

# GIRLS STATE RELAY CHAMPIONSHIPS

## MEET RECORDS - 2011 BEST FROM THE GROUPS

33" Hurdles Relay (y)	Plainfield	0:31.6	1986
<b>33" Hurdles Relay (m)</b>	<b>Notre Dame</b>	<b>0:31.93</b>	<b>1998</b>
4 x 220 Yard Relay	Trenton Central	1:45.4	1984
<b>4 x 200 Meter Relay</b>	<b>Piscataway</b>	<b>1:44.14</b>	<b>2006</b>
4 x 440 Yard Relay	Plainfield	4:01.2	1983
<b>4 x 400 Meter Relay</b>	<b>Columbia</b>	<b>3:59.1</b>	<b>1997</b>
4 x 880 Yard Relay	Columbia	9:40.2	1983
<b>4 x 800 Meter Relay</b>	<b>Roxbury</b>	<b>9:27.06</b>	<b>2006</b>
Sprint Medley Relay (y)	Malcolm X Shabazz	4:10.2	1986
<b>Sprint Medley Relay (m)</b>	<b>Southern Regional</b>	<b>4:09.06</b>	<b>2009</b>
Distance Medley Relay (y)	Ridgewood	12:27.2	1988
<b>Distance Medley Relay (m)</b>	<b>Southern Regional</b>	<b>11:59.20</b>	<b>2007</b>
<b>High Jump Relay</b>	<b>Southern Regional</b>	<b>10' 8.50"</b>	<b>1981</b>
	<b>J.P. Stevens</b>	<b>10' 8.50"</b>	<b>1996</b>
<b>Shot Put Relay</b>	<b>Plainfield</b>	<b>90' 8.50"</b>	<b>1992</b>
<b>Pole Vault Relay</b>	<b>Hunterdon Central</b>	<b>22' 0"</b>	<b>2008</b>

**Note:** In 1992, Jadwin Gym was resurfaced and the track changed from 220 yards to 200 meters. It is the policy of the NJSIAA Track Committee not to convert records. Both the "yards" and the "meters" records will be listed. In 2006, the relays were moved to the Jersey City Armory. In 2008 all meets were held at the Bennett Center in Toms River.

## GROUP RECORDS Girls NON-PUBLIC

33" Shuttle Hurdles (y)	Notre Dame	0:36.6	1984
<b>33" Shuttle Hurdles (m)</b>	<b>Benedictine Academy</b>	<b>0:32.64</b>	<b>2010</b>
4 x 220 Yard Relay	Morris Catholic	1:54.8	1983
<b>4 x 200 Meter Relay</b>	<b>Benedictine Academy</b>	<b>1:49.40</b>	<b>2010</b>
Sprint Medley Relay (y)	Oak Knoll	4:32.2	1983
<b>Sprint Medley Relay (m)</b>	<b>Red Bank Catholic</b>	<b>4:12.73</b>	<b>2011</b>
4 x 440 Yard Relay	Notre Dame	4:19.9	1983
<b>4 x 400 Meter Relay</b>	<b>Notre Dame</b>	<b>4:08.21</b>	<b>2010</b>
4 x 880 Yard Relay	Notre Dame	10:24.8	1983
<b>4 x 800 Meter Relay</b>	<b>Mount St. Dominic</b>	<b>9:44.43</b>	<b>2011</b>
Distance Medley Relay (y)	Notre Dame	13:16.2	1984
<b>Distance Medley Relay (m)</b>	<b>Mount St. Dominic</b>	<b>12:26.22</b>	<b>2011</b>
<b>High Jump Relay</b>	<b>Paul VI</b>	<b>9' 10"</b>	<b>2011</b>
<b>Shot Put Relay</b>	<b>Our Lady of Mercy</b>	<b>78'11.75"</b>	<b>2009</b>
<b>Pole Vault Relay</b>	<b>Montclair Kimberley</b>	<b>18' 0"</b>	<b>2011</b>

