17.4
2010 Team Champion:	Summit – 70 points		

**Fully-Automatic Timing

Group III - Boys

100 Meter Dash	Danny Johnson, Rahway	2000	0:10.3
200 Meter Dash	Danny Johnson, Rahway	2001	0:21.1
400 Meter Dash	Keith Barker, Weequahic	1992	0:47.3
800 Meter Run	Jeff Bonner, Morris Hills	1984	1:53.0
1600 Meter Run	Tyler Udland, Millburn	2010	4:13.83**
3200 Meter Run	Tyler Upland, Millburn	2010	9:16.00**
110 High Hurdles	Nate Austin, Rahway	1972	0:14.0
400 Inter. Hurdles	Paul Quitzau, Mount Olive	1983	0:52.7
High Jump	Alex Willis, Montgomery	2004	6' 08.25"
Pole Vault	Will Nesbitt, Millburn	1980	15' 03.00"
Long Jump	Todd Baskerville, Rahway	1984	23' 08.50"
Triple Jump	Byan Champagne, Rahway	2008	44' 02.50"
Shot Put	Nicholas Vena, Morristown	2010	72' 00.00"
Discus	Nicholas Vena, Morristown	2010	181' 06.00"
# New Javelin	Frank Mellana, Scotch Plains-Fanwood	2010	197' 08.00"
Javelin	<i>John Tullo, Morris Hills</i>	1982	219' 00.00"
4x400m Relay	Weequahic	1992	3:18.7
2010 Team Champion:	Irvington– 83.25 points		

In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

North Two Section – South Plainfield

Group II - Girls

100 Meter Dash	Ogechi Nwaneri, Chatham	2006	0:12.10**
200 Meter Dash	Ogechi Nwaneri, Chatham	2007	0:24.96**
400 Meter Dash	Jackie Bobbien, Clifford Scott	1983	0:55.5
800 Meter Run	Kim Sannito, Caldwell	1983	2:15.3
1600 Meter Run	Dana Giordano, Bernards	2010	5:06.65**
3200 Meter Run	Kat Grimes, Chatham	2010	11:00.19**
100 High Hurdles	Sara Bekele, Hanover Park	2002	0:14.7
400 Low Hurdles	Leticia Beverly, Central (Newark)	1984	1:04.3
	Dana McCurdy, Governor Livingston	2001	1:04.3
High Jump	Karen Krawiec, Boonton	1979	5' 04.50"
Pole Vault	Kelly Burke, Cranford	2010	12' 07.00"
Long Jump	Amethyst Holder, Parsippany	2006	19' 03.00"
Triple Jump	Kelly Burke, Cranford	2010	39' 04.00"
Shot Put	Sarah Herskee, West Morris Mendham	1999	40' 04.00"
Discus	Sarah Herskee, West Morris Mendham	1999	139' 05.00"
# New Javelin	Tayler Siegrist, Madison	2009	131' 07.00"
Javelin	Lisa Kohut, Boonton	1986	132' 07.00"
4x400m Relay	Vailsburg	1982	3:58.3
2010 Team Champion: Bernards – 108 points		**Fully-Automatic Time	

Group III – Girls

100 Meter Dash	Regina Trotter, Weequahic	1991	0:11.8
200 Meter Dash	Toneisha Friday, Franklin	2004	0:24.52**
400 Meter Dash	Symone O'Connor, Franklin	2004	0:55.28**
800 Meter Run	Melanie Thompson, Voorhees	2009	2:11.41*
1600 Meter Run	Christine Engel, Mount Olive	1992	4:50.0
3200 Meter Run	Jackie DeCosica, Mount Olive	1995	10:51.8
100 High Hurdles	Julie Farell, Warren Hills	2000	0:14.2
400 Low Hurdles	Josefine Kvist, Ridge	2006	1:01.43**
High Jump	Tanya Smolin, Randolph	1984 & '85	5' 08.00"
Pole Vault	Julianne Tote, Middletown South	2005	12' 00.00"
Long Jump	Josefine Kvist, Ridge	2006	18' 10.75"
Triple Jump	Christina Epps, Morristown	2009	39' 07.00"
Shot Put	Sarah Bella, West Morris Mendham	2008	44' 03.00"
Discus	Angie Rosamilia, Parsippany Hills	1999	137' 02.00"
# New Javelin	Amanda Harmata, Raritan	2004	146' 01.00"
Javelin	Rena Antanelis, Randolph	1981	139' 07.00"
4x400m Relay	Vailsburg	1981	3:55.4

2010 Team Champion: **Voorhees - 118 points**

In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

North Jersey 2 Girls Sectional Team Champions

Year	Group I	Group II	Group III	Group IV
1976	Mount Olive	Hackettstown	Pequannock	Morristown
1977	Mount Olive	Madison	West Morris	Morristown
1978	Kinnelon/Bayley-Ellard	Central - Newark	West Morris	Morristown
1979	Glen Ridge	Springfield	Morris Hills	Linden/Plainfield
1980	Glen Ridge	Springfield	Parsippany	Plainfield
1981	Glen Ridge	West Morris Mendham	Vailsburg	Plainfield
1982	New Providence	Vailsburg	Central - Newark	Columbia
1983	New Providence	Caldwell/Springfield	Randolph	Columbia
1984	New Providence	Central - Newark	Vailsburg	Plainfield
1985	New Providence	Madison	Randolph	Plainfield
1986	New Providence	Dover	Malcolm X Shabazz	Plainfield
1987	New Providence	Dover	Clifford Scott	Montclair
1988	Science - Newark	Central - Newark	Clifford Scott	Phillipsburg
1989	Science - Newark	Hillside	Clifford Scott	Morris Knolls
1990	Science - Newark	Hackettstown	Mount Olive	Morris Knolls
1991	Science - Newark	Roselle	Weequahic	Columbia
1992	Science - Newark	Roselle	Nutley	Columbia
1993	New Providence	Pequannock/Summit	Nutley	Columbia
1994	Science - Newark	Summit	Nutley	Columbia
1995	Pequannock	Morris Hills	Scotch Plains-Fanwood	Columbia
1996	Pequannock	Morris Hills	Scotch Plains-Fanwood	Columbia
1997	Kinnelon	Morris Hills	Morris Knolls	Columbia
1998	Arts - Newark	Morris Hills	Jefferson Twp	Columbia
1999	Science - Newark	Chatham	Morris Hills	Roxbury
2000	New Providence	West Morris Mendham	Scotch Plains-Fanwood	Columbia
2001	Verona	Governor Livingston	Warren Hills	Morristown
2002	New Providence	Hanover Park	Scotch Plains-Fanwood	Montclair
2003	Verona	Hanover Park	Morris Knolls	Elizabeth
2004	Verona	Hanover Park	Franklin	Piscataway
2005	Whippany Park & xx	Hanover Park	Montgomery	Columbia
2006	Bound Brook	Hanover Park	Ridge	Plainfield
2007	McNair Academic	Hanover Park	Voorhees	J. P. Stevens
2008	Whippany Park	Hanover Park	Voorhees	Ridge
2009	Verona	Madison	Voorhees	Ridge
2010	Verona	Bernards	Voorhees	Columbia

