

**2011 NJSIAA/Star-Ledger/M-F Athlete
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Boys – North I Group I

55 Meter Dash	Christopher Maylloy-Hughes – Verona	0:06.70	2009
55 Meter Hurdles	John Porteous – Wood-Ridge	0:07.99	2011
400 Meter Dash	Kevin Condal, Hasbrouck Heights	0:50.89	2010
800 Meter Run	Sam Janssen - Park Ridge	2:05.57	2008
1600 Meter Run	DJ Puleo – Pascack Valley	4:34.70	2009
3200 Meter Run	Rob Albano – Pequannock	9:54.86	2009
4x400 Meter Relay	Dover	3:36.67	2009
High Jump	Tim White - Saddle Brook	6-02	2008
Pole Vault	Greg Hoffman - Park Ridge	14-01	2011
Shot Put	Patrick Cole – Hasbrouck Heights	52-03.00	2010

2011 Team Champion – **Hasbrouck Heights** – 96 points

Boys – North I Group II

55 Meter Dash	Raldaine Mcdonald - Dwight Morrow	0:06.57	2008
55 Meter Hurdles	Jaivon Palmer - Dwight Morrow	0:07.65	2008
400 Meter Dash	Mark Filandro – Indian Hills	0:49.45	2010
800 Meter Run	Bradley Paternostro – Indian Hills	1:55.87	2011
1600 Meter Run	Ben Malone – Pascack Valley	4:24.18	2011
3200 Meter Run	Nicolas Ward – Indian Hills	9:35.70	2011
4x400 Meter Relay	Indian Hills	3:32.97	2010
High Jump	Corey Crawford – Indian Hills	6-07	2010
Pole Vault	Juan Andres Giglio – Ridgefield Park	13-00	2010
	Brad Hoey – River Dell		2011
Shot Put	Eddie McClain – Morris Hills	56-00.00	2009

2011 Team Champion – **Morris Hills** – 86 points

Boys – North I Group III

55 Meter Dash	David Butler - Teaneck	0:06.52	2008
55 Meter Hurdles	Mark Jones - Hackensack	0:07.83	2011
400 Meter Dash	Bryan Murphy – Teaneck	50.61	2011
800 Meter Run	Nico Stabile - Passaic Valley	2:00.64	2009
1600 Meter Run	Nico Stabile – Passaic Valley	4:27.89	2009
3200 Meter Run	Nicholas Roman - Passaic Valley	9:46.19	2008
4x400 Meter Relay	Teaneck	3:27.21	2011
High Jump	Antoine Allen - Mount Olive	6-02	2008
Pole Vault	Joseph Oliveri – Nutley	14-00	2009
Shot Put	Nicholas Vena - Morristown	59-07.00	2008

2011 Team Champion – **Teaneck** – 60 points

**2011 NJSIAA/Star-Ledger/M-F Athlete
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Boys – North I Group IV

55 Meter Dash	Ellis Mensah - West Orange	0:06.56	2008
55 Meter Hurdles	Keshon Brown – J.F. Kennedy (Paterson)	0:07.56	2010
400 Meter Dash	Ellis Mensah - West Orange	0:50.98	2008
800 Meter Run	Jared Mason – West Orange	1:58.25	2011
1600 Meter Run	Curtis Richburg – West Orange	4:14.43	2010
3200 Meter Run	Jeremy Elkaim – Livingston	9:26.40	2011
4x400 Meter Relay	Randolph	3:30.31	2010
High Jump	Marcos McKenzie - Eastside-Paterson	6-06	2008
	Tommy DeVita – Ridgewood	6-06	2010
Pole Vault	John Wisener – Ridgewood	13-00.00	2010
	Andy Jung - Livingston		2011
Shot Put	Darien Collie - Kennedy - Paterson	51-02.00	2008

2011 Team Champion –**Ridgewood** – 77 points

Girls – North I Group I

55 Meter Dash	Mel Lewis – Midland Park	0:07.65	2009
55 Meter Hurdles	Idelis Matias - Dover	0:08.57	2011
400 Meter Dash	Colleen Murphy – Westwood	0:59.91	2010
800 Meter Run	Julieanne Fontana - Pascack Hills	2:25.10	2009
1600 Meter Run	Julieanne Fontana – Pascack Hills	5:19.77	2010
3200 Meter Run	Melissa DeHorta - Dover	11:53.09	2011
4x400 Meter Relay	Westwood	4:11.76	2011
High Jump	Emily Carson – Caldwell		2009
	Monica Loranger – Butler	5-00	2010
Pole Vault	Ali Giordano - Waldwick		2011
	Michelle Favre - Saddle Brook	11-01	2008
Shot Put	April Kaiser - Park Ridge	38-00.25	2008

2011 Team Champion –**Westwood** – 83 points

Girls – North I Group II

55 Meter Dash	Kristen Brown – Dwight Morrow	0:07.21	2009
55 Meter Hurdles	Kirsten Bowens – Mahwah	0:08.87	2009
400 Meter Dash	Vicky Caruso - Wallkill Valley	0:59.71	2009
800 Meter Run	Katelyn Ary – Northern Valley Demarest	2:22.41	2011
1600 Meter Run	Alexandra Clinton - Ramsey	5:12.00	2010
3200 Meter Run	Alexandra Clinton – Ramsey	11:10.57	2010
4x400 Meter Relay	Morris Hills	4:13.23	2011
High Jump	Lauren Burke -Morris Hills	5-04	2008
Pole Vault	Chrissy Finkel - Montville	12-00	2008
Shot Put	Aretah Ettarh – Fort Lee	39-01.75	2010