2011 Girls Non-Public State Relay Champions – Mount Saint Dominic – 40 points

## Girls GROUP I

33" Shuttle Hurdles (y)	Arts (Newark)	0:33.4	1991
<b>33" Shuttle Hurdles (m)</b>	<b>Essex Co Tech, Market St</b>	<b>0:32.66</b>	<b>2011</b>
4 x 220 Yard Relay	Science (Newark)	1:50.8	1985
<b>4 x 200 Meter Relay</b>	<b>Abraham Clark</b>	<b>1:47.63</b>	<b>2011</b>
Sprint Medley Relay (y)	Oak Knoll	4:28.0	1985
<b>Sprint Medley Relay (m)</b>	<b>Haddonfield Memorial</b>	<b>4:17.15</b>	<b>2001</b>
4 x 440 Yard Relay	Science (Newark)	4:08.8	1989
<b>4 x 400 Meter Relay</b>	<b>Willingboro</b>	<b>4:04.40</b>	<b>2010</b>
4 x 880 Yard Relay	Bernards	9:47.7	1983
<b>4 x 800 Meter Relay</b>	<b>Haddonfield Memorial</b>	<b>9:54.81</b>	<b>2007</b>
Distance Medley Relay (y)	Bernards	13:07.3	1985
<b>Distance Medley Relay (m)</b>	<b>Haddonfield Memorial</b>	<b>12:42.33</b>	<b>2001</b>
<b>High Jump Relay</b>	<b>Mater Dei</b>	<b>10' 4"</b>	<b>1982</b>
<b>Shot Put Relay</b>	<b>Madison</b>	<b>76' 04.25"</b>	<b>2007</b>
<b>Pole Vault Relay</b>	<b>Pennsville</b>	<b>20' 6"</b>	<b>2010</b>

2011 Group I Girls State Relay Champions – Bernards - 52 points

## Girls GROUP II

33" Shuttle Hurdles (y)	Madison Boro	0:33.0	1985
<b>33" Shuttle Hurdles (m)</b>	<b>Woodrow Wilson</b>	<b>0:33.07</b>	<b>2005</b>
4 x 220 Yard Relay	Central (Newark)	1:48.2	1983
	Monmouth Regional	1:48.2	1988
<b>4 x 200 Meter Relay</b>	<b>Hopewell Valley</b>	<b>1:45.61</b>	<b>2009</b>
Sprint Medley Relay (y)	Vailsburg	4:20.2	1982
<b>Sprint Medley Relay (m)</b>	<b>Neptune</b>	<b>4:09.64</b>	<b>2011</b>
4 x 440 Yard Relay	Central (Newark)	4:04.3	1983
<b>4 x 400 Meter Relay</b>	<b>Camden</b>	<b>4:02.90</b>	<b>2009</b>
4 x 880 Yard Relay	Vailsburg	9:56.1	1982
<b>4 x 800 Meter Relay</b>	<b>Voorhees</b>	<b>9:41.91</b>	<b>2009</b>
Distance Medley Relay (y)	Bernards	12:58.6	1986
<b>Distance Medley Relay (m)</b>	<b>Voorhees</b>	<b>12:24.81</b>	<b>2009</b>
<b>High Jump Relay</b>	<b>Voorhees</b>	<b>10' 8"</b>	<b>2010</b>
<b>Shot Put Relay</b>	<b>NV @ Demarest</b>	<b>85' 6"</b>	<b>2002</b>
<b>Pole Vault Relay</b>	<b>Cranford</b>	<b>19' 8"</b>	<b>2008</b>

2011 Girls Group II State Relay Champions –Delsea – 49 points

## Girls Group III

33" Shuttle Hurdles (y)	Rahway	0:31.9	1984
<b>33" Shuttle Hurdles (m)</b>	<b>Notre Dame</b>	<b>0:31.93</b>	<b>1998</b>
4 x 220 Yard Relay	Central Regional	1:47.0	1982
<b>4 x 200 Meter Relay</b>	<b>Woodrow Wilson</b>	<b>1:46.04</b>	<b>2006</b>
Sprint Medley Relay (y)	Malcolm X Shabazz	4:10.2	1986
<b>Sprint Medley Relay (m)</b>	<b>Franklin Twp</b>	<b>4:12.23</b>	<b>2005</b>
4 x 440 Yard Relay	Malcolm X Shabazz	4:06.5	1986
<b>4 x 400 Meter Relay</b>	<b>Willingboro</b>	<b>4:02.94</b>	<b>1998</b>
4 x 880 Yard Relay,	North Hunterdon	9:44.0	1982
<b>4 x 800 Meter Relay</b>	<b>Roxbury</b>	<b>9:27.06</b>	<b>2006</b>
Distance Medley Relay (y)	North Hunterdon	12:36.7	1982
<b>Distance Medley Relay (m)</b>	<b>Colts Neck</b>	<b>12:08.01</b>	<b>2006</b>
<b>High Jump Relay</b>	<b>Mount Olive</b>	<b>10' 8"</b>	<b>2004</b>
<b>Shot Put Relay</b>	<b>Brick Township</b>	<b>86' 6.75"</b>	<b>2008</b>
<b>Pole Vault Relay</b>	<b>Montville</b>	<b>20' 6"</b>	<b>2009</b>