Summary of North 2 Sectional Titles

GIRLS Sectional Titles	Girls Most Consecutive	BOYS Sectional Titles	Boys Most Consecutive
12 Columbia	8 Columbia (1991-1998)	17 New Providence	6 New Providence (1984-1989)
9 New Providence	7 Hanover Park (2002-08)	11 Elizabeth	5 Elizabeth (1988-1992)
7 Hanover Park	6 New Providence (1982-1987)	11 Scotch Plains-Fanwood	5 Scotch Plains-Fan (1993-1997)
7 Plainfield	5 Morris Hills (1995-1999)	8 Rahway	4 New Providence (1993-1996)
7 Science	5 Science (1988-1992)	7 Hanover Park	4 Springfield (1970-1973)
6 Verona	4 Voorhees (2007-2010)	7 Plainfield	3 Elizabeth (1981-1983)
5 Morris Hills	3 Clifford Scott (1987-1989)	7 Whippany Park	3 Glen Ridge (1974-1976)
4 Central (Newark)	3 Glen Ridge (1979-1981)	6 Morris Hills	3 Hanover Park (2000-2002)
4 Morris Knolls	3 Morristown (1976-1978)	6 Morristown	3 New Providence (1998-2000)
4 Morristown	3 Nutley (1992-1994)	5 Clifford Scott	3 Scotch Plains-Fan (1999-2001)
4 Pequannock	3 Plainfield (1979-81&1984-86)	5 Glen Ridge	3 Westfield (1971-1973)
4 Scotch Plains-Fanwood	3 Verona (2003-5)	5 Randolph	3 Whippany Park (2008-2010)
4 Voorhees	3 West Morris (1977-1979)	5 Roselle	2 Bernards (2004-5)
3 Clifford Scott	2 Columbia (1982-3)	5 Springfield	2 Clifford Scott (1979-80)
3 Glen Ridge	2 Dover (1986-7)	4 Millburn	2 Franklin (2007-8)
3 Madison	2 Morris Knolls (1989-90)	4 Parsippany	2 Governor Livingston (2004-5)
3 Mount Olive	2 Mount Olive (1976-7)	4 Roselle Park	2 Hanover Park (2007-8)
3 Nutley	2 Pequannock (1995-6)	4 Westfield	2 Montclair (1984-5)
3 Ridge	2 Ridge (2008-2009)	3 Cedar Grove	2 Morris Hills (1977-8 & 2002-3)
3 Springfield	2 Roselle (1991-2)	3 Franklin	2 Morristown (1986-7)
3 Vailsburg	2 Scotch Plains-Fan (1995-6)	3 Governor Livingston	2 New Providence (1976-7)
3 West Morris	2 Springfield (1979-80)	3 Montclair	2 Phillipsburg (2004-5)
2 Dover	2 Summit (1993-4)	3 Vailsburg	2 Plainfield (1975-6 & 1979-80)
2 Hackettstown	2 Vailsburg (1981-2)	3 Weequahic	2 Rahway (1984-5 & 1989-90)
2 Kinnelon	2 Veronal (2009-2010)	2 Arts	2 Randolph (1994-5)
2 Montclair	2 Whippany Park (2007-8)	2 Bernards	2 Roselle Park (1979-80)
2 Randolph		2 Butler	2 Weequahic (1991-2)
2 Roselle		2 East Orange	
2 Summit		2 Irvington	
2 West Morris Mendham		2 Phillipsburg	
2 Whippany Park		2 West Side	
1 Arts		1 Bound Brook	
1 Bayley-Ellard		1 Central (Newark)	
1 Bernards		1 Columbia	
1 Bound Brook		1 Dover	
1 Caldwell		1 Hillside	
1 Chatham		1 Kennilworth	
1 Elizabeth		1 McNair Academic	
1 Franklin		1 Montgomery	
1 Gov. Livingston		1 Mount Olive	
1 Hillside		1 New Brunswick	
1 J.P. Stevens		1 Pequannock	
1 Jefferson		1 Piscataway	
1 Linden		1 Shabazz	
1 McNair Academic		1 Summit	
1 Montgomery		1 University	
1 Parsippany		1 West Essex	
1 Phillipsburg			
1 Piscataway			
1 Roxbury			
1 Shabazz			
1 Warren Hills			
1 Weequahic			

North Jersey 2 Boys Sectional Team Champions

Year	Group I	Group II	Group III	Group IV
1968	Glen Ridge	Clifford Scott	Millburn	East Orange
1969	?	?	?	?
1970	Cedar Grove	Springfield	Millburn	East Orange
1971	Roselle Park	Springfield	Rahway	Westfield
1972	Whippany Park	Springfield	Millburn	Westfield
1973	Cedar Grove	Parsippany	Springfield	Westfield
1974	Glen Ridge	Vailsburg	Millburn	Montclair
1975	Glen Ridge	Whippany Park	Parsippany	Plainfield
1976	Glen Ridge	New Providence	West Essex	Plainfield
1977	Roselle	New Providence	Morris Hills	Scotch Plains
1978	Cedar Grove	West Side	Morris Hills	Westfield
1979	Roselle Park	Clifford Scott	Weequahic	Plainfield
1980	Roselle Park	Clifford Scott	Rahway	Plainfield
1981	Glen Ridge	Butler	Randolph	Elizabeth
1982	Roselle Park	Vailsburg	Rahway	Elizabeth
1983	Roselle	Clifford Scott	Malcolm X Shabazz	Elizabeth
1984	New Providence	Pequannock	Rahway	Montclair
1985	New Providence	Clifford Scott	Rahway	Montclair
1986	New Providence	Hillside	Vailsburg	Morristown
1987	New Providence	Dover	Mount Olive	Morristown
1988	New Providence	West Side	Hanover Park	Elizabeth
1989	New Providence/University	Rahway	Scotch Plains-Fanwood	Elizabeth
1990	Arts - Newark	Rahway	Randolph	Elizabeth
1991	New Providence/Kennilworth	Roselle	Weequahic	Elizabeth
1992	Whippany Park	Springfield	Weequahic	Elizabeth
1993	New Providence	Hanover Park	Scotch Plains-Fanwood	Columbia
1994	New Providence	Morris Hills	Scotch Plains-Fanwood	Randolph
1995	New Providence	Roselle	Scotch Plains-Fanwood	Randolph
1996	New Providence	Hanover Park	Scotch Plains-Fanwood	Morristown
1997	Arts- Newark	Central - Newark	Scotch Plains-Fanwood	Plainfield
1998	New Providence	Morris Hills	Morristown	Elizabeth
1999	New Providence	Roselle	Scotch Plains-Fanwood	Randolph
2000	New Providence	Hanover Park	Scotch Plains-Fanwood	Elizabeth
2001	Butler	Hanover Park	Scotch Plains-Fanwood	Plainfield
2002	New Providence	Hanover Park	Morris Hills	Morristown
2003	Whippany Park	Parsippany	Morris Hills	Elizabeth
2004	Bernards	Governor Livingston	Phillipsburg	Piscataway
2005	Bernards	Governor Livingston	Montgomery	Phillipsburg
2006	Bound Brook	Parsippany	New Providence	Irvington
2007	McNair Academic	Hanover Park	Scotch Plains-Fanwood	Franklin
2008	Whippany Park	Hanover Park	Morristown	Franklin
2009	Whippany Park	Governor Livingston	Rahway	Plainfield
2010	Whippany Park	Summit	Irvington	Franklin

Best from the Central Sectional Meets

BOYS

100 m Dash	Mason Robinson, Somerville	0:10.64*	2007
200 m Dash	Rontik Sadler, Dunellen	0:21.00*	2010
400 m Dash	Charles Cox, Monmouth Regional	0:46.95*	2007
800 m Run	Ian Waterhouse, Rancocas Valley	1:53.2	2004
1600 m Run	John Carlotti, Bernards	4:10.2	1983
3200 m Run	Joe Rosa, West Windsor-Plainsboro North	9:01.57*	2010
110 m Hurdles	Tykeen Fulton, Trenton	0:13.7	2006
400 m Hurdles	Greg Christie, Perth Amboy	0:52.7	1996
Shot Put	Tyrone Garland, Matawan	63' 08.50"	1993
Discus	Yemi Ayeni, South Brunswick	204' 08.00"	2005
# New Javelin	Rob Mahler, Brick Township	199' 00.00"	2005
<i>Javelin</i>	<i>John Amabile, Wall Twp.</i>	<i>233' 01.00"</i>	<i>1980</i>
High Jump	Bob Jones, East Brunswick	7' 00.00"	1977
Long Jump	Wayne Taylor, Asbury Park	23' 02.50"	1981
Triple Jump	Devon Bond, Trenton	48' 02.00"	2007
Pole Vault	Eric Richards, Bridgewater	15' 06.00"	1981
4 x 400 m Relay	Monmouth Regional	3:15.97	2007

GIRLS

100 m Dash	Wendy Vereen, Trenton	0:11.4	1983
200 m Dash	Wendy Vereen, Trenton	0:23.3	1984
400 m Dash	Shavon Greaves, Lakewood	0:54.73	2007
800 m Run	Katy Trotter, Red Bank Regional	2:11.32*	2003
1600 m Run	Ashley Higginson, Colts Neck	4:50.14	2007
3200 m Run	Janet Smith, J.P. Stevens	10:18.6	1983
100 m Hurdles	Dawn Bowles, Neptune	0:13.3	1988
400 m Hurdles	Angela Lee, Franklin	1:00.7	1995
	Trier Young, Neptune	1:00.7	2005
Shot Put	DeAnne Hahn, Brick Township	45' 11.50"	2008
Discus	Kristen Batts, Marlboro	147' 08.00"	2007
# New Javelin	Kelly Robinson, Raritan	141' 02.00"	2003
<i>Javelin</i>	<i>Audra Corson, Monmouth Regional</i>	<i>151' 10.00"</i>	<i>1985</i>
High Jump	Tish Edwards, Mater Dei	5' 09.50"	1981
Long Jump	Linda Hayes, Monmouth Regional	18' 11.00"	1985
Triple Jump	Ebony Young, Hillsborough	39' 06.00"	2008
Pole Vault	Natalaie Gengel, Princeton	12' 00.00"	2006
4 x 400 m Relay	Franklin	3:51.84*	2005

*Fully-Automatic Time

In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

CENTRAL SECTION RECORDS – HILLSBOROUGH

Boys Group 1

100 M Dash	Efrain Cabrera, Keyport	0:10.6	1988
200 M Dash	Rontik Sadler, Dunellen	0:21.00*	2010
400 M Dash	Kieth Griffith, Florence	0:48.03*	2010
800 M Run	John Peterson, Bernards	1:55.5	1985
1600 M Run	John Carlotti, Bernards	4:10.2	1983
3200 M Run	Chris Blachet, Bernards	9:06.3	1983
110 M Hurdles	Kyle Edmonds, Metuchen	0:14.7	2006
400 M Hurdles	Kyle Edmonds, Metuchen	0:54.5	2006
Shot Put	Felix Lee, Highland Park	61' 09.00"	1977
Discus	Felix Lee, Highland Park	168' 07.00"	1977
# New Javelin	Dennis Hoag, David Brearley	172' 09.00"	2007
<i>Javelin</i>	<i>Robert Roggy, Holmdel</i>	<i>197' 6.00"</i>	<i>1974</i>
Long Jump	Archil Matsaberidze, Jonathan Dayton	22' 11.00"	2009
Triple Jump	Rontik Sadler, Dunellen	45' 05.00"	2009
High Jump	Rontik Sadler, Dunellen	6' 06.25"	2009
Pole Vault	Joe Petrillo, Holmdel	14' 07.00"	1977
1600 M Relay	Metuchen	3:27.3	1997&2006

