

ICE HOCKEY

RULE 11 : SECTION 7 (NEW)

An ice hockey player shall play in no more than three (3) periods during the same calendar day, with a maximum of nine (9) periods per week. If a school elects to play a four (4) game week (Rule 11 : Section 6) an individual player may not exceed twelve (12) periods. This would include any combination of subvarsity and varsity competition.
NOTE : overtime periods are a continuation of the third period.

RATIONALE:

Health and Safety Issue, establishing individual playing limitations in a strenuous sport similar to soccer and field hockey.