2011 Girls Group III State Relay Champions – Winslow Township - 30 points

## Girls GROUP IV

33" Shuttle Hurdles (y)	Plainfield	0:31.6	1986
<b>33" Shuttle Hurdles (m)</b>	<b>Millville</b>	<b>0:32.34</b>	<b>2009</b>
4 x 220 Yard Relay	Trenton Central	1:45.4	1984
<b>4 x 200 Meter Relay</b>	<b>Piscataway</b>	<b>1:44.14</b>	<b>2006</b>
Sprint Medley Relay (y)	Columbia	4:19.2	1981
<b>Sprint Medley Relay (m)</b>	<b>Southern Regional</b>	<b>4:09.96</b>	<b>2009</b>
4 x 440 Yard Relay	Plainfield	4:01.2	1983
<b>4 x 400 Meter Relay</b>	<b>Columbia</b>	<b>3:59.01</b>	<b>1997</b>
4 x 880 Yard Relay	Columbia	9:40.2	1983
<b>4 x 800 Meter Relay</b>	<b>Columbia</b>	<b>9:28.18</b>	<b>1998</b>
Distance Medley Relay (y)	Ridgewood	12:27.2	1988
<b>Distance Medley Relay (m)</b>	<b>Southern Regional</b>	<b>11:59.20</b>	<b>2007</b>
<b>High Jump Relay</b>	<b>Southern Regional</b>	<b>10' 8.50"</b>	<b>1981</b>
	<b>J.P. Stevens</b>	<b>10' 8.50"</b>	<b>1996</b>
<b>Shot Put Relay</b>	<b>Plainfield</b>	<b>90' 8.50"</b>	<b>1992</b>
<b>Pole Vault Relay</b>	<b>Hunterdon Central</b>	<b>22' 0"</b>	<b>2008</b>

2011 Girls Group IV State Relay Champions – Lenape - 51 points

## MEET RECORDS - 2011 BEST FROM THE GROUPS

4 x 60 Yard Hurdles	Neptune	0:29.3	1974
<b>4 x 55 Meter Hurdles</b>	<b>Woodrow Wilson</b>	<b>0:30.19</b>	<b>1999</b>
4 x 220 Yard Relay	Plainfield	1:31.0	1978
<b>4 x 200 Meter Relay</b>	<b>Camden</b>	<b>1:31.41</b>	<b>1997</b>
4 x 440 Yard Relay	Edgewood	3:23.7	1985
<b>4 x 400 Meter Relay</b>	<b>Lenape</b>	<b>3:25.79</b>	<b>2000</b>
4 x 880 Yard Relay	Bergen Catholic	7:57.8	1975
<b>4 x 800 Meter Relay</b>	<b>Morristown</b>	<b>8:05.26</b>	<b>2010</b>
Sprint Medley Relay	Trenton	3:34.9	1977
	Weequahic	3:33.67	1997
<b>Sprint Medley Relay</b>	<b>Washington Township</b>	<b>3:35.13</b>	<b>2010</b>
Distance Medley Relay	Roselle Catholic	10:16.6	1970
<b>Distance Medley Relay</b>	<b>Livingston</b>	<b>10:23.36</b>	<b>2011</b>
Frosh 4 x 440 Yard Relay	Memorial (West NY)	3:47.0	1970
<b>High Jump Relay</b>	<b>Montclair</b>	<b>13' 3"</b>	<b>1990</b>
<b>Shot Put Relay</b>	<b>Morristown</b>	<b>115' 8.25"</b>	<b>2010</b>
<b>Pole Vault Relay</b>	<b>Toms River North</b>	<b>28' 0"</b>	<b>2008</b>

**Note:** In 1992, Jadwin Gym was resurfaced and the track changed from 220 yards to 200 meters. It is the policy of the NJSIAA Track Committee not to convert records. Both the "yards" and the "meters" records will be listed. In 2006, the relays were moved to the Jersey City Armory. In 2008 all meets were held at the Bennett Center in Toms River.