2010 Team Champion: **Dunellen – 99 points**

Boys Group 4

100 M Dash	Kassem Gaines, Trenton	0:10.6	1996
	Ali Lee, Woodbridge	0:10.6	1997
	Curtis Ford, Piscataway	0:10.6	2003
200 M Dash	Bryant McCombs, Old Bridge	0:21.1	2006
400 M Dash	Bryant McCombs, Old Bridge	0:47.6	2006
800 M Run	Ian Waterhouse, Rancocas Valley	1:53.2	2004
1600 M Run	Sam Macalsuo, West Windsor-Plainsboro South	4:14.63*	2010
3200 M Run	Craig Forys, Colts Neck	9:24.36*	2007
110 M Hurdles	Tykeen Fulton, Trenton	0:13.7	2006
400 M Hurdles	Greg Christie, Perth Amboy	0:52.7	1996
Shot Put	John Wojciechowski, Madison	60' 10.75"	1990
Discus	Yemi Ayeni, South Brunswick	204' 08.00"	2005
# New Javelin	Rob Mahler, Brick Townshi	199' 00.00"	2005
<i>Javelin</i>	<i>Erik Bernstein, Middletown South</i>	<i>220' 03.00"</i>	<i>1983</i>
High Jump	Bob Jones, East Brunswick	7' 00.00"	1977
Long Jump	Rolston Braithwaite Trenton	23' 03.00"	2009
Triple Jump	Rolston Braithwaite, Trenton	48' 04.00"	2009
Pole Vault	Mike Tucholski, Hunterdon Central	15' 00.00"	2004
1600 M Relay	Trenton	3:18.8	2003

2010 Team Champion: **East Brunswick – 67 points**

*Fully-automatic Time

CENTRAL SECTION RECORDS – HILLSBOROUGH

Girls Group 1

100 M Dash	Maureen Hackett, Mater Dei	0:12.4	1981
	Lankya Brown, Metuchen	0:12.4	1995&96
	Cassandra Vidal, Asbury Park	0:12.4	2003
200 M Dash	Shenique Frett, Weequahic	0:25.39*	2010
400 M Dash	Shenique Frett, Weequahic	0:58.08*	2010
800 M Run	Debbie O'Brien, St. Peter's (New Brunswick)	2:16.4	1979
1600 M Run	Lindsay Ritchings, Point Pleasant Beach	5:07.9	2006
3200 M Run	Amy Meyer, Bernards	11:10.0	1982
100 M Hurdles	Lankya Brown, Metuchen	0:14.1	1996
400 M Hurdles	Janet Tracy, Highland Park	1:03.2	1981
Shot Put	Maureen Kennedy, Mater Dei	39' 07.50	1981
Discus	Robin Sullivan, Highland Park	119' 08.00"	1980
# New Javelin	Caitlin Walker, Metuchen	118' 00.00"	2007
Javelin	Jen Graf, Metuchen	141' 08.00"	1996
Long Jump	Kristen Edmonds, Metuchen	17' 07.00"	2004
Triple Jump	Amber Scott, Robbinsville	36' 11.25"	2009
High Jump	Tish Edwards, Mater Dei	5' 09.50"	1981
Pole Vault	Skye Thompson, Dunellen	10' 00.00"	2008
	Holly Tucker, New Providence	10' 00.00"	2009
1600 M Relay	Weequahic	4:10.00*	2010

2010 Team Champion: **Robbinsville** – 88 points

Girls Group 4

100 M Dash	Wendy Vereen, Trenton	0:11.4	1983
200 M Dash	Wendy Vereen, Trenton	0:23.3	1984
400 M Dash	Symone O'Connor, Franklin	0:55.29*	2005
800 M Run	Shabazz Kelly, Trenton	2:12.4	2001
1600 M Run	Ashley Higginson, Colts Neck	4:50.14*	2007
3200 M Run	Janet Smith, J.P. Stevens	10:18.6	1983
100 M Hurdles	Dawn Bowles, Neptune	0:13.3	1988
400 M Hurdles	Laura Williams, North Brunswick	1:01.44*	2010
Shot Put	DeAnne Hahn, Brick Township	45' 11.50"	2008
Discus	Kristen Batts, Marlboro	147' 08.00"	2007
# New Javelin	Elaina Mezzasalma, Marlboro	140' 04.00"	2010
Javelin	Stephanie Guidotti, Hunterdon Central	139' 09.00"	1981
Long Jump	Mariah Browne South Brunswick	18' 08.00"	2010
Triple Jump	Ebony Young, Hillsborough	39' 06.00"	2008
High Jump	Jessica Taibe, Hunterdon Central	5' 08.50"	2000
Pole Vault	Robin Friedman, Hillsborough	11' 03.00"	2004
1600 M Relay	Franklin	3:51.84*	2005

2010 Team Champion: **South Brunswick** – 103 points

*Fully-automatic Time

In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

CENTRAL SECTION RECORDS – Monmouth Regional

Boys Group 2

100 M Dash	Mason Robinson, Somerville	0:10.64*	2007
200 M Dash	Akeem Gauntlet, Abraham Clark (Roselle)	0:21.39*	2008
400 M Dash	Adian Sanderson, Ewing	0:48.3	2002
800 M Run	Rob Novack, Bordentown	1:55.6	2005
1600 M Run	Tom Walsh, Matawan	4:18.97*	2004
3200 M Run	Bryan Spoonire, Asbury Park	9:17.3	1989
110 m Hurdles	Stephen Fletcher, Princeton	0:13.9	1983
400 M Hurdles	David Pesce, Voorhees	0:54.2	1982
Shot Put	Aaron Echternecht, Hopewell Valley	62' 00.00"	1991
Discus	Adam Kuehl, Monmouth Regional	197' 07.00"	2001
# New Javelin	David Rout, Hopewell Valley	196' 03.00"	2003
<i>Javelin</i>	<i>Ralph Yamello, Shore Reg.</i>	<i>216' 00.00"</i>	<i>1972</i>
High Jump	Peter Sharpless, Princeton	6' 08.50"	1980
Long Jump	Wayne Taylor, Asbury Park	23' 02.50"	1981
Triple Jump	Rahdel Savage, Abraham Clark (Roselle)	46' 01.00"	2007
Pole Vault	Jonathan Bartlett, Matawan	14' 07.00"	2009
1600 Relay	Asbury Park	3:21.7	1983

2010 Team Champions **Matawan– 133 points**

Boys Group 3

100 M Dash	Michael Peavy, Neptune	0:10.69*	2008
	Clark Waddell, Franklin Twp.	0:10.6	1983
	Derrick Brown, Franklin Twp.	0:10.6	1985
	Frank Ashe, Monmouth Reg.	0:10.6	1996
	Orlando Kane, Lawrence	0:10.6	2002
200 M Dash	Clark Waddell, Franklin Twp.	0:21.4	1983
400 M Dash	Charles Cox, Monmouth Regional	0:46.95*	2007
800 M Run	Gregory Gomez, Franklin	1:53.87*	2003
1600 M Run	Joe Rosa, West Windsor-Plainsboro North	4:12.69*	2010
3200 M Run	Joe Rosa, West Windsor-Plainsboro North	9:01.57*	2010
110 M Hurdles	Jeffrey Porter, Franklin	0:13.9	2002
400 M Hurdles	Greg Christie, Perth Amboy	0:53.1	1997
Shot Put	Tyrone Garland, Matawan	63' 08.50"	1993
Discus	Adam Kuehl, Monmouth Regional	194' 04.00"	2002
# New Javelin	Gary Johnson, Hamilton West	194' 01.00"	2006
<i>Javelin</i>	<i>John Amabile, Wall Twp.</i>	<i>233' 01.00"</i>	<i>1980</i>
High Jump	Milt Goode, Monmouth Regional.	6' 08.00"	1979
	Greg Falcone, Steinert	6' 08.00"	1991
	Tim Upshur, Hamilton West	6' 08.00"	1997
	Chris Burns, Hamilton West	6' 08.00"	2003
Long Jump	James Peterson, Ewing	22' 04.50"	2000
Triple Jump	Emanuel Mayers, Lakewood	46' 09.00"	2007
Pole Vaults	Eric Richards, Bridgewater	15' 06.00"	1981
1600 M Relay	Monmouth Regional	3:15.97*	2007