2011 Team Champion – **Morris Hills** – 73 points

**2011 NJSIAA/Star-Ledger/M-F Athlete
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Girls – North I Group III

55 Meter Dash	Janay Mitchell - Teaneck	0:07.27	2009
55 Meter Hurdles	Taylor Furman – Morris Hills (In Trials)	0:08.76	2010
400 Meter Dash	Jenni Zymet – Paramus	0:58.07	2010
800 Meter Run	Briann Meutts – Roxbury	2:18.24	2009
1600 Meter Run	Claudia Disomma - Sparta	4:58.36	2010
3200 Meter Run	Tori Berard – Morris Knolls	11:21.84	2009
4x400 Meter Relay	Sparta	4:08.14	2010
High Jump	Shelisa Campbell – Hackensack	5-00	2009
Pole Vault	Chrissy Finkel – Montville	11-08	2009
Shot Put	Apresha Hampton – Teaneck	43-03.25	2010

2011 Team Champion – **Teaneck** – 59 points

Girls – North I Group IV

55 Meter Dash	Chameka Davis – Eastside (Paterson)	0:07.37	2011
55 Meter Hurdles	Evana Edwards - Hackensack	0:08.45	2008
400 Meter Dash	Amber Allen - Passaic Tech	0:57.19	2010
800 Meter Run	Joelle Amaral – Randolph	2:16.66	2011
1600 Meter Run	Joelle Amaral - Randolph	4:53.66	2011
3200 Meter Run	Joelle Amaral - Randolph	10:57.25	2010
4x400 Meter Relay	Passaic County Technical	4:09.77	2010
High Jump	Sarah DeVita - Ridgewood	5-02	2011
Pole Vault	Kayla Polcari – Ridgewood	11-06	2010
Shot Put	Nia Barnes – West Orange	40-04.50	2011

2011 Team Champion – **Randolph** – 95 points

Boys - North II Group I

55 Meter Dash	Michael Wuguwu - Science	0:06.61	2008
55 Meter Hurdles	Mike Fritz – Whippany Park	0:07.74	2011
400 Meter Dash	Shaun Page - Weequahic	0:51.93	2011
800 Meter Run	Mohamed Merdan – Hudson County Prep	2:03.20	2010
1600 Meter Run	Philip Vernimb – Bernards	4:37.07	2011
3200 Meter Run	Benjamin Singleton - University Acad	10:07.86	2008
4x400 Meter Relay	Essex County Vo-Tech (Market Street)	3:36.60	2011
High Jump	Alex McGee – Whippany Park	6-00	2009
	Rudolph Graddy – Madison		2011
Pole Vault	Pat Rynerson – Whippany Park	13-00	2010
Shot Put	Tom Frawley - Verona	49-07.00	2008

2011 Team Champion – **Bernards** – 72 points

**2011 NJSIAA/Star-Ledger/M-F Athlete
Sectional Track & Field Championships**

Boys – North II Group II

55 Meter Dash	Zamir Thomas - Snyder	0:06.66	2010
55 Meter Hurdles	Pierre Darisme - Rahway	0:07.63	2009
400 Meter Dash	Zamir Thomas - Snyder	0:50.90	2010
800 Meter Run	Edward Garcia – Hanover Park	2:00.08	2010
1600 Meter Run	Jeremy Antivo - Rahway	4:26.54	2011
3200 Meter Run	Jeremy Antivo - Rahway	9:50.02	2010
4x400 Meter Relay	Snyder	3:31.55	2008
High Jump	Alex Maurer - Voorhees		2008
	Mark Jones - Summit	6-04	2011
Pole Vault	Justin Amezquita - Gov. Livingston	15-00	2010
Shot Put	Cary Jones - Rahway	53-10.00	2011

2011 Team Champion – **Rahway** – 78 points

Boys – North II Group III

55 Meter Dash	Rashon Evans – Irvington	0:06.55	2009
55 Meter Hurdles	Joshua Evans - Irvington	0:07.49	2009
400 Meter Dash	Rudy Henriques - Irvington	0:51.29	2011
800 Meter Run	Hamer Farag - Morristown	1:58.28	2010
1600 Meter Run	Brian Robinson - Millburn	4:20.55	2010
3200 Meter Run	Tyler Udland - Millburn	9:28.29	2010
4x400 Meter Relay	Irvington	3:29.06	2010
High Jump	Ameer Wright – Irvington	6-04	2008
Pole Vault	David Cariello – Morristown	14-00	2009
	Matt Deery – Phillipsburg	14-00	2010
Shot Put	Nicholas Vena, Morristow	69-00.00	2011