## GROUP RECORDS

### Boys NON-PUBLIC

4 x 60 Yard Hurdles	Paul VI (Haddonfield)	0:30.3	1972
<b>4 x 55 Meter Hurdles</b>	<b>Christian Brothers</b>	<b>0:30.91</b>	<b>2008</b>
4 x 220 Yard Relay	St. Joseph (Montvale)	1:34.2	1969
<b>4 x 200 Meter Relay</b>	<b>Pope John XXIII</b>	<b>1:33.18</b>	<b>2010</b>
Sprint Medley Relay (y)	Paramus Catholic	3:36.1	1976
<b>Sprint Medley Relay (m)</b>	<b>Delbarton</b>	<b>3:39.78</b>	<b>2010</b>
4 x 440 Yard Relay	St. Joseph's (Met.)	3:27.8	1972
<b>4 x 400 Meter Relay</b>	<b>Bergen Catholic</b>	<b>3:28.99</b>	<b>2010</b>
4 x 880 Yard Relay	Bergen Catholic	7:57.8	1975
<b>4 x 800 Meter Relay</b>	<b>Christian Brothers</b>	<b>8:05.81</b>	<b>2011</b>
Distance Medley Relay (y)	Roselle Catholic	10:16.6	1970
<b>Distance Medley Relay (m)</b>	<b>Christian Brothers</b>	<b>10:27.68</b>	<b>2011</b>
<b>High Jump Relay</b>	<b>Essex Catholic</b>	<b>12' 10"</b>	<b>1979</b>
<b>Shot Put Relay</b>	<b>Christian Bros. Acad.</b>	<b>113' 2"</b>	<b>1982</b>
<b>Pole Vault Relay</b>	<b>Saint Rose</b>	<b>24' 6"</b>	<b>2008</b>
	<b>Don Bosco</b>	<b>24' 6"</b>	<b>2010</b>
	<b>Christian Brothers</b>	<b>24' 6"</b>	<b>2011</b>

2011 Boys Non-Public State Relay Champions – Christian Brothers Academy – 90 points – PERFECT SCORE

## Boys GROUP I

4 x 60 Yard Hurdles	Saddle Brook	0:31.3	1988
<b>4 x 55 Meter Hurdles</b>	<b>Abraham Clark (Roselle)</b>	<b>0:31.00</b>	<b>2007</b>
4 x 220 Yard Relay	Woodbury	1:36.1	1976
	Roselle Park	1:36.1	1979
<b>4 x 200 Meter Relay</b>	<b>Glassboro</b>	<b>1:33.88</b>	<b>2009</b>
Sprint Medley Relay (y)	Bernards	3:42.0	1985
<b>Sprint Medley Relay (m)</b>	<b>Bordentown</b>	<b>3:39.43</b>	<b>2005</b>
4 x 440 Yard Relay	Arts-Science	3:35.8	1988
<b>4 x 400 Meter Relay</b>	<b>Science</b>	<b>3:31.73</b>	<b>1998</b>
4 x 880 Yard Relay	Woodbury	8:22.4	1978
<b>4 x 800 Meter Relay</b>	<b>Haddonfield</b>	<b>8:14.32</b>	<b>2010</b>
Distance Medley Relay (y)	Bernards	10:43.4	1977
<b>Distance Medley Relay (m)</b>	<b>Haddonfield</b>	<b>10:37.17</b>	<b>2010</b>
<b>High Jump Relay</b>	<b>Palmyra</b>	<b>12' 4"</b>	<b>1993</b>
	<b>Pleasantville</b>	<b>12' 4"</b>	<b>1995</b>
	<b>Westwood</b>	<b>12' 4"</b>	<b>1999</b>
<b>Shot Put Relay</b>	<b>Hasbrouck Heights</b>	<b>98' 11.75"</b>	<b>2006</b>
<b>Pole Vault Relay</b>	<b>Park Ridge</b>	<b>26' 0"</b>	<b>2009</b>

