



Directions:

From Route 17 North and South

Travel Route 17 to the Route 4 East exit. Take Route 4 to the first Teaneck Road/Teaneck exit, which immediately follows the Queen Anne Road exit. At the third light on Teaneck Road, make a right into the hospital's main entrance.

From Northern New Jersey

Travel the Garden State Parkway South to exit 161. Travel on Route 4 East to the first Teaneck Road/Teaneck exit. At the third light, make a right into the hospital's main entrance.

From Western New Jersey

Travel Route 80 East to the Teaneck/Fort Lee Road exit. Stay in the right lane. Go to the second turnoff, exit 70B, Teaneck Road/Teaneck. Follow that road to the second light, and make a right onto Teaneck Road. At the second light, make a left turn into the hospital's main entrance.



718 Teaneck Road, Teaneck, NJ 07666
Located on the corner of Cedar Lane and Teaneck Road

Learning Objectives:

After participating in the continuing medical education activity, participants should be able to:

- **Managing Infectious Diseases:** Describe how to limit the spread of infectious diseases such as H1N1 and MRSA in the sports environment
- **Disaster Preparedness:** Discuss a coordinated approach to managing violence or disaster (e.g. bleacher collapse) at your event
- **Substance Abuse:** Identify abuse of illicit substances and nutritional supplements
- **Emergency Conditions in Athletes:** Discuss management of head and spine injuries, organ trauma and other urgent medical conditions

Continuing Education Hours:

Holy Name Hospital is accredited by the Medical Society of New Jersey to provide continuing medical education for physicians. Holy Name Hospital designates this educational activity for a maximum of 3.5 AMA PRA Category 1 Credits™. Attendees should only claim credit commensurate with the extent of their participation in this activity.

HNH Sports Medicine is recognized by the Board of Certification, Inc. to offer continuing education for certified athletic trainers. Contact hours are 3.5 or 3.5 CEUs.



Leading-edge care for athletes of all ages

201-833-3909 • www.holyname.org

Keeping Our Athletes Safe

Preventing Danger, Disease and Disaster in Sports

October 14, 2009
7:30 a.m. - 1:00 p.m.

Holy Name Hospital
718 Teaneck Road, Teaneck, NJ 07666
201-833-3909 • www.holyname.org

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Agenda

- 7:15- 8:00 a.m. **Registration**
- 8:00- 8:15 a.m. **Welcome**
- 8:15- 8:45 a.m. **Emergency Treatment for the Injured Athlete**
Richard Schwab, M.D.
- 8:45- 9:15 a.m. **Pharming in the Garden State**
Douglas Collier, DEA
- 9:15- 9:45 a.m. **Managing Infectious Diseases Prevalent in Sports**
Thomas Birch, M.D.
- 9:45- 10:00 a.m. **Break**
- 10:00- 10:30 a.m. **How to Respond in an Emergency—EMS and the Chain of Command**
Ben Mazza, R.N., M.I.C.P.
- 10:30- 11:00 a.m. **Nutrition, Supplements and the Treatment of Obesity in Athletes**
Ohan Karatoprak, M.D.
- 11:00- 11:30 a.m. **Leading Technology in the Treatment of Spinal Injuries**
James Hale, M.D.
- 11:30- 12:00 a.m. **Avoiding Dangerous Sports Injuries and Problems**
J. Christopher Mendler, M.D.
- 12:00- 1:00 p.m. **Lunch**

Keeping Our Athletes Safe Faculty

Thomas Birch, M.D.

Division Chief for Infectious Disease
Holy Name Hospital

Douglas Collier, DEA Special Agent

Public Information Officer with DEA

James Hale, M.D.

Board Certified Orthopedic Spine Surgeon
Holy Name Hospital

Craig Hersh, M.D.

Medical Director, HNH Sports Medicine
Holy Name Hospital

Ohan Karatoprak, M.D.

Director for Medical Weight & Age Management
Holy Name Hospital

Benedict Mazza, R.N., MICP

Director, MICU
Holy Name Hospital

J. Christopher Mendler, M.D.

Medical Director, HNH Sports Medicine
Holy Name Hospital

Richard Schwab, M.D.

Medical Director, Department of Emergency
Medicine, Holy Name Hospital



Registration

Name

Address

City

State

Zip

Telephone

E-mail

Affiliation

Affiliation Address

Affiliation Phone

Registration Fee:

Registration Fee: \$35*

Early-Bird Registration Fee: \$30*

(Must register by October 10)

HNH Employee Registration Fee: \$25*

Send completed registration form to:

Holy Name Hospital
HNH Sports Medicine
718 Teaneck Road
Teaneck, NJ 07666

**Make check payable to HNH Medical Education Fund*

Call **201-833-7101** to register.

Fax **201-833-7073** to register.

E-mail your registration or questions to:

stanton@holyname.org