2010 Team Champion: **West Windsor-Plainsboro North – 83 points**

*Fully-automatic Timing

CENTRAL SECTION RECORDS – Monmouth Regional

Girls Group 2

100 M Dash	Lashonda Carter, Rahway	0:12.20*	2006
200 M Dash	Camile Campbell, Cartaret	0:24.1	2000
400 M Dash	Kristen Pierce, Shore Regional	0:55.2	2005
800 M Run	Sara Best, Voorhees	2:14.2	2002
1600 M Run	Sarah Rhodes, Voorhees	5:01.0	2001
3200 M Run	Sandra Tinger, Princeton	10:42.2	1989
100 M Hurdles	Briana Barlow, New Brunswick	0:14.67*	2010
400 M Hurdles	Melissa Bellin, Rumson-Fair Haven	1:00.9	2008
Long Jump	Linda Hayes, Monmouth Regional	18' 11.00"	1985
Triple Jump	Kelly Burke, Cranford	39' 05.00"	2009
High Jump	Latasha Keene, Freehold Boro	5' 08.00"	2000
	Debra Vento, Freehold Boro	5' 08.00"	2002&2003
Pole Vault	Ashley Aquilante, Manasquan	11' 06.00"	2007
Shot Put	Audra Corson, Monmouth Regional	42' 00.00"	1985
Discus	Chloe Early, Delaware Valley	137' 11.00"	2010
# New Javelin	Kelly Robinson, Raritan	141' 02.00"	2003
<i>Javelin</i>	<i>Audra Corson, Monmouth Regional</i>	<i>151' 10.00"</i>	<i>1985</i>
1600 M relay	Rumson-Fair Haven	3:57.90*	2008

2010 Team Champion: **Ewing – 85 points**

Girls Group 3

100 M Dash	Shavon Greaves, Lakewood	0:11.80*	2007
200 M Dash	Shavon Greaves, Lakewood	0:23.91*	2007
400 M Dash	Shavon Greaves, Lakewood	0:54.73*	2007
800 M Run	Katy Trotter, Red Bank Reg.	2:11.32*	2003
1600 M Run	Ashley Higginson, Colts Neck	4:57.20*	1999
3200 M Run	Cate Guiney, Middletown South.	10:31.6	1999
100 M Hurdles	Trier Young, Neptune.	0:13.6	2005
400 M Hurdles	Angela Lee, Franklin Twp.	1:00.7	1995
	Trier Young, Neptune	1:00.7	2005
Long Jump	Chelsea Walters, West Windsor-Plainsboro North	18' 06.75"	2008
Triple Jump	Essence Mayers, Lakewood	38' 02.25"	2010
High Jump	Emily Kianka, Hopewell Valley	5' 06.00"	2010
Pole Vault	Stephanie Skove, Monmouth Regional	12' 01.00"	2010
Shot Put	Deanne Hahn, Lakewood	45' 10.00"	2006
Discus	Deanne Hahn, Lakewood	137' 02.00"	2006
# New Javelin	Tara Miluszewki, Hightstown	138' 03.00"	2008
<i>Javelin</i>	<i>Jackie Davis, Hamilton North</i>	<i>124' 03.00"</i>	<i>1995</i>
1600 M Relay	Willingboro	3:56.73	2007

2010 Team Champion: **Hopewell Valley – 100.33 points**

*Fully-automatic Time

In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

Central Jersey Girls Sectional Team Champions

Year	Group I	Group II	Group III	Group IV
1975		Holmdel		Red Bank Catholic
1976	Highland Park	Hightstown	Red Bank Catholic	Raritan
1977	Highland Park	Freehold Boro	Monmouth	Hunterdon Central
1978	Highland Park	Bernards	Red Bank Catholic	Cedar Ridge
1979	Bernards	Lawrence	Long Branch/Manalapan	Raritan
1980	Highland Park	Hopewell Valley	Long Branch	Hunterdon Central
1981	Mater Dei	Asbury Park	Long Branch	Sayreville
1982	Bernards	Asbury Park	North Hunterdon	East Brunswick
1983	Bernards	South Brunswick	Raritan	North Hunterdon
1984	Bernards	Monmouth	North Hunterdon	Trenton
1985	Bernards	Monmouth	North Hunterdon	Neptune
1986	Metuchen	Monmouth	North Hunterdon	Trenton
1987	Bernards	Monmouth	North Hunterdon	Hunterdon Central
1988	Asbury Park	Monmouth	Voorhees	Neptune
1989	New Brunswick	Princeton	Monmouth	Middletown South
1990	Spotswood	Asbury Park	Voorhees	Trenton
1991	Montgomery	Bridgewater West	Voorhees	Middletown South
1992	Montgomery	Asbury Park	Franklin	Trenton
1993	Bernards	Asbury Park	Franklin	Trenton
1994	Metuchen	Ridge	Madison Central	Hunterdon Central
1995	Metuchen	Asbury Park	Neptune	Trenton
1996	Metuchen	Long Branch	Neptune	Hunterdon Central
1997	Metuchen	North Plainfield	Franklin	Middletown South
1998	Metuchen	Somerville	Middletown South	Hillsborough
1999	Metuchen	Somerville	Middletown South	Hillsborough
2000	Metuchen	Hopewell Valley	Red Bank Regional	Trenton
2001	Metuchen	Hopewell Valley	Franklin Twp.	Trenton
2002	Shore	Voorhees	Red Bank Regional	Trenton
2003	Shore	Hopewell Valley	Franklin	Hillsborough
2004	Metuchen	Shore Regional	Willingboro	Jackson Memorial
2005	Metuchen	Rahway	Hopewell Valley	Jackson Memorial
2006	Metuchen	Rahway	Hopewell Valley	Jackson Memorial
2007	Metuchen	Matawan	Hopewell Valley	South Brunswick
2008	Robbinsville	Rumson-FH & AL Johnson	Hopewell Valley	Montgomery
2009	New Providence	Cranford	Hopewell Valley	South Brunswick
2010	Robbinsville	Ewing	Hopewell Valley	South Brunswick

Summary of Central Sectional Titles

GIRLS Sectional Titles

13 Metuchen
 10 Hopewell Valley
 9 Trenton
 8 Asbury Park
 8 Bernards
 7 Monmouth Reg.
 6 North Hunterdon
 5 Franklin
 5 Hunterdon Central
 5 Middletown South
 5 Red Bank Catholic
 4 Highland Park
 4 Long Branch
 4 Neptune
 4 Shore Regional
 4 Voorhees
 4 South Brunswick
 3 Hillsborough
 3 Jackson Memorial
 3 Matawan
 3 Montgomery
 3 Raritan
 2 Rahway
 2 Red Bank Regional
 2 Somerville
 2 Robbinsville
 1 Bridgewater West
 1 Cedar Ridge
 1 Cranford
 1 East Brunswick
 1 Freehold Boro
 1 Hightstown
 1 Holmdel
 1 Johnson, A. L.
 1 Lawrence
 1 Madison Central
 1 Manalapan
 1 Mater Dei
 1 New Brunswick
 1 New Providence
 1 North Plainfield
 1 Princeton
 1 Ridge
 1 Rumson-Fair Haven
 1 Sayreville
 1 Spotswood
 1 Willingboro
 1 Ewing

Girls Most Consecutive Titles

8 Metuchen (1994-2001)
 6 Monmouth (1984-1989)
 6 North Hunterdon (1982-1987)
 6 Hopewell Valley (2005-10)
 4 Bernards (1982-1985)
 4 Metuchen (2004-07)
 3 Jackson Memorial (2004-06)
 3 Highland Park (1976-1978)
 3 Long Branch (1979-1981)
 3 Middletown South (1997-1999)
 3 Red Bank Catholic (1974-1976)
 3 Trenton (2000-2002)
 2 Asbury Park (1981-2 & 1992-3)
 2 Bernards (1978-9)
 2 Franklin (1992-3)
 2 Hillsborough (1998-9)
 2 Hopewell Valley (2000-1)
 2 Montgomery (1991-2)
 2 Neptune (1995-6)
 2 Rahway (2005-6)
 2 Shore Regional (2002-3)
 2 Somerville (1998-9)
 2 South Brunswick (2009-10)
 2 Trenton (1992-3)
 2 Voorhees (1990-1)

BOYS Sectional Titles

21 Metuchen
 17 Trenton
 15 Asbury Park
 13 Bernards
 11 Franklin
 11 Somerville
 8 Monmouth Regional
 7 Ewing
 6 Highland Park
 5 Old Bridge
 5 Matawan
 4 Hillsborough
 4 Neptune
 4 Piscataway
 4 Princeton
 3 Holmdel
 3 Hopewell Valley
 3 Union
 3 W Windsor-Pla North
 2 Manville
 2 North Hunterdon
 2 Pt. Pleasant Beach
 2 South Brunswick
 2 Dunellen
 2 East Brunswick
 1 Bound Brook
 1 Carteret
 1 Freehold Twp
 1 Hamilton
 1 Hamilton East
 1 Hunterdon Central
 1 Long Branch
 1 Madison
 1 Manalapan
 1 Middlesex
 1 Middletown
 1 Montgomery
 1 Ocean Township
 1 Voorhees
 1 Willingboro

