

NJSIAA WRESTLING REGION/DISTRICT ALIGNMENT 2023-2024

REGION 1 - WEST MILFORD			
District 1	District 2	District 3	District 4
Butler	Cresskill	Glen Rock	DePaul
Don Bosco Prep	Dumont	Indian Hills	High Point
Hawthorne	Emerson/Park Ridge	Mahwah	Kittatinny
Jefferson Township	Lakeland Regional	NV - Old Tappan	Newton
Kinnelon	New Milford	Pascack Hills	North Warren
Manchester Regional	NV - Demarest	Pascack Valley	Sparta
Northern Highlands	River Dell	Ramapo	Vernon
Pequannock	Waldwick/Midland Park	Ramsey	Walkill Valley
Pompton Lakes	Warren Hills	Ridgewood	West Milford
Wayne Hills	Westwood	Seton Hall Prep	
REGION 2 - MOUNT OLIVE			
District 5	District 6	District 7	District 8
Clifton	Dover	Bogota/Ridgefield Park	Bergenfield
Elmwood Park	Hopatcong	Boonton	Dwight Morrow
Fair Lawn	Lenape Valley	Cedar Grove	Fort Lee
Garfield	Morris Knolls	Eastside (Paterson)	Hackensack
Hasbrouck Heights	Mountain Lakes	Kennedy (Paterson)	Leonia/Palisades Park
Lodi	Parsippany	Montville Township	Passaic County Tech
Paramus	Parsippany Hills	Morris Hills	Passaic Valley
Passaic	Phillipsburg	Mount Olive	St. Thomas Aquinas
Saddle Brook	Randolph	Wayne Valley	Teaneck
St. Joe's (Montvale)	Roxbury		Tenafly
REGION 3 - WEST ORANGE			
DISTRICT 9	DISTRICT 10	DISTRICT 11	DISTRICT 12
Becton/Wood-Ridge	Belleville	Belvidere	Barringer
Bergen Catholic	Bloomfield	Columbia	Hanover Park
Cliffside Park/Ridgefield Memorial	Delaware Valley	East Orange	Irvington
Hoboken High School	Glen Ridge	Hackettstown	Lyndhurst/North Arlington
James Caldwell	Kearny	Morristown	Madison
North Bergen	Livingston	Newark Academy	Newark Collegiate
Rutherford	Montclair	Pope John XXIII	Orange
Secaucus	Nutley	St. Benedict's Prep	St. Mary's (Rutherford)
Union City	Verona	West Morris Central	West Essex
Weehawken	West Orange	Whippany Park	West Morris Mendham
REGION 4 - UNION			
District 13	District 14	District 15	District 16
AL Johnson	Bernards	Carteret	Abraham Clark (Roselle)
Brearley/Dayton	Bridgewater-Raritan	Colonia	Bayonne
Millburn	Hunterdon Central	Kennedy (Islen)	Cranford
New Providence	Middlesex/Dunellen	JP Stevens	East Side (Newark)
Paramus Catholic	North Hunterdon	Linden	Elizabeth
Ridge	North Plainfield	Plainfield	Governor Livingston
Scotch Plains-Fanwood	Pingry School	Rahway	Hillside
Summit/Chatham	Somerville	St. Joe's (Metuchen)	Immaculata
Union	Voorhees	South Plainfield	Roselle Park
Westfield		Weequahic	Watchung Hills

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REGION 5 - FRANKLIN			
District 17	District 18	District 19	District 20
Bound Brook High	Edison	Hillsborough	East Brunswick
Delbarton	Howell	Holmdel	Highland Park
Franklin High	Metuchen	Keansburg	Monroe
Hopewell Valley	Middletown North	Keyport/Henry Hudson	North Brunswick
Manville High	New Brunswick	Marlboro	Old Bridge
Middletown South	Perth Amboy	Matawan	Red Bank Catholic
Montgomery	Piscataway	Raritan	Rumson-Fair Haven
Princeton	Sayreville	Red Bank Regional	South Brunswick
West Windsor-Plainsboro North	Woodbridge	Rutgers Prep	South River
West Windsor-Plainsboro South			Spotswood
REGION 6 - JACKSON LIBERTY			
District 21	District 22	District 23	District 24
Ewing	Asbury Park	Allentown	Burlington Township
Hamilton East (Steinert)	Brick Memorial	Bordentown/Florence Township	Colts Neck
Hamilton North (Nottingham)	Brick Township	Burlington City	Freehold Boro
Lawrence	Manasquan	Donovan Catholic	Freehold Township
Long Branch	Neptune	Hamilton West	Jackson Liberty
Notre Dame	Ocean Township	Hightstown	Manalapan
Robbinsville	Point Pleasant Beach	Jackson Memorial	Monmouth Regional
St. Peter's Prep	St. Rose	Lakewood	New Egypt
Trenton Central	Shore Regional	Northern Burlington	Point Pleasant Boro
	Wall Township	Riverside	
REGION 7 - LENAPE			
District 25	District 26	District 27	District 28
Barnegat	BCIT	Cherokee	Audubon
Central Regional	Cinnaminson	Cherry Hill East	Camden
Lacey Township	Delran	Cherry Hill West	Collingswood
Manchester Township	Gloucester City	Christian Brothers Academy	Haddon Heights
Pinelands	Holy Cross	Lenape	Haddon Township
Southern Regional	Moorestown	Maple Shade	Haddonfield
Toms River East	Palmyra	Pemberton	Paul VI
Toms River North	Rancocas Valley	Seneca	Paulsboro
Toms River South	St. John Vianney	Shawnee	Sterling
	Willingboro		West Deptford
REGION 8 - EGG HARBOR TOWNSHIP			
District 29	District 30	District 31	District 32
Clayton/Glassboro	Camden Catholic	Buena	Absegami
Clearview	Eastern	Cedar Creek	Atlantic City
Deptford	Hammonton	Delsea	Egg Harbor Twp.
Kingsway	Highland Regional/Triton	Gateway/Woodbury	Holy Spirit
Lindenwold	Overbrook	Gloucester Catholic	Lower Cape May
Penns Grove	St. Joe's (Hammonton)	Millville	Mainland
Pennsauken	Timber Creek	Pennsville	Middle Twp.
Pitman	Williamstown	Schalick/Cumberland	Oakcrest
Salem	Winslow	Vineland	Ocean City
Washington Township		Woodstown	St. Augustine