2011 Team Champion – **Morristown** – 54 points

Boys – North II Group IV

55 Meter Dash	Stephen Knox – Plainfield	0:06.55	2009
55 Meter Hurdles	Stephen Knox – Plainfield	0:07.60	2009
400 Meter Dash	Isaiah Gill - Plainfield	0:49.74	2009
800 Meter Run	Selasi Lumax - Franklin	2:00.17	2008
1600 Meter Run	Tim Ball – Piscataway	4:20.66	2011
3200 Meter Run	Matthew McDonald – North Hunterdon	9:24.33	2011
4x400 Meter Relay	Columbia	3:27.24	2010
High Jump	Adam Bergo - Westfield	6-06	2008
	Terry Anderson – Columbia	6-06	2009
Pole Vault	Ryan Potter - Hunterdon Central	13-04	2011
Shot Put	Travis Gallardo - Bayonne	52-06.00	2011

2011 Team Champion – **Piscataway** – 50 points

**2011 NJSIAA/Star-Ledger/M-F Athlete
Sectional Track & Field Championships**

Girls – North II Group I

55 Meter Dash	Iana Amsterdam – Essex Co Tech (Market St)	0:07.38	2011
55 Meter Hurdles	Iana Amsterdam – Essex Co Tech (Market St)	0:08.45	2011
400 Meter Dash	Kristen Smoot - Bernards	0:58.83	2010
800 Meter Run	Kristen Smoot – Bernards	2:24.25	2010
1600 Meter Run	Mallory Anderson - Madison	5:21.99	2009
3200 Meter Run	Dana Giordano – Bernards	11:43.76	2010
4x400 Meter Relay	Essex County Vo-Tech (Market St)	4:10.28	2011
High Jump	Katie Karovic – Whippany Park	5-02	2009 & '11
Pole Vault	Catherine Shih – Bernards	12-00	2010
Shot Put	Rebecca Misko - Madison	37-09.25	2008

2011 Team Champion – **Bernards** –94 points

Girls – North II Group II

55 Meter Dash	Ogechi Nwaneri - Chatham	0:07.06	2008
55 Meter Hurdles	Briana Barlow – New Brunswick	0:08.41	2010
400 Meter Dash	Natalie Englese - Cranford	0:57.49	2010
800 Meter Run	Katie Watson – Summit	2:18.23	2011
1600 Meter Run	Katie Watson – Summit	5:02.11	2011
3200 Meter Run	Melanie Thompson - Voorhees	11:03.49	2008
4x400 Meter Relay	Summit	4:10.20	2011
High Jump	Samantha Yeats – Voorhees	5-04	2009
	Emily Vargas – A. L. Johnson		2010
Pole Vault	Nicole Pompei - Hanover Park	12-01	2009
Shot Put	Sarah Bella - W. Morris Mendha	41-01.50	2008

2011 Team Champion – **Summit** – 88 points

Girls – North II Group III

55 Meter Dash	Briana Barlow - New Brunswick	0:07.21	2009
55 Meter Hurdles	Briana Barlow - New Brunswick	0:08.35	2009
400 Meter Dash	Josefine Kvist - Ridge	0:59.70	2008
800 Meter Run	Mary Migton – Roxbury	2:22.58	2011
1600 Meter Run	Dale Kinney - Morristown	5:06.38	2010
3200 Meter Run	Laura Vigilante – West Morris Mendham	10:50.40	2010
4x400 Meter Relay	West Morris Mendham	4:07.41	2010
High Jump	Fiona Paladino - Montgomery	5-03	2008
Pole Vault	Megan O’Shea – Morristown	9-06	2009
	Rebekka Voujolaiten – Princeton	9-06	2010
Shot Put	Carlaya Jones - Scotch Plains-Faneood	36-03.25	2008

2011 Team Champion – **Irvington** – 66 points

**2011 NJSIAA/Star-Ledger/M-F Athlete
Sectional Track & Field Championships**

Girls – North II Group IV

55 Meter Dash	Jasmine Carter - Columbia	0:07.21	2010
55 Meter Hurdles	Kayann Richards – Columbia	0:08.28	2011
400 Meter Dash	Olivia Baker – Columbia	0:57.69	2011
800 Meter Run	Latitia Salley - Elizabeth	2:19.77	2010
1600 Meter Run	Kari Coffman - Edison	5:17.36	2008
3200 Meter Run	Lindsey Smith – North Hunterdon	11:30.04	2009
4x400 Meter Relay	Columbia	4:02.39	2011
High Jump	Bianca Stewart - Columbia	5-04	2008
Pole Vault	Myriah Sujansky – North Hunterdon	11-07	2011
Shot Put	Mary Clare Sobon – Franklin	38-07.50	2011

2011 Team Champion – **Columbia** – 105 points

Boys - Central Group I

55 Meter Dash	Bryant Fitzgerald - Highland Park	0:06.47	2008
55 Meter Hurdles	Gerkenz Senesca - Abraham Clark	0:07.85	2008
400 Meter Dash	Devonte Artis – Shabazz	0:51.52	2011
800 Meter Run	Billy Latta - Metuchen	1:59.71	2008
1600 Meter Run	Everett Price – New Providence	4:25.46	2011
3200 Meter Run	Everett Price – New Providence	9:49.57	2010
4x400 Meter Relay	Snyder	3:31.24	2009
High Jump	Darius Mayers – Abraham Clark	6-03.00	2011
Pole Vault	Craig Hunter – Robbinsville	13-00	2011
Shot Put	Paul Zaurella – Asbury Park	46-07.50	2008