Boys Most Consecutive Titles

16 Metuchen (1993-2008)
 8 Somerville (2001-2008)
 6 Asbury Park (1981-1986)
 5 Asbury Park (1991-1995)
 5 Trenton (1986-1990)
 4 Bernards (1982-1985)
 3 Bernards (1969-72 & 1975-77)
 3 Ewing (1999-2001)
 3 Franklin (1983-1985)
 3 Metuchen (1970-1972)
 3 Old Bridge (2004-06)
 3 Trenton (1976-1978)
 3 Union (1968-1970)
 3 West Windsor-Pl North (2008-10)
 2 Asbury Park (1977-8)
 2 Ewing (1980-1)
 2 Franklin (75-6, 89-90, 1996-7)
 2 Highland Park (1968-9)
 2 Holmdel (1998-9)
 2 Matawan (1994-5)
 2 Monmouth (78-9, 87-8, 2006-7)
 2 North Hunterdon (1991-2)
 2 Princeton (1986-7)
 2 Somerville (1976-7)
 2 Trenton (80-1, 83-4, & 2007-8)
 2 Willingboro (2004-05)
 2 Dunellen (2009-10)
 2 Matawan (2009-10)

Central Jersey Boys Sectional Team Champions

Year	Group I	Group II	Group III	Group IV
1968	Pt. Pleasant Beach	Highland Park	Lakewood	Union
1969	Bernards	Highland Park	Lakewood	Union
1970	Bernards/Pt Pleasant Beach	Metuchen	Madison Twp.	Union
1971	Bernards	Highland Park	Metuchen	Middletown
1972	Manville	Metuchen	Monmouth	Hamilton
1973	Bernards	Somerville	Carteret	Neptune
1974	Highland Park	Hillsborough	Monmouth	East Brunswick
1975	Bernards	South Brunswick	Franklin	Neptune
1976	Bernards	Somerville	Franklin	Trenton
1977	Bernards	Metuchen/Somerville	Asbury Park	Trenton
1978	Holmdel	Asbury Park	Monmouth	Trenton
1979	Bernards	Voorhees	Monmouth	Franklin
1980	Middlesex	South Brunswick	Ewing	Trenton
1981	Highland Park	Princeton/Asbury Park	Ewing	Trenton
1982	Bernards	Asbury Park	Long Branch	Neptune
1983	Bernards	Asbury Park	Franklin	Trenton
1984	Bernards	Asbury Park	Franklin	Trenton
1985	Bernards	Asbury Park	Franklin	Neptune
1986	Manville	Asbury Park	Princeton	Trenton
1987	Bernards	Monmouth	Princeton	Trenton
1988	Asbury Park	Monmouth	Hamilton East	Trenton
1989	Bound Brook	Princeton	Franklin	Trenton
1990	Highland Park	Hopewell Valley	Franklin	Trenton
1991	Metuchen	Asbury Park	North Hunterdon	Manalapan
1992	Montgomery	Asbury Park	North Hunterdon	Trenton
1993	Metuchen	Asbury Park	Franklin	Piscataway
1994	Metuchen	Asbury Park	Matawan	Trenton
1995	Metuchen	Asbury Park	Matawan	Hillsborough
1996	Metuchen	Matawan	Franklin	Piscataway
1997	Metuchen	Hopewell Valley	Franklin	Hunterdon Central
1998	Metuchen	Holmdel	Ocean Township	Piscataway
1999	Metuchen	Holmdel	Ewing	Old Bridge
2000	Metuchen	Hopewell Valley	Ewing	Hillsborough
2001	Metuchen	Somerville	Ewing	Piscataway
2002	Metuchen	Somerville	Monmouth Regional	Old Bridge
2003	Metuchen	Somerville	Ewing	Hillsborough
2004	Metuchen	Somerville	Willingboro	Old Bridge
2005	Metuchen	Somerville	Willingboro	Old Bridge
2006	Metuchen	Somerville	Monmouth Regional	Old Bridge
2007	Metuchen	Somerville	Monmouth Regional	Trenton
2008	Metuchen	Somerville & Ewing	W. Windsor-Plains North	Trenton
2009	Dunellen	Matawan	W. Windsor-Plains North	Freehold Township
2010	Dunellen	Matawan	W. Windsor-Plains North	East Brunswick

SOUTH SECTION - MEET RECORDS

BOYS

100y Dash	Carl Lewis, Willingboro	0:09.5	1979
100m Dash	John Stone, Mainland	0:10.2	1997
200y Dash	Bill Gaines, Clearview	0:20.8	1967
200m Dash	Chuck Carter, Eastern	0:20.8	1985
440y Dash	Gary Shipp, Deptford	0:48.9	1973
	Carl Tanksley, Washington Township	0:48.9	1979
400m Dash	Dennis Mitchell, Edgewood	0:46.4	1984
880y Run	Greg Hornsby, Rancocas Valley	1:53.9	1974
800m Run	John Richardson, Ocean City	1:52.8	2003
One Mile Run	Mike Mantini, Gateway	4:19.0	1978
1500m Run	Mike Benson, Toms River South	3:59.8	1980
1600m Run	Murad Campbell, Overbrook	4:13.5	1999
Two Mile Run	Mike Elder, Haddon Township	9:11.0	1973
3000m Run	Carlos Hanze, Central Regional	8:42.7	1981
3200m Run	Albert Donawa, Camden	9:09.9	1990
120y High Hurdles	Dave Still, Pennsauken	0:13.6	1976, 1977
	Gary Moore, Overbrook	0:13.6	1976
110m High Hurdles	Danyne Brown, Camden	0:13.4	1999
	Dwight Ruff, Camden	0:13.4	2001
330y Int. Hurdles	Mark Dickerson, Willingboro	0:37.8	1979
400m Int. Hurdles	Dwight Ruff, Camden	0:51.0	2001
One Mile Relay	Rancocas Valley Regional - (Dave Ortega, (John Stevenson, Chris Harkins, Andy Robinson)	3:22.1	1976
	Toms River North - (Mike Jones, Paul Terterian, Craig Perry, Rob Cottrell)	3:22.1	1978
4x400m Relay	Willingboro (Shareef Muhammed, Darrian Scott) Michael Levinson, Marvin Lewis	3:16.8	2001
	Vineland (Dale Coleman, Shannon Sherrer, Marcus Lee, Schafer Sherrer)	3:16.8	2002
Shot Put	Jon Kalnas, Paulsboro	64' 04.25"	1998
Discus	Ron Dayne, Overbrook	198' 00.00"	1995
# New Javelin	Sean Biehn, Burlington City	201' 00.00	2008
Javelin	Ron Thompson, Collingswood	219' 08.00"	1968
High Jump	Robert Jordan, Millville	7' 02.00"	1999
Long Jump	Gerard Reynolds, Willingboro	25' 01.50"	1990
Triple Jump	Ryan Chance, Glassboro	48' 03.25"	2009
Pole Vault	Brandon Kurtz, Absegami	15' 07.00"	1991

In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

**SOUTH SECTION MEET RECORDS
GIRLS**

100m Dash	English Gardner, Eastern	0:11.74**	2007
200m Dash	English Gardner, Eastern	0:24.09**	2007
400m Dash	Nadia Davy, Bridgeton	0:54.0	1999
800m Run	Jillian Smith, Souther Regional	2:07.26**	2008
1600m Run	Erin Donohue, Haddonfield	4:49.8	2001
3200m Run	Michelle Rowan, Washington Township	10:12.8	1983
100m High Hurdles	Carol Lewis, Willingboro	0:13.9	1981
	Nicole Hill, Oakcrest	0:13.9	1997
400m Low Hurdles	Danielle Myricks, Willingboro	1:00.1	2001
	Krystal Canty, Winslow Township	1:00.12**	2005
4x400m Relay	Camden (Kamice Smalls, Erin Johnson Shaterri Alston, Avionne Sloan)	3:51.25**	2006
Shot Put	Helene Connell, Jackson	46' 10.25"	1977
Discus	Helene Connell, Jackson	159' 07.00"	1977
# New Javelin Javelin	Jillian Shaner, Egg Harbor	148' 05.00"	2009
	Lynlee Phillips, Shawnee	154' 08.00"	1999
High Jump	Carol Lewis, Willingboro	5' 09.00"	1981
	Shelly Mitchell, Lakewood	5' 09.00"	1988
Pole Vault	Jen Holly, Barnegat	12' 01.00"	2008
Long Jump	Carol Lewis, Willingboro	20' 06.00"	1981
Triple Jump	Tabatha Haskins, Shawnee	37' 00.25"	2005