2011 Boys Group I State Relay Champions – Hasbrouck Heights - 46 points

## Boys GROUP II

4 x 60 Yard Hurdles	Asbury Park	0:29.7	1978
<b>4 x 55 Meter Hurdles</b>	<b>Manchester Twp.</b>	<b>0:31.01</b>	<b>1998</b>
4 x 220 Yard Relay	Lincoln	1:31.9	1970
<b>4 x 200 Meter Relay</b>	<b>Delsea Regional</b>	<b>1:32.76</b>	<b>2009</b>
Sprint Medley Relay (y)	Asbury Park	3:39.8	1991
<b>Sprint Medley Relay (m)</b>	<b>Indian Hills</b>	<b>3:37.56</b>	<b>2006</b>
4 x 440 Yard Relay	Lincoln	3:26.3	1970
<b>4 x 400 Meter Relay</b>	<b>Rahway</b>	<b>3:26.91</b>	<b>2009</b>
4 x 880 Yard Relay	Lincoln	8:09.3	1974
<b>4 x 800 Meter Relay</b>	<b>Pleasantville</b>	<b>8:12.52</b>	<b>2006</b>
Distance Medley Relay (y)	Williamstown	10:37.7	1974
<b>Distance Medley Relay (m)</b>	<b>Morris Hills</b>	<b>10:35.82</b>	<b>2009</b>
<b>High Jump Relay</b>	<b>Jonathan Dayton</b>	<b>13' 2"</b>	<b>1981</b>
<b>Shot Put Relay</b>	<b>Bridgeton</b>	<b>115' 7.25"</b>	<b>1995</b>
<b>Pole Vault Relay</b>	<b>Matawan</b>	<b>26' 6"</b>	<b>2008</b>

2011 Boys Group II State Relay Champions – Delsea – 44 points

## Boys GROUP III

4 x 60 Yard Hurdles	Moorestown	0:29.9	1976
<b>4 x 55 Meter Hurdles</b>	<b>Woodrow Wilson</b>	<b>0:30.19</b>	<b>1999</b>
4 x 220 Yard Relay	Asbury Park	1:31.7	1979
<b>4 x 200 Meter Relay</b>	<b>Camden</b>	<b>1:31.41</b>	<b>1997</b>
Sprint Medley Relay (y)	Monmouth Regional	3:37.5	1979
<b>Sprint Medley Relay (m)</b>	<b>Monmouth Regional</b>	<b>3:38.3</b>	<b>1992</b>
4 x 440 Yard Relay	Monmouth Regional	3:25.0	1979
	Lincoln	3:25.0	1980
<b>4 x 400 Meter Relay</b>	<b>Teaneck</b>	<b>3:27.22</b>	<b>2011</b>
4 x 880 Yard Relay	Malcolm X Shabazz	8:02.8	1983
<b>4 x 800 Meter Relay</b>	<b>Morristown</b>	<b>8:05.26</b>	<b>2010</b>
Distance Medley Relay (y)	Brick Twp.	10:36.9	1968
<b>Distance Medley Relay (m)</b>	<b>W Windsor-Plains North</b>	<b>10:24.34</b>	<b>2009</b>
<b>High Jump Relay</b>	<b>Willingboro</b>	<b>13' 0"</b>	<b>2002</b>
<b>Shot Put Relay</b>	<b>Morristown</b>	<b>115' 8.25"</b>	<b>2010</b>
<b>Pole Vault Relay</b>	<b>Roxbury</b>	<b>26' 0"</b>	<b>2006</b>

2011 Boys Group III State Relay Champions – Oakcrest - 50 points

## Boys GROUP IV

4 x 60 Yard Hurdles	Neptune	0:29.3	1974
<b>4 x 55 Meter Hurdles</b>	<b>Winslow Township</b>	<b>0:30.28</b>	<b>2003</b>
4 x 220 Yard Relay	Plainfield	1:31.0	1978
<b>4 x 200 Meter Relay</b>	<b>Trenton Central</b>	<b>1:32.47</b>	<b>2008</b>
Sprint Medley Relay (y)	Trenton Central	3:34.9	1977
	Plainfield	3:34.9	1980
<b>Sprint Medley Relay (m)</b>	<b>Washington Township</b>	<b>3:35.13</b>	<b>2010</b>
4 x 440 Yard Relay	Edgewood	3:23.7	1985
<b>4 x 400 Meter Relay</b>	<b>Lenape</b>	<b>3:25.79</b>	<b>2000</b>
4 x 880 Yard Relay	Willingboro	8:01.2	1983
<b>4 x 800 Meter Relay</b>	<b>Jackson Memorial</b>	<b>8:07.12</b>	<b>2007</b>
Distance Medley Relay (y)	Ramapo	10:30.3	1970
<b>Distance Medley Relay (m)</b>	<b>Livingston</b>	<b>10:23.36</b>	<b>2011</b>
<b>High Jump Relay</b>	<b>Montclair</b>	<b>13' 3"</b>	<b>1990</b>
<b>Shot Put Relay</b>	<b>Toms River East</b>	<b>110' 9.50"</b>	<b>1984</b>
<b>Pole Vault Relay</b>	<b>Toms River North</b>	<b>28' 0"</b>	<b>2008</b>

2011 Boys Group IV State Relay Champions –East Brunswick – 28 points