2011 Team Champion – **Metuchen** – 56 points

Boys – Central Group II

55 Meter Dash	Kadeem Douse - Ewing	0:06.48	2011
55 Meter Hurdles	Kyle Robinson – Matawan	0:07.57	2009
400 Meter Dash	Dave Brown – Ewing	0:51.20	2009
800 Meter Run	Matthew Brown – Manchester Township	2:00.91	2011
1600 Meter Run	George Galasso - Holmdel	4:28.05	2008
3200 Meter Run	Christian Baumbach - Hopewell Valley	9:45.63	2008
4x400 Meter Relay	Matawan	3:30.79	2010
High Jump	Mark Jones – Summit	6-10	2010
	Mike McGuinness - Matawan		2008
Pole Vault	Jonathan Bartlett – Matawan	13-00	2009
	Skylar Johnson – Pt. Pleasant Boro		2011
Shot Put	Edrick Alleyne - Monmouth Reg.	55-02.00	2008

2011 Team Champion Willingboro – 61 points

**2011 NJSIAA/Star-Ledger/M-F Athlete
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Boys – Central Group III

55 Meter Dash	Michael Peavey - Neptune	0:06.48	2008
55 Meter Hurdles	Greg Caldwell – W Windsor-Plains North	0:07.71	2011
400 Meter Dash	Ryan Donelan - Hightstown	0:49.86	2008
800 Meter Run	Karon Purcell - Hightstown	1:56.46	2010
1600 Meter Run	Brian Leung - WWindsor-Plainsboro South	4:18.36	2008
3200 Meter Run	Jim Rosa – W Windsor-Plainsboro North	9:23.14	2010
4x400 Meter Relay	Hightstown	3:30.29	2010
High Jump	Tony Pacheco – Middletown North	6-04	2011
Pole Vault	Patrick Gray – Heightstown	14-06	2009
Shot Put	Corey Abernathy – W Windsor-Plainsboro North	60-10.50	2010

2011 Team Champion – **West Windsor-Plainsboro South** – 70 points

Boys – Central Group IV

55 Meter Dash	Jihaad Howard – Brick Memorial	0:06.48	2011
55 Meter Hurdles	Christian Boateng – Old Bridge	T-0:07.53	2011
400 Meter Dash	Leonard Robbins – East Brunswick	0:49.33	2011
800 Meter Run	Monroe Kearns - Jackson	1:57.37	2008
1600 Meter Run	Cullen Davis – North Brunswick	4:23.47	2011
3200 Meter Run	Andrew Goelz – Brick Memorial	9:25.40	2011
4x400 Meter Relay	Freehold Township	3:28.04	2009
High Jump	Justin Bailey – Trenton	6-06	2011
Pole Vault	Mark Ksiezopolski - Hillsborough	14-00	2008
Shot Put	Jorge Merino - Old Bridge	56-04.00	2009

2011 Team Champion – **Freehold Township** – 52 1/3 points

Girls – Central Group I

55 Meter Dash	Kaprice James – Abraham Clark	0:07.49	2011
55 Meter Hurdles	Amber Scott - Robbinsville	0:08.46	2009
400 Meter Dash	Cameo Kirk – Shore Regional	0:59.23	2009
800 Meter Run	Kristin Smoot - Bernards	2:22.51	2008
1600 Meter Run	Megan Flynn – Robbinsville	5:17.33	2009
4x400 Meter Relay	Shore Regional	4:12.22	2008
3200 Meter Run	Megan Flynn - Robbinsville	11:23.27	2009
High Jump	Alexa Williams – Jonathan Dayton	5-08	2011
Pole Vault	Holly Tucker - New Providence	9-06	2008
Shot Put	Madison Ricks – New Providence	36-02.25	2011

2011 Team Champion – **Robbinsville** – 61 points

**2011 NJSIAA/Star-Ledger/M-F Athlete
Sectional Track & Field Championships**

Girls – Central Group II

55 Meter Dash	Yazmin Hall - Neptune	0:07.38	2010
55 Meter Hurdles	Shayne Hughes - Hopewell Valley	0:08.52	2009
400 Meter Dash	Julie Alexander – Hopewell Valley	0:57.53	2009
800 Meter Run	Ajee Wilson - Neptune	2:16.29	2011
1600 Meter Run	Clare Buck - Hopewell Valley	5:10.06	2008
3200 Meter Run	Colette Whitney - Voorhees	11:18.50	2010
4x400 Meter Relay	Neptune	4:04.35	2011
High Jump	Samantha Yeats – Voorhees	5-08	2010
Pole Vault	Stephanie Skove – Monmouth Regional	11-00	2010
Shot Put	Chandler Copeland – Manchester Twp.	36-03.00	2011

2011 Team Champion – **Neptune** – 77 points

Girls – Central Group III

55 Meter Dash	Tylia Gillon – Jackson Memorial	0:07.25	2010
55 Meter Hurdles	Stephanie Hicks – Hamilton North	0:08.37	2010
400 Meter Dash	Nicole Ragucci - Monroe Township	0:57.80	2008
800 Meter Run	Ajee Wilson – Neptune	2:17.91	2009
1600 Meter Run	Caroline Kellner – W Windsor-Pl South	5:10.09	2011
3200 Meter Run	Katie Kellner - WW-P South	11:09.39	2008
4x400 Meter Relay	Jackson Memorial	4:03.95	2010
High Jump	Emily Kianka – Hopewell Valley	5-08.25	2010
Pole Vault	Allyson Brooks - Moorestown	11-00	2008
Shot Put	DeAnne Hahn - Brick Township	42-07.50	2008