**Fully-Automatic Time

In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

SOUTH SECTION RECORDS – BUENA

GROUP I - BOYS

100y Dash	Ed Johns, Kingsway	0:09.6	1964
	Kevin Hampton, Paulsboro	0:09.6	1976
100m Dash	James Brown, Glassboro	0:10.47*	2009
200y Dash	Kevin Holloway, Palmyra	0:21.1	1975
	Kevin Hampton, Paulsboro	0:21.1	1976
200m Dash	Ken Cooper, Woodbury	0:21.6	1981
	Willie Anderson, Paulsboro	0:21.6	1983
440y Dash	Bill Samuels, Pitman	0:49.3	1972
400m Dash	Shawney Kersey, Woodbury	0:49.44*	2007
800y Run	John Regan, Pt. Pleasant Beach	1:55.1	1978
800m Run	Fred Sharpe, Paulsboro	1:53.9	1997
One Mile Run	John Regan, Pt. Pleasant Beach	4:21.8	1978
1500m Run	Bob Douglas, Audubon	4:12.0	1981
1600m Run	Fred Sharpe, Paulsboro	4:22.5	1997
Two Mile Run	Willie Marino, Williamstown	9:29.2	1973
3000m Run	Mike Gillespie, Glassboro	9:14.9	1980
3200m Run	Joe Shanahan, Haddonfield	9:37.1	1988
120y High Hurdles	George Johnson, Glassboro	0:14.0	1976
110m High Hurdles	Kevin White, Haddon Heights	0:13.8	1992
330y Int. Hurdles	Alan Cognigni, Burlington Township	0:38.6	1978
400m Int. Hurdles	Fred Sharpe, Paulsboro	0:53.0	1997
One Mile Relay	Palmyra - (Mark Cryer, Pete Barclay, Derek Holloway, Brian Grimes)	3:25.2	1977
4x400m Relay	Penns Grove - (Michael Wright, David Mills, Lamar Wright, George Bland)	3:24.3	1987
Shot Put	Jon Kalnas, Paulsboro	64' 4.75"	1998
Discus	John Clark, Pennsville	171' 8"	2007
# New Javelin	Sean Biehn, Burlington City	201' 00.00"	2008
Javelin	Wayne Cobbs, Bordentown	202' 03.00"	1982
High Jump	Mike Starks, Haddon Heights	6' 10.50"	1993
Long Jump	Lamar Sturdivant, Woodbury	23' 08.50"	1996
Triple Jump	Ryan Chance, Glassboro	484' 030.25"	2009
Pole Vault	Bob Green, Haddon Heights	15' 02.00"	1992

2010 Team Champion: **Woodbury – 90 points**

*Fully-automatic timing

In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

SOUTH SECTION RECORDS – EGG HARBOR

GROUP IV - BOYS

100y Dash	Carl Lewis, Willingboro	0:09.5	1979
100m Dash	Todd Dutch, Washington Township	0:10.3	2002
200y Dash	Gary Taylor, Vineland	0:21.3	1976
200m Dash	Scott McCray, Camden	0:21.1	1997
	Dennis Mitchell, Edgewood	0:21.1	1983
440y Dash	Gary Shipp, Deptford	0:48.9	1973
	Christopher Cox, Southern Regional	0:48.06**	2006
400m Dash	Dennis Mitchell, Edgewood	0:46.4	1984
880y Run	Greg Hornsby, Rancocas Valley	1:53.9	1974
800m Run	Xavier Fraction, Washington Twp.	1:53.51*	2009
One Mile Run	Hank Menke, Toms River South	4:20.2	1975
1500m Run	Mike Benson, Toms River South	3:59.8	1980
1600m Run	Murad Campbell, Overbrook	4:13.5	1999
Two Mile Run	Steve Thompson, Brick Township	9:23.6	1979
3000m Run	Carlos Hanze, Central Regional	8:42.7	1981
3200m Run	Albert Donawa, Camden	9:09.9	1990
120y High Hurdles	Dave Still, Pennsauken	0:13.6	1976, 1977
110m High Hurdles	Tony Kiello, Brick Township	0:13.7	1986
	Scott McCray, Camden	0:13.7	1997
330y Int. Hurdles	Mark Dickerson, Willingboro	0:37.8	1979
400m Int. Hurdles	Reuben McCoy, Winslow Township	0:52.24**	2004
One Mile Relay	Rancocas Valley Regional - (Dave Ortega, John Stevenson, Chris Harkins, Andy Robinson)	3:22.1	1976
	Toms River North - (Mike Jones, Paul Terterian, Craig Perry, Rob Cottrell)	3:22.1	1978
4x400m Relay	Vineland (Dale Coleman, Shannon Sherrer Marcus Lee, Schafer Sherrer)	3:16.8	2002
Shot Put	Jim Gilligan, Toms River East	62' 2"	1984
Discus	Ron Dayne, Overbrook	198' 0"	1995
# New Javelin	Felix Roman, Pennsauken	188' 03.00"	2007
Javelin	Greg Garaci, Vineland	216' 09.00"	1969
High Jump	Robert Jordan, Millville	7' 02.00"	1999
Long Jump	Gerard Reynolds, Willingboro	25' 01.50"	1990
Triple Jump	Rob Whitfield, Toms River South	46' 08.00"	2009
Pole Vault	Jordan Subai, Toms River North	15' 07.00"	2010

2010 Team Champion: **Toms River South – 61 points**

**Fully-Automatic Time

In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

**SOUTH SECTION RECORDS – BUENA
GROUP I - GIRLS**

100m Dash	Mieaha Cooper, Florence	0:11.7	1994
200m Dash	Lori Lewis, Woodbury	0:24.3*	1978
400m Dash	Lori Lewis, Woodbury	0:55.3*	1978
800m Run	Erin Donohue, Haddonfield	2:16.7	1999
1600m Run	Erin Donohue, Haddonfield	5:00.0	1999
3200m Run	Erin Donohue, Haddonfield	10:43.2	1999
100m High Hurdles	Denis Liles, Kingsway	0:14.6	1986
	Jennifer Heisinger, Woodbury	0:14.6	1988
400m Low Hurdles	Marielena Rivera, Lindenwold	1:03.29*	2010
1600m Relay	Palmyra (Kari Steed, Natasha Marshall Quinn Burroughs, Miranda Henry)	4:02.5	1998
Shot Put	Rose Perry, Riverside	43' 04.25"	2003
Discus	Chelsea Cioffi, Pitman	124' 00.00"	2009
# New Javelin	Lindse Minch, Pennsville	139' 11.00"'''	2009
Javelin	Emma Painter, Clayton	149' 03.00"	1980
High Jump	Terri Martin, Pinelands	5' 04.00"	1981
	Euridee McCormick, Paulsboro	5' 04.00"	1986
	Sarah Owens, Clayton	5' 04.0"	1997
	Kristina Matthews, Bordentown	5' 04.00"	1998
	Patty Dudek, Bordentown	5' 04.00"	1999, 2000
	Jen Toohey, Point Pleasant Beach	5' 04.00"	2002
	Shannon Gantt, Woodbury	5' 04.00"	2007
Pole Vault	Kristin Weigel, Pennsville	10' 06.00"	2009
Long Jump	Anna Stewart, Glassboro	18' 10.75"	1977
Triple Jump	Patrice Farquharson, Maple Shade	36' 07.00"	2010

2010 Team Champion: **Pitman – 73.75 points**

GROUP IV – GIRLS – EGG HARBOR

100m Dash	English Gardner, Eastern	0:11.74**	2007
200m Dash	English Gardner, Eastern	0:24.09**	2007
400m Dash	Nijgia Snapp, Oakcrest	0:54.90**	2009
800m Run	Jillian Smith, Southern Regional	2:07.26**	2008
1600m Run	Michelle Rowan, Washington Township	4:53.4	1983
3200m Run	Michelle Rowan, Washington Township	10:12.8	1983
100m High Hurdles	Carol Lewis, Willingboro	0:13.9	1981
400m Low Hurdles	Krystal Cantey, Winslow Township	1:00.12**	2005
4x400m Relay	Southern Regional (Julia Beekman, Taylor Jennings Chelsea Cox, Jillian Smith)	3:51.59**	2008
Shot Put	Helene Connell, Jackson	46' 10.25"	1977
Discus	Helene Connell, Jackson	159' 07.00"	1977
# New Javelin	Jillian Shaner, Egg Harbor	148' 05.00"	2009
Javelin	Lynlee Phillips, Shawnee	154' 08.00"	1999
High Jump	Carol Lewis, Willingboro	5' 09.00"	1981
Pole Vault	Dannielle O'Reilly, Shawnee	12' 00.00"	2002
Long Jump	Carol Lewis, Willingboro	20' 06.00"	1981
Triple Jump	Alexandra Romanelli, Absegami	37' 07.25"	2009

2010 Team Champion: **Southern Regional –99 points**

**Fully-Automatic Time

In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

SOUTH SECTION RECORDS – EGG HARBOR

GROUP III - BOYS

100y Dash	Olli Newman, Rancocas Valley	0:09.8	1965
	Jim Krier, Haddonfield	0:09.8	1968
	Charles Walker, Lakewood	0:09.8	1974
	Luis Moore, Overbrook	0:09.8	1976
	Eric Kirkley, Edgewood	0:09.8	1977
100m Dash	John Stone, Mainland	0:10.2	1977
200y Dash	Jim, Krier, Haddonfield	0:21.0	1968
200m Dash	Chuck Carter, Eastern	0:20.8	1985
440y Dash	Woody Price, Pemberton	0:49.2	1966
400m Dash	Harold Rollins, Lakewood	0:47.1	1985
880y Run	Frank Romero, Haddon Township	1:55.7	1969
800m Run	John Richardson, Ocean City	1:52.8	2003
One Mile Run	Ed McGowan, Highland	4:22.5	1972
1500m Run	Bert Tetreault, Cinnaminson	4:04.6	1981
1600m Run	John Richardson, Ocean City	4:17.9	2003
Two Mile Run	Mike Butynes, Sterling	9:11.6	1972
3000m Run	Ron Deckert, Oakcrest	8:47.1	1981
3200m Run	Kevin Pumphrey, Highland	9:14.7	1986
120y High Hurdles	Gary Moore, Overbrook	0:13.6	1976
110m High Hurdles	Dwayne Brown, Camden	0:13.4	1999
	Dwight Ruff, Camden	0:13.4	2001
330y Int. Hurdles	Gary Moore, Overbrook	0:38.0	1976
400m Int Hurdles	Dwight Ruff, Camden	0:51.0	2001
One Mile Relay	Overbrook - (Jim Bendig, Luis Moore, Al Grant, Gary Moore)	3:25.4	1976
4x400m Relay	Willingboro (Shareef Muhammed, Darrian Scott) Michael Levinson, Marvin Lewis	3:16.8	2001
Shot Put	Ray Wilkes, Bridgeton	59' 6.5"	1994
Discus	Ray Wilkes, Bridgeton	184' 6"	1997
# New Javelin	Andrew Pierce, Cumberland	189' 08.00"	2009
Javelin	Ron Thompson, Collingswood	219' 08.00"	1968
High Jump	Mike Morrison, Willingboro	7' 01.00"	2003
Long Jump	William Spearman, Wilson	25' 00.00"	1996
Triple Jump	Josh Butler, Delsea	46' 04.75"	2006
Pole Vault	Brandon Kurtz, Absegami	15' 07.00"	1991

2010 Team Champion: **Timber Creek – 86 points**

**Fully-automatic Time

In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

SOUTH SECTION RECORDS - BUENA

GROUP II - BOYS

100y Dash	Bill Gaines, Clearview	0:09.6	1967
	Steve Coleman, Haddon Heights	0:09.6	1976
100m Dash	Kevin Jones, Pleasantville	0:10.5	1981, 1982
	Ansel Martin, Buena	0:10.5	1994
	Dorian Bryant, Kingsway	0:10.5	2002
200y Dash	Bill Gaines, Clearview	0:20.8	1967
200m Dash	Derek Ward, Kingsway	0:21.3	1992
440y Dash	Roger Artis, Haddon Heights	0:49.0	1977
400m Dash	Nick Brown, Bridgeton	0:47.6	1999
880y Run	Tony Uzdavines, Williamstown	1:55.5	1976
800m Run	Matt Poskos, Cinnaminson	1:54.92**	2007
One Mile Run	Mike Mantini, Gateway	4:19.0	1978
1500m Run	John Smith, Haddonfield	4:01.6	1980
1600m Run	Robert Edwards, Bridgeton	4:16.8	2002
Two Mile Run	Mike Elder, Haddon Township	9:11.0	1973
3000m Run	Jim Smith, Haddonfield	8:48.0	1980
3200m Run	Paul Greenhalgh, Gateway	9:21.7	1985
120y High Hurdles	Bruce Scully, Audubon	0:14.1	1972
110m High Hurdles	Bill Newmuis, Penns Grove	0:13.8	1982
330y Int. Hurdles	Chuck Thompson, Burlington City	0:39.0	1978
400m Int. Hurdles	Devon Matthews, Pleasantville	0:53.7	1999
One Mile Relay	Delsea – (Bill Quagley, Gary Evans Ron McBride, Paul Chipman)	3:26.6	1976
1600m Relay	Bridgeton (Darnell Lamar, Jerome Chestnut Aaron Holden, Darrell Wallace)	3:19.98**	2006
Shot Put	Chris Robinson, Penns Grove	59' 02.50"	1990
Discus	Alex Lewis, Delran	165' 06.00"	2000
#New Javelin	Brian Owens, Woodstown	183' 08.00"	2008
Javelin	Fred DePalma, Penns Grove	211' 02.00"	1969
High Jump	Scott Knecht, Haddonfield	6' 10.00"	1979
Long Jump	Mike Boone, Burlington City	24' 01.25"	1990
Triple Jump	Tyler Hilgrube, Buena	45' 06.00"	2010
Pole Vault	Matt Mancini, Cinnaminson	15' 00.00"	2006

2010 Team Champion: **Delsea – 133.50 points**

**Fully-Automatic Time

In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

SOUTH SECTION – RECORDS – EGG HARBOR

GROUP III - GIRLS

100m Dash	Audrey Wilson, Deptford	0:11.81**	2008
200m Dash	Amandi Rhett, Moorestown	0:24.1	2000
400m Dash	Dana Burnette, Williamstown	0:54.54**	1996
	Shakeema Martin, Lakewood	0:54.5	2002
800m Run	Renee Tomlin, Ocean City	2:10.5	2005
1600m Run	Brittany Sedberry, Ocean City	4:58.03**	2004
3200m Run	Megan Venables, Highland Regional	10:42.78**	2010
100m High Hurdles	Nicole Hill, Oakcrest	0:13.9	1997
400m Low Hurdles	Danielle Myricks, Willingboro	1:00.1	2001
4x400m Relay	Camden (Kamice Smalls, Erin Johnson Shatteri Alston, Avionne Sloan)	3:51.25**	2006
Shot Put	Jamine Moton, Delsea	44' 05.00"	1997
Discus	Jocelyn White, Delsea	156' 01.00"	2003
#New Javelin	Kathleen Librizzi, Pinelands	130' 10.00"	2005
Javelin	Carla Brown, Overbrook	149' 05.00"	1986
High Jump	Shelly Mitchell, Edgewood	5' 09.00"	1988
Pole Vault	Jen Holly, Barnegat	12' 01.00"	2008
Long Jump	Shaytika Bryant, Bridgeton	18' 08.00"	1993
Triple Jump	Shamyra Brown, Oakcrest	36' 09.50"	2006

2010 Team Champion: **Seneca – 92.5 points**

GROUP II – GIRLS - BUENA

100M Dash	Amandi Rhett, Moorestown	0:11.1	1998
200m Dash	Nia Ali, Pleasantville	0:24.12**	2006
400m Dash	Nadia Davy, Bridgeton	0:54.0	1999
800m Run	Katrina Sye, Buena	2:09.2	1999
1600m Run	Erin Donohue, Haddonfield	4:49.8	2001
3200m Run	Erin Donohue, Haddonfield	10:28.6	2001
100m High Hurdles	Nia Ali, Pleasantville	0:14.07**	2006
400m Low Hurdles	Katrina Sye, Buena	1:01.2	1999
4x400 Relay	Woodrow Wilson - (Victoria Clark, Keyona Lindsey, Samantha Sharper, Famatta Lewis)	3:54.24**	2008
Shot Put	Nicole Moore, Bridgeton	44' 10.25"	1999
Discus	Melinda Boykin, Bridgeton	140' 01.00"	1997
# New Javelin	Katie Johnston, Haddonfield	139' 00.00"	2010
Javelin	Erin Donohue, Haddonfield	141' 07.00"	2001
High Jump	Briana Gray, Haddon Heights	5' 07.00"	2005
Pole Vault	Olivia Kalinowska, Pinelands	11' 06.00"	2002
Long Jump	Kathy Rankins, Haddon Heights	18' 11.50"	1979
Triple Jump	Shaquanda Gainey, Camden	37' 06.50"	2009

2010 Team Champion: **Delsea – 94 points**

**Fully-Automatic Time

In 2003 National Federation of High School Associations and the State of New Jersey adopted the college javelin, which was different enough from the high school javelin to warrant keeping new records for the implement.

South Jersey Girls Sectional Team Champions

Year	Group I	Group II	Group III	Group IV
1971				Monmouth/Toms R. South
1972		Red Bank Catholic		Matawan
1973		Shore		Toms River South
1974		Red Bank Catholic		Matawan/Toms River South
1975		Asbury Park		Toms River South
1976	Woodbury	Pt. Pleasant Boro	Paul VI	Toms River South
1977	Woodbury	Haddon Heights	Paul VI	Toms River North
1978	Woodbury	Pt. Pleasant Boro	Deptford	Toms River North
1979	Woodbury	St. Joseph-Toms River	Edgewood	J.F. Kennedy (Willingboro)
1980	Woodbury	Williamstown	Lakewood	Willingboro
1981	Woodbury	Williamstown	Overbrook	Willingboro
1982	Woodbury	Sterling	Lakewood	Toms River East
1983	Haddonfield	Central Regional	Ocean City	Edgewood
1984	Haddonfield/Kingsway	Clearview	Woodrow Wilson	Pemberton
1985	Kingsway	Clearview	Willingboro	Edgewood
1986	Kingsway	Buena	Lakewood	Shawnee
1987	Paulsboro	Gateway	Lakewood	Brick Twp.
1988	Paulsboro	Kingsway	Lakewood	Toms River East
1989	Haddonfield	Clearview	Lakewood	Cumberland
1990	Paulsboro	Clearview	Ocean City	Shawnee
1991	Paulsboro	Kingsway	Ocean City	Highland
1992	Paulsboro	Clearview	Ocean City	Willingboro
1993	Haddonfield	Kingsway	Ocean City	Shawnee
1994	Haddonfield	Moorestown	Ocean City	Shawnee
1995	Paulsboro	Pleasantville	Williamstown	Shawnee
1996	A.P. Schalick	Pleasantville	Williamstown	Shawnee
1997	Paulsboro	Pleasantville	Absegami	Shawnee
1998	Haddonfield	Bridgeton	Lakewood	Washington Twp.
1999	Haddonfield	Bridgeton	Willingboro	Shawnee
2000	Palmyra	Bridgeton	Woodrow Wilson	Washington Twp.
2001	Palmyra	Haddonfield	Woodrow Wilson	Washington Twp.
2002	A. P. Schalick	Pleasantville	Woodrow Wilson	Eastern
2003	Paulsboro	Haddonfield	Willingboro	Jackson Memorial
2004	Paulsboro	Haddonfield	Highland Regional	Winslow Township
2005	Woodbury	Bridgeton	Woodrow Wilson	Winslow Township
2006	Palmyra	Haddonfield	Woodrow Wilson	Southern Regional
2007	Woodbury	Haddonfield	Kingsway	Southern Regional
2008	Pitman	Haddonfield	Camden	Southern Regional
2009	Haddon Heights	Camden	Seneca	Southern Regional
2010	Pitman	Delsea	Seneca	Southern Regional