2011 Team Champion – **West Windsor-Plainsboro South** – 89 points

Girls – Central Group IV

55 Meter Dash	Tylia Gillon – Jackson Memorial	0:07.18	2009
55 Meter Hurdles	Jullian Grant – Old Bridge	0:08.42	2010
	Kelly Berg – Freehold Township		2011
400 Meter Dash	Adaobi Unachukwu - Marlboro	0:58.51	2009
800 Meter Run	Janel Parker - Freehold Twp	2:17.81	2008
1600 Meter Run	Jullian Prentice - Montgomery	5:06.67	2010
3200 Meter Run	Brianna Jackucewicz - Colts Neck	10:44.29	2008
4x400 Meter Relay	Freehold Township	4:03.25	2011
High Jump	Fiona Paladino – Montgomery	5-08	2010 & '11
Pole Vault	Samantha Brady - Jackson	11-06	2008
Shot Put	Shannon Watt - Jackson	43-10.00	2008

2011 Team Champion – **South Brunswick** – 71.5 points

**2011 NJSIAA/Star-Ledger/M-F Athlete
Sectional Track & Field Championships**

Boys – South Group I

55 Meter Dash	James Brown - Glassboro	0:06.52	2009
55 Meter Hurdles	Shawill Greene – Burlington City	0:07.79	2009
400 Meter Dash	Darrell Bush - Woodbury	0:50.93	2011
800 Meter Run	Colin Baker - Haddonfield	2:00.77	2009
1600 Meter Run	Colin Baker - Haddonfield	4:24.38	2009
3200 Meter Run	Jonathan Vitez - Haddonfield	9:34.34	2009
4x400 Meter Relay	Pleasantville	3:33.63	2011
High Jump	Branden Austin – Pennsville	6-03	2010
Pole Vault	Michael Rivard – Haddonfield	14-06	2010
Shot Put	Dontaye Rivera – Pleasantville	54-03.00	2011

2011 Team Champion: **Haddonfield** – 77 points

Boys – South Group II

55 Meter Dash	Sean McPherson - Delsea	0:06.57	2010
55 Meter Hurdles	Kevon Brown – West Deptford	0:07.49	2009
400 Meter Dash	Terry Alston – Camden	0:51.15	2009
800 Meter Run	Larry Ramierez – Pleasantville	1:59.62	2009
1600 Meter Run	Matthew Nelson - Barnegat	4:24.38	2010
3200 Meter Run	Matthew Nelson - Barnegat	9:44.02	2010
4x400 Meter Relay	Camden	3:29.98	2009
High Jump	Timothy Miller – Pinelands	6-04	2011
Pole Vault	Daniel Batdorf - West Deptford	14-06	2008
Shot Put	Braheeme Days - Bridgeton	54-04.00	2011

2011 Team Champion: **Delsea** – 105 points

Boys – South Group III

55 Meter Dash	Damiere Byrd - Timber Creek	0:06.39	2009
55 Meter Hurdles	Matt marshall - Camden	0:07.69	2008
400 Meter Dash	Barry Cephas - Winslow Twp	0:50.27	2008
800 Meter Run	Miles Schoedler – Ocean City	1:58.79	2011
1600 Meter Run	Miles Schoedler – Ocean City	4:17.72	2011
3200 Meter Run	Robert Rawls – Triton	9:26.71	2011
4x400 Meter Relay	Winslow Township	3:25.16	2008
High Jump	Daniel Lucey – Central Regional	6-04	2010
	Brandon Grayson – Timber Creek		2011
Pole Vault	Thomas Jeffers – Triton	14-00	2011
Shot Put	Matthew Huckabee – Timber Creek	52-00.50	2010

2011 Team Champion: **Oakcrest** – 70 points

**2011 NJSIAA/Star-Ledger/M-F Athlete
Sectional Track & Field Championships**

Boys – South Group IV

55 Meter Dash	Rasheed Grandy – Absegami	0:06.50	2010
55 Meter Hurdles	Chris Rutherford - Toms River East	0:07.59	2008
400 Meter Dash	Jim Carey – Washington Township	0:49.64	2009
800 Meter Run	Xavier Fraction - Washington Twp	1:57.81	2008
1600 Meter Run	Joe Kotran – Toms River North	4:20.73	2010
3200 Meter Run	Matt Valeriani – Southern Regional	9:20.48	2010
4x400 Meter Relay	Cherry Hill East	3:27.66	2011
High Jump	Uchenna Njoku – Cherry Hill East		2009
	Ed Kramer – Cherokee	6-04	2010
	Andrew Athias – Cherry Hill East		2011
Pole Vault	Brian Banks – Eastern Regional	14-07	2011
Shot Put	Rwabena Keene – Washington Twp	56-00.50	2008

2011 Team Champion: **Washington Township** –58 points

Girls – South Group I

55 Meter Dash	Zenee Gadson – Glassboro	0:07.52	2009
55 Meter Hurdles	Dominique Best - Pleasantville	0:08.80	2008
400 Meter Dash	Greta Feldman - Haddonfield	0:59.13	2008
800 Meter Run	Greta Feldman - Haddonfield	2:19.92	2009
1600 Meter Run	Brianna Feerst – Pt Pleasant Beach	5:12.83	2011
3200 Meter Run	Elizabeth Sikkema - Haddonfield	11:39.95	2009
4x400 Meter Relay	Haddonfield	4:10.24	2008
High Jump	Amaris Kobolak – Cinnaminson	5-00	2011
Pole Vault	Kristin Weigel - Pennsville	10-06	2010
Shot Put	Simohn Miller - Glassboro	37-00.00	2009