Summary of South Sectional Titles

Girls Most Titles Won

13 Haddonfield
 9 Paulsboro
 9 Woodbury
 8 Shawnee
 7 Kingsway
 7 Lakewood
 6 Ocean City
 6 Willingboro
 6 Woodrow Wilson
 5 Clearview
 5 Southern Regional
 5 Toms River South
 5 Winslow Twp-Edgewood
 4 Bridgeton
 4 Pleasantville
 4 Williamstown
 3 Palmyra
 3 Washington Township
 2 A. P. Schalick
 2 Camden
 2 Haddon Heights
 2 Highland Regional
 2 Paul VI
 2 Pitman
 2 Point Pleasant Boro
 2 Seneca
 2 Toms River East
 2 Toms River North
 1 Absegami
 1 Brick Township
 1 Buena
 1 Central
 1 Cumberland Regional
 1 Delsea
 1 Deptford
 1 Eastern
 1 Gateway
 1 Jackson Memorial
 1 JFK-Willingboro
 1 Moorestown
 1 Overbrook
 1 Pemberton
 1 Saint Joseph (Toms River)
 1 Southern Regional
 1 Sterling

Girls Most Consecutive Wins

7 Woodbury (1976-1982)
 5 Ocean City (1990-1994)
 5 Shawnee (1993-1997)
 5 Southern (2006-10)
 4 Lakewood (1986-1989)
 4 Toms River South (1873-1976)
 3 Bridgeton (1998-2000)
 3 Haddonfield (2006-8)
 3 Kingsway (1984-1986)
 3 Paulsboro (1990-1992)
 3 Pleasantville (1995-1997)
 3 Woodrow Wilson (2000-2002)
 2 Camden (2008-09)
 2 Clearview (1984-5, 1989-90)
 2 Haddonfield ('83-4, '93-4, '98-9, '03-4)
 2 Palmyra (2000-1)
 2 Paul VI (1976-7)
 2 Paulsboro (1987-8, 2003-4)
 2 Seneca (2009-10)
 2 Toms River North (1977-8)
 2 Washington Twp. (2000-1)
 2 Williamstown (1980-1, '95-6)
 2 Willingboro (1980-1)
 2 Winslow Twp (2004-5)
 2 Woodrow Wilson (2005-6)

Boys Most Titles Won

13 Winslow Twp-Edgewood
 12 Penns Grove
 12 Willingboro
 12 Woodbury
 9 Bridgeton
 8 Camden
 6 Haddon Heights
 6 Haddonfield
 6 Pleasantville
 5 Toms River South
 4 Bordentown
 4 Haddon Twp.
 4 JFK-Willingboro
 4 Kingsway
 4 Lakewood
 4 Manchester Twp
 4 Overbrook
 4 Vineland
 3 Cinnaminson
 3 Delsea
 3 Deptford
 3 Millville
 3 Timber Creek
 3 A. P. Schalick
 2 Buena
 2 Burlington Twp.
 2 Lakewood
 2 Maple Shade
 2 Moorestown
 2 Oakcrest
 2 Palmyra
 2 Salem
 2 Woodrow Wilson
 1 Audubon
 1 Cherokee
 1 Clearview
 1 Delran
 1 Glassboro
 1 Highland Reg
 1 Jackson Memorial
 1 Lenape
 1 Mainland
 1 Oakcrest
 1 Ocean City
 1 Paulsboro
 1 Pennsauken
 1 Rancocas Valley
 1 Shawnee
 1 Southern Regional
 1 Toms River East

Most Consecutive Wins

10 Penns Grove (1977-1986)
 9 Woodbury (1969-1977)
 4 Bordentown (2000-2003)
 4 Willingboro (1977-1980)
 3 Bridgeton (2004-06)
 3 Pleasantville (1994-1996)
 3 Timber Creek (2008-10)
 3 Winslow Twp (78-80, 83-85, 02-04)
 2 A. P. Schalick (2004-5)
 2 Bridgeton (1991-2, 1994-5)
 2 Buena (2000-1)
 2 Burlington Twp (1995-6)
 2 Camden (2004-05)
 2 Delsea (2006-07)
 2 Deptford (1970-1)
 2 Haddon Twp (1971-2)
 2 Haddonfield (1983-4&1987-8)
 2 JFK-W'boro (1974-5&1981-2)
 2 Kingsway (1988-89)
 2 Lakewood (1968-9)
 2 Manchester Twp (1997-8)
 2 Maple Shade (1998-9)
 2 Overbrook (1975-6)
 2 Palmyra (1979-80)
 2 Penns Grove (2007-8)
 2 Pleasantville (2007-8)
 2 Vineland (1968-9)
 2 Willingboro (1990-1)
 2 Winslow Twp (Edge) (2002-3)

South Jersey Boys Sectional Team Champions

Year	Group I	Group II	Group III	Group IV
1968	Kingsway	Clearview	Haddonfield	Vineland
1969	Woodbury			Vineland
1970	Woodbury	Overbrook	Deptford	Camden
1971	Woodbury	Haddon Twp.	Deptford	Trenton
1972	Woodbury	Haddon Twp.	Moorestown	Millville
1973	Woodbury	Edgewood	Highland	Deptford
1974	Woodbury	Audubon	Moorestown	J.F. Kennedy - W=boro
1975	Woodbury	Haddon Heights	Overbrook	J.F. Kennedy - W=boro
1976	Woodbury	Haddon Heights	Overbrook	Millville
1977	Woodbury	Penns Grove	Rancocas Valley	Willingboro
1978	Penns Grove	Delran	Edgewood	Willingboro
1979	Palmyra	Penns Grove	Edgewood	Willingboro
1980	Palmyra	Penns Grove	Edgewood	Willingboro
1981	Woodbury	Penns Grove	Oakcrest	J.F. Kennedy - W=boro
1982	Manchester Twp.	Penns Grove	J.F.Kennedy-W'boro	Willingboro
1983	Haddonfield	Penns Grove	Lakewood	Edgewood
1984	Haddonfield	Penns Grove	Woodrow Wilson	Edgewood
1985	Penns Grove	Manchester Twp.	Lakewood	Edgewood
1986	Penns Grove	Haddon Heights	Willingboro	Camden
1987	Haddonfield	Salem	Ocean City	Edgewood
1988	Haddonfield	Kingsway	Willingboro	Toms River South
1989	Haddon Twp.	Kingsway	Bridgeton	Jackson
1990	Haddon Heights	Cinnaminson	Edgewood	Willingboro
1991	Haddon Twp.	Salem	Bridgeton	Willingboro
1992	Haddon Heights	Cinnaminson	Bridgeton	Shawnee
1993	Haddonfield	Kingsway	Woodrow Wilson	Willingboro
1994	Haddon Heights	Pleasantville	Bridgeton	Vineland
1995	Burlington Twp.	Pleasantville	Bridgeton	Camden
1996	Burlington Twp.	Pleasantville	Mainland	Lenape
1997	Paulsboro	Bridgeton	Manchester Twp.	Camden
1998	Maple Shade	Manchester Twp.	Toms River South	Vineland/Overbrook
1999	Maple Shade	Pleasantville	Toms River South	Millville
2000	Bordentown	Buena	Willingboro	Toms River East
2001	Bordentown	Buena	Camden	Cherokee
2002	Bordentown	Bridgeton	Toms River South	Winslow Township
2003	Bordentown	Cinnaminson	Willingboro	Winslow Township
2004	A. P. Schalick	Bridgeton	Camden	Winslow Township
2005	A.P. Schalick	Bridgeton	Camden	Pennsauken
2006	Woodbury	Bridgeton	Delsea	Winslow Township
2007	Penns Grove	Pleasantville	Delsea	Oakcrest
2008	Penns Grove	Pleasantville	Timber Creek	Absegami
2009	Glassboro	Camden	Timber Creek	Southern Regional
2010	Woodbury	Delsea	Timber Creek	Toms River South