2011 Team Champion: **Haddonfield** – 72 points

Girls – South Group II

55 Meter Dash	Audrey Wilson - Deptford	0:07.14	2009
55 Meter Hurdles	Samantha Sharper - Woodrow Wilson	0:08.51	2008
400 Meter Dash	Audrey Wilson - Deptford	0:58.44	2009
800 Meter Run	Felicia O'Donnell – Delsea	2:17.83	2011
1600 Meter Run	Felicia O'Donnell – Delsea	5:02.83	2011
3200 Meter Run	Megan Venables – Highland Regional	10:47.31	2011
4x400 Meter Relay	Camden	4:04.07	2009
High Jump	Magan Kustera - West Deptford	5-02	2009
Pole Vault	Jen Holly - Barnegat	11-00	2008
Shot Put	Janice Rose – Delsea	43-00.00	2011

2011 Team Champion: **Delsea** – 100 points

**2011 NJSIAA/Star-Ledger/M-F Athlete
Sectional Track & Field Championships**

Girls - South Group III

55 Meter Dash	Ste'yce McNeil – Winslow Township	0:07.28	2011
55 Meter Hurdles	Ste'yce McNeil – Winslow Township	0:08.38	2011
400 Meter Dash	Michelle Brown - Seneca	0:56.29	2010
800 Meter Run	Mary Bohi – Seneca	2:18.47	2009
1600 Meter Run	Chelsea Ley - Kingsway	5:11.24	2009
3200 Meter Run	Chelsea Ley - Kingsway	10:55.40	2008
4x400 Meter Relay	Camden	4:00.51	2008
High Jump	Lauren Calorel - Lacey	5-06	2009
Pole Vault	Lauren Bednarz – Toms River South	10-06	2009
Shot Put	Kimberly Alfaro – Toms River South	36-01.00	2010

2011 Team Champion: **Winslow Township** – 56 points

Girls – South Group IV

55 Meter Dash	English Gardner - Eastern Regional	0:07.08	2010
55 Meter Hurdles	Samantha Rodriguez – Southern Reg	0:08.50	2010
400 Meter Dash	Nijgia Snapp - Oakcrest	0:56.02	2009
800 Meter Run	Jillian Smith - Southern Reg	2:13.07	2008
1600 Meter Run	Jillian Smith - Southern Reg	5:02.19	2009
3200 Meter Run	Dina Iacone – Washington Township	11:07.46	2011
4x400 Meter Relay	Washington Township	3:58.05	2011
High Jump	Lindsey Walsh - Lenape	5-06	2008
	Kelsey Evanco – Lenape	5-06	2010 & '11
Pole Vault	Dana Schweiger – Toms River North		2010
	Chelsea Vaughan – Southern Reg.	11-00	2011
Shot Put	Maureen Laffan - Toms River North	41-00.00	2008

2011 Team Champion: **Washington Township** – 69 points

**2011 NJSIAA/Star-Ledger/M-F Athlete
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Best of the Sectionals by Group

Group I Boys

55 Meter Dash	Bryant Fitzgerald - Highland Park	0:06.47	2008
55 Meter Hurdles	Mike Fritz – Whippany Park	0:07.74	2011
400 Meter Dash	Darrell Bush - Woodbury	0:50.93	2011
800 Meter Run	Billy Latta - Metuchen	1:59.71	2008
1600 Meter Run	Colin Baker - Haddonfield	4:24.38	2009
3200 Meter Run	Jonathan Vitez - Haddonfield	9:34.34	2009
4x400 Meter Relay	Henry Snyder	3:31.24	2009
High Jump	Branden Austin-Pennsville	6-03	2010
	Darius Mayers-Abraham Clark	6-03	2011
Pole Vault	Michael Rivard – Haddonfield	14-06	2010
Shot Put	Dontaye Rivera - Pleasantville	54-03.00	2011

Group II Boys

55 Meter Dash	Kadeem Douse - Ewing	0:06.47	2011
55 Meter Hurdles	Kevon Brown – West Deptford	0:07.49	2009
400 Meter Dash	Mark Filandro – Indian Hills	0:49.45	2010
800 Meter Run	Bradley Paternostro – Indian Hills	1:55.87	2011
1600 Meter Run	Ben Malone – Pascack Valley	4:24.18	2011
3200 Meter Run	Niclas Ward – Indian Hills	9:35.70	2011
4x400 Meter Relay	Camden	3:29.98	2009
High Jump	Mike McGuinness – Matawan	6-10.00	2008
	Mark Jones – Summit	6-10.00	2010
Pole Vault	Justin Amezquita – Gov. Livingston	15-00.00	2010
Shot Put	Eddie McClain – Morris Hills.	56-00.00	2009

Group III Boys

55 Meter Dash	Damiere Byrd – Timber Creek	0:06.39	2009
55 Meter Hurdles	Joshua Evans - Irvington	0:07.49	2009
400 Meter Dash	Ryan Donelan - Hightstown	0:49.86	2008
800 Meter Run	Karon Purcell - Hightstown	1:56.46	2010
1600 Meter Run	Miles Schoedler – Ocean City	4:17.72	2011
3200 Meter Run	Jim Rosa – West Windsor-Plainsboro North	9:23.14	2010
4x400 Meter Relay	Winslow Township	3:25.16	2008
High Jump	Ameer Wright – Irvington	6-04.00	2008
	Daniel Lucey – Central Regional	6-04.00	2010
	Tony Pacheco – Middletown South	6-04.00	2011
	Brandon Grayson – Timber Creek	6-04.00	2011
Pole Vault	Patrick Gray - Hightstown	14-06.00	2009
Shot Put	Nicholas Vena - Morristown	67-06.50	2010

**2011 NJSIAA/Star-Ledger/M-F Athlete
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Group IV Boys

55 Meter Dash	Jihaad Howard – Brick Memorial	0:06.48	2011
55 Meter Hurdles	Christian Boateng – Old Bridge	T-0:07.53	2011
400 Meter Dash	Leonard Robbins – East Brunswick	0:49.33	2011
800 Meter Run	Monroe Kearns - Jackson	1:57.37	2008
1600 Meter Run	Curtis Richburg – West Orange	4:14.43	2010
3200 Meter Run	Matt Valeriani – Southern Regional	9:20.48	2010
4x400 Meter Relay	Columbia	3:27.24	2010
High Jump	Marcos MC Kenzie - Eastside - Paterson	6-06.00	2008
	Adam Bergo - Westfield	6-06.00	2008
	Terry Anderson – Columbia	6-06.00	2009
	Tommy DeVita – Ridgewood	6-06.00	2010
	Justin Bailey – Trenton	6-06.00	2011
Pole Vault	Brian Banks – Eastern Regional	14-07.00	2011
Shot Put	Jorge Merino – Old Bridge	56-04.00	2009

Girls Group I

55 Meter Dash	Iana Amsterdam – Essex Tech (Market)	0:07.38	2011
55 Meter Hurdles	Iana Amsterdam – Essex Tech (Market)	0:08.45	2011
400 Meter Dash	Kristen Smoot – Bernards	0:58.83	2010
800 Meter Run	Greta Feldman - Haddonfield	2:19.92	2009
1600 Meter Run	Brianna Feerst – Pt. Pleasant Beach	5:12.83	2011
3200 Meter Run	Megan Flynn - Robbinsville	11:23.27	2009
4x400 Meter Relay	Summit	4:10.20	2011
High Jump	Alexa Williams – Jonathan Dayton	5-08.00	2011
Pole Vault	Catherine Shih – Bernards	12-00.00	2010
Shot Put	April Kaiser - Park Ridge	38-00.25	2008

Girls Group II

55 Meter Dash	Ogechi Nwaneri - Chatham	0:07.06	2008
55 Meter Hurdles	Briana Barlow – New Brunswick	0:08.41	2010
400 Meter Dash	Natalie Englese - Cranford	0:57.49	2010
800 Meter Run	Ajee Wilson – Neptune	2:16.29	2011
1600 Meter Run	Katie Watson - Summit	5:02.11	2011
3200 Meter Run	Megan Venables – Highland Regional	10:47.31	2011
4x400 Meter Relay	Camden	4:04.07	2009
High Jump	Samantha Yeats – Voorhees	5-08.00	2010
Pole Vault	Nicole Pompei - Hanover Park	12-01.00	2009
Shot Put	Sarah Bella - W. Morris Mendha	41-01.50	2008

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Girls Group III

55 Meter Dash	Briana Barlow – New Brunswick	0:07.21	2009
55 Meter Hurdles	Briana Barlow - New Brunswick	0:08.35	2009
400 Meter Dash	Michelle Brown – Seneca	0:56.29	2010
800 Meter Run	Ajee Wilson - Neptune	2:17.91	2009
1600 Meter Run	Claudia Disomma – Sparta	4:58.36	2010
3200 Meter Run	Laura Vigilante – West Morris Mendham	10:50.40	2010
4x400 Meter Relay	Camden	4:00.51	2008
High Jump	Emily Kianka – Hopewell Valley	5-08.25	2010
Pole Vault	Chrissy Finkel - Montville	11-08.00	2009
Shot Put	Apresha Hampton – Teaneck	43-03.25	2010

Girls Group IV

55 Meter Dash	English Gardner - Eastern Regional	0:07.08	2010
55 Meter Hurdles	Kayann Richards - Columbia	0:08.28	2011
400 Meter Dash	Nijgia Snapp - Oakcrest	0:56.02	2009
800 Meter Run	Jillian Smith - Southern Reg	2:13.07	2008
1600 Meter Run	Joelle Amaral – Randolph	4:47.16	2010
3200 Meter Run	Brianna Jackucewicz - Colts Neck	10:44.29	2008
4x400 Meter Relay	Washington Township	3:58.05	2011
High Jump	Fiona Paladino – Montgomery	5-08.00	2010 & '11
Pole Vault	Myriah Sujansky – North Hunterdon	11-07.00	2011
Shot Put	Shannon Watt – Jackson Memorial	43-10.00	2008

Best Boys Sectional Performances

55 Meter Dash	Damiere Byrd – Tiomber Creek	0:06.39	2009
55 Meter Hurdles	Kevon Brown – West Deptford	0:07.49	2009
	Joshua Evans – Irvington	0:07.49	2009
400 Meter Dash	Mark Filandro – Indian Hills	0:49.45	2010
800 Meter Run	Bradley Paternostro – Indian Hills	1:55.87	2011
1600 Meter Run	Curtis Richburg – West Orange	4:14.43	2010
3200 Meter Run	Matt Valeriani – Southern Reginal	9:20.48	2010
4x400 Meter Relay	Winslow Township	3:25.16	2008
High Jump	Mike McGuinness – Matawan	6-10.00	2008
	Mark Jones – Summit	6-10.00	2010
Pole Vault	Justin Amezquita – Governor Livingston	15-00.00	2010
Shot Put	Nicholas Vena – Morristown	67-06.50	2010

Best Girls Sectional Performances

55 Meter Dash	Ogechi Nwaneri - Chatham	0:07.06	2008
55 Meter Hurdles	Kayann Richards - Columbia	0:08.28	2011
400 Meter Dash	Nijgia Snapp - Oakcrest	0:56.02	2009
800 Meter Run	Jillian Smith - Southern Reg	2:13.07	2008
1600 Meter Run	Joelle Amaral – Randolph	4:47.16	2010
3200 Meter Run	Brianna Jackucewicz - Colts Neck	10:44.29	2008
4x400 Meter Relay	Washington Township	3:58.05	2011
High Jump	Emily Kianka – Hopewell Valley	5-08.25	2010
Pole Vault	Nicole Pompei - Hanover Park	12-01.00	2009
Shot Put	Shannon Watt – Jackson Memorial	43-10.00	2008

**2011 NJSIAA/Star-Ledger/M-F Athlete
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History of Section Team Winners -North I

Year	B/G	Group I	Group II	Group III	Group IV
2008	Boys	Park Ridge-82	Morris Hills-81	Morristown-68	West Orange-46
	Girls	Waldwick-71	Indian Hills-62	Ramapo-55	Ridgewood-72
2009	Boys	Verona-48.5	Morris Hills-86.5	Mount Olive-39.6	Randolph -63
	Girls	Westwood-63	Mahwah-60	Morris Knolls-43	Randolph-96
2010	Boys	Hasbrouck Hts-67	Indian Hills-79	Mount Olive-54	West Orange-80
	Girls	Westwood-99	Morris Hills-84.75	Morris Knolls-52	Randolph-105
2011	Boys	Hasbrouck Hts-96	Morris Hills-86	Teaneck-60	Ridgewood-77
	Girls	Westwood-83	Morris Hils-73	Teaneck-59	Randolph-95

North II

Year	B/G	Group I	Group II	Group III	Group IV
2008	Boys	Verona-96	W Morris Mendham-66	Irvington-76	HunerdonCentral-85
	Girls	Madison-90.66	Voorhees-76	Ridge-84	Columbia-84
2009	Boys	Whippany Park-93	Rahway-98.5	Irvington-78	Union-52
	Girls	Bernards-129	Voorhees-77.37	Ridge-65	Columbia-89
2010	Boys	Whippany Park-115	Rahway-82	Irvington-62	Franklin-59
	Girls	Bernards-138	Rahway-64	W Mor Mendham-67	Columbia-84
2011	Boys	Bernards-72	Rahway-78	Morristown-54	Piscataway-50
	Girls	Bernards-94	Summit-88	Irvington-66	Columbia-105

Central

Year	B/G	Group I	Group II	Group III	Group IV
2008	Boys	Metuchen-87	Ewing-62	WWind-Pl No-87	Jackson Mem-56
	Girls	Bernards-73	Hopewell Valley-114	WWind-Pl So-52	Jackson Mem-56
2009	Boys	Metuchen-63	Matawan-59	WWind-Pl.No-88	Freehold Twp-66
	Girls	Robbinsville-73.5	Hopewell Valley-133	WWind-Pl.So-65.5	South Brunswick-59
2010	Boys	Metuchen-74	Matawan-56	Jackson Memorial-84	Old Bridge-78
	Girls	Robbinsville-75	Voorhees-58	Hopewell Valley-85	South Brunswick-56.5
2011	Boys	Metuchen-56	Willingboro-61	WWind-Pl.So-70	Freehold Twp-52 1/3
	Girls	Robbinsville-61	Neptune-77	WWind-Pl So-89	South Brunswick-71.5

South

Year	B/G	Group I	Group II	Group III	Group IV
2008	Boys	Pleasantville-92.5	Delsea-75.5	Winslow Twp-45	Toms River East-49
	Girls	Haddonfield-97	Woodrow Wilson-65	Camden-47	Southern Reg-60.2
2009	Boys	Glassboro-110	Highland Reg-53.5	Kingsway Reg-65.5	Washington Twp-71
	Girls	Haddonfield-130.33	Camden-70	Seneca-85	Southern Reg-75.75
2010	Boys	Haddonfield-110	Delsea-101	Ocean City-47	Toms River North-49
	Girls	Willingboro-125	Delsea-92	Seneca-74	Southern Reg-73
2011	Boys	Haddonfield-77	Delsea-105	Oakcrest-70	Washington Twp-58
	Girls	Haddonfield-72	Delsea-100	Winslow Twp-56	Washington Twp-69